

How to get help?

To get help from Derbyshire Carers Association, contact us:

- Email info@derbyshirecarers.co.uk
- Phone 01773 833833
- Go on our website and complete an online referral
- Complete the referral form below and post it to our head office at the following address:

Derbyshire Carers Association

3 Park Road, Ripley, Derbyshire
DE5 3EF

Title/Name

Address

.....

.....

Postcode

Contact Number

How did you hear about us?

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Established in 1988, Derbyshire Carers Association support carers who look after a friend or family member who, due to illness, disability, mental health problems or an addiction cannot cope without their help and support.

We have a wealth of experience and understanding of the demands that a caring role can bring and supporting the caring community.



Derbyshire Carers Association

3 Park Road, Ripley, Derbyshire
DE5 3EF

Tel: 01773 833833

E-Mail: info@derbyshirecarers.co.uk

Website: www.derbyshirecarers.co.uk

Registered Charity No: 1062777

Do you look after someone who could not manage without your help?

You are a carer if you are looking after someone who:

Has a long term illness

Is disabled

Is frail

They might be a partner, relative, neighbour or a friend.



FOLLOW US



How can we help?

Anyone who provides care on a regular basis has a legal right to a carers assessment.

This is an opportunity to discuss what help and support you need to maintain your own health needs and balance caring with other aspects of your life, such as, work and family.



*"thank you to everyone at DCA,
I don't know where us caring people
would be without you"*

*"thank you so much, I feel lighter
already. I wish I had called you a
few years back"*

How we can support you

We are here to help, give and direct you to the support you need. We can help with such things as:

- Information, advice and guidance
- Emergency planning
- Immediate interventions
- Home visits
- Carers Assessment
- Support plan
- Tailored 1-1 and/or group support dependent on needs
- Training/learning opportunities
- Breaks and relaxation days
- Support from carers near you
- Coping strategies, resilience building, first aid and manual handling
- Support to Young Carers
- Welfare rights clinics
- Legal clinics
- You may be eligible for a personal budget



Donations

Derbyshire Carers Association is a registered Charity, which means we greatly rely on donations from the public.

This enables us to deliver social activities, events and opportunities for carers in Derbyshire to have some 'free time' away from their caring responsibilities and the chance to meet with other carers.

If you would like to speak to someone regarding donations, please contact DCA on 01773 833833



Volunteer for us

Volunteers are invaluable and help us make DCA what it is. We are looking for volunteers to support our teams across the County.

Full training will be provided for a range of opportunities. Volunteering with us is a perfect opportunity to expand your skills and help local carers.

Give us a ring or send us an email if you wish to volunteer with us.