



### Volunteers

The day service welcomes volunteers from all walks of life that can offer time, skills and patience to our current and future client groups.

If you can spare some time and you think this is for you, please contact the day centre for more information on 01629 532083 or pop in to the day service and speak to a Manager.



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### Ashbourne Day Centre

Ashbourne Day Services  
Compton Street  
Ashbourne  
Derbyshire  
DE6 1DA



# Ashbourne Day Service



Produced by Derbyshire County Council  
Adult Care, County Hall, Matlock, Derbyshire, DE4 3AG.  
Call Derbyshire 01629 533190

**An integrated service for older adults or  
those with learning disabilities**

# Ashbourne Day Service

## Caring for local people - caring for you

Ashbourne Day Service provides high quality support for people who are elderly or have a learning disability and who would benefit from meeting others, socialising and taking part in regular activities.

Our highly trained dedicated staff team will ensure that all our clients are given the opportunity to take part in activity sessions they enjoy. The day service is conveniently located in the centre of Ashbourne and our activity programme is ever evolving to meet the needs of those who attend.

### What activities are on offer?

- **Art and Craft sessions** - a variety of crafts using different mediums to create pieces of art and useful gifts
- **Reminiscence Afternoons** - these sessions offer our clients a chance to talk about their lives and the times they remember in a friendly safe environment.
- **Trips to local places of interest** - Garden Centres, Well dressings etc

- **Health and Well Being Group** - This group is a fun, interactive group which aims to improve or learn new living skills. We invite specialist guest speakers to share their knowledge on subjects such as fire safety, bullying and staying well
- **Gardening** - For those who enjoy pottering, the self-contained garden provides raised beds, a greenhouse and benches to relax on during the warmer months
- **Active Minds** - Games and puzzles designed to exercise the brain in an achievable way



- **Independent Living Skills** - Support to maintain, adapt and learn new skills to enable clients to lead fuller more independent lives
- **Seasonal Events/Theme days** - These are days dedicated to those special calendar events such as St George's Day, Shrovetide, Ascot and Wimbledon; activities will be designed around these days
- **Carer Respite** - Providing valuable respite to the dedicated carers of Ashbourne and surrounding areas.

### How to access our service

People using the day service have usually been assessed as needing

a certain level of care and support. For more information speak to your Adult Care worker or ring 'Call Derbyshire' on 01629 533190.

### How much will it cost?

If you are assessed as having an eligible need for day care the cost of this will be part of your Adult Care personal budget.

If you wish to buy additional day care over and above your agreed service, or if you are not eligible, it may be possible for you to purchase day care privately from Derbyshire County Council, assuming there are vacancies.

