

Getting Ready to Go Home

The person's progress will be regularly reviewed whilst they are at Oakland. The person will be kept fully informed of progress.

Home visits may be arranged to see how the person might manage in their own home once their stay at Oakland has ended.

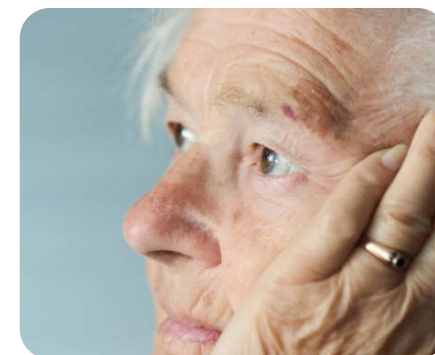
Before going home, all opportunities that might help make life easier will be explored. This might include a referral to any other local services that might help them once they are back at home.



Southern Derbyshire
Clinical Commissioning Group

Oakland Community Care Centre

Intermediate Care Services



For further information please contact
Call Derbyshire on **08456 058 058** or **01629 533190**.



Oakland Intermediate Care Service

The Intermediate Care service at Oakland offers a high standard of support to help people regain their independence after illness or a hospital stay until they are well enough to return home. The service is provided in a homely and comfortable environment and is personal and flexible according to each person's need.

Aims of Intermediate Care

- To avoid unnecessary admissions to hospital
- To avoid people having to go into long term residential or nursing care
- To reduce the amount of time people need to stay in hospital
- To help people to keep their independence for as long as possible

Criteria

- The Intermediate Care Service is available to Derbyshire residents over 18 years of age and registered with either Heartwood Medical Practice, Woodville, Swadlincote, Overseal, Newhall surgeries or Gresleydale Healthcare Centre.
- The person is able and willing to take part in a programme of intermediate care to help them recover.

The Process

An initial assessment is carried out by a health or social care professional to be sure that Intermediate Care is likely to be of benefit to the person.

If appropriate the person will then be admitted to Oakland. After admission, further assessment by health care and adult care professionals will identify the person's needs in more detail. This ensures that staff work as effectively as possible to help the person recover and regain their independence. The length of stay, dependent on need, will be up to a maximum of six weeks, but often less.



We encourage people to be involved to make sure they feel comfortable and in control. People can have someone with them as they wish as assessments are done.

Each person receiving the service will have a personal plan agreed with them setting out the aims for intermediate care. For example, a plan might include things like being able to:

- wash and dress without help
- go and do the shopping
- take tablets and medicines properly
- make meals and drinks.

The staff will always be there to help and encourage people achieve the goals in their plan and they will be able to answer any questions.

Administrative and Domestic Arrangements

Charging: There is no charge made while a person receives the intermediate care service. If an on-going service is needed after intermediate care co-funding will apply (details of this will be explained)

Food: Food is provided and the person might be involved in preparing their own meals as part of their personal intermediate care plan.

Visiting: We have a general policy of open visiting but visitors are asked to be respectful and avoid times when people may be having meals or are having treatment.

GP Visits: The person's usual GP will visit if this is necessary during person's stay at Oakland.

