

Adult Social Care Strategy 2022 - 2025

# Best Life Derbyshire

**Health**

**Communities**

**Prevention Support**

**Advice**

**Connected**

**Universal Support**

**Lead your best Life**

**look out for one another**

**Independent**

**Quality of life**

**Support**



# Foreword

## Looking back and moving forward

No strategy for the future would be complete without reflecting on the size of the challenge that adult social care, our system partners and public sector has faced for the past two years. No one in the UK has been left untouched by the pandemic, one of the biggest health challenges the world has seen in a century. The experience of living through it has strained our health and social care system. The health inequalities that existed before the pandemic have worsened.

The silver lining has been the strength and resilience shown by colleagues and communities. Our frontline colleagues have shown an unwavering commitment to supporting the people of Derbyshire.

The way that communities have united to help one another, responding to people's needs and supporting them is testimony to the tenacity of the human spirit, something that is at the core of Derbyshire's personality. Individuals, companies, local business, and the voluntary sector have worked together innovating and creating new ways of doing things that allow people to live independent lives, at home in their own community regardless of their challenges.

We need a way of working together in adult social care that shows that we understand these challenges. A way of working that harnesses the lessons we have learned and the relationships that have been built over the last two years and supports people to stay active and independent regardless of their age, disability, or condition.

There is a wealth of knowledge and experience in our communities that will help to deliver our strategy. There is also a wealth of data that shows people stay healthier when they feel connected and supported by their communities. Thriving communities improve the quality of life for residents and help to reduce health inequalities.

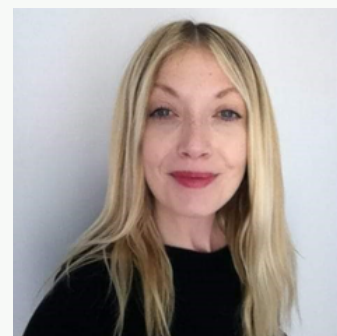
That is why we think now is the right time to launch our long-term vision and strategy for the future of Adult Social Care in Derbyshire.

Helen Jones  
Executive Director of Adult Social Care and Health

Cllr Natalie Hoy  
Cabinet member for Adult Social Care



**Helen Jones**  
Executive Director Adult  
Social Care and Health



**Natalie Hoy**  
Cabinet Member for  
Adult Social Care

# Best Life Derbyshire

We want the residents of Derbyshire to enjoy the best quality of life, based on choices that are important to them. We recognise that people want to live in the place they call home with the people and things that they love, in communities where residents look out for one another, doing the things that matter to them. We know that our offer plays a crucial role in supporting people to remain healthy, connected, and independent in their communities whether that be through the provision of information and advice, access to universal or prevention support, or more intensive support to those who need it. We want to be part of ensuring the people of Derbyshire get the opportunity to lead their “best life.”

## What does a “best life” look and feel like for the people of Derbyshire?

Everyone in Derbyshire will be able to live their lives well, safely and comfortably, wherever possible in their own home, in their local community. People feel connected to the communities they live in and our ambition is that this is in their own home.

Communities care and look out for one another and value people as individuals allowing them to focus on what matters to them personally. Everyone has contact with family and friends, access to hobbies, interests, and opportunities to grow allowing them to thrive. If people do need help, it comes from their connections and is focused on helping people to achieve their outcomes through personalised, person-led, strengths based, accessible support.

People will co-design the support they need - they are not given a one size fits all service. If there is a crisis, they get help fast. They are supported intensively over the short term so that they can quickly regain independence, stability, and control of their lives.

When young people with complex needs move from children’s social care into adult social care, they and their families are supported to make the transition. At every stage people have access to a choice of quality provision, which is tailored to their needs with the outcome of maintaining and building their independence. We fund, plan, and oversee social care with our partners, working together on a holistic response to make sure it happens.

They are equally committed to developing a strong partnership, supporting communities, and meeting the needs of the people of Derbyshire.

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# Best Life Derbyshire

## Our vision for carers

All those who care for people in Derbyshire are supported and valued, including carers. They play an invaluable role as partners working with us.

## Derbyshire is a great place to work - our vision for colleagues

For our social care workforce our aims are that they feel engaged, valued and respected. They are empowered to make decisions with the people they support. They feel rewarded fairly, supported to develop as professionals, and have clear career pathways.

## Derbyshire is a place you can thrive

Our vision is that all have equal opportunities and are supported to:

- stay healthy, active, and safe - including whilst managing emerging and existing conditions
- give back to their communities - by working, volunteering, sharing their knowledge and experience, joining community groups
- create connections - reach out to friends, talk to a neighbour, join community groups
- learn for life - learn, refresh, and grow their skills living to their potential
- talk to us about what they need
- tell us if we get it wrong
- take an active role in designing and influencing what care and support looks and feels like
- live their best life.

## Working together is the key

Our vision sets out what is important to people and what they want to live a fulfilled life. To be successful there needs to be a strong partnership between the people who work as part of the system and our residents if we are to deliver the best outcomes for everyone.

Co-production will not just be the opportunity for people to supply feedback so that we can continuously improve our services. It is a relationship where professionals and residents share equal power and work together recognising each other's vital contribution to improving local people's lives.

By working together as part of Joined up Care Derbyshire we will enable more people to take control and live their best life with a feeling of independence.

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# Shaped by Derbyshire people

To support Derbyshire people to live their best life we will be involving them regularly. Their voice needs to be heard and listened to. We have already run an engagement across the county with the consultancy Sortified. Their findings bear out the fact that people want to live independently, in their own homes supported by friends and family in their community.

We want to move to **true co-production of our services**. Developing more equal partnerships between people who use services, carers, and professionals, leading to the delivery of better outcomes for people who use services and carers which will build stronger communities and develop citizenship. The key principles we want to be embed are equality, diversity, inclusion, and access.

## Working more closely with carers

We recognise the importance of talking to carers about what matters to them. We are reviewing our Carers Strategy to reflect a new approach to working with Carers. Our updated Carers Strategy will reflect our response to the things unpaid family carers and those who depend on their support have told us is important to them. Fundamentally we want to strengthen our carer offer recognising the valuable contribution our carers make and recognising many people's desires to care for their loved ones.

## Bringing Health and Social Care closer together

Health and social care services have not always been as connected as they could and should be. The White Paper: 'Integrating care building strong and effective integrated care systems across England' explains how under the Health and Care Act 2022, from July 2022 the law will allow health and social care to work more closely together in partnerships through Integrated Care Systems (ICS).

## What do we mean by an Integrated Care System (ICS)?

Integrated care systems (ICSs) are partnerships that bring together providers and commissioners of NHS services across a geographical area with local authorities and other local partners. That means they can collectively plan health and care services to meet the needs of their population. The central aim of an ICS is to join up care across different organisations and settings, connecting hospital and community-based services, physical and mental health, and health and social care. ICSs are part of a fundamental shift in the way the health and care system is organised. Following several decades during which the emphasis was on organisational autonomy, competition and the separation of commissioners and providers, ICSs depend instead on collaboration and a focus on places and local populations as the driving forces for improvement.



# Our priorities

1. **Outcome focussed:** support people to live their best lives independently at home, connected to the community and local resources, stepping in with more help where needed

2. **Short-term support:** helping people recover and regain stability, independence and control following a personal crisis or illness

3. **Joining up support:** working across the system with partners, carers and residents to provide support in a safe, supportive homelike setting

4. **Co-production:** develop more equal partnerships between people who use services, carers and professionals to deliver better outcomes

5. **Supporting carers and our workforce:** recognise and value carers and our social care workforce and the contribution they make

6. **Standards and value for money:** make sure there is a good choice of affordable care and support available across the country with a focus on people's experiences and improving quality

## What our stakeholder engagement told us

Our stakeholder engagement has highlighted that supporting each of these priorities is a need to improve access to better information. We will build this in to our work from the outset as we deliver against this strategy.

## How will you know that we have delivered our priorities?

We will be using the Think Local Act Personal statements as a test that people can measure our service against. They are simple "I" statements which if they can agree with, they will know that we have successfully delivered. You can read more about the statements on their website: Making it Real - Think Local Act Personal. We will be asking people using our services to tell us if we deliver a service that supports them to live the life they want to live - their best life. This will be both informally when a service is provided and formally in a six monthly questionnaire so that we can establish a base line and continuously improve what we offer.

## We'll know the strategy is successful when:

- People can make the best possible choices about their health and care.
- People tell us they feel supported as an individual and are working to achieve their goals.
- People feel a sense of independence and connection to their communities.
- Our system is sustainable.

## Annual delivery plans

The strategy will be accompanied by annual delivery plans which provide more detail. We'll make sure our citizens can be more involved in helping set these plans and priorities through our governance structure. Our delivery plans will be published and shared. We will set up ways for people to hear our progress and challenge us where things aren't working.

# References

**Projecting Older People Population Information System** (poppi.org.uk)

**Carer's Trust, A few hours a week to call my own**, November 2020

<https://carers.org/downloads/resources-pdfs/a-fewhours-a-week-to-call-my-own.pdf>

**The Kings fund The health and social care White Paper explained** | The King's Fund (kingsfund.org.uk)

**The Health and Care Act 2022** | The King's Fund (kingsfund.org.uk)

**SCIE (2021) Population Survey** (scie.org.uk)

**Skills for Care: Vacancy information** - (skillsforcare.org.uk),

**Sortified (2022) Best Life Derbyshire** – Citizen Engagement Best Life Derbyshire — Sortified

**A vision for the future of social care** (socialcarefuture.blog)

**Making it Real** - Think Local Act Personal

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## Contact

if you have any questions or would like more information and how it relates to the people of Derbyshire please email:  
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or call 01629531307