

## A busy year for the north board and it's reps



#### A year ago.....



I came to this meeting and you all made me feel very welcome.

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I wanted to look at what you have achieved in that year.

### There has been lots of hard work



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# We introduced the information board

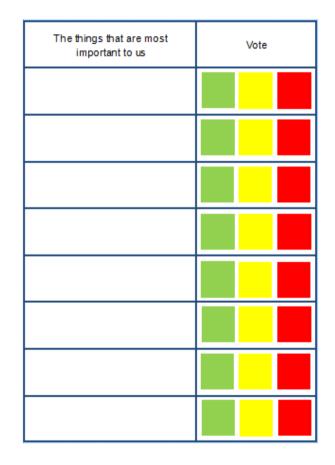




We share information that might be useful and interesting to others in the group.

We share leaflets, posters, newsletters and factsheets.

## We had our say about the future of the board



You told us how the boards should work.

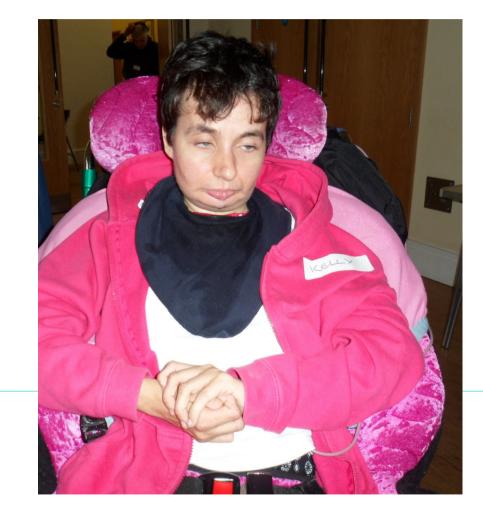
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What you like about the board.

What should be changed to make it better.

### Everyone can get involved

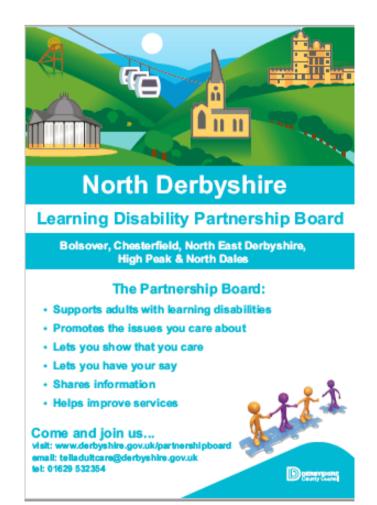




We asked our friends from No Limits what would make the meetings better for them.

We changed the agenda and give them minutes with more pictures.

# We wanted to tell others how good our board is



We updated the information about our board on the Derbyshire County Council Website.

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We designed a poster and business card to tell people about our board and to get more reps to come. The other boards followed our lead and also made a poster.





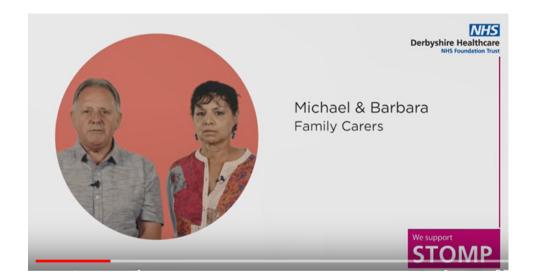
#### We stared in the I CAN film.



#### Moving forward together.



Video to show how Derbyshire County Council works with people with learning disabilities.



#### STOMP video.

#### Models!



We are stars of a book called Great Interactions.

#### **Familiar faces**



You may pick up a leaflet and see a familiar face or two.

### We are keeping people safe



We have been visiting Safe Places.

### We are keeping people safe



We have been helping Health Watch with enter and view visits.

## We are keeping people safe



We have been training new police officers.

#### We are making sure everyone can use local facilities





We have been telling our local leisure centres what we need. The Healthy Living Centre has a hoist which means everyone can enjoy the swimming pool.

### We have given our views



On medication prescribing.

On foot care (podiatry).

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On wheelchairs (and keeping them working).

## We have given our views



On activities at the day centres we go too.

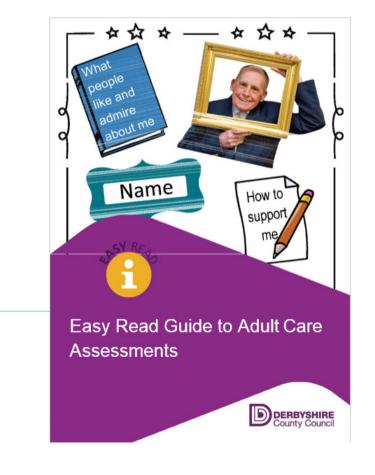
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On facilities in our area and how easy they are for us to use.

Hate crime and keeping safe.



#### We thought assessments were confusing so we did something about it



Working with Vanessa Ward (Chief Social worker) we made an easy read guide. This is going to be a really helpful document for lots of people in Derbyshire.

# We chair and Co-Chair meetings



The County Board.

**DERBYSHIRE** County Council

The Good Health Group.

Take turns to be Co-chair and read the rules of the North Board.

# We have tried lots of new sports and activities



- Boccia
- Bikes
- Nordic walking
- Dancing
- Basketball
- Walking football
- Yoga
- Chair based exercise



#### We got creative for learning disability week



We went to Matlock to do arts and crafts.

Our artwork was displayed at County Hall for all the staff to see.

#### We learnt new skills

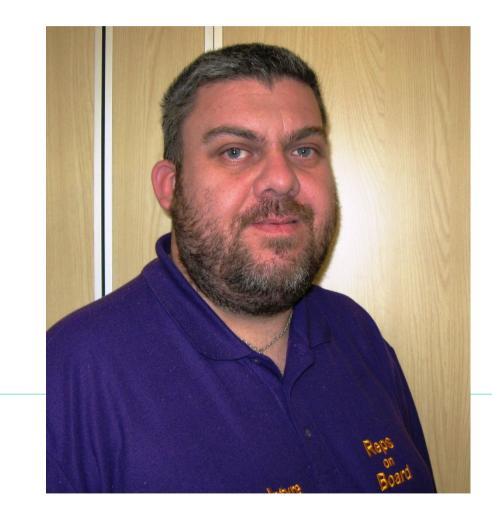




#### Easy read training.

Photography skills.

## We helped choose staff



We have been helping to recruit new staff.

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We have been on the interview panels and we gave our views about which staff would be best.

We recruited Dawn, Shelley and the new rep supporters.

### We like to hear good news from our friends



We have shared our news, our birthdays and are pleased that some our friends have new jobs and homes and we are doing lots of things that make us happy.

### I am very proud to be part of this board!





#### Keep up the good work.