



Public Health
England

NHS

Got a child in year 1 or 2 at school?

Flu can be serious
for young children.

Help protect them from
flu with one simple
nasal spray. It's free,
fast and painless.

This year all children in school years 1 and 2
are being offered the free flu vaccination.

**STAYWELL
THISWINTER**

nhs.uk/staywell



Melissa Dalton, Nurse