

# Changing Places



## Arc Leisure - Matlock



Photograph taken from [www.bbc.co.uk](http://www.bbc.co.uk)

**Arc Leisure – Matlock**  
**Bakewell Road**  
**Matlock**  
**Derbyshire**  
**DE4 3NN**

**Tel. 01629 581322**  
**[www.derbyshiredales.gov.uk](http://www.derbyshiredales.gov.uk)**



The toilet is for use by anyone who requires it. It is situated at the lower ground floor level which can be directly accessed off the car park close by (or via an internal lift from the main entrance at ground floor level). The Changing Places is open to anyone and you do not need a RADAR key. It may be occupied for lengthy periods of time as it is also used as an accessible changing/showering facility for leisure activities.

The opening times of the Centre are as follows;

Monday – Friday	6.30am – 10pm
Saturday	8am – 7pm
Sunday	8am – 8pm

## Equipment and layout

Room size 3.8m x 2.9m	Toilet with space either side for assistance
Adult sized, height-adjustable free standing changing couch/shower trolley (max user weight is 200kg)	Fixed ceiling track, 'H' system hoist with full room coverage (safe working load of 272kg and own sling needed)
Level access shower	Large wash hand basin
Heated room	Low level bench and lockers
Non-slip floor	Grab-rails for support



The changing couch/shower trolley



The hoist



The layout of the room



The toilet with space for assistance on both sides



The wash hand basin



For more information about this facility, please contact Arc Leisure – Matlock, or Derbyshire Dales District Council.



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