

Intergenerational Projects

Adult Social Services
Children and Younger Adults
Derbyshire County Council





Things to think about

- > The support of your line manager
- > If the need arose, is there someone sufficiently committed to take over your role?
- > Who will help you?
- > Partners
- > Risk Assessment
- > CRB checks
- > Venues
- > Transport
- > Funding
- > When to run the project
- > Is it something that would interest you rather than the people you are trying to recruit?
- > Has someone done it before? Can you learn from them?
- > Will you make your experience of running the group available to others and how?



Project ideas

If your project is fun and something that group members look forward to attending, it does not matter whether it is small, easily run and requiring little funding or something much bigger with a higher profile.

The same outcomes of bridging the gap between the generations, promoting respect for other people, encouraging friendships and raising self-confidence and self-esteem will still apply.

The following are just a few ideas that might help you to start your first Intergenerational Project or build on the success you have achieved from previous projects.

Knitting Group

There are beautiful yarns available in the shops and from the internet. If you have very little funding a plea to parents and other relatives and friends could produce exactly what you are looking for. Easy to make, fashionably fluffy scarves and hats are ideal as a first knitting experience and have the added bonus of being ideal gifts.

Dancing

Over the past few years there has been an upsurge in interest in dancing; ballroom, salsa, latin and sequence. When they have learned how to dance why not stage your own 'Strictly Come Dancing' evening'?

Writing Group

Encourage people to write for their own pleasure. The group could try autobiographical writing, fiction and poetry. If there is funding available a small booklet of their work would be sure to sell and could help to fund your next project.

Newsletter

Compiling a newsletter that covers anything of interest, upcoming events and the achievements of local people would be an interesting community project. Distributed through the local area and in doctors' surgeries, health centres, shops and post offices it would be a useful community resource.

Walking Group

There is a drive to encourage everyone to take more exercise and walking is the easiest of all. A walking group could explore their own area, either town or country.

Conservation Group

What could be better than the chance to learn a new skill, pursue an interest and get some fresh air at the same time. Dry stone walling, wild flower conservation, animal conservation, the list is endless. Perhaps the Rangers Association would be interested in working with you.

Family History Group

More and more people, both older and younger, are interested in their family history. As well as face-to-face interviews with family members, a great deal of research can be done on the internet and your local library offers free internet access.



Painting Group

Whether they have never picked up a paint brush in their lives or are regular painters, an art group gives an opportunity to try out different styles and materials and gain valuable feedback. When they have built up a body of work perhaps they could stage an art show.

IT Group

Many older people feel they are being left behind in the technology race. An IT Group is the perfect place for finding out that computers do not bite, sharing skills and learning together.

Photography Group

Digital cameras have opened up a new world of creativity for everyone. The photographs could be used to produce your own Christmas cards, notelets, posters or even a calendar.



DIY

If the village hall or youth club needs decorating, why not get an IG group together to tackle it? There is often funding available for this type of project and it gives group members a very real sense of pride in their achievements and their community.

Cookery Group

A perfect place for the generations to share their favourite foods. They could try their hand at both the basic and the more exotic.



Drama Group

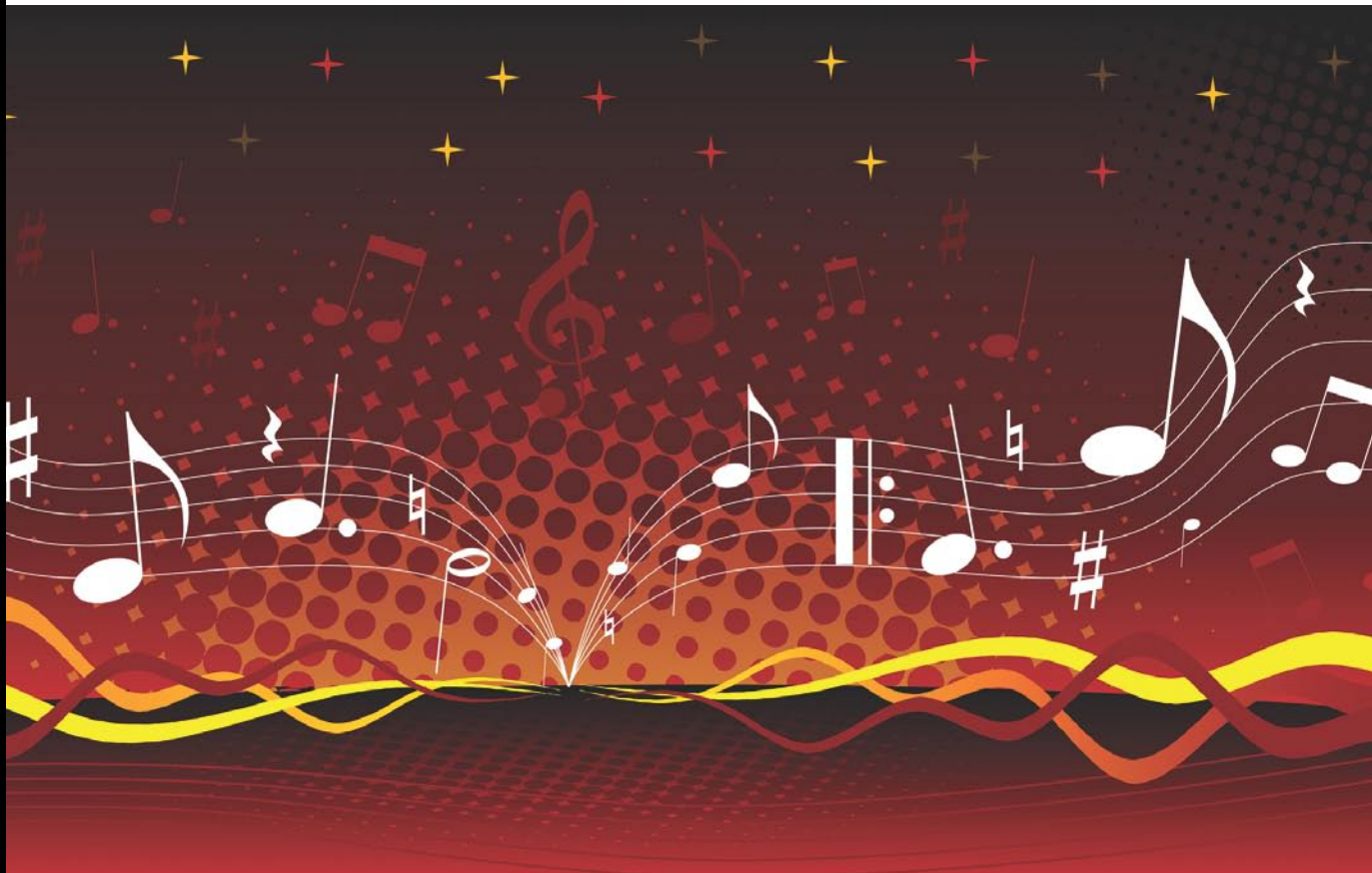
If your school usually puts on a play why not consider making it an intergenerational one this year?

Gardening Group

If your school, village or town has a piece of land that could be turned into a place of beauty for all the community, a gardening group is the perfect way to achieve it.

Volunteer Gardeners

For many people physical disability or frailty means they are no longer able to garden. Not only would the group have the pleasure of seeing a garden cared for but they would also, through their efforts, bring pleasure to someone else.



Choir

Does your school have a choir? Why not invite some older people to sing with the younger people? The end result will certainly provide you with something different for the school concert.

Fishing Group

This is a popular sport but one that is not always easily accessible for children. An intergenerational group would allow the older people to pass on their skills and their enthusiasm for the sport and the younger people would have the opportunity to try something new.

Bowls Group

Whilst bowls is traditionally seen as an older persons' sport, many young people would enjoy the opportunity to 'have a go'. Your local bowls club may have members who would welcome the chance to work with young people. If you don't have a bowls club, why not start one?

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Useful Web-sites

www.derbyshire.gov.uk

www.artsderbyshire.org.uk

www.helptheaged.org.uk

www.ageconcern.org.uk

www.bjf.org.uk

www.centreforip.org.uk

www.theirpast-yourfuture.org.uk

www.basic-skills.co.uk

www.magicme.co.uk

Funding Sources

www.sportengland.org

www.lhi.org.uk

www.hlf.org.uk

www.awardsforall.org.uk

www.artscouncil.org.uk

www.biglotteryfund.org.uk

www.doit.org.uk

www.media-box.co.uk

www.doityourself.com

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Intergenerational work please
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DlgS

Derbyshire Intergenerational Strategy