

Managing Mental Health workshops 2016 -2017

Are you aware that 1 in 4 people experience mental health problems in the course of their lifetime?

This could include your colleague, your customers, and your family

As part of the council's commitment to the national 'Time to Change' campaign, occasional mental health awareness training courses will be provided, targeted at different groups of employees, managers, elected councillors and HR officers. This means a range of different courses at different times, advertised as and when available.

Target audience – managers/supervisors and HR

Half day workshop

Trainer: Lorraine Knights, Adult Care

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Aim:

To provide an opportunity to explore how best to manage and support staff

Learning Outcomes:

By the end of this course participants will have used exercises to:

- Discuss the way mental health conditions or difficulties relating to mental health, are viewed by society at large, plus some facts
- Identify some of the key features associated with specific diagnosis
- Discuss what the law says
- Discuss how to support staff
- Have an opportunity to discuss the employees' perspective

Date	Time	Course title	Venue	Training provider	Locator number
6 December 2016	9.30-13.00pm	Managing Mental Health	Training room 2, Staff Education and Training Centre, Long Cl, Cemetary La, Ripley DE5 3HY	Inhouse	88067
14 February 2017	9.30-13.00pm	Managing Mental Health	Committee room 1, County Hall, Matlock	Inhouse	91957
11 April 2017	9.30-13.00pm	Managing Mental Health	Training room 2, Staff Education and Training Centre, Long Cl, Cemetary La, Ripley DE5 3HY	Inhouse	91958
13 June 2017	9.30-13.00pm	Managing Mental Health	Dove Holes Business Unit	Inhouse	91962
15 August 2017	9.30-13.00pm	Managing Mental Health	Training room 2, Staff Education and Training Centre, Long Cl, Cemetary La, Ripley DE5 3HY	Inhouse	91959
10 October 2017	9.30-13.00pm	Managing Mental Health	Committee room 1, County Hall, Matlock	Inhouse	91961
12 December 2017	9.30-13.00pm	Managing Mental Health	Training room 2, Staff Education and Training Centre, Long Cl, Cemetary La, Ripley DE5 3HY	Inhouse	91960

To book onto a workshop:

Contact your own departmental Learning and Development Team who will be able to process your application to attend a workshop. You will then receive confirmation of booking and joining instructions.