

### Visiting:

- All visits to the day centre have to be made by appointment.  
Contact numbers for appointments are:  
Day Centre: 01629 532500  
Oakland Village (Reception): 01629 533975

### Transport:

- Should a person be unable to get to the centre or have specific travelling needs these should be discussed with a social care worker during the person's initial assessment.

### Health Care Professionals

- The day centre does work in partnership with the NHS and is provided with support from GP's, district nurses, Community mental health teams, physios and occupational therapists.
- At quarterly intervals throughout the year the person can attend podiatry which is held in the treatment centre on site.
- There is also a memory assessment clinic surgery every Monday and alternate Wednesday in the treatment centre for people that may have dementia.
- This surgery also has support on these days from co-ordinators working for the Alzheimer's society should informal carers require independent advice.

### Operational times

- The day centre operates a seven day service  
e.g. Monday to Friday- 9:00 to 16:30 hrs  
Saturday and Sunday- 9:00 to 16:00 hrs  
The day centre also has an out of hours answering machine in which messages can be left that will be responded to within 24 hrs.

For further information please contact  
Call Derbyshire on **08456 058 058** or **01629 533190**.

# Oakland Community Care Centre

## Oakland Day Centre



## Oakland Day Service

The day service at Oakland offers a high standard of support for people whose needs may arise from dementia or physical frailty.

### Aims of the Day Service

- To enable informal carers (family or friends) to take a break from their caring role on a regular basis.
- To offer the “cared for” person a variety of day opportunities and a positive experience whilst away from home so that s/he would be happy to repeat this on a weekly basis.
- To help people maintain their present skills and level of independence for as long as possible.

### Criteria

- The Day Service is available to Derbyshire residents over 60 years.
- The person requiring a day service has been assessed by a health or social care professional and meets the Derbyshire County Council eligibility criteria set for South Derbyshire Day services.
- The person requiring day services is able and willing to attend the day centre in order to partake in purposeful activities to help maintain their wellbeing, independence and present skills/abilities.

### The Process

- An initial assessment is carried out by a health or social care professional to be sure that the day centre opportunities are likely to be of benefit to the person.
- If appropriate the person will then be invited with their informal carers (family or friends) to attend the day centre for a visit.
- Day service staff will informally meet and greet the person, discuss any care needs, share information about activities and provide the person and carers with a tour of the shared facilities on site, that they can access e.g. gym, hairdresser, shop, internet café, bathing service, village hall events, partnership events, well-being zone events, bistro and restaurant.



- Once a place has been offered to the person they will initially attend for one day a week which can be increased depending on the persons need.
- Each person attending the day centre will have a dedicated keyworker who will assist them with any assessments, ensure that they feel comfortable and in control and will ensure that their experience is entirely person centred to meet their specific needs.
- Each person will have a personal plan which will meet their identified needs and will set out the aims of their day service.
- For example: a plan may include things like:
  - Helping a person with an activity of their choice
  - Prompting the person when it's time to take their medication
  - Helping a person to access another service such as: having their hair done
  - Helping to keep that person orientated
- The day centre staff will always be there to help that person to achieve the goals in their person centred plan and ensure that their identified needs are met in a dignified way.
- The day centre staff will also be available to answer any questions that the person or their informal carers may want to ask.

### Administrative and Domestic Arrangements

#### Charging:

- Charges are either full or assisted cost and the precise amount will be explained during the person's initial assessment.
- The day centre provides a sessional service whereby the person can attend a whole day or half a day depending on need.
- The day centre also provides a bathing service which charges on a sessional basis, information about this service can be provided on request.

#### Meals:

- Each person will be provided with a lunchtime meal and dessert in the main restaurant area which provides “a dining with dignity service”.
- The centre does offer a more discreet dining experience for those people within the day centre that are unable to attend the restaurant and may require 1:1 assistance with meals.

