

Adult Care Fact sheet

Title:

Social Care Assessment

Every Adult Social Care department follows a set of national eligibility criteria to determine if you have needs that make you eligible for support.

In order to carry out an accurate assessment of your social care needs, including any eligible needs, it is important that you or someone you trust are able to tell us about your situation. This includes not only the difficulties that you are experiencing but also about what you want to achieve, your strengths and the support you get from the people around you and your community.


Adult Care would like to support you to maintain and improve your wellbeing and will use the information from your assessment to help you to do this.

Eligibility: there are three stages to the national eligibility test –


- Identifying whether your needs arise from a physical or mental impairment or illness
- Finding out whether you are able to achieve the outcomes (goals) you want in various areas of your life such as managing your nutrition or using your home safely
- Determining whether as a consequence of not meeting your outcomes (goals), there is, or is likely to be, a significant impact on your wellbeing.

Pre Assessment


- It is important that the assessment is proportionate and focusses on the things that concern you or your carer the most. So we don't subject you to intrusive or unnecessary questions it would help us if prior to the assessment you or your carer has thought about your situation, what is important to you, what you want to achieve and what barriers there are to doing this. Some of the areas you may wish to consider are set out below:




Nutrition
Personal hygiene
Safe use of your home



Appropriate clothing
Maintaining a comfortable home
Toilet needs



Making use of local facilities
Accessing and engaging in work, training, education or volunteering



Developing and keeping good family and other personal relationships



The needs you identify must be those that impact on you most days. However, if your ability changes day to day or even during the course of a day, it is important that you share this with us and explain how this affects you.

It would be helpful if you tell us about any diagnosed medical conditions you have. However, what is important is how any health condition or disability affects your everyday life and what practical difficulties you face as a result. This will be different for each person even if they have a similar health condition. In turn this will help us to understand the information, advice and support you might require.

When preparing for the assessment please consider what you can and want to do for yourself, what your family and community can do for you. In addition we need to know about the suitability of your home, its state of repair and whether you have adequate heating as this can make a significant difference to your wellbeing, as can equipment or adaptations that you use, have used in the past or may benefit from in the future.

Care and Support Plan

Once we have agreed what you want to achieve we will decide if you have eligible needs (those that without our support will have a significant impact on your well-being). Many eligible needs can be met through the use of equipment, an adaptation to your home or through other available services but some will only be met through the use of a personal budget. If this is the case our resource allocation system will be used to work out how much money you are likely to require your care and support plan to deliver. The care and support plan will then set out who will do what including how any personal budget will be spent to meet your outcomes and improve your wellbeing.

Please use this space to write any notes that you think may help us when you have your assessment

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