



# Erewash and South Derbyshire Learning Disability Partnership Board

Date: Thursday 12th March 2020

Location: The Arena Church, Ilkeston



Meeting minutes





Who came to the meeting


Name	Representing
Dawn Nash	Derbyshire County Council - SECT
Peter Dawson	Derbyshire Carers Association
Ellen Malin	Rep Supporter
Simon Ratcliffe	Learning Disability Rep, Erewash
Andrea Miles	Derbyshire Health Care Foundation Trust
Lynn Morris	Derbyshire Health Care Foundation Trust
John Milton	Carer Rep, Erewash - Chair
Kerry Boulton	Learning Disability Rep, South Derbyshire - Co-chair
Stephen Wibberley	Learning Disability Rep, Erewash
Mike Foster	Carer Rep, South Derbyshire
Beth Simpson	Derbyshire County Council - SECT
Rob Harwood	Derbyshire County Council - SECT








Who could not come to the meeting

Name	Representing
Cllr.Robert Flatley	Derbyshire County Council
Cllr. Hart	Derbyshire County Council, Safer Communities Board
Denise Bowles	Guest
Alan Parkin	Learning Disability Rep, Erewash
Kay Milton	Carer Rep, Erewash
Sarah Dufton	Derbyshire Police, Digital PCSO
Cllly. Julie Patten	Derbyshire County Council

Images	Minutes	Actions
 	<p><b>Welcome and introductions</b></p> <p>John and Kerry welcomed everyone to the meeting. Everyone introduced themselves and explained who they represent.</p> <p>Stephen read the dos and don'ts.</p> <p><b>Minutes of the last meeting</b></p> <p>The minutes of the last meeting were approved with the following comments:</p> <p>Page 2 - Simon will discussing the signs at Golden Brook at their next Patient Participation Group (PPG)</p> <p>Page 3 - Simon no-longer needs to look at doing Time Swap to get to Good Health Group because someone has offered to help him out</p>	<p>Simon</p>

Images	Minutes	Actions
	<p>Page 3 - Dominic Sullivan has said that the Choice and Control Chart still stands, is used, and doesn't need updating. The Board would like to see it promoted more</p> <p>Page 4 - Simon contacted the Feel Alive Carers Group to see if any Carers would like to join the Board, but their members mainly come from the Derby City area</p> <p>Page 5 - Lynn hasn't had chance to talk to EMAS about Health Passports. She would like to talk to Jackie Fleeman before she talks to them about it</p> <p>Page 6 - LeDeR has reviewed the deaths of people with LD since April 2017, not 2016</p> <p>Page 7 - Simon is still waiting for someone from highways to do a walk around with him. John is keen for the whole board to be made aware of anything that may come from this walk around as it is important to keep Blue Badge parking in that area.</p> <p><b>LD Rep Comments</b></p> <p>February's Reps on Board meeting was cancelled due to potential bad weather.</p> <p>Kerry asked why she had completed a This is Me document with the Day Centre, then been sent another one in the post. Dawn said it was good that the Day Centre had done this, but not everyone was using the document, so it is getting posted to people to make sure everyone has a chance to do it. It is useful to keep checking the information on there, and making any changes you think are needed. If you get a second copy, fill it in with someone else, you might think of different things to add while you are with them. Such as family,</p>	<p>Lynn</p> <p>Beth</p> <p>All LD Reps to regularly check their This is Me documents</p>

Images	Minutes	Actions
      	<p>carers, places you work or volunteer, your PA etc.</p> <p>Simon said he was worried about some rumours he had heard about changes to how bus passes could be used. John assured the Board that changes couldn't be put in place without consultations happening. If a consultation happens, we will put forward our thoughts as a Board.</p> <p>Disability Direct have moved to a new building on Babington Lane in Derby. This is because this location should be easier for more people to get to.</p> <p>Nottingham Tennis Centre are offering free sessions on Friday evenings for people with disabilities.</p> <p>Simon attended the Police Crime Commissioner feedback session for Erewash. There was a question over who can vote in the upcoming Police Crime Commissioner elections. It was confirmed that it is a vote for the general public and it will take place in May. The Board said it would be nice to see some Easy Read information to promote this.</p> <p><b>Carer Rep Comments</b></p> <p>Carers recently had their meeting. At the meeting, they were asked to look DCC's Relationship Policy. Carers said they need more time, away from the meeting, to properly look at the policy and offer feedback. Dawn confirmed this is now able to happen.</p>	

Images	Minutes	Actions
	<p>Carers said that the new format for their meetings is working well and meetings are very productive. It is useful to have a chance for Carers form across the county to meet together.</p> <p>This will be Mike’s last meeting with the Board. This highlights the need for a Carer Rep from South Derbyshire. Peter said he will look who they have on their database that he can invite. Any information that can be given to Carers who are interest in becoming Carer Reps will be sent with the minutes of the meeting.</p> <p><b>Men’s Health</b></p> <p>Lynn gave a presentation about men’s health, in particular testicles. It is important for men to check their testicles on a regular basis and to talk to a doctor if they notice any changes. If you need to go to the doctors, you can take someone with you if that makes things easier, you can also ask to see a male doctor if you prefer. The doctor is likely to ask you if there is any history of testicular illness in your family, so it is good to know this before you go. If you do find something different, quite often it is something harmless.</p> <p>Reps should tell people about this presentation at other groups they attend to spread the word.</p> <p>John reminded the Board to be aware of protecting themselves from lots of different cancers. For example, wear a good hat and sun cream when you are out in the warmer months to help protect you from skin cancer. Lynn offered to talk about skin cancer and ways to protect yourself at a</p>	<p>Peter</p> <p>Dawn to send to Beth</p> <p>Information attached to minutes</p> <p>All Reps</p> <p>Lynn to talk to Dawn about a time slot</p>



future meeting.

The Board talked about the importance of attending all health related appointments because they can easily link together.

**Relationship Policy**

DCC have a policy about relationships. This policy has been in place for many years now, but not many people know about it. All DCC policies should be updated every two years. All our boards have been asked to look at the current policy, to help update it, and to help spread the word about it once it has been updated.

Dawn gave a presentation to the group to get everyone thinking about relationships.

Peter said how it is good to have a policy like this. However, people also need support to create relationships in the first place.

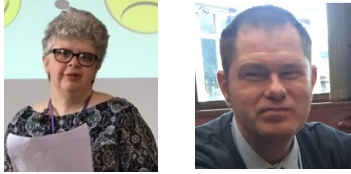




Both capacity and safeguarding need to be mentioned in the policy. These are things that can make it hard for staff to know what is right and wrong when they are trying to make sure people are kept safe.

We were all reminded to be careful with any online relationships we may have. It is easier for people to pretend to be someone they are no online.

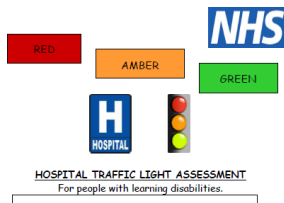
When filling in your This is Me document, it is really important to say what relationships are important to you now, and how you would like you relationships to look in the future. For example, you have a boyfriend at the moment, and would like to live with him in the future, you need to say about this so that you can work towards it.

Presentation attached



Images	Minutes	Actions
        	<p>Reps were asked to starting thinking more about relationships so that they can start doing some work on this policy at the next Reps on Board meeting.</p> <p><b>Issues to take to County Board</b></p> <p>The relationship policy.</p> <p>Kerry and Alan will attend the next County Board meeting.</p> <p><b>Carer News</b></p> <p>Carers are working on two new publications:</p> <ol style="list-style-type: none"> <li>1. Helpful hints and tips for carers</li> <li>2. Poems and short stories</li> </ol> <p>Please pass any ideas to Peter</p> <p><b>Social and community feedback, good news and anything else</b></p> <p>Lynn is going to send out the sepsis leaflet again so that everyone can remind themselves of what is on there and be telling people about it.</p> <p>Erewash Mental Health Partnership have a drop in session at Erewash CVS in Long Eaton on 26th March, 1:30pm-4pm.</p> <p>John told the Board about Carers Passports. This is something that is available in Nottingham Hospitals and gives Carers access to patients outside of normal visiting hours. Lynn is unsure if this happens in Derby at the moment. She will send some information about this to go out with the minutes.</p>	<p>LD Reps and Rep Supporters</p> <p>John, Kerry and Alan</p> <p>Attached</p> <p>Lynn to send to Beth to attach to minutes</p> <p style="text-align: right;">Page 7</p>

## Images



## Minutes

Everyone was reminded to keep washing their hands more often than usual, and for at least 20 seconds at a time.

John feedback that they recently used the traffic light document in a Nottingham hospital, but it wasn't looked at by staff there.

### End of formal meeting

### Next meeting

- ◆ Thursday 14th May
  
- ◆ 10:30am - 12:30pm
  
- ◆ The Arena Church, Ilkeston

John will be the Chair. Alan will Co-chair.

Stephen will read the dos and don'ts.

### THANK YOU

The Board would like to thank Mike Foster for all the hard work and commitment he has shown to all the Boards over the years.

## Actions

Everyone