

# Easy Read Guide to Direct Payments



# What is a Direct Payment?



- A direct payment is money from Derbyshire County Council to buy care and support you need
- Direct payments are a way of having more choice and control over your day-to-day life through flexible care
- You choose the kind of support that is right for you



## Who can have a direct payment?

Most people who have help from Adult Care, can have a Direct Payment



If you can't have a Direct Payment, we will tell you why



# What can a direct payment be spent on?



- support to get out and about



- meeting friends



- joining in with activities or day services



- support to go shopping



- going to work, volunteering or learning



- support to do exercise



- support with cooking and cleaning



- support with personal things, like getting dressed



- pay an agency to find support for you



- pay for a Personal Assistant to support you



- pay for equipment if it is agreed in your Care and Support Plan



# What can't a Direct Payment be spent on?



- pay household bills



- pay for housing



- pay for Health Services



- paying a member of your family who lives with you to provide care. You can only do this if Adult Care says it is okay



# Why Choose Direct Payments?

- You're the boss! They give you choice and control and can be more flexible than the services the council can provide
- Having a Direct Payment doesn't affect any benefits you get



## How do I get a direct payment?

- If you already have a service from Adult Care, contact your worker
- If you don't have a service from Adult Care you will need an assessment

- Telephone



Call Derbyshire on **01629 533190** or  
Advice Line service **01629 533345**

- Email



Direct Payment Advice Line Service  
**directpayments@derbyshire.gov.uk**

- Website



Derbyshire County Council website  
**www.derbyshire.gov.uk/directpayments**

- Write to us



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