

Community Rehabilitation Team
01246 515989

Chesterfield Adult Care
01246



The Staveley Centre

Intermediate Care Unit



INVESTOR IN PEOPLE

Produced by Derbyshire Adult Care, Derbyshire County Council, County Hall,
Matlock, Derbyshire DE4 3AG

Call Derbyshire 08456 058 058

 This document is produced on recycled paper



The Staveley Centre

The Staveley Centre Rehab unit can offer a time limited period of rehabilitation for people with primarily physical needs, who may also have a mental health need, for example dementia. The service enables people to increase their independence in a safe and caring environment with the aim of returning home.

The unit is within the Staveley centre which provides personalised residential care for people with dementia.

The Intermediate care service has the primary aim of maximising and maintaining each persons independence, by helping them to regain lost skills and abilities and increase their potential to live in their own homes for as long as possible.

Aims

- To avoid unnecessary admission into hospital.
- To avoid unnecessary long term residential/nursing care.
- To facilitate a safe and timely return home from hospital after further rehabilitation.
- To promote maximum independence and function through setting joint goals with clients.
- Support from the team will gradually reduce as the person improves.
- To promote dignity and respect throughout the process.

Criteria

- The service at the Staveley Centre is available to any person over 18 who are registered with a Chesterfield GP.
- The person will be able to participate in a programme of assessment and rehabilitation. This is vital to the success of the rehabilitation process.

The Process

- Referrals can be taken by ringing the Community Rehabilitation team on 01246 515921 or 01246 515989.
- An assessment will take place prior to admission to ensure that the service is appropriate. The assessment will be undertaken by heath or adult care staff from the Community Rehab Team. The assessment will consider the individuals physical, psychological, social and spiritual needs and the needs of carers.
- Following admission a comprehensive assessment will then be completed and a rehabilitation plan will be agreed to meet the person rehabilitation goals, for example:
 - Improving mobility
 - Dressing independently
 - Making a hot drink/meal
 - Doing the shopping
- All staff within the rehabilitation unit will work together to help the individual achieve their goals.
- Regular progress reviews will take place. The individual and their carer's views will be integral to these reviews and their future planning.
- The process is expected to take up to a maximum of 6 weeks, depending on the persons needs.

Going home

- Home visits may be arranged during the individual's period of rehabilitation to assess the individual in their home environment and to plan discharge.
- At the end of rehabilitation, the needs of the individual will be reassessed and staff will make referrals to other agencies as required.
- The individuals return home will be based on their assessed need and appropriate support will be arranged, depending on the eligibility criteria.
- Many individuals leave the unit requiring no formal support at all.

