

# East Clune Day Centre

Day time opportunities for older people



# East Clune Day Service

Caring for older people - caring for you

East Clune Day Centre is a stand-alone service based in East Clune House residential home. We are open 5 days a week, Monday to Friday.

We support older people to socialise and live independently within the local community of Clowne and surrounding villages in the North Bolsover and North East Derbyshire areas.

## What will we provide for you?

- We will always treat you with dignity and respect
- We always welcome you with a smile
- Refreshments will be available on arrival including tea, coffee, toast, biscuits or fresh fruit
- You will be served a nutritious two course lunch made from fresh produce as well as refreshments throughout the day
- We will make sure that we cater for any dietary and health needs you may have
- We will create a personal service plan tailored to your individual needs

- We offer physically and mentally stimulating activities to suit you - chair based exercises, arts, music, singing, gardening and reminiscence to name but a few
- If required, you will receive assistance and support with personal care
- We can provide Dementia support - our skilled and caring staff are fully trained in person-centered dementia care
- We offer support and understanding for your carers.





## Our facilities

### Shower room

This facility is available to clients who cannot access a bath or shower at home. We aim to improve your personal well-being and maintain personal care needs.

### Rehabilitation

We offer appropriate support, both practical and emotional, to help people to regain or develop life skills. We use the equipment and materials at the centre to support you to achieve your goals.

### Reminiscence

We host group or individual reminiscence sessions where you can talk the past or interact with activities. We aim for this to be enjoyable and improve your memory recall.

### Gardening

We have a safe outdoor area to give you the opportunity to keep in touch with your gardening skills. We can also provide this activity indoors with the provision of baskets and containers.

### Arts

Our staff have received training in leading art and craft sessions from Arts Derbyshire. We hope to support you to increase your social contact and quality of life through regular art activities. Many of our clients find that art gives them a sense of well-being and happiness.



## How to access our service

If you or your carer feel you may need our services, please contact Call Derbyshire on **01629 533190** or East Clune Day Centre on **01629 537081**.

Access to our service is dependent on an assessment of your social care needs, in line with national eligibility criteria determined by the Care Act 2014. The Adult Care worker who carries out your assessment will explain the process to you.

You can find out more at **[www.derbyshire.gov.uk/accessing-careservices](http://www.derbyshire.gov.uk/accessing-careservices)**

it may also be possible to privately purchase day care services from us, even if you are not assessed as eligible. You can find out more about this by visiting

**[www.derbyshire.gov.uk/directcare-trading](http://www.derbyshire.gov.uk/directcare-trading)** or by contacting Call Derbyshire on **01629 533190**.



## Transport

Transport to East Clune can only be provided and/or funded if you have had an Adult Care assessment and are deemed eligible for transport assistance due to your social care needs.

## East Clune Day Centre

East Clune House, West Street,  
Clowne, Chesterfield, S43 4NP.  
Tel: **01629 537282** or **01629 537081**  
Email:  
**[bridget.prest@derbysire.gov.uk](mailto:bridget.prest@derbysire.gov.uk)**

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Call Derbyshire 01629 533190