

# Care and Support Factsheet

## Housing

There are many accommodation and housing options available to you in Derbyshire.

### Home options

Home options is a scheme that enables people currently living in council or housing association accommodation to apply to transfer to more suitable accommodation. It also allows people living in private housing to register with a district or borough council to apply for vacant social housing properties. You can contact your local borough or district council using the phone numbers:

- Chesterfield Borough Council - tel: 01246 345345
- Amber Valley Borough Council - tel: 01773 570222
- Bolsover District Council - tel: 01246 242424
- Derbyshire Dales District Council - tel: 01629 761100
- Erewash borough council - tel: 0115 9072244
- High Peak Borough Council - tel: 01298 28430
- North East Derbyshire District Council - tel: 01246 231111
- South Derbyshire District Council - tel: 01283 595795.

### Housing for older people

As people get older they're advised to start thinking about the housing needs they may need in later life, so that a hurried decision in a crisis can be avoided.

District and borough councils and housing associations provide accommodation for older people including sheltered housing and housing that may have been adapted to suit the needs of people with mobility problems. To be considered for accommodation you need to register with your local housing department.

In addition to district and borough councils there are housing associations working within the county that have accommodation suitable for older people. Your local district or borough councils may have details of the associations covering your area on their website or you can contact them by phone to ask.

### Sheltered housing

Sheltered housing complexes are aimed at people who want to live independently but need a bit more support. It is usually only available to those aged 55 or over.

Some common features include:

- Help from a scheme manager (warden)
- 24hr emergency help from alarm system
- Communal areas such as gardens or lounges
- Social activities

## **Extra Care Housing**

Extra care housing is the name given to purpose-built accommodation with care and support for older and vulnerable people.

Extra care housing is designed to offer people the opportunity for more independence and having their own front door while having the reassurance of staff on-site 24 hours per day, seven days per week. Additional, regular support can be arranged for those who need it.

For more information and to register please contact your local district or borough council.

## **Housing for adults with learning disabilities**

### **Shared Lives**

The Shared Lives scheme offers accommodation and support within approved family homes for people aged 18 and over who rely on the help and support of others to maximise their potential and maintain a sense of independence.

Shared Lives is able to support if you if you are an older person or have a disability or a mental illness, or are a young vulnerable adult in transition from children's support services to adult care.

Shared Lives can:

- provide support and accommodation to enable people to move from their family carers to live with a shared lives carer
- offer people an alternative to institutional day care and residential or nursing care
- provide family carers with a regular break from caring
- help people to maintain and develop their independence and life skills away from family carers and in different surroundings
- provide support to a family during an emergency and offer reassurance that the person they care for is looked after.

### **Supported Living**

Supported living is an alternative to residential care, providing on-site support and accommodation to people who are assessed as eligible for adult care services. People with learning disabilities often asked to live in supported living accommodation so they can be as independent as possible.

In a supported living service people have their own tenancy agreement with the housing provider. Accommodation is often arranged as a house share with other individuals with similar support needs. Each tenant has their own separate tenancy (or in some cases home ownership) but can share support hours. However, it is possible for a person living alone to have a supported living arrangement

You can find out more about Shared Lives and Supported Living, and all accommodation options at [www.derbyshire.gov.uk/accommodation](http://www.derbyshire.gov.uk/accommodation)