

Opening Times

The day centre operates four days a week and is open from 9am until 5pm.

How to Access our Service

If you or your carer feel you may require our services please contact

Call Derbyshire on 01629 533190 or

Gillian Sutton

Deputy Manager

Day Opportunities

Meadow View Care Centre

300 Bakewell Road (next to the Whitworth hospital)

Matlock

Derbyshire

DE4 2JF

01629 532472 / 532486

Meadow View Day Services



Day time opportunities for older people

Meadow View Day Services

Caring for older people - caring for you

The day services at Meadow View were opened in June 2016, providing support for people with dementia and mental health needs, in Matlock and the surrounding villages.

The day centre can accommodate up to 20 people and our team of skilled staff support people with different needs; from minimal supervision through to more intensive, regular personal care in a person centered approach.

We work in partnership with other care service providers to deliver personalised support to help clients maintain their independence and remain part of their community. We provide carers with the support they need to have some time to themselves if they need it.

Our clients have access to the respite and dementia unit if they need further support.

We create activities based on personal support plans and monitor and review progress to ensure we meet the clients needs.



Depending on assessment criteria, community transport can be arranged to collect and return clients home from the centre.

We provide a two course suitable meal in the café area, where clients can enjoy their meal while taking in the views of the meadows and Peak Rail.

We have fully adapted toilet facilities and a range of areas where activities take place.



Group Information:

We provide specialist dementia groups which are run by workers who have a wealth of experience in caring for individuals living with dementia.

Each group has a coordinator responsible for organizing activities to help stimulate physical and mental skills which include, chair based exercises, quizzes (musical / general knowledge), orientation sessions, local history, current affairs, dancing, baking, crafts and sing along.

The group from 10am until 3pm on Tuesdays to Fridays.

Outreach Groups

- Visioncall optical service available to the community. Contact vision call and they will visit you in your own home.
- Age UK – offer a community podiatry team to the community.
- Making Space - meet at the beginning of each month. Please request dates from reception.
- Memory Clinic – Please request dates from reception.