

### Getting Ready to Go Home

The person's progress will be monitored whilst they are at Oakland and any difficulties addressed to ensure a successful return home.

Before going home, any opportunities observed which might help make life easier for the person or their carer will be suggested. This might include a referral to any other local services that might help once the person is back at home.

# Oakland Community Care Centre

## Short Stay Residential Service



For further information please contact  
Call Derbyshire on **08456 058 058** or **01629 533190**.

## Short Stay Residential Service

The short stay service at Oakland offers a high standard of residential support for people whose needs may arise from dementia or physical frailty.

### Aims of the Short Stay Service

- To enable informal carers (family or friends) to take a break from their caring role as a 'one off' or as a regular pattern of breaks.
- To give the carer confidence that the person cared for will be comfortable and well supported.
- To offer the 'cared for' person a positive experience whilst away from home that s/he would be happy to repeat at a future date.

### Criteria

- The short stay service is available for Derbyshire residents over 60 years.
- The person is able and willing to have a short stay at Oakland.
- The length of time someone will stay is flexible and could be from one night to two weeks at a time. The length and frequency of stays will be individually agreed to suit the needs of the person and their carer although there may be occasions when due to other demands on the service individual preferences cannot be accommodated.



### The Process

An initial assessment is carried out by a social care professional to understand what support the person needs and when a short break is wanted.

We encourage people to be involved to make sure they feel comfortable and in control. People can have someone with them as they wish as assessments are done.

Once someone has come for their stay at Oakland we will look at their needs in more detail. This results in a personal service plan agreed with them, making clear what assistance might be required e.g. washing, dressing, taking tablets and medicines properly. When people bring their relative for short term care it is helpful if they can make time to share any further details or changes between assessment and admission.

Whilst we are there to help in any way needed we are careful not to 'take over' and do things someone normally does for themselves.

We will also agree with the person how they wish to spend their time in ways they feel will be worthwhile during their stay.

The staff will always be there to help and encourage people and they will be able to answer any questions.

### Administrative and Domestic Arrangements

**Charging:** Charges are either full or assisted cost and the precise amount will be explained. We appreciate payment at the time of admission.

**Accommodation:** A single room will be offered with ensuite bathroom

**Meals:** Meals are all provided. We will ask about preferences and cater for dietary needs.

**Visiting:** We have a general policy of open visiting but visitors are asked to respect and avoid times when people may be having meals.

**GP Visits:** The person's usual GP will visit if this is necessary during person's stay at Oakland.





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