Community Treatment Order
Mental Health Act
My name is and I'm an Approved Mental Health Professional (AMHP).
I am an employee of Derbyshire County Council and my contact number is

You were assessed on
for a Community Treatment Order under the Mental Health Act 1983 by myself and

A Community Treatment Order means you can be treated in the community for your mental health needs instead of staying in hospital.

**Community Treatment Order Conditions** - As part of your Community treatment order there are conditions you have to follow. These are:
You need to make sure that you are available for a medical exam if:
your responsible clinician (RC) needs to see you to decide if you should stay on your CTO or if a second opinion appointed doctor (SOAD) asks to see you.
It is important to remember your consultant can return you to hospital if needed for your treatment or if you break the conditions of your Community Treatment Order. They can keep you in hospital for up to 72 hours while they decide what should happen next.

When you are under a Community Treatment Order you will still receive community support from a Community Nurse and psychiatrist. Your Community Treatment Order will be reviewed in 6 months / 1 year.

You can challenge a Community Treatment Order if you do not think you should be on one. You can get legal aid to pay for a solicitor to help you do this.

You have the right to see an Independent Mental Health Advocate (IMHA). An IMHA can help you to understand your rights and could help if you are not happy with any of your Community Treatment Order conditions.

If you want more information about your Community Treatment Order you can contact the AMHP or speak to your Community Team. **Derbyshire MIND** can provide you with an independent specialist advocate on tel: 01332 623732 or visit: [www.derbyshirermind.org.uk](http://www.derbyshirermind.org.uk)

Other useful contacts:

**NHS Direct** tel: 111

**Samaritans** tel: 116123

**MIND Helplines** Info Line tel: 0300 1233393, Legal Line tel: 0300 4666463

**Call Derbyshire** tel: 01629 533190 or Out of Hours tel: 01629 532600