

# Derbyshire Shared Lives

Shared Lives offers a family home to people over 18 who need extra support to lead an ordinary life.



# About Shared Lives

The Shared Lives scheme has been in running Derbyshire for over thirty years so we know a lot about working with people and helping them to get the support they need.

There are seven people in our team and we work all over Derbyshire. We hope we can help you.

## What do we do?



We work with carers who give support from their own home.  
All the carers are fully trained to make sure they provide a good service.



We work with the Care Quality Commission to make sure we give good standards of care.

The Care Quality Commission are an organisation that work with Adult Social Care and Health to make sure they are following the law about giving good care.



We work with lots of adults that need support.

## Some of the things we provide:



Living with the carer full time and making it your home.



Short breaks which means you can stay in a carers home for a short time.



Day support where you can go to do activities with a carer in their home and in the community.

## How does it work?



Your adult care worker will assess your needs and talk to you about the service.



If you want to try the Shared Lives scheme your worker will let us know. Then we will see if we have any carers who can support your needs.



If we find someone that can support you, we will start a matching process.

# What is matching?

Matching is about making sure we find the right Shared Lives carer for you, we will think carefully about how we can help you to:



Find a Shared Lives carer that you will get on well with.



Find a Shared Lives carer who can help you with the things you need.



Find a carers home that suits your needs.

If we find any Shared Lives carers who we think would be a good match for you, we will give you information about them. We will also give the Shared Lives carers information about you to help make sure the match is right.

# What happens next?



You will get the chance to meet up with the Shared Lives carer.



You can bring someone who knows you well along with you, and your allocated worker.



This meeting will help you to find out more about the Shared Lives carer and see what you have in common with them. We may need more than one visit.

The visits will help everyone understand:

- The day to day help you need.
- What skills the Shared Lives carer has.
- What hobbies and interests you and the Shared Lives carer have.
- Where the Shared Lives carer lives.
- What the accommodation is like.
- How you work together when doing activities.

You may want to ask questions.

You may want other visits to try things out, to see what it is like to stay there if you are planning to have a short break or live with the carer.

You may just want to share time together to get to know each other.



You decide if you want the person to be your Shared Lives carer. You don't have to decide straight away.

The Shared Lives carer also decides if they think you would make a good match together.

You should take your time.

It is an important decision.

## What happens if I don't think the Shared Lives carer would be right for me?



It is OK if you don't think the match is right for you. We will try to find you someone else. You will be in control. We will help you to make the decision that is right for you.

## If you decide you want to work with the carer you have met:



A Shared Lives worker will work with you to do a person centred service plan. This will make it clear what needs the Shared Lives carer will help you with.



We will talk about how much you will have to pay for the service and what money you will have to spend.



When we have agreed that we are ready to start your Shared Lives service we will meet to sign a form called an arrangement agreement. This sets out the roles of everyone involved in your Shared Lives arrangement.

Once that is done you are ready to start with Shared Lives.



You will keep seeing your worker and the Shared Lives carer will continue to see their support worker, to make sure everything is working well for you and you are happy with the service.

# Our contact details:

## Derbyshire Shared lives

Tel: 01629 533769

Email: [ASCH.shared.lives@derbyshire.gov.uk](mailto:ASCH.shared.lives@derbyshire.gov.uk)

Please speak to your social worker if you would like to try the service.  
We look forward to working with you.

## Further Information

Derbyshire County Council Adult Social Care and Health department produces a range of leaflets that can be downloaded or ordered from our website at [www.derbyshire.gov.uk/careinfo](http://www.derbyshire.gov.uk/careinfo) obtained from staff, at a local office or via your local library.

Leaflets available include:

- Guide to Adult Social Care and Health – how we work and what we provide
- Keeping Adults Safe – what to look for and what to do
- Guide to Carers Services – support, advice and information for carers
- Care Services Directory – residential homes and home care services in Derbyshire
- Putting People First – comments, compliments and complaints.

Leaflets are available in standard, large print and Easy Read and upon request in other formats such as Braille or alternate languages. We also have videos, including BSL conversions on our YouTube channel at

[www.youtube.com/derbyshirecc](http://www.youtube.com/derbyshirecc)

The Adult Care Information Promise, a **FACT** you can rely on. **We promise to provide you with:**



**Free** information  
**Accurate** information  
**Clear** information  
**Trustworthy** information