

Guide to Adult Care

Easy Read Version



Adult Care want people to:

- Keep healthy
- Stay safe
- Do the things they enjoy
- Have help when they need it



This booklet will tell you what Adult Care does and the services we offer.

Information, advice and signposting



We can give you information and advice about our services.

We can put you in touch with health, housing or voluntary organisations.

Brokerage

The Brokerage Team can help you find local support services like:



- Day Opportunities
- Home Care
- Residential and Nursing Homes
- Social activities and groups

You can buy these services with your own money or your Adult Care Personal Budget. Tel: 01629 537763

Welfare Rights Service

The Derbyshire Welfare Rights service can:

- Make sure that you are claiming the benefits that you are entitled to
- Help you to appeal about benefit decisions



Welfare Rights Helpline: 01629 531535

Other services to support you:



Derbyshire Directory

List of local clubs, voluntary organisations and charities



Trusted Trader

List of trusted companies that give good quality services



Handy Van

Help with DIY and home security.



Telecare

Alarms in your home that you can use to call for help if you have an emergency.

Find out more by visiting: www.derbyshire.gov.uk or tel: 01629 533190

Deciding what help you need

If you think you need Social Care support, you can have an assessment.

The assessment will tell us:



- What you need help with
- The things that are most important to you
- Who you want to support you
- Whether are eligible for support

Your carer or a family member can be there to help you with the assessment.

If you don't have anyone appropriate to help you we can arrange for you to have support.

Your Care and Support Plan

When your assessment is done, we will help you make a support plan.

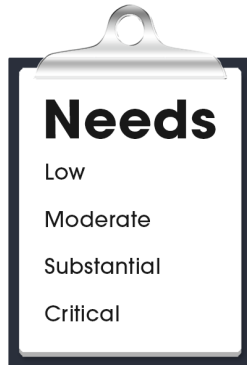


Your support plan will list:

- What you want to do
- Who will support you
- What will happen each day

Review

We will review your support plan regularly to:



- See if there have been any changes to your needs
- Make sure we are getting it right

Reablement

Workers may be able to support you by providing reablement for up to six weeks. We can help you to get your independence back after illness or injury.

On-going support

We can help you find care services including:

- Home care services
- Day activity services
- Care homes



This can be Derbyshire Adult Care's own services or independent care providers.

Mental Health Services

We help to provide a range of mental health services. If you feel you need extra support, you can talk to your GP.

Personal Budgets



If you are eligible for Adult Care support we will tell you how much money is available to help pay for your care. This is called a Personal Budget.

Direct Payments



You can receive some or all of your Personal Budget as a Direct Payment. You can use a Direct Payment to buy the support you need and employ your own staff.

Co-funding

Co-funding is a payment you need to make towards the cost of your care.

If you receive these benefits you will have to use them to help pay for your care:

- Attendance Allowance
- Disability Living Allowance (Care Component)
- Personal Independence Payment

If you have over £50,000 or more in savings you will not be able to get funded support from Adult Care.



Keeping Adults Safe

Adult Care wants you to stay safe. If someone treats you badly or hurts you, please tell someone you trust. You could tell:



- Your family or a friend
- Your keyworker
- Call Derbyshire

They will listen to you and make a plan of what to do next to make you feel safe.

Carer support

If you have a carer who helps you, then we can support them too, including:

- A Carers Assessment
- A Carers Emergency Card
- Information on support groups



Comments, compliments and complaints



We want to hear your:

- Suggestions
- Positive feedback
- Complaints



Call Derbyshire on **01629 533190** or email:
yourviews@derbyshire.gov.uk

More Information



Call Derbyshire on 01629 533190

Minicom: 01629 585240

Text: 86555



Website: www.derbyshire.gov.uk

Email: contactcentre@derbyshire.gov.uk



Write to us at:

Adult Care

Derbyshire County Council

County Hall

Matlock

DE4 3AG