

# Cycling for everyone...

Explore Derbyshire's stunning rolling hills, rugged peaks, canal towpaths and gentle Greenways, discovering cycle routes for either a peaceful ride or a challenging adventure.

Whether planning a family outing to one of the trail's cycle hire centres, searching for a car-free route to work or embarking on a long distance cycling holiday, this leaflet will help you find a cycle route to help you on your way. Use the contacts listed for more detailed information about each route.



## Enjoy Safe Cycling

Wherever you cycle it makes sense to stay safe, especially where the routes connect to towns or pass through urban centres. The following suggestions and road signs may be helpful:

### Safety and Good Practice

**You should wear:** A cycle helmet, light coloured or fluorescent clothing that will not snag on the chain and reflective accessories that are clearly visible in the dark.

**At night:** By law, your cycle must have front and rear lights lit. It must also be fitted with a red rear reflector and amber pedal reflectors (if made after 01/10/85). White front reflectors and spoke reflectors will also help you to be seen.

**Shared paths:** Cyclists will encounter other users, such as walkers, family groups with prams, mobility scooters and horse riders. Cyclists must give way to walkers and horse riders. Please take care, warn others of your approach and reduce speed. Vehicles may also be encountered on some off-road routes for farm access, 4x4 leisure or for route maintenance.

**Road routes:** Derbyshire County Council will continue to improve the comfort and safety of road routes, but special care should be taken when cycling where other vehicular traffic is present.

**Where legal:** Cyclists are allowed to use off-road paths that are designated Byways and Public Bridleways, as well as where landowners permit, such as countryside trails.

**Safer routes to school:** Links to schools are being developed to encourage safe walking and cycling to schools. Use the contacts section to see if a cycle route has been developed to your school.

**Cycle training:** Wondering how to get started or how to pick up a bike again? To access cycle training, contact the Road Safety Team at Derbyshire County Council.

	No cycling		With-flow bus lane which pedal cycles may also use		Recommended route for pedal cyclists to place shown		Segregated pedal cycle and pedestrian route
	Recommended route for pedal cycles		With-flow bus lane ahead		Cycle route ahead		Shared pedal cycle and pedestrian route
	With-flow cycle lane		Route for pedal cycles forming part of the National Cycle Network		Route to be used by pedal cycles only		Buses and cycles only



## Derbyshire's Cycle Network

Cycling is a great way to explore the countryside, take up exercise and to get around. Derbyshire is the perfect place to pedal for pleasure or on your daily business - everyone can have a go.

Derbyshire County Council is developing a network of traffic-free routes, or **Greenways**, around the County linking communities and countryside.

Greenways enable people to.....

- \* Visit family and friends.
- \* Cycle or walk to work or to school.
- \* Access shops and facilities.
- \* Live more healthily and have fun.
- \* Reduce traffic congestion and car generated pollution.
- \* Experience countryside on the doorstep and beyond.

Derbyshire's cycle routes and traffic-free **Greenways** travel through some of the County's most beautiful landscapes. Many of the routes follow old railway lines and provide a safe, traffic-free environment for all the family. They also provide the perfect training ground for new cyclists of any age.

The network is expanding as new routes are developed. To report any problems encountered on any of these routes or to comment on the network, contact us at **Call Derbyshire on 01629 533190**.

In addition to the routes shown, there are local cycle routes around towns. There are also many mountain bike routes around both the White Peak and the Dark Peak of Derbyshire that can be found illustrated in books and publications.

### Contacts for Routes in Derbyshire

<b>Blackwell Trail</b> Derbyshire County Council Countryside Service Clay Cross Countryside Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01629 533020
<b>Carsington Water</b> Carsington Sports and Leisure <a href="http://www.stwater.com">www.stwater.com</a>		t: 01629 540696
<b>Conkers Circuit</b> National Forest Company <a href="http://www.nationalforest.org">www.nationalforest.org</a>		t: 01283 229494
<b>Creswell Crags</b> Nottinghamshire County Council and Derbyshire County Council Museum and Education Centre <a href="http://www.creswell-crags.org.uk">www.creswell-crags.org.uk</a>		t: 01909 720378
<b>Derby Riverside Path and Derby Canal Path</b> Derby City Council <a href="http://www.derby.gov.uk">www.derby.gov.uk</a>		t: 01332 640809
<b>Derwent Reservoirs</b> Peak District National Park Authority <a href="http://www.peakdistrict.gov.uk">www.peakdistrict.gov.uk</a>		t: 01433 650953
<b>Erewash Valley Trail</b> Broxtowe Borough Council <a href="http://www.broxtowe.gov.uk">www.broxtowe.gov.uk</a>		t: 0115 917 7777
<b>Five Pits Trail*</b> Derbyshire County Council Countryside Service Clay Cross Countryside Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01629 533020
<b>Great Northern Greenway</b> Derbyshire County Council Countryside Service Shipley Country Park <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01773 719961
<b>High Peak Trail</b> Derbyshire County Council Countryside Service Middleton Top Countryside Centre Peak District National Park Authority <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01629 823204 t: 01629 816200
<b>Ironville Greenway</b> Derbyshire County Council Countryside Service Shipley Country Park <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01773 719961
<b>Killmarsh Greenway</b> Derbyshire County Council Countryside Service Tapton Lock Visitor Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01246 551035
<b>Mickleover Greenway</b> Derbyshire County Council Countryside Service Shipley Country Park <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01773 719961
<b>Midshires Way - Southern Derbyshire</b> Shardlow to Long Horse Bridge and Hopewell to Dale Abbey Derbyshire Countryside Service Elvaston Castle Country Park <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>		t: 01629 533870
<b>Monsal Trail</b> Peak District National Park Authority <a href="http://www.peakdistrict.gov.uk">www.peakdistrict.gov.uk</a>		t: 01629 816200
<b>National Cycle Network (NCN) Routes 6, 54, 55, 62, 67, 68, 547, 548, 549</b> Sustrans <a href="http://www.sustrans.org.uk">www.sustrans.org.uk</a>		t: 0845 1130065

<b>Key to symbols</b>			
<b>National Forest Cycling Centre - Hicks Lodge</b> National Forest Company <a href="http://www.nationalforest.org.uk">www.nationalforest.org.uk</a>			
t: 01530 274533			
<b>Nutbrook Trail</b> Derbyshire County Council Countryside Service Shipley Country Park <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01773 719961			
<b>Peak Forest Canal</b> Canal and River Trust <a href="http://www.canalrivertrust.org.uk">www.canalrivertrust.org.uk</a>			
t: 0303 0404040			
<b>Peak Forest Tramway</b> Derbyshire County Council Countryside Service Middleton Top Countryside Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01629 823204			
<b>Pennine Bridleway - Derbyshire</b> Hayfield Information Centre <a href="http://www.nationaltrail.co.uk">www.nationaltrail.co.uk</a>			
t: 01663 746222			
<b>Ripley Greenway</b> Derbyshire County Council Countryside Service Shipley Country Park <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01773 719961			
<b>Rosliston Forestry Centre</b> South Derbyshire District Council <a href="http://www.south-derbys.gov.uk">www.south-derbys.gov.uk</a>			
t: 01283 563483			
<b>Sett Valley Trail</b> Derbyshire County Council Countryside Service Hayfield Information Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01663 746222			
<b>Silverhill Greenway*</b> Derbyshire County Council Countryside Service Clay Cross Countryside Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01629 533020			
<b>Stockley Trail</b> Derbyshire County Council Countryside Service Clay Cross Countryside Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01629 533020			
<b>Teversal Trails*</b> Ashfield District Council <a href="http://www.ashfield-dc.gov.uk">www.ashfield-dc.gov.uk</a>			
t: 01623 450000			
<b>Thornhill Trail</b> Peak District National Park Authority <a href="http://www.peakdistrict.gov.uk">www.peakdistrict.gov.uk</a>			
t: 01629 816200			
<b>Tissington Trail</b> Peak District National Park Authority <a href="http://www.peakdistrict.gov.uk">www.peakdistrict.gov.uk</a>			
t: 01629 816200			
<b>Trans Pennine Trail - Chesterfield Spur NCN67</b> Derbyshire County Council Countryside Service Tapton Lock Visitor Centre <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01246 551035			
<b>Trans Pennine Trail - Longdendale Trail NCN62</b> United Utilities <a href="http://www.unitedutilities.com">www.unitedutilities.com</a>			
t: 01457 851083			
<b>Trent Valley Greenway</b> Derbyshire County Council Countryside Service Shipley Country Park <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>			
t: 01773 719961			

**Phoenix Greenways** \* Indicates trails forming part of the Phoenix Greenways network. For more detailed information about each of the routes, Derbyshire's cycle hire centres, site maps and facilities, visit our website at [www.derbyshire.gov.uk/countryside](http://www.derbyshire.gov.uk/countryside).

### Cycle Hire on Derbyshire Trails

Find a Cycle Hire Centre on the map overleaf, shown by this symbol.

<b>Ashbourne Cycle Hire</b> <a href="http://www.peakdistrict.gov.uk">www.peakdistrict.gov.uk</a>	t: 01335 343156
<b>Bamford - Bike Garage</b> <a href="http://www.bikegarage.co.uk">www.bikegarage.co.uk</a>	t: 01433 659345
<b>Blackwell Mill Cycle Hire</b> <a href="http://www.peakblackwellcyclehire.com">www.peakblackwellcyclehire.com</a>	t: 01298 70838
<b>Carsington Water Cycle Hire</b> <a href="http://www.carsingtonwater.com">www.carsingtonwater.com</a>	t: 01629 540478
<b>Carsington Village - Miners Arms Cycle Hire</b> <a href="http://www.minersarmscarsington.co.uk">www.minersarmscarsington.co.uk</a>	t: 01629 540207
<b>Derwent Valley Cycle Hire</b> <a href="http://www.peakdistrict.gov.uk">www.peakdistrict.gov.uk</a>	t: 01433 651261
<b>Longdendale Valley Cycles</b> <a href="http://www.hikers-and-bikers.co.uk">www.hikers-and-bikers.co.uk</a>	t: 01457 854672
<b>Middleton Top Cycle Hire</b> <a href="http://www.derbyshire.gov.uk">www.derbyshire.gov.uk</a>	t: 01629 823204
<b>Monsal Trail Cycle Hire</b> <a href="http://www.monsaltrail.co.uk">www.monsaltrail.co.uk</a>	t: 01629 810588
<b>National Forest Cycle Centre - Hicks Lodge</b> <a href="http://www.nationalforest.org">www.nationalforest.org</a>	t: 01530 274533
<b>Parsley Hay Cycle Hire</b> <a href="http://www.peakdistrict.gov.uk">www.peakdistrict.gov.uk</a>	t: 01298 84493
<b>Rosliston Forestry Centre Cycle Hire</b> <a href="http://www.roslistonforestrycentre.co.uk">www.roslistonforestrycentre.co.uk</a>	t: 01283 563483



## HIGHPEAKCYCLEHIRE

Miles of traffic-free trails



**Quality bikes NEW every year**  
For details of our service (established 1975) please see our website, ask for a free colour leaflet or speak to our helpful staff.  
**Middleton Top:**  
01629 823204

**DERBYSHIRE** County Council  
Improving life for local people  
[www.derbyshire.gov.uk/cycling](http://www.derbyshire.gov.uk/cycling)

### Cycling Holidays

If you are planning a short break or longer holiday in Derbyshire check out [www.visitpeakdistrict.com](http://www.visitpeakdistrict.com), click on where to stay and search for 'Cyclists Welcome' accommodation.

These hotels, B&Bs, self catering cottages, campsites and youth hostels are all accredited as 'Cyclists Welcome' so you are assured of facilities, such as secure cycle storage and an outside tap to clean your bike.

Our **'Summer of Cycling'** programme has lots of ideas to encourage people of all abilities to get on their bikes. There are free downloadable cycling routes at ([www.visitpeakdistrict.com/cycleroutes](http://www.visitpeakdistrict.com/cycleroutes)), complete with Ordnance Survey maps and information on places to visit and where to get refreshments en-route.

### Pennines and North Eastern Derbyshire

The Trans Pennine Trail (TPT) is an exciting route for walkers, cyclists and, in many parts, horse riders. Linking the North and Irish Sea the route passes through the Pennines, along old railways, canals, riversides and cross country tracks, most of which are flat or on easy gradients - the easiest way to cross the Pennines under your own steam! A wonderful sustainable transport route to travel to work, school, shops or for leisure.

Leaflets, waterproof colour maps and an accommodation guide along the route are all available to help you enjoy the Trail, contact your local Tourist Information centre or visit [www.transpenninetrail.org.uk](http://www.transpenninetrail.org.uk)

### Trans Pennine Trail

Trans Pennine Trail - a national coast to coast route for recreation and transport.  
**National Trans Pennine Trail Office**  
Tel: 01226 772574  
email: [info@transpenninetrail.org.uk](mailto:info@transpenninetrail.org.uk)  
website: [www.transpenninetrail.org.uk](http://www.transpenninetrail.org.uk)

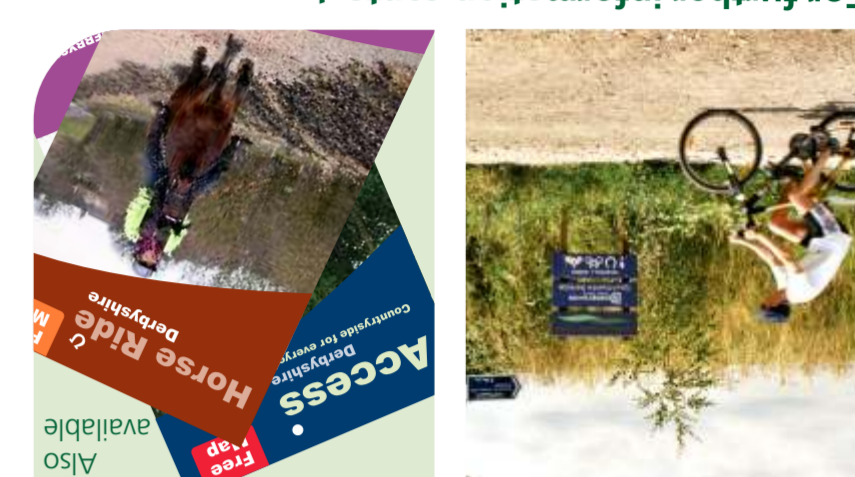


**Free Map**

# Cycle\* Derbyshire

**DERBYSHIRE** County Council  
Improving life for local people

www.derbyshire.gov.uk/countryside  
Call Derbyshire on 01629 533190  
Derbyshire County Council, Economy, Transport and Environment Department, County Hall, Matlock, Derbyshire DE4 3AG  
Improving life for local people  
**DERBYSHIRE** County Council  
Public Transport Info 0871 200 22 33  
For further information contact



Derbyshire County Council is working with others to develop a network of cycle routes for everyone to enjoy. This leaflet will show you where they are, how far they go and how to find them.  
New to cycling? Not a problem. Have a go at one of the cycle hire centres on a traffic-free trail or use the contacts shown inside to get you started.  
Ever wondered how far you could cycle?  
Ever wondered how to get started?  
Ever wandered ..... on a bike?

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If you have difficulty reading this leaflet it is available in other formats, please contact Call Derbyshire.  
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