

# Guide to Dementia Services

Easy Read Version



# Guide to Dementia Services

Dementia is a type of illness, it can:



- Make it difficult for you to remember things
- Make you confused
- Make you sad
- Make you behave differently
- Make you worry
- Get worse over time.

## How we can Help



Derbyshire County Council and NHS Derbyshire wants to:



- Help you early in your illness
- Help you to get care
- Talk to you
- Train our staff so they know how to help you
- Look after you if you are in hospital or at home.

# Help and Support

We want you:



- To live well with dementia
- To enjoy your life
- Help you if your dementia gets worse.

## We Can Help You by Telling you About:



- Dementia
- Other people who can help you



- Groups to help you with your memory
- Groups to help to make friends with other people with dementia



- Help you to live safely in your own home.

# The Dementia Support Service



The Dementia Support Service is run by the charity Making Space.

They have trained workers all over Derbyshire who can help people with dementia and their carers. They can give advice and support about:

- Assessments
- Money, legal and housing
- Living well with dementia
- Memory and activity sessions.

Making Space also run support groups and Dementia Cafes. You can find out more information:



On the website:

[www.derbyshire.gov.uk/dementia](http://www.derbyshire.gov.uk/dementia)



By telephone:

01246 592010.



Or email:

[derbyshiredementia.service@makingspace.co.uk](mailto:derbyshiredementia.service@makingspace.co.uk)

# Looking After Someone with Dementia



Looking after someone with dementia can be hard work and can make you feel sad or worry.



We may be able to give you help and advice.

Tell you about groups that can help you.

Help you with benefits. Benefits are money from the government paid to you.

Give you a break from caring.



## More Help and Support



There is lots of support and advice.

You can find information on the Carers in Derbyshire website at:

[www.carersinderbyshire.org.uk](http://www.carersinderbyshire.org.uk) or speak to Derbyshire Carers on tel: 01773 833833

You can also speak to your worker if you have one.



The Adult Care Information Promise, a **FACT** you can rely on. **We promise to provide you with:**



**Free** information

**Accurate** information

**Clear** information

**Trustworthy** information

If you think we have broken our **FACT** promise, please let us know so we can make improvements.