

## Canary Care Information for Families

### What is Canary Care?

Canary Care is a discreet home monitoring system designed to help people live independently, while giving families peace of mind. It uses wireless sensors to track movement, door activity, light and temperature —without cameras or microphones. It provides real-time insights into your loved one's daily routine, helping you stay informed and reassured. You can view activity charts, receive alerts, and set rules to monitor unusual behavior or environmental changes.

Whether it's a door opening at an odd hour, or a drop in temperature, Canary Care can notify you immediately via text, email (or app – to follow soon).

### Why do we want to use Canary Care?

We want to use Canary to help us with the assessment and/or review process for your loved one. Canary Care helps practitioners assess the care needs of individuals by providing real-time data about their daily activity at home. This evidence-based insight allows for better-informed decisions when creating a personalised care package. It helps to ensure the support offered is proportionate, and least restrictive, right-sizing it for the best possible outcomes.

### How does it work?

Canary Care is simple to set up and doesn't need WiFi or a phone line. It uses its own built-in mobile connection to send information securely to the Canary Care platform. Sensors / smart plugs are placed around the home and signals are sent to the Hub, which then sends the data to the Dashboard. The Canary kit will be installed by a Derbyshire County Council practitioner.

Only people who are registered and have permission can access the Dashboard and see data. You will only be able to see the data of the person you have permission for. You can view it anytime from a phone, tablet, laptop or PC, via a browser (app to follow soon).

The system shows easy-to-read charts that give a quick overview of what's happening at home. You'll be able to tell at a glance if everything looks as expected.

Families and carers can create custom alerts—called “rules”—to be notified by text or email if something unusual happens, or to reassure when something HAS happened. For example:

- No movement around the property
- The front/back door opens at unexpected times
- Activity started as expected in the morning

Sensor placement depends on what you want to monitor:

- **Bedroom:** to check for movement during the night
- **Front door:** if there are concerns about wandering
- **Smart plug on the kettle/microwave:** to see if it's being used regularly

If you have any questions, please speak to the practitioner supporting you.