Attachment Aware Schools

A Safe Space, a Nurturing Learning Community

“Derbyshire’s Attachment Aware Schools programme supports schools through a year-long action research process which transforms school ethos and pedagogy. Building attachment awareness equips schools with greater knowledge, understanding and practice, which is better attuned to the needs of all children and young people. Attachment Aware Schools value the role of relationships, and place these at the heart of good teaching and learning.”

Action Research

Theoretical Input

Network of excellent practice

Paul Kelly and Lizzie Watt
Introduction

This brochure will give you a brief overview of Derbyshire’s award winning Attachment Aware Schools (AAS) programme, which is designed and led by the Virtual School. You will read why we run this programme, how it was designed and an overview of its structure. You will then find a short description of all the action research projects that have taken place in the schools we have worked with. All of these schools are now part of our AAS network and have an open door for you to visit – hear about their project - and share the excellent practice which they have developed. You will read that being attachment aware can mean many different things, but fundamentally the common thread that runs through all of the schools is understanding the importance of building good relationships: young person to adult, young person to young person and adult to adult – all of this builds a safe and nurturing learning environment where everyone can flourish.

Please take the opportunity to get in touch with our AAS schools - perhaps make time for a visit and see how they can help your school on its own attachment aware journey and the benefits that this has for the whole school community.

Rationale for the AAS programme

Nationally, Virtual Schools have the responsibility to oversee the education of Children in Care and it is widely accepted that these young people benefit from a nurturing, attuned approach, which is grounded in attachment theory. However, an attachment aware approach is not only beneficial for Children in Care; attachment is a universal process, which is fundamental to the healthy development of all young people and adults. Therefore, a good theoretical understanding of this, coupled with the reflective ability to develop related practical approaches, will equip schools with the necessary skills to show best practice in becoming an Attachment Aware School.

Derbyshire County Council and its Virtual School are committed to pursuing the best outcomes, in the widest meaning of the phrase, for all of our Children in Care and young people. Therefore, the Attachment Aware Schools programme has been carefully designed to build on the good practice and existing practitioner intuition already seen in many Derbyshire schools and to develop a network of schools committed to becoming even more attachment aware in their own school, but also to support others in the county.

“The opportunity to take part in the Attachment Aware programme has had a huge impact on our students – and our staff too.”

We know that schools want support in how to work more effectively with children and young people with additional attachment needs; and in how to create a safe and nurturing learning environment throughout the whole school and wider community. The Virtual School has been pioneering an Attachment Aware Schools Programme in Derbyshire, which launched in April 2015. ‘Attachment Aware Schools’ is a term used by a number of different local authority areas but it is important to recognise that it is not a licensed training product or prescribed programme that is delivered in the same way by any of those using this term. Our Derbyshire version of Attachment Aware Schools (AAS) is a unique and highly successful programme designed by the Virtual School for Derbyshire schools. This programme has received national recognition as being the ‘gold standard’ of ‘attachment awareness’, and the Virtual School has been visited and invited to talk to many other Virtual Schools and local authorities about this innovative work. We were also runners up in the national government led Pupil Premium Awards.
The AAS programme allows us to:

- Improve the conditions for looked after children and vulnerable learners in schools and settings
- Raise awareness of the issues and needs around attachment and trauma
- Consolidate working relations between the Virtual School and all Derbyshire schools
- Catalyse a new community of outstanding practice amongst schools
- Encourage pedagogical development – trialling new ways of working led by the Virtual School

The Attachment Aware Schools programme was conceived and devised by Lizzie Watt, Assistant Headteacher and Dr Paul Kelly, Specialist Senior Educational Psychologist within the Virtual School in Derbyshire.

**Lizzie Watt**: Assistant Headteacher, leading on Innovation, Teaching and Learning for Derbyshire’s Virtual School. She has taught at primary and secondary level as well as being a senior lecturer at three Midlands Universities. Much of her work has concentrated on developing teacher pedagogy and school practice to improve the enjoyment, engagement and attainment of vulnerable learners. Lizzie has completed a Master’s in Education, which focused on the increasing responsibilities for schools to support emotional health and wellbeing. Lizzie is co-founder of the Attachment Aware Schools Programme: A Safe Space, A Nurturing Learning Environment and is delighted to be working with Derbyshire schools on this transformational programme embedding action research at the heart of school development.

**Dr Paul Kelly** is the Specialist Senior Educational Psychologist with Derbyshire’s Virtual School. He has been an honorary tutor at the University of Manchester, has presented at regional and national conferences, and has appeared on national radio and television. Having taught in primary and secondary schools earlier in his career, Paul’s doctoral research highlighted the importance of collaborative working with schools and settings in understanding and applying attachment theory, and its implications, for all children, young people and adults. He has jointly pioneered the Attachment Aware Schools Programme in Derbyshire.

**Dr Sara Giddens** works alongside Paul and Lizzie to guide the action research that takes place at all of the schools involved on the programme. She is a choreographer and lecturer (University of Central Lancashire), with a background in action research and school development. Sara provides theoretical and practical ways to approach action research through consultation meetings within each school throughout the AAS year. She brings her considerable experience of creative social pedagogy to the programme, ensuring the depth and innovation of each school’s action research project.

“As educational practitioners the AAS programme gave us the opportunity to reflect on our own practice and that of our colleagues and school as a whole. But most of all, it enabled us to develop a bespoke and much needed system of support for our children and their families which in turn has brought about positive outcomes and change for our most vulnerable children! This has been a career enhancing experience which has given me the knowledge and the confidence to fight even harder for those who need it most - Thank you!”
Three Strands – what our logo represents

This three line illustration was designed to represent visually how the Derbyshire AAS programme has been conceived. The three different coloured strands are symbolic of the integration of: theoretical learning, action research and partnership working that evolves into a county-wide school network. All of these three lines of activity take place every year in the AAS programme between the participants, Virtual School and wider Derbyshire school community.

The AAS programme develops pedagogy, practice and school ethos through theoretical input, deepening knowledge and collaborative practice.

1. Action Research (green arrow)
The action research projects, which every participating school undertakes, are the ‘engine’ of the AAS programme. The year begins with each participating pair analysing the current conditions for teaching and learning for Children in Care and all vulnerable learners in their school. This also involves looking at the school’s overall ethos and physical environment. From this initial analysis, each participating school focuses on a particular area of concern and decides upon an inquiry focus for their research project. Each school must release two members of staff to join the programme, with one having to be a senior leader and the other the Designated Teacher for Looked After Children (known in Derbyshire as Children in Care). They, in turn, disseminate the learning back to school and lead the action research. With this amount of commitment we ensure that new ideas and practice become embedded across the whole school and that the developments are sustainable.

2. Theoretical Input (orange arrow)
The programme offers six days of theoretical input plus further facilitated support and challenge throughout the year. The training and support comes from the Virtual School and some bespoke input from Kate Cairns Associates. The programmed days have been carefully designed to develop and deepen participants’ knowledge around attachment theory and trauma-informed practice, equipping them with knowledge, practical information, reference books and an e-learning package to help them disseminate the learning back to school and within their wider learning communities.

3. Network of excellent practice (purple arrow)
The development of an AAS network across the county enables an improved knowledge of attachment needs in our schools, awareness of the impact that this has on students and staff, and develops pedagogy and practice. The participating schools, in turn, can spread knowledge and share practice with others (in a hub and spoke style model) amongst their cluster groups and localities. Those participating ‘sign up’ to a commitment to offer support and share practice with other schools, who may not have experienced the programme. The Virtual School is aiming to improve the educational attainment and life chances for Children in Care and through this programme we endeavour to enhance Derbyshire schools with a better understanding of the needs of Children in Care. With this deeper knowledge and improved practice there will be benefits for all vulnerable learners; in fact for all young people and staff in schools and settings. Our ambition is to see all Derbyshire schools practising in an informed and empathic way towards Children in Care and vulnerable learners – and this of course will benefit the whole school community.
Derbyshire Attachment Aware Schools

All of the schools who have taken part to date are listed below in alphabetical order, with a short description of their action research and who took the lead within their school, plus how to contact them.

1. Arkwright Primary School
   School Lane, Arkwright Town, Chesterfield S44 5BZ.
   T: 01246 234018
   Name of Project Leads: Sally Ann Seward, Alison Gould
   Project Title: Keep Calm and Carry on Playing
   Action Research Question: What can we learn from observation and reflection with staff and children to best support play at unstructured times of the day?
   Project Description: Our project has focused on our playground area and, in particular, what happens during lunchtime. It has keenly focused on the relationship between the midday supervisors and a small group of Key Stage 2 boys. We wanted to support the midday supervisors and the boys to better resolve conflicts and issues – working better together throughout lunchtime to reduce the impact that disharmony can have on afternoon learning.

   “Every parent and carer now remarks on how calm and happy all the children are – they want to come to school and this leads to better outcomes, socially, emotionally and academically.”

2. Bennerley Fields Specialist Speech and Language College
   Stratford Street, Cotmanhay, Ilkeston DE7 8QZ.
   T: 0115 9326374
   Name of Project Leads: Sue Firth, Julie Addison
   Project Title: Support, Risk and Resilience
   Action Research Question: How can an increased engagement with attachment awareness, impact upon targeted young people and the adults around them?
   Project Description: Our work began with a focus on a small group of our most vulnerable students and has led to palpable impact upon all staff in the school. Through our greater understanding of Attachment Theory and especially our developing understanding of behaviour as a form of communication, we have grown in confidence and have been able to invest in a culture of supportive risk taking, building staff’s resilience and flexibility and reducing exclusions. The ethos in the school has changed, we understand how to support regulation to a much greater degree, and are able to articulate how the programme has contributed to our desire to see each child as a whole being.

3. Bolsover Infant & Nursery School
   Welbeck Road, Bolsover, Chesterfield S44 6DE.
   T: 01246 823181
   Name of Project Leads: Tracey Fieldsend and Charlotte Chapman
   Project Title: Collaboration, Communication, Community
   Action Research Question: How can a growing understanding of attachment awareness support our Communication and Collaboration as a staff team?
   Project Description: Using a model taken from attachment theory, our project explored the development of a deeper understanding of attachment across the whole school community. We focussed on our staff team leaders drawing upon their expertise. We used a previous pupil case study and mapped the skills of our core staff. We want all our staff to nurture a deeper level of communication and collaboration to bring attachment theories to the forefront of the minds and families of our community so that all our children make progress. We focussed upon wellbeing and increasing the resilience of our whole staff team to ensure that we have the capacity and understanding to meet the needs of every pupil. We want all of our children to be recognised and responded to in a way that helps them to stay safe, have fun and make progress.
4. Brackenfield School
Bracken Lane, Long Eaton NG10 4DA.
T: 0115 9733710
Name of Project Leads: Hannah Longley, Trish Turner
Project Title: A Framework for All
Action Research Question: How can we develop a needs based analysis tool that supports genuine personalised learning?
Project Description: We have developed a new matrix tool that provides us with a needs analysis methodology for all of our pupils. This has enabled us to establish personalised learning that is based on a holistic approach to education. This has now embedded into the whole school ethos and classroom pedagogy.

5. Bramley Vale Primary School
York Crescent, Chesterfield S44 5PF.
T: 01246 850289
Name of Project Leads: Sharon James, Jan Brown
Project Title: A Space for Me
Action Research Question: How can we adapt our environment to help and support Year 6 boys who are displaying attachment needs and behaviours related to developmental trauma?
Project Description: Our project has enabled us to work alongside our Year 6 boys who were displaying challenging behaviour and were getting sent out of the classroom too often. We wanted to support them to make better choices about expressing themselves and their needs. With them, we have designed and constructed a safe space where all of our children can go when they need to step outside of the classroom and find some calm.

6. Brockley Primary and Nursery School
Clowne Road, Shuttlewood, Chesterfield S44 6AF.
T: 01246 823344
Name of Project Leads: Julie Shirley, Caroline Rodgers
Project Title: Attachment from the Inside Out
Action Research Question: How can a designated child led safe space support vulnerable children to self-regulate leading to personal success?
Project Description: Our school has developed an attachment aware school approach which pervades our whole school ethos and school community. This has truly transformed our relationships and has had significant impacts on practice in many areas of school life. This has included improvements in children’s emotional regulation, increased parental involvement and reductions in incidents and sanctions.

7. Brookfield Primary School
Burlington Ave, Langwith Jct, Notts NG20 9AD.
T: 01623 742285
Name of Project Leads: Lynne Greenhough, Louise Schofield
Project Title: Respond, Play, Talk, Teach
Action Research Question: How can our growing understanding of attachment awareness support resilience in our staff team?
Project Description: Using a model taken from attachment theory, our project explored the development of a deeper understanding of attachment, to enable us to better support all of the children in our school. We focussed upon wellbeing and increasing the resilience of our whole staff team to ensure that we have the capacity and understanding to meet the needs of every pupil. We want all of our children to be recognised and responded to in a way that helps them to stay safe, have fun and make progress.

8. Buxton Community School
Temple Road SK17 9EA.
T: 01298 212154
Name of Project Leads: Jan Heron, Sue Newsome
Project Title: “I want to learn too!”
Action Research Question: By embracing the pedagogy style that can better support attachment needs, how can we develop a culture of self belief in our whole school community which leads to successful learning for all our students?
Project Description: Through consultation with some of our most vulnerable young people we developed an inspiring, safe environment - ‘Aspire’. We have put into place a programme of bespoke interventions both within this space and throughout the school and cascaded an understanding of attachment needs to the whole staff so that the theory underpins everyday values, attitudes and teaching approaches.
9. Chapel-en-le-Frith High School
Long Lane, Chapel en le Frith, High Peak SK23 0TQ.
T: 01298 813118
Name of Project Leads: Paula Griffiths, Julie Kawalek
Project Title: Help! to Second Nature
Action Research Question: How can the school community’s growing awareness of attachment needs affect changes in classroom management and behaviour?
Project Description: Many of the skills, knowledge and competences we use as teachers will become, like driving a car, second nature. However, we must ensure that ‘second nature’ doesn’t become complacency or ‘stuck in a rut’. As a result we used Attachment Theory to take our school staff out of their comfort zone to start to challenge and develop our current practices in school and extend strategies to deal with the ever-changing nature of education. By understanding attachment theory and affording time for individuals to reflect and review their work, we have started to develop an enhanced focus within school.

“The AAS programme provides innovative training coupled with an excellent support network which drives and enables you to provide inspiring, informative practice, tailored specifically for your school, families and children”

10. Charlesworth School (Voluntary Controlled Primary)
Long Lane, Glossop, Derbyshire SK13 5ET.
T: 01457 853475
Name of Project Leads: Neil Flint, Kathryn Barton
Project Title: Why... what... so what?
Action Research Question: How does a consistent approach to attachment theory through strategic whole school learning challenge and develop accepted ethos, practice and perceptions?
Project Description: Through this project we have created a whole school training and development strategy to challenge staff perceptions about the impact of attachment needs on emotional well-being and how this affects learning potential. As a result, all staff now have a shared understanding and vision and are enthusiastic to implement this new learning into classroom practice. This has given us a solid foundation on which to build a truly therapeutic school.

11. Chaucer Infant and Nursery School
Cantelupe Road, Ilkeston DE7 5LN.
T: 0115 9325629
Name of Project Leads: Catherine Beattie, Lisa Nappin
Project Title: Speak Easy
Action Research Question: How can specific personalised interventions focusing on staff’s language affect vulnerable pupils’ emotional wellbeing and ability to self-regulate?
Project Description: In this project we focused on raising staff awareness and knowledge of attachment and trauma. We explored the impact that staff awareness and understanding can have on children’s wellbeing and readiness to learn. We implemented a phased roll-out across school focusing on an individual pupil in each class, to explore how the use of language used by adult and child, can help self-regulation and improve children’s overall emotional well-being. This also involved the use of individualised strategies and tailor-made resources.

12. Creswell Junior School
Elmton Road, Elmton, Creswell, Worksop S80 4JD.
T: 01909 721260
Name of Project Leads: Maxine Siddall, Sharon Fidler
Project Title: A Chain Reaction
Action Research Question: How can we develop our nurture provision for our more vulnerable children by increasing our understanding of attachment theory and practice?
Project Description: Our project has introduced Attachment Awareness to all staff in school but with a particular focus on the Nurture Group team. Through a more focussed approach to working with our most vulnerable children, we are improving practice to better meet the needs of these pupils. We have developed our own training programme for all staff, to deepen knowledge and ensure consistency of approach across the school. Our longer term goal is to improve transition processes for vulnerable children and allow their parents and carers to become more involved in the nurture provision and strategies we offer.

13. David Nieper Academy
Grange Street, Alfreton DE55 7JA.
T: 01773 832331
Name of Project Leads: Emma Merchant and Anna West
Project Title: Our Journey to Togetherness
Action Research Question: How does our increased understanding of attachment awareness empower staff to support the social and emotional needs of key students through positive relationships and classroom interventions?

Project Description: We have developed a stronger support network for our students by empowering and training staff on attachment theory and emotion coaching. We have improved resilience, self-esteem and supported self-regulation of students through the use of a new emotional wellbeing referral process and developed personalised provision for identified students. We also developed a team of 'Attachment Ambassadors' who have contributed towards the training, delivery and promotion of Attachment Awareness across the whole academy.

14. Dronfield Henry Fanshawe School
Green Lane, Dronfield S18 2FZ.
T: 01246 412372
Name of Project Leads: Martina Milowiz, Amanda Dunks
Project Title: Empowerment Through Design

Action Research Question: How does being a committed stakeholder in a project impact on the self-esteem of young people?

Project Description: A group of students, a small sum of money, an idea…. What could possibly go wrong?

Our project has involved students in the co-design of a new ‘safe space’ within school. This re-furbished area accommodates a wide variety of students but has been especially designed as an area where vulnerable students can practice life and living skills. The space will also be open to students from all backgrounds as a place where they can come together and develop supportive, meaningful peer and staff relationships.

Activity within this new space is promoted throughout school, and reporting progress of the students working here to ALL staff ensures that Attachment Awareness remains high on our agenda, and good AAS practice becomes the norm by all educators throughout school.

15. Dronfield Junior School
School Lane, Dronfield S18 1RY.
T: 01246 432849
Name of Project Leads: Lindsey Ridgard, Rebekah Hart
Project Title: Come and Hold My Hand!

Action Research Question: How can we develop sustainable relationships and reduce unhappy incidents for our most vulnerable children at lunchtime and ensure these are not transitioned into the classroom?

Project Description: We have reconsidered our lunchtime provision through a collaboration between our Midday Supervisors and some of our vulnerable children to ensure that our playground is a safer and more inclusive environment for all pupils. We have also provided training for all staff across school to develop a deeper awareness of the impact of unmet attachment needs. One positive outcome has been a reduction of lunchtime incidents and a more positive start to the afternoon, for all of our pupils and our staff.

16. Duckmanton Primary School
West Crescent, Duckmanton, Chesterfield S44 5HD.
T: 01246 825650
Name of Project Leads: Sarah Chadwick and Janine Collins
Project Title: Love, Laughter, Lunch & Learning

Action Research Question: How can we support the building of resilience of pupils at lunch time?

Project Description: Our project involved taking a close look at our lunchtime experience for pupils in our school – particularly those who found this unstructured time difficult. We involved all of our staff (including our mid-day supervisors) in attachment awareness training so that we could offer more calming and soothing lunchtime experiences. This has led to better use of circle time practice to include mindfulness, resilience and emotion coaching.

“Our increased understanding of attachment needs has influenced policy, systems and more importantly support for our students at every level. The whole ethos of school has changed. We now have the resilience to take risks and support each other and to meet the challenges of our most vulnerable students”
17. Eckington School
Dronfield Road, Eckington, Sheffield S21 4GN.
T: 01246 413145
Name of Project Leads:
Nikki Turner, Sarah Price
Project Title: Head Start
Action Research Question: How does our understanding of Attachment Awareness improve the social and emotional experience of transition from our primary feeder schools into Year 7 at Eckington?
Project Description: We have developed our existing transition programme to be even better planned and resourced for vulnerable students and those with additional needs. This has involved increased opportunities for our feeder primary pupils to visit our school and for staff to visit them in their primary settings. The Head Start programme has allowed Year 6 students to experience a wide variety of activities with a core group of staff to ensure that relationships are built before they actually start Year 7. We have identified staff to lead on this programme and begun to work more closely with parents and carers – to ensure that our transition work helps the potential whole family anxiety of moving to secondary school.

18. Frederick Gent School
Mansfield Road, South Normanton, Mansfield DE55 2ER.
T: 01773 811737
Name of Project Leads:
Rachael Skelton, Dawn Steel
Project Title: A ‘PHASE’ in Time
Action Research Question: How can building relationships with a specific cohort of KS3 students inform the practices of the key staff around them?
Project Description: Central to our journey towards becoming a more attachment aware school has been the development of an alternative provision within school. Students and their families have benefitted from a more co-ordinated and personalised approach to multi-agency support and provision with the school and its staff at the heart. The provision facilitates more in-depth understanding of individual students’ needs which has led to improved relationships, classroom practice and a reduction in exclusions.

19. Furness Vale Primary School
Buxton Road, Furness Vale SK23 7PQ.
T: 01663 744103
Name of Project Leads: Carol Taylor, Ruth Parry
Project Title: Friendship Express
Action Research Question: How can we support vulnerable learners to have positive relationships with peers and co-create a space where building relationships is key?
Project Description: Through this project we have reflected on the good practice taking place in our nurture groups and how we can draw on this to create a safe space at lunch times for our most vulnerable children. In consultation with our children, we have designed and constructed a safe and inviting space with structured activities that focus on helping children build and sustain positive relationships.

20. Granby Junior School
Heanor Road, Ilkeston, DE7 8SX.
T: 0115 932 2424
Name of Project Leads:
Amanda Douglas, Nikki Chambers, Linda Lilley
Project Title: Engage to Change
Action Research Question: How can we better help our vulnerable children to engage more effectively in their learning?
Project Description: Our project examined how we can engage more effectively with pupils to identify their barriers to learning. We focussed on Year 3 pupils and used our increased knowledge of the impact of poor early attachments with adult caregivers to better understand behaviour. These children took part in 1-1 sessions to develop emotional literacy and build coping strategies for difficult times in their school day. Staff developed a better understanding of self-regulation and the importance of their own behaviour in building relationships and improving wellbeing. Through improving the understanding of Attachment Awareness for all staff in school we have developed a whole school approach to breaking barriers to learning.

21. Granville Sports College
Burton Road, Woodville, Swadlincote DE11 7JR.
T: 01283 216765
Name of Project Leads: Stephanie Smith, Julia Finney
Project Title: The PLC
**Action Research Question:** How can the development of a bespoke Personalised Learning Centre support our young people with unmet attachment needs?

**Project Description:** What a difference a room can make! By developing a bespoke Personalised Learning Centre we have generated an environment that has had a positive impact on most of our vulnerable learners. This has produced increased resilience and changed mindsets allowing pupils to make progress in a mainstream secondary.

“As professionals within the school, all of the staff are not always aware of the problems students may be having “outside” of school hours and therefore affecting behavior’s within school hours. The AAS programme has made everyone more aware of possible underlying concerns which can affect students behaviour”

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**22. Heanor Gate Science College**
Kirkley Drive, Heanor, DE75 7RA.
T: 01773 716396

**Name of Project Leads:** Beth Bailey, Dawn Meakin

**Project Title:** HEAL - Heanor’s Emotional Aspects of Learning

**Action Research Question:** How can working collaboratively with vulnerable students decrease the amount of ‘flight’ incidents, which then impact on student progress?

**Project Description:** Our project has introduced Attachment Awareness practice to a team of support staff who work closely with a group of vulnerable students in Key Stage 3. The emerging strategies we are using are developed upon an increased understanding of why students have emotional outbursts and the possible connection these have to unmet attachment needs. We are developing emotion coaching strategies and resources that enable better self-regulation for students and co-regulation with staff. We are supporting students to be able to remain in the classroom on a more regular basis and manage their emotions with the support of understanding adults.

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**23. Heath Primary School**
Slack Lane, Heath S44 5RH.
T: 01246 850277

**Name of Project Leads:** Rachel Farnsworth, Loret Hill

**Project Title:** Building Bridges not walls

**Action Research Question:** How can we positively engage and strengthen the connections with vulnerable families and identified children?

**Project Description:** Our project was based around building stronger, positive relationships between pupils, key families and the school. Not everyone’s past school experience is a positive one and so it is vital that we break this cycle for the next generation. Positive parent engagement is important to lay the foundations for life-long learning for all our children. We have implemented ways of reaching out and engaging our key families by developing a nurture team approach. A direct impact from this has been improved attendance, increased parental participation within the school community and more engaged confident children.

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**24. Highfields School**
Matlock DE4 5NA.
T: 01629 581888

**Name of Project Leads:** Claire Rifkin, Tina Green

**Project Title:** Welcome to Lumsdale

**Action Research Question:** How do we support vulnerable students, including those with attachment needs, during the transition from lower to upper school?

**Project Description:** Our project has developed new approaches to improve the support we give to students in their transition between year 8 and 9 at our split site school. Through reflection with staff and students we have developed a more sensitive and supportive process for all our young people and in particular those who feel most vulnerable and whose learning is negatively affected through transition.
25. Hilton Primary School
Peacroft Lane, Hilton DE65 5GH.
T: 01283 732334
Name of Project Leads:
Jessica Deas, Julia Hart
Project Title: Happy, Positive, Successful lunchtimes
Action Research Question: How can we work with a small group of vulnerable children to support the development of lunchtimes?
Project Description: Our vulnerable pupils, who have previously struggled during lunchtimes, now enjoy a variety of experiences available to them each day. Adults have a good understanding of how attachment and trauma has impacted on our more vulnerable children and, as a result, support resilience and self-regulation at unstructured times. This is the first stepping stone to creating a holistic approach to fully knowing and meeting the needs of our children.

26. Hollingwood Primary School
Lilac Street, Hollingwood S43 2JG.
T: 01246 472417
Name of Project Leads:
Angela Huthart, Josie Ravey
Project Title: Calming the Stormy Seas
Action Research Question: How can we best intervene both at the point of need and longer term to support children’s stress, anxiety and panic?
Project Description: Our project has focussed on pupils who display anxiety and stress and, in particular, our approach to these behaviours. We worked with a group of pupils who we felt had unmet attachment needs and would not necessarily be supported through our behaviour management policy. These children displayed vulnerability through withdrawal and at times panic. This panic sometimes looked like the onset of a flash flood or storm. Through our increased knowledge about attachment theory and practice we have come to a deeper understanding. Most children find themselves experiencing anxiety at some point or other and, through emotion coaching, all staff can be empowered to support all pupils at their point of need.

The climate can still be stormy but we certainly feel that we have the equipment to deal with whatever the weather brings…

27. Holmgate Primary School and Nursery
Holmgate Road, Clay Cross, Chesterfield S45 9QD.
T: 01246 862270
Name of Project Leads: Kelly Guy, Elizabeth Horridge
Project Title: Finer Diners
Action Research Question: How can we better support our most vulnerable children at lunchtimes?
Project Description: Our project has focussed upon supporting both our staff and children at lunchtimes. Previously a time of high emotion and tension, we have now created a safe space in school, shared by adults and children to enable better listening and positive interactions with one another. As we eat together, and share our stories of the day so far, we have been able to create an environment that is more nurturing and inclusive. Whole school training on attachment has aided better conflict resolution and supported emotional regulation, and resilience.

28. Hope Valley College
Castleton Road, Hope, Hope Valley S33 6SD.
T: 01433 620555
Name of Project Leads: Alison Scorer, Debbie Whitehall
Project Title: The Only Way is Up!
Action Research Question: Working with a small group of students how can we improve our understanding of the challenges of transitions for all students?
Project Description: By allowing students to lead our thinking, staff have gained a more insightful understanding of the challenges of all aspects of transitions throughout the college. Using creative processes, students have shared their experiences with staff and their peers and this has driven forward the building of new relationships and better approaches in college. The language of attachment awareness throughout school has developed alongside this; leading to a greater understanding of presented behaviours.

“The staff from the VS were both supportive and understanding of the pressures schools are under and structured the research project in a supportive way. Having input from a range of people, along with the opportunity to share and discuss with colleagues from other schools was a very useful and important part.”
29. Kirk Hallam Community Academy
Godfrey Drive, Kirk Hallam, Ilkeston DE7 4HH.
T: 0115 9301522
Name of Project Leads: Jenna Hibbert, Nuala Attwood
Project Title: Developing Practice; Impacting the Community
Action Research Question: How can our growing understanding of attachment theory impact upon pedagogical practice - with specific focus on Key Stage 3 students?
Project Description: Our project has involved whole school staff training to improve understanding and make practical changes to the way staff work with vulnerable students. We have paid particular attention to developing attachment aware practice in our pastoral staff, helping them to take the lead in a changing approach to teaching and learning, beginning in key stage 3 with a view to changes across school.

30. Kirk Hallam Support Centre
Windsor Crescent, Ilkeston DE7 4HD.
T: 0115 9326445
Name of Project Leads: Sarah Hennessey
Project Title: From the Outside - In
Action Research Question: What strategies and positive impacts from learning in an outdoor environment can we bring indoors to support our young people?
Project Description: We have been employing creative strategies that support emotional literacy, resilience and self-regulation in the outdoor setting. We have reflected upon how such strategies and practice can support the learning of pupils with attachment needs within all learning environments.

31. Lady Manners School
Shutts Lane, Bakewell DE45 1JA.
T: 01629 812671
Name of Project Leads: Tanya Thomas, Angela Bent, Joy Ellis
Project Title: Learning Time Lost, Learning Time Found
Action Research Question: How does a greater understanding of attachment awareness support our staff to understand the needs of our most vulnerable children more fully?
Project Description: During this project we developed a new style 'One Page Profile' to improve staff communication and our understanding of our most vulnerable students. Alongside this, we re-evaluated timetables for identified students and conducted a programme of staff development which has led to the creation of 'Attachment Champions' and Positive Psychology sessions.

32. Ladywood Primary School
Oliver Road, Kirk Hallam, Ilkeston, DE7 4NH.
T: 0115 9320585
Name of Project Leads: Amy Nind, David Stevens
Project Title: A Room with a View
Action Research Question: How can observation and reflection of learners with attachment needs affect whole school change?
Project Description: Our project focused on a group of learners with a range of complex needs, we named them our Busy Bees. Through ongoing reflection and consistent dialogue between staff and pupils, we adapted and changed provision for these children. Based on attachment aware practice and theory, we implemented social and emotional interventions with the aim of improving outcomes for these vulnerable learners. This has led to changes in teaching language, communication, timetables, the sensory and the physical environment.

33. Langley Mill Church of England Infant School and Nursery
Sedgewick Street, Langley Mill, Nottingham NG15 4DT.
T: 01773 713429
Name of Project Leads: Karen Scrivens, Debra Dawson
Project Title: From Darkness to Light!
Action Research Question: How can increasing whole school attachment awareness and peer coaching improve pupil and staff well-being?
Project Description: Increasing numbers of pupils with social, emotional and mental health (SEMH) issues within our school and heightened staff stress levels led us to develop a project that would support both pupil and staff mental health and well-being. This led us on a journey that included regular staff training, redevelopment of the whole school behaviour management policy and creation of a peer coaching programme. We want to see theory put into practice; where resilient staff effectively empathise with, and support, our troubled children, with both adults and children moving ‘from darkness to light’.
34. Lons Infant School
Tavistock Avenue, Ripley DE5 3SE.
T: 01773 744319
Name of Project Leads: Callan Fowler, Amanda Joynes
Project Title: Spreading the Magic
Action Research Question: How can we learn from a pre-existing safe space in school to develop strategies that support specific attachment and emotional needs in the classroom?
Project Description: Through listening to and reflecting with our children we have been able to understand more fully how our existing safe space is used and valued. We have extended that learning to other areas in school, increasing joint ownership of the classroom space and valuing opinions of our children and staff.

35. New Bolsover Primary School
New Station Road, Bolsover, Chesterfield S44 6PY.
T: 01246 823240
Name of Project Leads: Gillian Clubbs, Samantha Spyve
Project Title: Safer, Stronger, Resilient for Longer
Action Research Question: How can we work with key vulnerable children and their significant adults in school to better understand how they can be most appropriately supported?
Project Description: We focused upon a whole school approach, using attachment theory as our guiding principle. We are enabling children to achieve and enjoy their life and relationships in school: by listening to children, increasing awareness, responding appropriately to behaviour, managing change sensitively and understanding emotions to ensure best practice in school.

36. New Mills Primary School
Meadow Street, New Mills SK22 4AY.
T: 01663 744453
Name of Project Leads: Laura Shepley, Emma Higton
Project Title: Creating the A Team
Action Research Question: Using reflection how can we empower all staff to be the most nurturing pedagogues that they can be?
Project Description: Our project has endeavored to empower every member of staff to become the most nurturing they can be. Through personal reflection and training we have created a team focused on providing the most inclusive environment for all of our pupils. In collaboration with our pupils we created an aspiration target to have 10 'non-negotiables of nurturing practice’ for all members of staff. To further develop the wellbeing of all the members of our school community we have created a 'Safe Haven'. This resource is for everyone, whether they be staff, pupils or their families, to ensure that there is a nurturing, caring and supportive space available at all times.

37. New Mills School Business & Enterprise College
Church Lane, New Mills, High Peak SK22 4NR.
T: 01663 743284
Name of Project Leads: Jo Winterbottom, Ian Withers
Project Title: What About Me?
Action Research Question: How can emotion coaching support and develop our practice and help us to better understand the needs of our most vulnerable students?
Project Description: We are transforming teaching and learning for a group of students for whom the traditional behaviourist approach leaves them outside of learning. Using our growing knowledge of attachment we have developed this new awareness into an underpinning theory for those staff working with our most vulnerable students. We are supporting vulnerable students and staff, via peer and staff mentoring and embedding practice that is changing our approach to school policies, expectations and professional development.

38. Newton Primary School
Hall Lane, Newton, Alfreton DE55 5TL.
T: 01773 872384
Name of Project Leads: Linda Shepherd, Heidi Spencer
Project Title: The Road to Resilience
Action Research Question: How can we develop our understanding of resilience by empowering our most vulnerable learners?
Project Description: In order to empower our most vulnerable children we recognised that all adults working with children in our school community must first have an understanding of issues relating to attachment awareness. Through training and sharing of good practice we have developed a mindful approach throughout the whole school day that allows adults to respond to challenging situations with a greater understanding of the complex and individual needs of the child. We have developed an environment where pupils are better able to manage their own sense of wellbeing and resilience.
39. Norbriggs Primary School
Norbriggs Road, Mastin Moor, Chesterfield S43 3BW.
T: 01246 473398
Name of Project Leads: Paul Scragg, Alison Hurst
Project Title: Letting In The Light
Action Research Question: How can we make changes to the Year 4 environment inside and outside of the classroom to support children’s ability to manage transitions and unstructured time?
Project Description: We wanted children to better understand why they feel and behave the way they do and how they can make better informed choices. Through raising awareness with staff and children about current neuro-science and the brain, we re-modelled how teaching assistants can work 1-1 with targeted children. Alongside this we undertook a consultation with pupils and staff about where they felt safe in school and funded changes to the physical environment to create calmer classrooms. Our aim is to create safe spaces to support emotional engagement in learning and smoother transitions throughout the school day.

40. Ormiston Ilkeston Enterprise Academy
King George Avenue, Ilkeston DE7 5HS.
T: 0115 9303724
Name of Project Leads: Jo Watkinson, Claire McManus
Project Title: You’ve Found Me
Action Research Question: How does an increased awareness of attachment needs reduce the number and escalation of incidents with vulnerable students?
Project Description: Our project has introduced attachment awareness to all staff with a particular focus on emotion “coaching”. Through our working party we have a core group of committed staff who are working on emotional recovery with our vulnerable and traumatised students. We have introduced co-regulation and self-regulation practice for staff and students. A revised behaviour policy is now underpinned by our improved understanding of the behaviours vulnerable students present.

41. Overseal Primary School
Woodville Road, Overseal, Swadlincote DE12 6LU.
T: 01283 760398
Name of Project Leads: Jessica Lambert, Claire Edwards
Project Title: Chill Den
Action Research Question: How can a designated safe space impact on children’s wellbeing?
Project Description: Our project has examined how the creation and development of an indoor safe space can have a positive impact upon children who are vulnerable learners - increasing their resilience and impacting positively on their progress.

42. Poolsbrook Primary School
Cottage Lane, Poolsbrook, Chesterfield S43 3LF.
T: 01246 472540
Name of Project Leads: Linda Roberts, Laura Jeffries
Project Title: The Long Game
Action Research Question: How can we build more effective relationships with parents/carers in order to build more positive life aspirations with their children?
Project Description: Through working with creative practitioners we have implemented new ways of engaging with our parents and carers to nurture and support a more positive relationship between school and community. Our intention is to have a direct and longer term impact upon all our children’s learning and aspirations in partnerships with their families/carers.

43 and 44. Riddings School Joint Project
43. Infant and Nursery School: West Street, Alfreton DE55 4EW
T: 01773 602767
44. Junior School: Church Street, Alfreton DE55 4BW
T: 01773 528492
Name of Project Leads: Kim Walker, Kerry Bartlett, Andrew Valance
Project Title: Journey to Success
Action Research Question: How can we use our developing understanding of attachment awareness to support our most vulnerable children in transition from infant to junior school?
Project Description: Through improving staff understanding of attachment awareness we have embedded practices that have hugely benefitted communication between our two schools. This has had a direct impact upon ensuring a safer and happier transition for our children between our schools; especially our most vulnerable pupils.
45. Ripley Infant School

1A High Meadow Cl, Ripley DE5 3QS.
T: 01773 743354

Name of Project Leads:
Kathie Skermer, Paula Doleman

Project Title: Unlocking the Sanctuary Door

Action Research Question: How can we enable our whole staff team to better recognise the attachment needs of our vulnerable pupils in school, in order to ensure access to the most appropriate support?

Project Description: Our project has focussed on support and training for our staff team so that they truly understand all children with unmet attachment needs throughout our school. Our mission is to be able to offer ‘safe space’ in whatever form it may take for all pupils, but in particular for our vulnerable pupils. We are aiming to develop the skills and knowledge in all our staff, so that we understand the role we play in co-regulation with pupils and in turn for them to develop their abilities to self-regulate and flourish in their learning.

47. Spire Junior School

Jaw Bones Hill, Chesterfield S40 2EN.
T: 01246 234546

Name of Project Leads: Alison Barnett, Laura Hodge

Project Title: Laughter at Lunchtime

Action Research Question: How can we improve lunchtimes for our most vulnerable Year 3 and Year 4 learners?

Project Description: Our project has focussed upon supporting our most vulnerable Year 3 and Year 4 learners at lunchtime. Several children found lunchtimes too unstructured and busy, which meant that they found it difficult to self-regulate back into afternoon learning in the classroom. We have now created a safe indoor space, where children can find support and develop social skills, which has helped them to settle more easily back into their learning. The whole staff team has also had training on attachment theory and emotion coaching to further develop whole school attachment awareness.

“A truly inspiring year!! - The Virtual School has given me the knowledge and confidence to understand and embrace attachment within our school community and to give our children the opportunity to thrive in a nurturing and reflective environment”

46. Sharley Park Community Primary School

Pilsley Road, Danesmore, Chesterfield S45 9DQ.
T: 01246 864833

Name of Project Leads:
Lucy Wass, Nicola Stevenson

Project Title: The Sanctuary

Action Research Question: How can a more nurturing ethos impact on the learning for children in Year 5, particularly in the afternoon?

Project Description: Our project involved taking a close look at our lunchtime experience for pupils in our school, particularly those who found this unstructured time difficult. The project mainly focused on developing an area for supported self-regulation in school during lunchtime and training our mid-day supervisors to deal with particularly vulnerable children with more understanding. A number of key staff attended Emotion Coaching training and all staff were trained in Attachment Awareness theory and practice. A room in school was re-imagined into a ‘safe space’ - The Sanctuary, and through consultation with the children we have chosen the activities and how activities are structured within this room.

48. Spire Nursery and Infant School

Derby Road, Chesterfield S40 2EU.
T: 01246 234546

Name of Project Leads: Fiona McLaughlin, Kelly Hill

Project Title: Collectively Creating a Cloud of Calm

Action Research Question: How can attachment aware language and an emotion coaching approach help the children to feel safer in school?

Project Description: Through this project we have been able to give all staff the opportunity to consider how their use of language can affect children’s behaviour around school. In consultation with our children we have identified where we need to create a safe space. Training has given adults the grounding for developing empathy, whilst at the same time agreeing a common language to support children in identifying and managing their emotions successfully. We have also revolutionised our circle time approach to give children their own voice and the opportunity to develop their own emotions and empathy.
49. St John’s C of E Primary School
Dannah Street, Ripley DE5 3BD.
T: 01773 742457

Name of Project Leads:
Rachael Warner, Caroline Crowder

Project Title:
How to get Two Puddings!

Action Research Question: How can we have a positive impact on the stress levels of vulnerable pupils and staff, reducing escalation of negative incidents during lunchtimes?

Project Description: Through consultation with a selection of our vulnerable pupils and work with our Midday Supervisors, we have totally restructured our lunchtime provision, to provide a more engaging, stimulating and safer environment for all pupils. Through structured activities and focussed training, we have seen a significant change in practice, which has resulted in a reduction in lunchtime incidents, a more positive start to afternoons and calmer pupils. This has helped to reduce stress levels amongst all pupils and staff.

50. St Luke’s C of E Controlled Primary School
Spire Hollin, Glossop SK13 7BS.
T: 01457 852602

Name of Project Leads:
Catherine Byron, Candida Clayton

Project Title:
Stepping Back to Move Forwards

Action Research Question: What can we learn from observing children play?

Project Description: Our focus was to observe play in the curriculum, believing that children needed more unstructured play opportunities. We found, through giving ourselves permission to step back and truly observe the children, that some children prioritised the adult contact above the play opportunities themselves. We now understand that our children need key adults in school to help manage their attachment needs and have made innovative changes to support this.

51. St. Mary’s Catholic High School
Newbold Road, Upper Newbold, Chesterfield S41 8AG.
T: 01246 201191

Name of Project Leads: Alison Rosling, Helen McKay

Project Title: Ready - Respect - Safe

Action Research Question: What can we learn from working with vulnerable young people about creating positive learning environments in school?

Project Description: Ready to learn. Respect for all in our school community. Safe to develop.

We developed two key elements in our project. The first one was rooted in raising awareness and understanding of attachment theory amongst teaching and support staff and this was informed by a programme of training on attachment theory, firstly to specific cohorts of staff and then to the wider school. This was to ensure that Attachment Awareness was embedded into our whole school approach to supporting student behaviour. The second element focused on understanding - what are the most important factors when creating safe spaces for young people? We consulted with a cross-section of vulnerable young people in order to enhance an outside space for students and staff, to create an additional facility for self and co-regulation of emotions for our whole school community.

52. Stenson Fields Primary Community School
Heather Close, Stenson Fields DE24 3BW.
T: 01332 772452

Name of Project Leads:
Jo Sadler, Alison Middleton-Rees

Project Title: You’re Not Listening to Me!

Action Research Question: How can a greater understanding of brain function impact positively on practice in school to support vulnerable children?

Project Description: Having a much greater understanding of the theory behind human attachment theory and in particular how the brain develops, was central to the shaping of our action research project with all our staff. This deeper understanding has enabled us to develop a series of focussed interventions and re-evaluate our use of nurture group and positive play. We have enhanced our support to our most vulnerable children and have empowered our staff, most specifically through the use of emotion coaching.
53. Swanwick Primary School
South Street, Swanwick DE55 1BZ.
T: 01773 602268

Name of Project Leads:
Mel Walton, Helen Stone

Project Title:
How Many Peas in a Pod?

Action Research Question: How does social and emotional wellbeing affect the readiness to learn of our most vulnerable pupils?

Project Description: Our aim has been to strengthen and extend relationships between pupils, staff and parents to better support vulnerable learners and their families in school and overcome pre-existing barriers. We have tailored this bespoke intervention to the child and their families so as to ensure sustainable impact on attendance, emotional wellbeing, readiness to learn and home school communication. Through this project we have been able to increase parental engagement creating a supportive network around the child to maximise their learning potential.

54. Swanwick School and Sports College
Hayes Lane, Alfreton DE55 1AR.
T: 01773 602198

Name of Project Leads:
Charlotte McKee, Chris Greenhough

Project Title:
Sensory Overload

Action Research Question: How can we support vulnerable pupils to better manage their sensory needs?

Project Description: In order to support our pupils with sensory processing difficulties we have made long term changes to our school environment and adapted curriculum delivery. This has developed a closer match between our sensory provision and their sensory needs and is having a very positive impact across the whole school.

55. The Long Eaton School
Thoresby Road, Long Eaton, Nottingham NG10 3NP.
T: 0115 9732438

Name of Project Leads:
Jo Hulse, Nicola Thornhill

Project Title:
Cascading Outwards not Downwards

Action Research Question: How does using Emotion Coaching practice impact upon the learning and wellbeing of students?

Project Description: Our school has created a team of ‘Attachment Champions’ within each area of the curriculum. Through developing new feedback styles and improved observation, our champions are better equipped to recognise need and support key students throughout their learning and time in school. Working actively and consciously with the help of Emotion Coaching, our staff are more reflective in their interactions with students and more adaptive in the way they communicate. The Champions are now sharing this new knowledge and practice within their curriculum teams - cascading Attachment Awareness throughout the whole school.

“Our brains work best when we feel safe. Since beginning the programme we have identified that attachment is the key to improved outcomes for children. Feeling safe is key to optimal brain function. Since introducing the programme we have identified that when staff feel safe, pupils feel safe. When pupils feel safe, behaviour improves - we are beginning to collate data to prove this. And when behaviour improves, all our pupils are better able to reach their full potential - we are beginning to demonstrate this in our improving results across the school.”

56. The Pingle School
Coronation Street, Swadlincote DE11 0QA.
T: 01283 216837

Name of Project Leads:
Simon Waller, Charlotte O’Mahony

Project Title:
A Flourishing Learning Community
**Action Research Question:** How can creating time and space to listen more to children with attachment needs help support teaching and learning?

**Project Description:** We have developed a new team of family support workers and a safe lounge area to enable children to seek support from key members of staff who are able to listen and better advise children. Through a process of interviewing staff and students we have been able to develop an improved understanding of the difficulties both the adults and the children may face in school. A voluntary staff working party has been established to share what we have been learning on the AAS programme.

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**57. The Ripley Academy**
Peasehill, Ripley DE5 3JQ.
T: 01773 746334

**Name of Project Leads:** Jayne Scattergood, Toni Barson

**Project Title:** Changing Perceptions : Changing Practice

**Action Research Question:** How do we enable the adults in our school community to understand more fully the significance of their actions upon students’ emotional responses?

**Project Description:** We have developed a stronger collaboration across the entire school through the development of a working party of interested staff who have contributed towards the delivery of training and promotion of attachment awareness needs across the school. Complementary to this has been the introduction of a personalised programme of ‘positive support’ for students with emerging issues that has utilised the Learning and Student Support teams to even greater effect.

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“...The AAS programme has had a significant impact on awareness and attitudes in school. We are now, as a whole staff, much more proactive and less reactive towards meeting the needs of children. Provision is much stronger in terms of both resources and time made available for supporting pupils.”

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**58. The William Allitt School**
Sunnyside, Newhall, Swadlincote DE11 0TL.
T: 01283 216404

**Name of Project Leads:** Heather Gould, Charlotte Petra

**Project Title:** Resilience on the Rise

**Action Research Question:** Can targeted interventions delivered through a bespoke mentoring programme improve the resilience of students?

**Project Description:** Our project has focused on ways in which we can develop the resilience of students who we identify as being vulnerable; some of which are looked after children and others who have experienced trauma during their lives. In consultation with a focus group of students we allocated members of staff as personal mentors and together they co-designed a programme of activity to build better support within school. Our goal is to increase the awareness of unmet attachment needs and the impact this has on learning, behaviour and resilience. We want to provide a more supportive environment for all students across the whole school.

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**59. Tibshelf Community School**
Doe Hill Lane, Derbyshire DE55 5LZ.
T: 01773 872391

**Name of Project Leads:** Lucie Hartland, Martin Lloyd

**Project Title:** Tell us a story?

**Action Research Question:** How can we use reading to develop the aspirations of children in care in our setting?

**Project Description:** Building upon our whole school literacy drive our project has developed the emotional literacy of children in care through a one to one reading programme led by staff within the existing Aspire Team. We have seen significant progress in their measurable reading levels and have built even stronger relationships between our children in care and staff.
60. Walton-on-Trent C of E Voluntary Controlled Primary and Nursery School
Coton Road, Walton on Trent, Swavlinbore DE12 8NL.
T: 01283 716151

Name of Project Leads:
Sarah Rowe, Julie Bollington

Project Title:
We’re going to Build a Den!

Action Research Question: How can we use attachment theory to influence everyday practice?

Project Description: Our Attachment Aware journey focused on ethos change across the school. By gradually encouraging everyone on to the ‘Walton bus’ we were able to introduce structured nurture sessions, enhance our Forest school work and extended it for all children. We introduced the metaphor of a meerkat, elephant and monkey to enable the understanding of the neuroscience behind behaviour.

We:
1. Challenged staff perceptions of behaviour ‘management’
2. Created a shared understanding of attachment needs
3. Focused more on our most vulnerable learners
4. Enhanced the school environment both indoors and out
5. Gave children a real voice

“The Attachment Aware Schools Programme has been invaluable in helping me develop as a more effective practitioner in school, to support some of our most vulnerable students. The training received, delivered by inspirational individuals, provided the springboard to enable us to reflect on our current practice within school and the drive to make things happen.”

61. William Rhodes Primary and Nursery School
Hunloke Avenue, Boythorpe, Chesterfield S40 2NR.
T: 01246 234626

Name of Project Leads: Rachel Purvis, Jayne Jackson

Project Title: Can we Fix It? Yes we Can!

Action Research Question: How can we use reflective practice and our growing awareness of attachment theory and practice to best support our most vulnerable children?

Project Description: We have begun a journey of pedagogical development that focusses on attachment theory and understanding trauma as a basis for all our staff. Through a process of peer observation and coaching, we are reflecting on our whole learning environment and practice within school. We are examining our own behaviours and responses to better understand our support to children, to improve the outcomes for all – with a keen focus on our most vulnerable children.

62. Wilsthorpe Community School
Derby Road, Long Eaton NG10 4WT.
T: 0115 972 9421

Name of Project Leads: Helen Scott, Kylie Devlin

Project Title: My Safety Net

Action Research Question: How does having Attachment Aware staff impact on vulnerable students to ensure progress socially, emotionally and academically?

Project Description: Our focus has been to further develop practice in our support to vulnerable students. On this journey we have deepened staff knowledge on attachment awareness and the strategies needed to support vulnerable students with attachment needs. Students and staff are undertaking intensive training and developing a team of staff and student mentors. All staff as well as students will have a one page profile, to share who we are in a more personal way across the whole school community. We are working towards improved practice in the classroom and on a 1:1 basis, leading to improved self-regulation within our school.
63. Woodbridge Junior School
Grange Street, Alfreton DE55 7JA.
T: 01773 833138

Name of Project Leads:
Lindsey Ford, Patrice Grant

Project Title:
Beyond the School Walls

Action Research Question: How can we develop our Personalised Mentoring Programme to build more resilient relationships between children, their families, carers and the school?

Project Description: Our project has extended and strengthened relationships between pupils, parents, carers and the school. We have increased parental engagement, improved resilience, and self-esteem and supported self-regulation. A more consistent, open and honest line of communication has been built with our most vulnerable families - breaking the cycle of negativity and building greater trust between them and the school.

“Being part of the Attachment Awareness Programme has been a real privilege. Meeting people who are passionate about the lives of young people and supporting them to be the best they can be has been refreshing in an educational climate that feels like it is only about results. Gaining the theory which supports our instincts has been a powerful tool which both staff and students have benefitted from throughout the year”
1. Arkwright Primary school
2. Bennerley Fields Specialist Speech and Language College
3. Bolsover Infant & Nursery School
4. Brackenfield School
5. Bramley Vale Primary School
6. Brockley Primary and Nursery School
7. Brookfield Primary School
8. Buxton Community School
9. Chapel-en-le-Frith High School
10. Charlesworth School (Voluntary Controlled Primary)
11. Chaucer Infant and Nursery School
12. Creswell Junior School
13. David Nieper Academy
14. Dronfield Henry Fanshawe School
15. Dronfield Junior School
16. Duckmanton Primary School
17. Eckington School
18. Frederick Gent School
19. Furness Vale Primary School
20. Granby Junior School
21. Granville Sports College
22. Heanor Gate Science College
23. Heath Primary School
24. Highfields School
25. Hilton Primary School
26. Hollingwood Primary School
27. Holmgate Primary School and Nursery
28. Hope Valley College
29. Kirk Hallam Community Academy
30. Kirk Hallam Support Centre
31. Lady Manners School
32. Ladywood Primary School
33. Langley Mill Church of England Infant School and Nursery
34. Lons Infant School
35. New Bolsover Primary School
36. New Mills Primary School
37. New Mills School Business & Enterprise College
38. Newton Primary School
39. Norbriggs Primary School
40. Ormiston Ilkeston Enterprise Academy
41. Overseal Primary School
42. Poolsbrook Primary School
43. Riddings Infant and Nursery School
44. Riddings Junior School
45. Ripley Infant School
46. Sharley Park Community Primary School
47. Spire Junior School
48. Spire Nursery and Infant School
49. St John’s C of E Primary School
50. St Luke’s C of E Controlled Primary School
51. St. Mary’s Catholic High School
52. Stenson Fields Primary Community School
53. Swanwick Primary School
54. Swanwick School and Sports College
55. The Long Eaton School
56. The Pingle School
57. The Ripley Academy
58. The William Allitt School
59. Tibshelf Community School
60. Walton-on-Trent C of E Voluntary Controlled Primary and Nursery School
61. William Rhodes Primary and Nursery School
62. Wilsthorpe Community School
63. Woodbridge Junior School
“Derbyshire’s approach to developing attachment aware practice across the county is particularly strong. We saw very considerable strategic commitment based on an understanding in depth of the needs of children and highly effective and embedded delivery. The extent to which schools and other partners have committed to the approach is testament to a skilled operational implementation.”
DfE 2017
Attachment theory describes a universal process, which is fundamental to the healthy development of all children, young people and adults. A sound theoretical understanding of attachment theory, coupled with the reflective ability to develop attachment aware approaches, will equip schools with the skills to better meet the needs of all students.

The Derbyshire Attachment Aware Schools programme has been carefully designed to build on the best practice and good practitioner intuition already seen in many Derbyshire schools. The programme is developing a mutually supportive network of schools, committed to being safe and nurturing learning communities.

Who we are:

The Derbyshire Virtual School are an innovative team working alongside schools and settings to ensure they provide the best provision for children and young people in our care and care leavers.

Children and young people will remain enrolled at their existing school or setting with the Virtual School offering support, guidance and training, to ensure that educational services are effectively co-ordinated and that cared for children and young people get the best opportunities to help them reach their fullest potential.

Contact:

Paul Kelly and Lizzie Watt

Tel: 01629 538028

Email: paul.kelly@derbyshire.gov.uk
Email: lizzie.watt@derbyshire.gov.uk

Web: www.derbyshire.gov.uk/virtualschool