

Valley View Day Centre

Day time opportunities for older people



Valley View Day Service

Caring for older people - caring for you

Valley View Day Centre is a Derbyshire County Council day service which operates within Bolsover District Council's sheltered housing complex at Hillstown.

We provide a flexible service 5 days a week, Monday to Friday, supporting older people to socialise and live independently within the local community of Bolsover, Carr Vale, Shuttlewood, Stanfree, Palterton, Scarcliffe Glapwell and other local areas.

We work alongside local health professionals and the local council service to support people to maximise their independence and improve their quality of life.

What will we provide for you?

- We will always treat you with dignity and respect
- Refreshments will be available on arrival including tea, coffee, toast, biscuits or fresh fruit
- Further refreshments are available throughout the day
- You will be served a nutritious two

course lunch made from fresh produce

- We will make sure that we cater for any dietary and health needs you may have
- We offer physically and mentally stimulating activities to suit you - chair based exercises, arts, music, singing, skittles, new age curling and many more
- We will create a personal service plan tailored to your individual needs
- If required, you will receive assistance and support with personal care
- We can provide Dementia support - our skilled and caring staff are fully trained in person-centered dementia care
- We offer support and understanding for your carers.



Our facilities

Bathing room

We aim to improve your personal well-being and make sure your personal care needs are met.

Rehabilitation

We offer appropriate support, both practical and emotional, to help people to regain or develop life skills. We use the equipment and materials at the centre to support you to achieve your goals.

Reminiscence

Our annex room is equipped with activity material which is reminiscent of bygone days. We host group or individual reminiscence sessions where you can talk about the past or interact with activities. We aim for this to be enjoyable and improve your memory recall.

Gardening

We have raised flower beds, baskets and containers which give you the opportunity to keep in touch with your gardening skills and can be used indoors or outside.

Arts

Our staff have received training in leading art and craft sessions from Arts Derbyshire. We hope to support you to increase your social contact and quality of life through regular art activities. Many of our clients find that art gives them a sense of well-being and happiness.



How to access our service

If you or your carer feel you may need our services, please contact Call Derbyshire on **01629 533190** or Valley View Day Centre on **01629 537282**.

Access to our service is dependent on an assessment of your social care needs, in line with national eligibility criteria determined by the Care Act 2014. The Adult Care worker who carries out your assessment will explain the process to you.

It may also be possible to privately purchase day care services from us, even if you are not assessed as eligible. You can find out more about this by visiting **www.derbyshire.gov.uk/directcaretrading** or by contacting Call Derbyshire on **01629 533190**.



Transport

Transport to Valley View can only be provided and/or funded if you have had an Adult Care assessment and are deemed eligible for transport assistance due to your social care needs.

Valley View Day Centre

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