



Planning for Discharge from Hospital

This leaflet explains how your discharge from hospital should be managed following NHS treatment so that you receive the right support.

 **DERBYSHIRE**
County Council
Improving life for local people

NHS

NHS Derby City and NHS Derbyshire County
NHS Tameside and Glossop





It is important that the NHS are able to get you out of hospital as soon as you are well enough.

Most of the time you will go home from hospital, but sometimes you may need a bit more help for a while. You may be sent to a care home or community hospital until you are ready to go home.



Sometimes the hospital staff may want to pass your details on to the social care team, if they think you need help at home. They will tell you if they are going to do this.

If you are referred to the social care team, they may do an assessment of your needs. The assessment will look at things you do in your daily life and the things that matter to you.

They will also ask about the things you feel you do well, and the things you may need help with.

You can have someone with you during your assessment.





If your assessment shows that you are eligible for social care support, you will probably be asked to help pay towards your care. Your social care worker will explain this to you, and make sure you are getting all the benefits you should.

If someone will be caring for you when you go home, they can have a carers assessment to help support their needs.

Checklist for leaving hospital

- While you are still in hospital, talk to someone about what you think your needs will be when you return home.
- If you have any questions, or you are concerned about anything, you can talk to your nurse.
- If you think you need social care support speak to your nurse and ask to be referred to the hospital social work team.
- Make sure you have transport to get you home from hospital.
- Check with your nurse to see if you need to attend an outpatient clinic at a later date.
- Make sure you have all the medicines you need.
- Make sure you take home all the things that belong to you, that you had with you in hospital.
- Make sure that your local Department of Work and Pensions know that you are leaving hospital, so that your benefits remain correct.



If you are unhappy with the way you were discharged from hospital, it is important that you let us know about it.

This means we can help improve the service in the future.

If you are unhappy with the hospital you can speak to the Patient Liaison Service.

If you are unhappy with the social care team, you can Call Derbyshire on 01629 533190.

You can also make a complaint to Healthwatch Derbyshire on tel: 01773 880786.

Contact us for more information:



Call Derbyshire on 01629 533190

Minicom: 01629 585240

Text: 86555



Website: www.derbyshire.gov.uk

Email: contactcentre@derbyshire.gov.uk



Write to us at: Adult Care, Derbyshire County Council, County Hall, Matlock, DE4 3AG