

Dementia Reablement Service

Helping to support your dignity and wellbeing at home.



Dementia Reablement Service

Currently, many people with Dementia are prematurely admitted to hospital or long term care, partly due to the lack of community alternatives or difficulty accessing more rehabilitative type services.

The Dementia Reablement service aims to provide specialist support in the community and is supported by Derbyshire County Council and the NHS Derbyshire Clinical Commissioning Groups.

We know that maintaining your independence, confidence and safety at home are the most important things to you. Staying in or going back to your own home is also your priority. That's where the Dementia Reablement service comes in.

The service is offered to Derbyshire adults who are living with Dementia or experiencing symptoms of Dementia, who are likely to benefit from short-term, flexible support from our highly trained staff. The service will be provided free of charge until more stability has been achieved or the maximum of 6 weeks.

The service is designed to complement and work alongside other community services by offering personalised support in terms of flexibility, skill and continuity. The focus is to help stabilise support at home and identify a proportionate level of ongoing care and support required.

The Dementia Reablement Service will:

- Focus on people whose Dementia related symptoms and associated behaviour are placing them at risk of being admitted to hospital or a care home
- Take a person centred approach
- Support further assessment of need
- Support safe, prompt discharge home for people from hospital
- Be time-limited, working closely with partners to identify people with Dementia or symptoms of Dementia and engage them with support
- Focus on emotional support as well as practical

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- Be flexible in the time available for the care worker to spend with each client
 - Support Carer(s) to develop their skills and resilience.

How the Service Works

You will be assessed by a professional from Adult Social Care or the NHS Community Mental Health Team to see if you would benefit from the Dementia Reablement service. The service will be provided free of charge until more stability has been achieved or the maximum of 6 weeks. It is delivered by specially trained care staff visiting you in your own home.

The service will work closely with you and your carer(s) to build resilience and establish effective coping strategies. This could involve linking with other community services for example day opportunities and telecare support options.

Our Dementia Reablement teams can offer support with personal care and practical daily living skills, but there is also a strong emphasis on providing emotional support.

The Domiciliary Services Organiser (DSO), in conjunction with the referring agency where possible, will undertake reviews of need and onward care planning prior to the service intervention ending. Reviews will include consideration of risk to the person and for any further ongoing service provision required.

Handover from the Dementia Reablement Service will be carefully planned and tailored to the person's needs. Joint working with incoming homecare services might be necessary for a short period of time, to facilitate successful handover. The DSO will need to ensure an effective transition has taken place.

Financial Contribution:

The service will be provided free of charge until more stability has been achieved or the maximum of 6 weeks. After this period has ended any ongoing services will be subject to further assessment and the Council's Co-funding Policy will apply. This will apply even if the Dementia Reablement team is temporarily providing the ongoing service.

To find out more

To find out more about Derbyshire County Council's support and services available for people with Dementia you can:

- If you have an Adult Social Care and Health worker, speak to them first
- Ring: Call Derbyshire on **01629 533190**
- Email: contactcentre@derbyshire.gov.uk
- Website: www.derbyshire.gov.uk/dementia

Further Information

Derbyshire County Council Adult Social Care and Health department produces a range of leaflets that can be downloaded or ordered from our website at www.derbyshire.gov.uk/careinfo, obtained from staff, at a local office or via your local library.

Leaflets available include:

- Guide to Adult Social Care and Health – how we work and what we provide
- Keeping Adults Safe – what to look for and what to do
- Guide to Carers Services – support, advice and information for carers
- Care Services Directory – residential homes and home care services in Derbyshire
- Putting People First – comments, compliments and complaints.

Leaflets are available in standard, large print and Easy Read and upon request in other formats such as Braille or alternate languages. We also have videos, including BSL conversions on our YouTube channel at www.youtube.com/derbyshirecc

The Adult Social Care and Health Information Promise – a **FACT** you can rely on. **We promise to provide you with:**



Free information
Accurate information
Clear information
Trustworthy information.

If you think we have broken our **FACT** promise, please let us know so we can make improvements.