

DERBYSHIRE DALES

Locality Public Health Plan 2017/18

Introduction

This Locality Public Health Plan for Derbyshire Dales sets out the local needs, priorities and actions for improving the health and wellbeing of people in the district, providing a focus for local partnership working and delivery.

Partnership Working

Partnership working is critical to achieving improvements in health and well-being at a local level. Collaboration on shared priorities, exchanging good practice, addressing barriers and finding solutions is necessary to improve health and wellbeing. It is also important to make the most of local resources and arrangements to avoid duplication, maximise effectiveness and value for money.

This plan has been developed with Derbyshire Dales Public Health Locality Partnership Members using local data, information and local insight.

Locality Data Profile

Derbyshire Dales is a district council area in the North West of Derbyshire. It is a large, rural area spreading across 306 square miles. The main towns and populations are Matlock 10,500, Ashbourne 7,500, Wirksworth 5,500 and Bakewell 4,500 along with over 100 villages. The total population is **71,281**, of which **80%** live in rural settlements or small market towns, which can lead to poor access to essential services and rural isolation. The total population of **71,291** is made up of: 65+ **25%**; 16-64 years **59%**; and 0-15 years **16%**. Population projections show an ageing population, such that, by 2035, 36% of the population (28,000 people) will be aged over 65, 20% over 75 and 8% over 85, with a large deficit in numbers entering working age.

On the whole, Derbyshire Dales experiences relatively good health and wellbeing compared to the Derbyshire County and England average, which masks pockets of deprivation and health inequalities which are not identified in ward-based or other small area published statistics. There is one lower super output area within the 20% most deprived in England and pockets of deprivation exist which are masked by the aggregation to lower super output areas. Therefore the importance and relevance of partners' insight and knowledge of the local areas is crucial in understanding local needs and targeting communities accordingly.



Our Purpose:

- To improve the health and wellbeing of the people of Derbyshire dales, with a targeted approach in communities

Our Principles:

- We will work in partnership to add value to existing resources and programmes
- We will focus our collective resources on those communities in greatest need
- We will proactively share knowledge, information and good practice
- We will create opportunities to connect, network to maximise the benefits of our programmes
- We will use our collective leadership and voice to advocate for the people of Derbyshire Dales

Our Priorities:

- Health and wellbeing of Children, Young People and Families in targeted communities
- Health and Wellbeing of Older People
- Mental health and emotional wellbeing

Targeting and with a focus on:

- Child development and school readiness in the Early Years
- 'Dementia Friendly' approaches; Reducing social and rural isolation; 'Five Ways to Wellbeing'; Suicide Prevention.
- Agricultural and rural communities
- Carers
- Workplace Health
- Increasing physical activity and reducing sedentary lifestyles
- Improving mental and emotional health and wellbeing
- Community Capacity Building

Our Approach

- Prevention and early intervention
- Building aspiring and resilient communities
- Focussing on key settings such as Schools, Workplaces and Communities in greatest need

Key Partnership Actions for 2017/18

- Target schools as a key setting to improve children, young people and families health and wellbeing and aspiration for attainment
- Working in partnership with key agencies supporting families and children in the Early Years
- Focus on dementia-friendly communities and falls prevention
- Promotion and co-ordination of approaches to improving Mental Health and Emotional Wellbeing, including training
- Embed and promote the Derbyshire Healthy Workplaces programme into local workplaces and across local networks to engage and support new organisations
- Community Capacity Building
- Target activities in areas experiencing deprivation to enable communities to gain better access to opportunities
- Achieve the sustainability of services

Outcomes

- Increase in schools adopting whole school and community approaches to improving health and wellbeing and aspirations for attainment
- Improved health and wellbeing in target groups
- Increase in workplaces promoting and enabling employee health and wellbeing
- Increase in knowledge, skills and awareness in the workforce and communities in mental health and wellbeing and suicide prevention
- Increase in sustained community groups and activities

Resources and Budget

The Derbyshire County Council Public Health Locality Allocation 2017-18.

Funding Source	Amount
DCC Public Health Locality Funding	45,054.35K
DCC Public Health Mental Health & Wellbeing	15,432 K £14,432 Mental Health and wellbeing and '5 Ways to Wellbeing' £1000 Suicide Prevention Training
Total	£60, 486.35

Partners' Contributions to the delivery of the Locality Plan Priorities for 2017/18

Our Priorities:

- Health and wellbeing of Children, Young People and Families in the most vulnerable communities
- Health and wellbeing of Older People
- Child development and school readiness in the Early Years
- 'Dementia Friendly' approaches; Reducing social and rural isolation; 'Five Ways to Wellbeing'; Suicide Prevention.
- Agricultural and rural communities
- Carers
- Workplace Health
- Increasing physical activity and reducing sedentary lifestyles
- Improving mental and emotional health and wellbeing
- Community Capacity Building

What My Organisation will specifically contribute to the Delivery of the Locality Plan Priorities			
My organisation	Locality Plan Priority	As a Key Delivery Lead	As a Link and Support to enable priorities to be delivered
Derbyshire County Council Public Health	Health and wellbeing of Children, Young People and Families in the most vulnerable communities to tackle inequalities		To facilitate the delivery of the Super Kitchen on Hurst Farm estate
Derbyshire County Council Public Health	Health and Wellbeing of Children, Young People and families, in the most vulnerable communities to tackle inequalities		To connect between vulnerable communities, service providers and schools to facilitate the Derbyshire School Holiday programme
Derbyshire Dales District Council	Health and Wellbeing of Children, Young People and families, in the most vulnerable communities to tackle inequalities	To deliver physical activity sessions for families on Hurst Farm estate	

Derbyshire Dales District Council	Health and Wellbeing of Children, Young People and families, in the most vulnerable communities to tackle inequalities	To deliver sports and activities through Hurst Farm School Holiday programme	To support Friends of Hurst Farm with delivering the 'food element' to Hurst Farm Holiday programme
Derbyshire Dales District Council	Health and wellbeing of Older People, in the most vulnerable communities to tackle inequalities	To deliver a range of physical activity sessions for older people, in communities such as Walking for Health and at leisure centres	
Derbyshire Dales District Council	Mental health and emotional wellbeing, including Dementia Friendly approaches		To support and train volunteers to deliver walks and physical activity sessions targeting specific groups and partners
Derbyshire Dales District Council	Mental health and emotional wellbeing, including Dementia Friendly approaches	To deliver health & wellbeing workshops and Body MOTs specifically within workplaces	
Derbyshire Dales District Council	Health and Wellbeing of Children, Young People and families, in the most vulnerable communities to tackle inequalities	To deliver the district wide Five 60 programme to all primary schools	
Derbyshire Dales District Council	Health and Wellbeing of Children, Young People and families, in the most vulnerable communities to tackle inequalities	To deliver our 'Friday Night' session in Ashbourne – sports and activity sessions for children, young people and families in partnership with the South Dales Youth Service	
Southern Derbyshire vSPA SDCVS	Health and wellbeing of Older People		To facilitate improved access to a range of VCS services such as befriending services, transport services, social activities. To provide evidence of gaps in service provision and/or lack of capacity

Southern Derbyshire vSPA SDCVS	Improving mental and emotional health and wellbeing		To facilitate improved access to a range of VCS services such as befriending services, transport services, social activities. To provide evidence of gaps in service provision and/or lack of capacity
Southern Derbyshire vSPA SDCVS	Reducing social and rural isolation		To facilitate improved access to a range of VCS services such as befriending services, transport services, social activities. To provide evidence of gaps in service provision and/or lack of capacity
Southern Derbyshire vSPA SDCVS	Agricultural and rural communities		To facilitate improved access to a range of VCS services such as befriending services, transport services, social activities. To provide evidence of gaps in service provision and/or lack of capacity
Live Life Better Derbyshire, DCHS	Health and wellbeing of Children, Young People and Families in the most vulnerable communities		School Holiday Programme
Live Life Better Derbyshire, DCHS	Health and wellbeing of Children, Young People and Families in the most vulnerable communities		To work with them to offer Hurst farm residents access to the Wellbeing service
Live Life Better Derbyshire, DCHS	Workplace Health		Work with workplaces -Health & Wellbeing workshops/Body MOTs