

Across
Derbyshire

Love learning locally

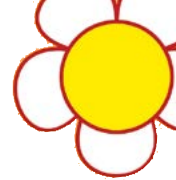
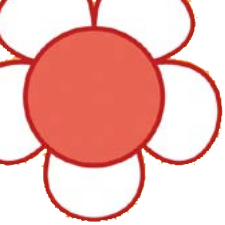
Derbyshire Learning for Leisure

Summer 2021 Courses

*The
Summer of
Free
Learning!*

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Welcome to the Summer of Free Learning!

Yes you did read that right! We think that learning new skills, whatever your age, is so important that we are offering all of our 'Learning for Leisure' courses **FREE*** this term.

We know that **keeping learning** and **connecting with others** is really important for our mental health (see the **Five Ways to Wellbeing** on the next page). We can offer opportunities for every Derbyshire resident** to do this, together with plenty of activities to help you **be active** and **be curious**.



This brochure lists all of our summer learning for leisure courses across the whole of Derbyshire and includes many online learning options as well as some face-to-face courses. Look out for the **Spotlight on...** pages. These give details of new courses and workshops we have put on this term that we are very excited about and we think you will be too!

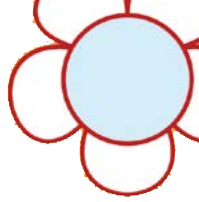
If you haven't tried online learning before, this summer is the ideal time to give it a go. We are sure you will enjoy the experience and you will receive plenty of support.

To find out more and book on a course simply go to our Eventbrite page **derbyshireadulteducation.eventbrite.com** and search for courses you are interested in by date or by putting the course title into the 'Search for events' box.



* All course tuition is FREE. Some courses may have materials costs. Look for the **£** symbol in course listings

** Courses are for Derbyshire Residents. We reserve the right to refuse bookings from outside the county.



Five Ways to Wellbeing

The Five Ways to Wellbeing are simple ways of looking after yourself and others, and are more important than ever during the coronavirus crisis. We think we can help you with all of these.

1. Connect with others

Building connections with family, friends, colleagues and neighbours will support and enrich you every day.

- Make use of online platforms such as Zoom, Skype and Teams
- Pick up the phone or write an email, letter or postcard
- Join a live online or face-to-face course to connect with new people



2. Be active

Regular physical activity is good for your health, including your mental health.

- Go for a walk, run or bike ride
- Do some gardening
- Join an online exercise class



3. Be curious/ take notice

Paying more attention to the present moment (mindfulness) can improve your mental wellbeing.

- Notice the unusual or beautiful – share it with others
- Savour the moment
- Join a mindfulness course to find out more



4. Keep Learning

Continued learning through life gives you a sense of purpose and encourages social interaction and a more active life.

- Do a quiz or crossword
- Tackle a DIY project. There are lots of free tutorials online
- Learn a new language or a practical skill



5. Give (to others)

Acts of giving and kindness can improve your mental wellbeing.

- Spend time with friends or relatives who need support or company
- Thank someone for something nice they have done for you
- Do your bit for the environment or your local community



What type of course is best for you?



Our **live online courses** are delivered using freely available video conferencing software, either Zoom or Microsoft Teams. We make it as easy as possible for you to join a course, whatever device you have. You will be sent a link a few days before the course together with information about any resources you need for the course. Your tutor will guide you through the course activities.

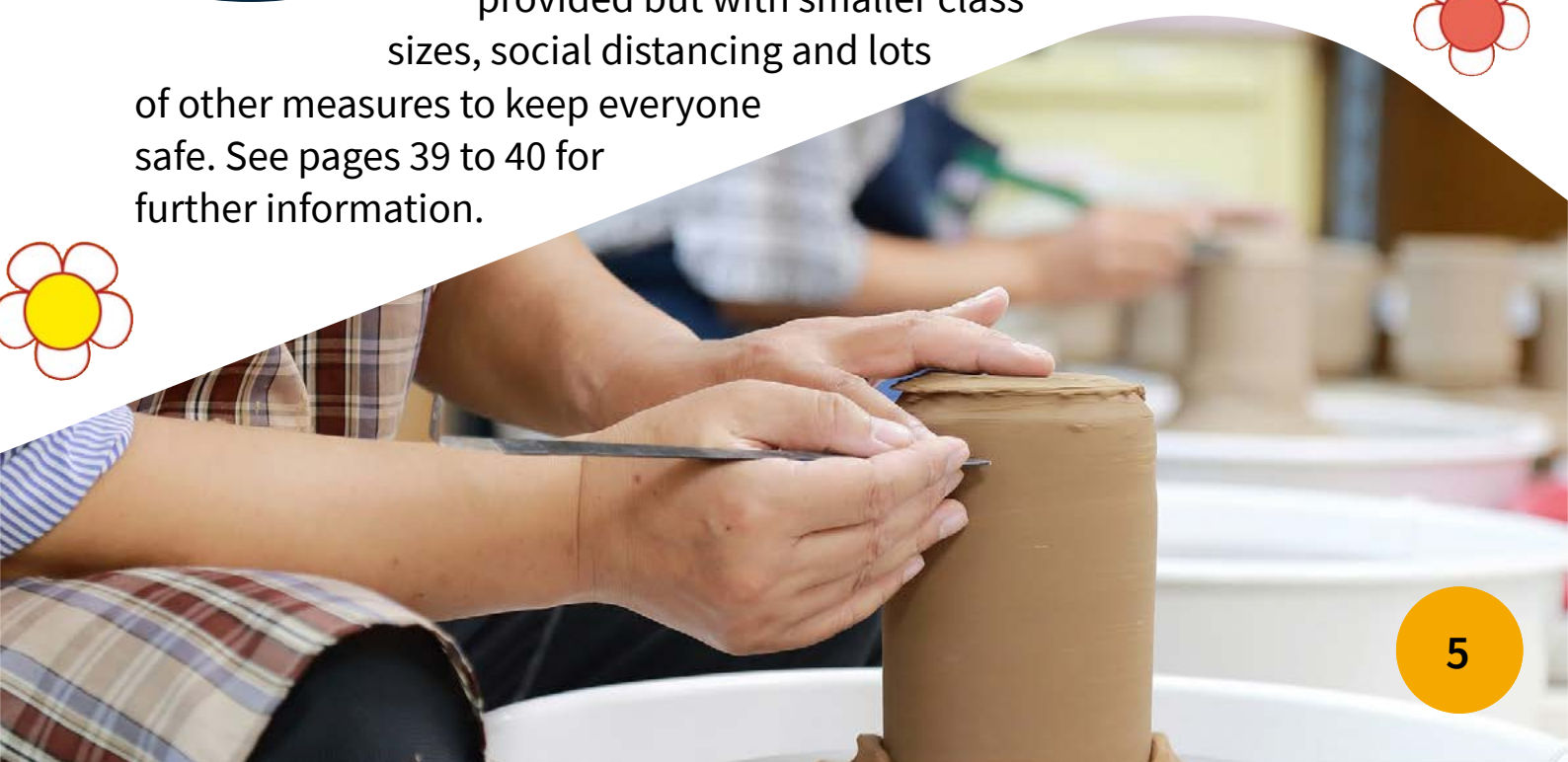
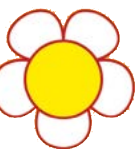
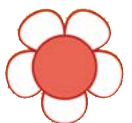
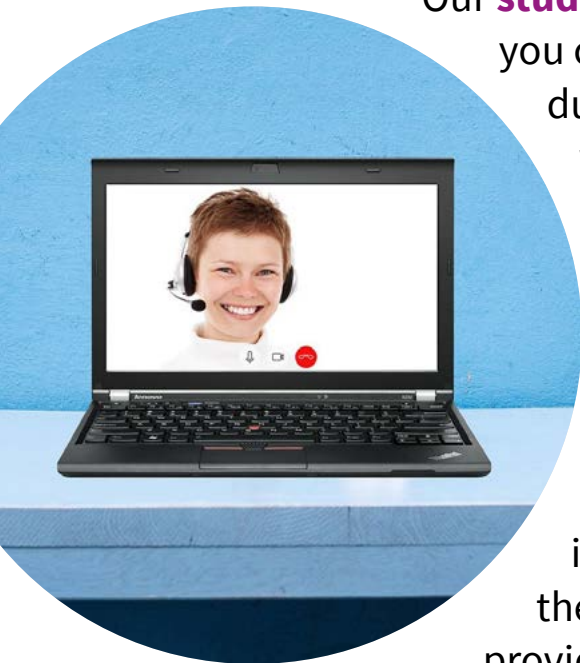


Our **student-paced courses** are online workshops that you can work through at your own pace at any time during a 30 day period. They are hosted on a website called 'Nearpod'. You just click on the link provided and it takes you straight in to the course.

We are hoping that the Covid-19 situation will have improved sufficiently by later in this term that we will be able to run a small programme of **face-to-face courses** in some centres including some outdoor learning. You can expect the same quality teaching as we have always provided but with smaller class

sizes, social distancing and lots

of other measures to keep everyone safe. See pages 39 to 40 for further information.



Our Online courses

Pages 7 to 24 give details of our online courses. Why not give one a try? We are offering a mixture of one-off workshops and longer online courses.

Don't be put off signing up for a longer course because you are hoping to get away for a break this summer. The beauty of online courses is you can do them from anywhere – as long as you have an internet-enabled device

and wifi/data. Join your class from the beach, your holiday cottage or the top of a mountain and make everyone else jealous!

All online courses are **FREE*** this term but our funding is for Derbyshire Residents only. We reserve the right to refuse bookings from outside the county.

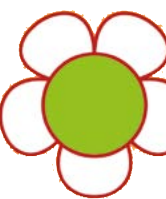
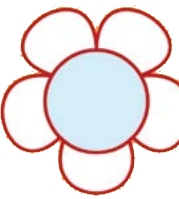
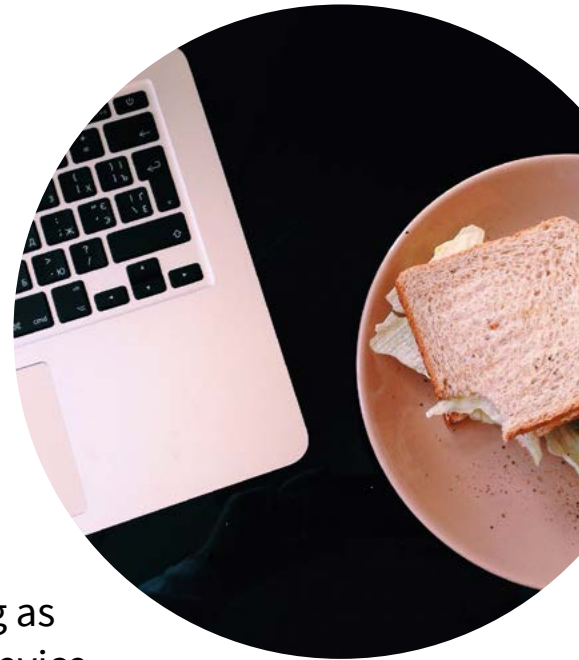
In return for free tuition, we will ask you to undertake a short online induction session (to make sure everyone stays safe online). See page 40 for more details.

We will also ask you to complete a short evaluation at the end of the course to let us know what you thought of it. This will help us improve our online courses and shape our future course programmes.

Booking for all of our online courses is via our Eventbrite page [derbyshireadulteducation.eventbrite.com](https://www.eventbrite.com/derbyshireadulteducation). We are not accepting bookings for these courses by phone or email.

If you have any problems with booking on a course please email **adult.education@derbyshire.gov.uk**

* All course tuition is FREE. Some courses may have materials costs. Look out for the £ symbol against courses and see course information on Eventbrite for details.



Spotlight On...

Art And Crafts Workshops

Art – Colour Mixing

For the beginner or experienced artist using oils or acrylics

There's nothing more frustrating when painting than not being able to mix the right colour. This course will give you a greater understanding of how colour works and help you to start thinking about colour differently.

Available Online. For course details see page 8



Find Your Way Around Your Sewing Machine

Baffled by all of the buttons, switches, dials or programmes on your sewing machine? Not quite certain if you have threaded it up properly? Then this course is for you!

Available Online. For course details see page 9



Landscape and Close Up (Macro) Photography

Discover how to use the various controls and settings of your digital camera in order to produce sharp, well exposed and creatively composed photos of landscapes and up close subjects.

Available Online. For course details see page 9



Recycling Crafts – Metal Jewellery

Learn various techniques of working with aluminium drink cans and other recycled materials in order to create unique colourful and fun jewellery. You will be shown how to assemble these in creative ways into wearable earrings, pendants or bracelets.

Available Online. For course details see page 10



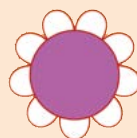
Urban Sketching

Urban sketching is the act of drawing whilst on location in places near where you live or that you visit. You can sketch interesting buildings, parks, countryside, your local farmer's market – you name it, you can sketch it. This course will be held outdoors when weather permits!

Available at New Mills ACE Centre. For course details see page 36



Art and Crafts



A great way to reduce stress and anxiety. You can try something new and get tips for developing your confidence and techniques with our expert tutors. We offer a range of courses for all abilities so we have got you covered whether you are a total beginner or have some previous experience.

Live online courses

Watch demonstrations then have a go yourself. Share your work with others if you are happy to do so. Lots of media to choose from!

Course Title	Day, Date and Time	Weeks
A History of Dry Stone Walling	Tuesday 06 April, 7pm to 8.30pm	1
Adventures of a Dry Stone Waller	Tuesday 25 May, 7pm to 8.30pm	1
Art – Acrylics and Mixed Media	Wednesday 05 May to Wednesday 26 May, 10am to 12noon	4
Art – Acrylics and Mixed Media	Wednesday 09 June to Wednesday 30 June, 10am to 12noon	4
Art – Colour Mixing – For the Beginner or Experienced Artist using Oils or Acrylics	Wednesday 21 April to Wednesday 12 May, 1pm to 3pm	4
Art – Experimental Drawing	Wednesday 09 June to Wednesday 30 June, 6.30pm to 8.30pm	4
Art – Oil Painting Techniques – For Artists with Some Experience of Painting in Oils	Wednesday 09 June to Wednesday 30 June, 1pm to 3pm	4
Art – Painting and Drawing	Tuesday 20 April to Tuesday 18 May, 1pm to 3pm	5
Art – Painting and Drawing	Thursday 22 April to Thursday 20 May, 10am to 12noon	5
Art – Painting and Drawing	Thursday 10 June to Thursday 08 July, 10am to 12noon	5
Art – Painting with Watercolours	Friday 23 April to Friday 21 May, 9.30am to 11.30am	5
Art – Portraiture	Friday 23 April to Friday 14 May, 10am to 12noon	4
Art – Step by Step Spring Wild Flowers in Acrylics	Wednesday 21 April, 10am to 12noon	1
Art – Still Life – Painting and Drawing	Tuesday 20 April to Tuesday 11 May, 6.30pm to 8.30pm	4

For more information or to book visit derbyshireadulteducation.eventbrite.com. Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
Coiled Basketry £	Saturday 10 July to Saturday 17 July, 2pm to 4.30pm	2
Contemporary Drawing and Painting	Wednesday 21 April to Wednesday 12 May, 6.30pm to 8.30pm	4
Embroidery – Birds and Botanicals	Monday 21 June to Monday 12 July, 6pm to 8pm	4
Felted 3D Jewellery with Metal Elements £	Thursday 22 April to Thursday 20 May, 6.15pm to 8.15pm	5
Felted 3D Jewellery with Metal Elements £	Thursday 10 June to Thursday 08 July, 1pm to 3pm	5
Find Your Way Around Your Sewing Machine	Monday 19 April, 6.30pm to 8.30pm	1
Floristry – DIY Wedding Flowers	Tuesday 29 June to Tuesday 06 July, 10am to 12noon	2
Introduction to Free Machine Embroidery	Monday 07 June, 6pm to 8pm	1
Introduction to Interior Design	Tuesday 27 April to Tuesday 18 May, 6.30pm to 8.30pm	4
Journeys in a Journal	Tuesday 08 June to Tuesday 29 June, 6.30pm to 8.30pm	4
Machine Embroidery into Metal £	Wednesday 21 April to Wednesday 19 May, 12.45pm to 2.45pm	5
Machine Embroidery into Metal £	Wednesday 09 June to Wednesday 07 July, 12.45pm to 2.45pm	5
Make a Felted Bowl	Sunday 23 May, 2pm to 4pm	1
Make a Felted Soap	Monday 10 May, 7pm to 8.30pm	1
Mindful Drawing Techniques	Thursday 13 May, 2pm to 4pm	1
Multi-cultural Art and Craft Sessions – Create Your Way Around the World	Tuesday 20 April to Tuesday 04 May, 1pm to 3pm	3
Personalised Bunting Making	Saturday 24 April, 10am to 12noon	1
Photography – Close Up (Macro) Photography Taster	Tuesday 20 April, 10am to 11.30am	1
Photography – Landscape and Close Up (Macro) Photography	Tuesday 27 April to Tuesday 25 May, 10am to 11.30am	5
QuiltAlong – Make a Log Cabin Quilt	Wednesday 05 May to Wednesday 26 May, 6.30pm to 8.30pm	4
QuiltAlong – Quilting and Binding Quilts	Wednesday 16 June to Wednesday 30 June, 6.30pm to 8.30pm	4
Recycling Crafts – Bag Making – Stitch a Tote Bag	Wednesday 28 April, 1pm to 3pm	1

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£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
Recycling Crafts – Bags of Bags – Stitch a Backpack, Cross Body Bag and Makeup Bag	Wednesday 05 May to Wednesday 26 May, 1pm to 3pm	4
Recycling Crafts – Make a Stitched Layered Seascape Card	Wednesday 09 June, 7pm to 8.30pm	1
Recycling Crafts – Metal Jewellery £	Thursday 22 April to Thursday 20 May, 1pm to 3pm	5
Recycling Crafts – Metal Jewellery £	Thursday 10 June to Thursday 08 July, 6.15pm to 8.15pm	5
Recycling Crafts – Stitch a Tablet or Book Stand	Saturday 24 April, 1.30pm to 4pm	1
Recycling Crafts – Wish You Were Here? Stitch a Fabric Postcard	Saturday 26 June, 10am to 3.30pm	1
Sewing and Home Crafts for Pleasure and Wellbeing	Tuesday 20 April to Tuesday 25 May, 9.30am to 11.30am	6
Tapestry Weaving £	Saturday 12 June to Saturday 19 June, 2pm to 4.30pm	2
Willow Weaving Taster £	Tuesday 27 April, 10am to 11am	1
Willow Weaving for Beginners £	Wednesday 05 May to Wednesday 02 June, 10am to 12noon	5

Student-paced online courses

Courses that you can do at any time in the advertised period. You can go through them more than once if you want to!

Course Title	Day, Date and Time	Sessions
Crafts – Paper Collage Project Taster	Available from Tuesday 27 April to Tuesday 27 May	1
Crafts – Paper Collage Project	Available from Tuesday 04 May to Tuesday 18 May	3
Floristry – Past and Present Flower Arrangements	Available Monday 19 April to Monday 24 May	5
Make Your Own Dreamcatcher	Available from Tuesday 20 April to Thursday 20 May	1
Recycling Crafts – Jewellery	Available from Thursday 01 July to Friday 30 July	1
Recycling Crafts – Party Time Ideas	Available from Tuesday 01 June to Wednesday 30 June	1
Recycling Crafts – Summer Clothes	Available from Saturday 01 May to Sunday 30 May	1

See pages 28 to 36 for details of face-to-face Art courses offered around the county

For more information or to book visit derbyshireadulteducation.eventbrite.com. Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Spotlight On... Green Living Workshops

Drying and Preserving Herbs and Flowers for Food

This new course introduces ways to dry and preserve herbs and flowers for food. Our medical herbalist tutor has lots of tips and advice to make your summer crops last through the winter months.

Available Online. For course details see page 12

Also available at Ashbourne ACE Centre, see page 29



Environmental Awareness – Plastic

Learn about the impact of plastic on the environment and how we can make changes to our life style. This is a Nearpod student-paced course and can be completed at a time to suit you within the advertised dates.

Available Online. For course details see page 13



Local History – Getting Started.

Historic Local Buildings and How to Research Them

Discover what to look for when choosing a building to research and how to uncover the significance of the building and those that have used it. You will find out why people feel so protective of the history around them!

Available Online. For course details see page 12



Recycling Crafts: Bags of Bags!

Stitch a backpack, cross body bag and makeup bag

This is just one of a selection of recycling craft course we have planned for the Summer. A chance to produce something new out of textiles you no longer need. A chance to get creative!

Available Online. For course details see page 12



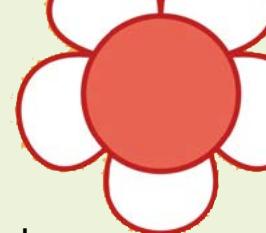
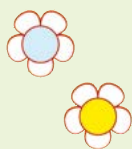
Virtual Lambing Experience

Have you ever wondered what life is like at lambing time? Take a virtual trip with Sally into the lambing shed on her Derbyshire hill farm to find out what happens. For anyone, of any age, who loves animals and has an interest in conserving nature and the landscape.

Available online (as a Nearpod student-paced course). See page 13



Green Living



We're all thinking a little differently about our place in the world lately. Now, perhaps more than ever, it's clear that our everyday actions can have a significant impact. Find out more about how our actions can impact our planet and how we can work together for a more sustainable future. Find out more about your local environment – Derbyshire and the Peak District. Or try one of our recycling craft workshops. These are full of ideas for making something new out of something old. Have fun and be green!

Live online courses

Course Title	Day, Date and Time	Weeks
A History of Dry Stone Walling	Tuesday 06 April, 7pm to 8.30pm	1
Adventures of a Dry Stone Waller	Tuesday 25 May, 7pm to 8.30pm	1
Drying and Preserving Herbs and Flowers for Food	Wednesday 09 June, 10am to 12.30pm	1
Exploring the Climate Crisis	Tuesday 20 April to Tuesday 25 May, 1pm to 3pm	6
Introduction to Herbal Remedies	Wednesday 21 April to Wednesday 28 April, 10am to 12.30pm	2
Local History – Getting Started – Taster	Monday 07 June, 7pm to 9pm	1
Local History – Getting Started Mills of Matlock	Monday 14 June, 7pm to 9pm	1
Local History – Getting Started – Historic Local Buildings and How to Research Them	Monday 21 June, 7pm to 9pm	1
Peek at the Peaks	Tuesday 15 June, 1.30pm to 3.30pm	1
Recycling Crafts – Bag Making – Stitch a Tote Bag	Wednesday 28 April, 1pm to 3pm	1
Recycling Crafts – Bags of Bags! Stitch a Backpack, Cross Body Bag and Makeup Bag	Wednesday 05 May to Wednesday 26 May, 1pm to 3pm	4
Recycling Crafts – Make a Stitched Layered Seascape Card	Wednesday 09 June, 7pm to 8.30pm	1
Recycling Crafts – Metal Jewellery £	Thursday 22 April to Thursday 20 May, 1pm to 3pm	5
Recycling Crafts – Metal Jewellery £	Thursday 10 June to Thursday 08 July, 6.15pm to 8.15pm	5

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£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
Recycling Crafts – Stitch a Tablet or Book Stand	Saturday 24 April, 1.30pm to 4pm	1
Recycling Crafts – Wish You Were Here? Stitch a Fabric Postcard	Saturday 26 June, 10am to 3.30pm	1
Seasonal Herbal Remedies	Wednesday 23 June to Wednesday 30 June, 10am to 12.30pm	2
Trig Point Charlie	Monday 21 June, 1.30pm to 3.30pm	1
Virtual Map Reading	Tuesday 08 June, 1.30pm to 3.30pm	1

Student-paced online courses

Courses that you can do at any time in the advertised period.

Course Title	Day, Date and Time	Sessions
Environment – Environmental Awareness – Food	Available from Saturday 01 May to Sunday 30 May	1
Environment – Environmental Awareness – Plastic	Available from Tuesday 01 June to Wednesday 30 June	1
Recycling Crafts – Jewellery	Available from Thursday 01 July to Friday 30 July	1
Recycling Crafts – Party Time Ideas	Available from Tuesday 01 June to Wednesday 30 June	1
Recycling Crafts – Summer Clothes	Available from Saturday 01 May to Sunday 30 May	1
Virtual Lambing Experience	Available from Monday 12 April to Monday 10 May	1

See pages 28 to 36 for details of face-to-face Green Living courses offered around the county

For more information or to book visit
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£ These courses may have materials costs.
 See course information on Eventbrite for details.



Spotlight On...

Health and wellbeing workshops

Boxing to Music

A non-contact exercise class that works all your major muscle groups. The class is ego-free and prides itself on being effective without relying on choreographed moves. Boxing to the beat adds fun and motivation to your workout and makes the time fly by.

Available Online. For course details see page 15



Healthy Eating for Summer Days

Need to shift winter lockdown weight gain? Just wanting to make some changes to your diet and eat a bit more healthily? Look no further. We have a one off taster course and a longer course for those who want more recipes and ideas to make use of scrummy summer produce.

Both available online (as a Nearpod student-paced course). See page 17



Introduction to Aromatherapy / Discover More About Aromatherapy

In introduction to how to use essential oils safely at home. Understand how they affect us physically and psychologically and how you could to safely use a few common essential oils in your everyday life.

Both courses available online. For course details see page 15



Meditation and Stress Management

A look at how meditation can help to calm the body and help to relieve the symptoms of stress. This three hour session will include a meditation to help to release tension in the muscles and encourage relaxation.

Available Online. For course details see page 16



LIFT – Low Intensity Fun Training

Lift your spirits and your wellbeing by taking part in our new low intensity fun training. This session is designed to take the fear and stress out of exercise. All the exercises within the class can be adapted to suit the ability and fitness level of each individual so it is safe, effective and enjoyable.

Available Online. For course details see page 16



Health and Wellbeing

Getting active is one of the best ways that you can improve your overall health and wellbeing, but looking after your mental health is equally important. We also think that what you put in and on your body plays a big part so we have put herbal medicine, alternative therapies and cookery and healthy eating courses in this section too.



Live online courses

Course Title	Day, Date and Time	Weeks
Boxing to Music	Monday 17 May, 10am to 11am	1
Boxing to Music	Monday 17 May, 7pm to 8pm	1
Classic Italian Cooking – Taster	Wednesday 21 April, 6.30pm to 8.30pm	1
Classic Italian Cooking – Crespelle	Wednesday 12 May, 6.30pm to 8.30pm	1
Classic Italian Cooking – Pasta	Wednesday 28 April, 6.30pm to 8.30pm	1
Classic Italian Cooking – Sweet Treats	Wednesday 19 May, 6.30pm to 8.30pm	1
Classic Italian Cooking – Vegetable	Wednesday 05 May, 6.30pm to 8.30pm	1
Crystal Therapy – Taster £	Tuesday 25 May, 12noon to 1pm	1
Crystal Therapy £	Tuesday 15 June, 2pm to 5pm	1
Discover More About Aromatherapy £	Wednesday 23 June to Wednesday 30 June, 6.30pm to 8.30pm	2
Discover More About Bach Flower Remedies	Tuesday 04 May to Tuesday 11 May, 6.30pm to 8.30pm	2
Drying and Preserving Herbs and Flowers for Food	Wednesday 09 June, 10am to 12.30pm	1
Ease Back into Fitness	Monday 24 May, 10am to 11am	1
Introduction to Aromatherapy	Wednesday 16 June, 7pm to 8pm	1
Introduction to Bach Flower Remedies	Tuesday 27 April, 7pm to 8pm	1
Introduction to Herbal Remedies	Wednesday 21 April to Wednesday 28 April, 10am to 12.30pm	2

For more information or to book visit derbyshireadulteducation.eventbrite.com. Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
LIFT – Low Intensity Fun Training	Monday 10 May, 10am to 11am	1
LIFT – Low Intensity Fun Training	Monday 10 May, 7pm to 8pm	1
Low impact Zumba (Zumba Gold®)	Friday 23 April to Friday 02 July, 9.15am to 10.15am	10
Meditation – Taster £	Wednesday 09 June, 12noon to 1pm	1
Meditation and Stress Management £	Wednesday 23 June, 10am to 1pm	1
Mindful Drawing Techniques	Thursday 13 May, 2pm to 4pm	1
Personal Development – Communicate with Confidence	Wednesday 21 April to Wednesday 19 May, 9.30am to 11.30am	5
Personal Development – Mastering the Power Within	Monday 19 April to Monday 24 May, 1pm to 3pm	5
Personal Development – Navigating Change	Wednesday 28 April to Wednesday 26 May, 9.30am to 11.30am	5
Personal Development – Overcoming Stress and Anxiety	Monday 19 April to Monday 24 May, 9.30am to 11.30am	5
Personal Development – Personal Empowerment	Wednesday 28 April to Wednesday 26 May, 1pm to 3pm	5
Personal Development – Staying Strong in Tough Times	Tuesday 08 June to Tuesday 06 July, 9.30am to 11.30am	5
Personal Development – Staying Strong in Tough Times	Wednesday 09 June to Wednesday 07 July, 9.30am to 11.30am	5
Pilates	Wednesday 21 April to Wednesday 19 May, 9.30am to 10.30am	5
Seasonal Herbal Remedies	Wednesday 23 June to Wednesday 30 June, 10am to 12.30pm	2
Tai Chi Taster £	Monday 26 April to Saturday 26 June, 10am to 11am	1
Tai Chi for Beginners £	Monday 03 May to Monday 31 May, 10am to 11am	5
The Chakra System – Taster £	Monday 19 April, 2pm to 3pm	1
The Chakra System £	Monday 26 April to Monday 31 May, 2pm to 4pm	6
The Regions and Wines of Italy	Wednesday 21 April to Wednesday 19 May, 7pm to 9pm	5

For more information or to book visit derbyshireadulteducation.eventbrite.com.
Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
Trig Point Charlie	Monday 21 June, 1.30pm to 3.30pm	1
Virtual Map Reading	Tuesday 08 June, 1.30pm to 3.30pm	1
Yoga for Health – All Abilities	Wednesday 21 April to Wednesday 30 June, 1.15pm to 2.45pm	10
Yoga Intermediate	Monday 19 April to Monday 28 June, 7pm to 9pm	10

Student-paced online courses

Courses that you can do at any time in the advertised period.

Course Title	Day, Date and Time	Sessions
Healthy Eating for Summer Days (Taster)	Available Tuesday 25 May	1
Healthy Eating for Summer Days	Available from Tuesday 08 June to Tuesday 06 July	4
Wild Food – Elderflower Cordial	Available from Monday 17 May to Wednesday 30 June	1

See pages 28 to 36 for details of face-to-face Health and Wellbeing courses offered around the county

For more information or to book visit
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£ These courses may have materials costs.
 See course information on Eventbrite for details.



Spotlight On... Learning Languages

A French Lunch

A fun way to start learning French. Ask for a table, order food from a menu and leave a review. Enjoy a friendly, relaxed, holiday style.

Available online. For see page 19 for details



Introduction to British Sign Language

Our BSL introductory courses enable learners to gain basic sign language skills for work or social purposes. We have two short introductory courses in the Summer term. If you want to take it further you can move on to an entry level qualification in BSL in September.

Available online and at Matlock ACE Centre.

For course details see pages 20 and 36 for details



Language Beginners Courses

This is the perfect opportunity to learn a new language ready for your next holiday. The same friendly courses but no need to leave home with our online classes. Beginners classes are available in French, Italian, German and Spanish.

Available online. For see pages 19 to 21 for details



Lip Reading

A friendly, supportive class for anyone who is hearing impaired and their family. Learn the skills of lip reading, find support and have the opportunity to exchange experiences with others. Lots of tips and advice.

Available online.

See pages 20 to 21 for details



Love Learning Languages

Not managed to get away last year? Immerse yourself in the culture and language of another country so you are ready for future travels. We have a range of language courses at various levels in French, Italian, German and Spanish. Our FREE lip reading classes are also included in this section.

Live online courses

Course Title	Day, Date and Time	Weeks
FRENCH		
A French Lunch – Beginners French Language	Tuesday 06 July, 12noon to 1pm	1
Holiday French Complete Beginners	Tuesday 20 April to Tuesday 18 May, 5.45pm to 7.15pm	5
French Beginners (Term 2)	Tuesday 20 April to Tuesday 18 May, 7.30pm to 9pm	5
French Intermediate	Thursday 22 April to Thursday 20 May, 10am to 12noon	5
GERMAN		
German Absolute Beginners Taster	Thursday 22 April, 2pm to 4pm	1
German Absolute Beginners	Thursday 29 April to Thursday 27 May, 2pm to 4pm	5
German Absolute Beginners	Thursday 10 June to Thursday 08 July, 2pm to 4pm	5
German Beginners (Term 3)	Tuesday 20 April to Tuesday 18 May, 1.30pm to 3.30pm	5
German Beginners (Term 3)	Tuesday 08 June to Tuesday 06 July, 1.30pm to 3.30pm	5
German Improvers	Tuesday 20 April to Tuesday 18 May, 6.30pm to 8.30pm	5
German Improvers	Tuesday 08 June to Tuesday 06 July, 6.30pm to 8.30pm	5
German Intermediate	Wednesday 21 April to Wednesday 19 May, 6.30pm to 8.30pm	5
German Intermediate	Wednesday 09 June to Wednesday 07 July, 6.30pm to 8.30pm	5

For more information or to book visit derbyshireadulteducation.eventbrite.com. Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
GERMAN		
German Advanced	Thursday 22 April to Thursday 20 May, 10am to 12noon	5
German Advanced	Thursday 22 April to Thursday 20 May, 6.30pm to 8.30pm	5
German Advanced	Thursday 10 June to Thursday 08 July, 10am to 12noon	5
German Advanced	Thursday 10 June to Thursday 08 July, 6.30pm to 8.30pm	5
ITALIAN		
Holiday Italian Complete Beginners	Tuesday 20 April to Tuesday 18 May, 1.30pm to 3pm	5
Italian Absolute Beginners Taster	Monday 07 June, 1pm to 3pm	1
Italian Absolute Beginners	Monday 14 June to Monday 12 July, 1pm to 3pm	5
Italian Beginners (Term 2)	Monday 19 April to Monday 24 May, 7pm to 9pm	5
Italian Beginners (Term 2)	Tuesday 20 April to Tuesday 18 May, 11am to 12.30pm	5
Italian Beginners (Term 2)	Monday 07 June to Monday 05 July, 7pm to 9pm	5
Italian Improvers	Monday 19 April to Monday 24 May, 10.30am to 12.30pm	5
Italian Improvers	Thursday 22 April to Thursday 27 May, 11.15am to 1.15pm	5
Italian Improvers	Monday 07 June to Monday 05 July, 10.30am to 12.30pm	5
Italian Improvers	Thursday 10 June to Thursday 08 July, 11.15am to 1.15pm	5
LIP READING AND BRITISH SIGN LANGUAGE		
Introduction to British Sign Language	Monday 21 June to Monday 28 June, 6.30pm to 8.30pm	2
Lip Reading All Abilities	Tuesday 20 April to Tuesday 15 June, 10am to 12noon	5
Lip Reading All Abilities	Wednesday 21 April to Wednesday 16 June, 9.30am to 11.30am	7
Lip Reading All Abilities	Wednesday 21 April to Wednesday 19 May, 1pm to 3pm	5

For more information or to book visit derbyshireadulteducation.eventbrite.com.
Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
LIP READING AND BRITISH SIGN LANGUAGE		
Lip Reading All Abilities	Thursday 22 April to Thursday 17 June, 9.30am to 11.30am	7
Lip Reading All Abilities	Thursday 22 April to Thursday 17 June, 1pm to 3pm	7
SPANISH		
Spanish Advanced	Thursday 22 April to Thursday 20 May, 1.30pm to 3pm	5
Spanish Advanced	Thursday 22 April to Thursday 20 May, 7pm to 8.30pm	5
Spanish Advanced	Thursday 10 June to Thursday 08 July, 1.30pm to 3pm	5
Spanish Advanced	Thursday 10 June to Thursday 08 July, 7pm to 8.30pm	5
Spanish Beginners	Tuesday 20 April to Tuesday 18 May, 6pm to 7.30pm	5
Spanish Beginnerss	Tuesday 08 June to Tuesday 06 July, 6pm to 7.30pm	5
Spanish Beginners (Term 2)	Tuesday 20 April to Tuesday 18 May, 7.30pm to 9pm	5
Spanish Beginners (Term 2)	Wednesday 21 April to Wednesday 19 May, 7pm to 9pm	5
Spanish Beginners (Term 2)	Tuesday 08 June to Tuesday 06 July, 7.30pm to 9pm	5
Spanish Beginners (Term 3)	Wednesday 21 April to Wednesday 19 May, 10am to 11.30am	5
Spanish Beginners (Term 3)	Wednesday 09 June to Wednesday 07 July, 10am to 11.30am	5
Spanish Improvers	Monday 19 April to Monday 24 May, 7.30pm to 9pm	5
Spanish Improvers	Monday 07 June to Monday 05 July, 7.30pm to 9pm	5
Spanish Intermediate	Monday 19 April to Monday 24 May, 6pm to 7.30pm	5
Spanish Intermediate	Wednesday 21 April to Wednesday 19 May, 7pm to 8.30pm	5
Spanish Intermediate	Monday 07 June to Monday 05 July, 6pm to 7.30pm	5
Spanish Intermediate	Wednesday 09 June to Wednesday 07 July, 7pm to 8.30pm	5

For more information or to book visit **derbyshireadulteducation.eventbrite.com**.
Any problems email **adult.education@derbyshire.gov.uk**

£ These courses may have materials costs. See course information on Eventbrite for details.

Spotlight On...

Personal Development workshops

Introduction to Interior Design

An ideal course for anyone wanting to learn more about Interior Design. Include design principles and how to use colours. It is suitable for beginners or those with some previous experience.

Available Online. For course details see page 24

CV and Job Search Skills Workshop

This workshop is for anyone aged over 18 who wants support to find work and create an effective CV. This is one of five short courses to support progression into learning and work, each workshop is followed up with 1:1 support from a careers advisor.

Available Online. For course details see page 24

Personal Development – Overcoming Stress and Anxiety

Are you struggling with stress and anxiety in these strange times? This workshop is full of advice and tips to lead a calmer life.

Available Online. For course details see page 24

Introduction to Counselling

Understand more about counselling skills in this introductory course. A perfect stepping stone to counselling qualifications.

Available online and at the Matlock Centre.

For course details see page 23

Be Your Own Boss

These courses are for anyone exploring the idea of self-employment and looking to set up their own business, or for those who have recently done it who need support. Each course has two sessions of 4 hours on consecutive days.

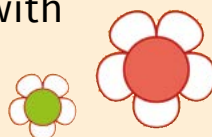
Regular online courses available.

For more details or to book visit our Eventbrite page derbyshireadulteducation.eventbrite.com



Personal Development

Do you feel as though you need a boost to your self-confidence or support with making yourself more employable in these rapidly changing times? Our courses can help you build confidence, become more self-aware and help you with your employability skills.



Live online courses

Course Title	Day, Date and Time	Weeks
Association of Master Upholsterers Courses Information session	Wednesday 21 July, 10am to 11am	1
Counselling Skills for Personal Development	Wednesday 21 April to Wednesday 30 June, 1pm to 3pm	10
ESOL – English for Speakers of Other Languages Taster	Monday 14 June to Monday 28 June, 9.30am to 11.30am	3
ESOL – English for Speakers of Other Languages Taster	Wednesday 16 June to Wednesday 30 June, 9.30am to 11.30am	3
ESOL – English for Speakers of Other Languages Taster	Wednesday 23 June to Wednesday 07 July, 9.30am to 11.30am	3
Introduction to British Sign Language	Monday 21 June to Monday 28 June, 6.30pm to 8.30pm	2
Introduction to Classic Car Bodywork Repair – Taster	Monday 07 June, 6.30pm to 8.30pm	1
Introduction to Classic Car Bodywork Repair – Removing Minor Defects in Vehicle Paint	Monday 14 June, 6.30pm to 8.30pm	1
Introduction to Classic Car Bodywork Repair – Dent Removal and Using Body Fillers	Monday 21 June, 6.30pm to 8.30pm	1
Introduction to Classic Car Bodywork Repair – Types of Primers and Paints	Monday 28 June, 6.30pm to 8.30pm	1
Introduction to Classic Car Bodywork Repair – How to Get the Best Paint Job for your Vehicle	Monday 05 July, 6.30pm to 8.30pm	1
Introduction to Counselling	Tuesday 27 April to Tuesday 25 May, 1pm to 3pm	5

For more information or to book visit derbyshireadulteducation.eventbrite.com. Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
Introduction to Interior Design	Tuesday 27 April to Tuesday 18 May, 6.30pm to 8.30pm	4
Job/Career Workshop – Age 18 to 24	Monday 17 May, 1.30pm to 2.30pm	1
Job/Career Workshop – Age 50+	Monday 24 May, 1.30pm to 2.30pm	1
Job/Career Workshop – CV and Job Search Skills	Monday 19 April, 1.30pm to 2.30pm	1
Job/Career Workshop – Identifying Transferable Skills	Monday 26 April, 1.30pm to 2.30pm	1
Job/Career Workshop – Interview Skills	Monday 10 May, 1.30pm to 2.30pm	1
Personal Development – Communicate with Confidence	Wednesday 21 April to Wednesday 19 May, 9.30am to 11.30am	5
Personal Development – Mastering the Power Within	Monday 19 April to Monday 24 May, 1pm to 3pm	5
Personal Development – Navigating Change	Wednesday 28 April to Wednesday 26 May, 9.30am to 11.30am	5
Personal Development – Overcoming Stress and Anxiety	Monday 19 April to Monday 24 May, 9.30am to 11.30am	5
Personal Development – Personal Empowerment	Wednesday 28 April to Wednesday 26 May, 1pm to 3pm	5
Personal Development – Staying Strong in Tough Times	Tuesday 08 June to Tuesday 6 July, 9.30am to 11.30am	5
Personal Development – Staying Strong in Tough Times	Wednesday 09 June to Wednesday 07 July, 9.30am to 11.30am	5
Step Up to GCSE English	Thursday 24 June and Thursday 01 July, 12.30pm to 3.30pm	2
Step up to GCSE English	Thursday 24 June and Thursday 01 July, 6pm to 9pm	2
Step Up to GCSE English	Tuesday 06 July and Tuesday 13 July, 12.30pm to 3.30pm	2
Step Up to GCSE Maths	Monday 21 June and Tuesday 22 June, 9.30am to 12.30pm	1
Step Up to GCSE Maths	Monday 21, Tuesday 22, and Monday 28 June, 12.45pm to 2.45pm	2
Step Up to GCSE Maths	Wednesday 07 July and Wednesday 14 July, 9.30am to 12.30pm	2

See pages 28 to 36 for details of face-to-face Personal Development courses offered around the county

For more information or to book visit derbyshireadulteducation.eventbrite.com.
Any problems email adult.education@derbyshire.gov.uk

£ These courses may have materials costs. See course information on Eventbrite for details.

Bright Side Mental Health

One in four of us experience mental health problems at some time in our lives. Bright Side courses are for anyone experiencing mental health difficulties or emotional distress. Most courses are 6 weeks long, with online and face-to-face options offered this term.

Live online Bright Side courses

For more information or to book on one of these courses visit our Eventbrite page derbyshireadulteducation.eventbrite.com

Brightside – Arts Around the World

Thursday 22 April to Thursday 27 May, 1pm to 3pm

Self-Awareness

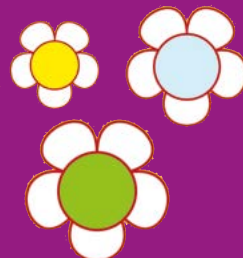
Tuesday 08 June to Tuesday 13 July, 1pm to 3pm

Slow Stitching

Thursday 10 June to Thursday 15 July, 1pm to 3pm

Time for You

Friday 11 June to Friday 16 July, 1pm to 3pm



Face-to-face Bright Side courses

To find out more or to book contact the centre listed below each course.

Flourish Garden

Tuesday 20 April to Tuesday 25 May, 11am to 1pm

Derbyshire Eco Centre

01629 533038 ecocentre@derbyshire.gov.uk

Connect with Crafts

Wednesday 21 April to Wednesday 26 May, 10am to 12noon

OR

Wednesday 09 June to Wednesday 14 July, 10am to 12noon

Bolsover ACE Centre

01629 537912 bolsover.ace@derbyshire.gov.uk

Yoga, Mindfulness and Meditation

Thursday 22 April to Thursday 27 May, 10.30am to 11.45am

OR

Thursday 10 June to Thursday 15 July, 10.30am to 11.45am

Bolsover ACE Centre

01629 537912 bolsover.ace@derbyshire.gov.uk



Family Learning

Our family learning courses are a fun way of enjoying time together and learning new skills. Courses are suitable for parents/carers/grandparents and school age children. Please read course details on Eventbrite for age suitability of individual courses.

Live online courses

For more information or to book on one of these courses visit our Eventbrite page derbyshireadulteducation.eventbrite.com

Family Crafts – Butterfly Clips

For families with children 5 and over

Thursday 03 June, 1.30pm to 3pm

Family Crafts – Weaving Wonders

For families with children 10 and above

Thursday 24 June, 5.30pm to 7.30pm



Student-paced online courses

Courses that you and your family can do at any time in the advertised period. For more information or to book on one of these courses visit our Eventbrite page derbyshireadulteducation.eventbrite.com

Family – Garden Fairies Collage and more

Find out how to design and make fabulous fairy outfits using natural materials. Read or listen to some poems about fairies and have a go at a Fairy Tale themed word search. For families with children aged 4 – 8.

Available from Tuesday 01 June to Wednesday 30 June

Face to face courses

To find out more or to book contact the centre listed below each course.

Family Creatives – Nature Collage

For families with children age 5 -11

Thursday 03 June, 10am to 12noon

Derbyshire Eco Centre

01629 533038 ecocentre@derbyshire.gov.uk

Family Learning – Summer Crafts

Wednesday 28 July, 10am to 12noon

Bolsover ACE Centre

01629 537912 bolsover.ace@derbyshire.gov.uk



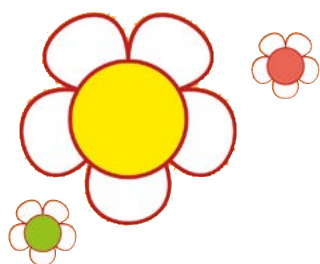
Our Face-to-Face Courses

We are hoping that the Covid-19 situation will have improved sufficiently by later this term that we will be able to run some face-to-face courses in the classroom and outdoors at a few Covid-secure centres. This section is intended to give you an idea of what we have planned.

We reserve the right to cancel or postpone courses, or to move them online, if we don't feel it is safe to run them face-to-face.

Make sure you check the current Covid-19 alert levels and guidance **(Find out the coronavirus restrictions in a local area – GOV.UK)** before signing up and/or travelling to your course. And remember, if you are feeling ill, don't attend your class.

To find out more or to book on to any of the courses listed on pages 28 to 36 visit our Eventbrite page **derbyshireadulteducation.eventbrite.com**



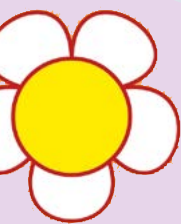
Alfreton Centre

Church Street, Alfreton DE55 7BD

For more information about the course below or to book visit
derbyshireadulteducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Cooking with Confidence	Thursday 20 May to Thursday 24 June, 1pm to 3pm	5
Cooking with Confidence	Thursday 01 July to Thursday 15 July, 1pm to 3pm	3
Crafts – Creative Printmaking	Friday 11 June to Friday 25 June, 10am to 3pm	2
Crafts – Pottery	Monday 07 June to Monday 05 July, 1pm to 3pm	5
Crafts – Pottery	Tuesday 08 June to Tuesday 06 July, 6.30pm to 8.30pm	5

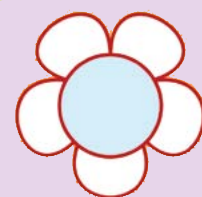




Ashbourne Centre

Cokayne Avenue, Ashbourne DE6 1EJ

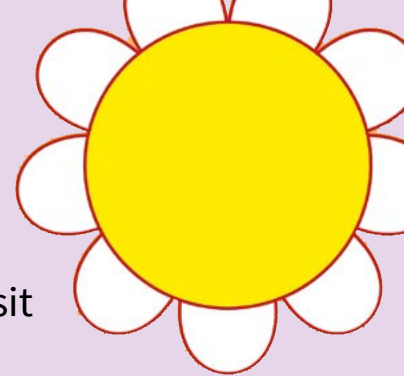
For more information about the course below or to book visit
derbyshireadulteducation.eventbrite.com



Course Title	Day, Date and Time	Weeks
Art – Summer Landscapes Watercolour Step by Step	Tuesday 08 June, 10am to 2.30pm	1
Botanical Illustration – Summer Flowers with Impact	Tuesday 08 June to Tuesday 29 June, 6.30pm to 8.30pm	4
Drying and Preserving Herbs and Flowers for Food £	Monday 05 July, 6.30pm to 9pm	1
Paediatric First Aid £	Monday 21 June to Monday 28 June, 9.30am to 4pm	2
Seasonal Herbal Remedies £	Tuesday 08 June to Tuesday 15 June, 6.30pm to 9pm	2
Upholstery and Furniture Renovation	Tuesday 08 June to Tuesday 06 July, 6pm to 9pm	5
Upholstery and Furniture Renovation	Thursday 20 May to Thursday 24 June, 9.30am to 12.30pm	5
Upholstery and Furniture Renovation	Thursday 20 May to Thursday 24 June, 1pm to 4pm	5
Upholstery Summer Workshop	Tuesday 08 June, 9.30am to 4pm	5
Upholstery Summer Workshop	Tuesday 15 June, 9.30am to 4pm	5

£ These courses may have materials costs.
See course information on Eventbrite for details.

Bolsover Centre

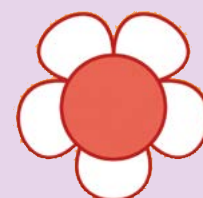


Castle Street, Bolsover S44 6PP

For more information about the course below or to book visit
derbyshireadulteducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Brightside – Connect with Crafts	Wednesday 21 April to Wednesday 26 May, 10am to 12noon	6
Brightside – Yoga Mindfulness and Meditation	Thursday 22 April to Thursday 27 May, 10.30am to 11.45am	6
Family Learning – Summer Crafts	Wednesday 28 July, 10am to 12noon	1
Floristry Summer School	Monday 07 June to Monday 05 July, 12.30pm to 2.30pm	5
Sewing – Very Simple Patchwork Techniques	Thursday 10 June to Thursday 16 July, 12.30pm to 2.30pm	6
Sewing Crafts (Reading Cushion) £	Wednesday 30 June, 10am to 12noon	1
Spanish for All	Monday 07 June to Monday 12 July, 1pm to 3pm	5

Clay Cross Centre



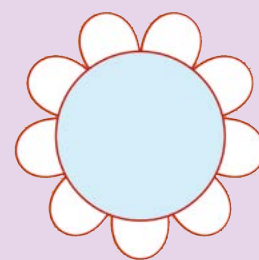
Market Street, Clay Cross S45 9JE

For more information about the course below or to book visit
derbyshireadulteducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Fitness – Tap Dancing	Wednesday 09 June to Wednesday 07 July, 6pm to 7pm	6
Fitness – Yoga	Monday 07 June to Monday 05 July, 1.30pm to 3pm	5
Fitness – Yoga Mindfulness and Meditation	Tuesday 08 June to Tuesday 06 July, 7pm to 8.30pm	6
Starting Guitar	Wednesday 09 June to Wednesday 07 July, 6.30pm to 8.30pm	6

£ These courses may have materials costs.
See course information on Eventbrite for details.

Community House (Long Eaton Centre)

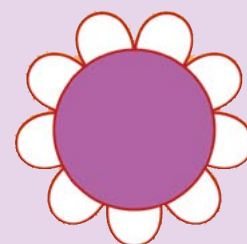


173 Derby Road, Long Eaton NG10 4LL

For more information about the course below or to book visit
derbyshireadulthoodeducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Art – Painting with Watercolours	Friday 21 May to Friday 25 June, 12.30pm to 2.30pm	5
Retracing the 1939 Voyage of Narrowboat Cressy (Meeting in Shardlow)	Friday 21 May, 1.30pm to 3.30pm	1

Derbyshire Eco Centre



Porter Lane, Middleton-by-Wirksworth DE4 4LS

For more information about the course below or to book visit
derbyshireadulthoodeducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Art, Design and Creative Studies £	Monday 07 June to Monday 19 July, 11am to 1pm	5
Birdwatching for Beginners	Monday 19 April, 9.30am to 4pm	1
Botanical Illustration £	Saturday 17 July, 10am to 3pm	1
Botanical Illustration – Painting Flowers with Impact £	Thursday 10 June to Thursday 01 July, 6.30pm to 8.30pm	4
Botanical Ceramic Tiles £	Saturday 17 July, 10am to 4pm	1
Brightside Flourish Garden	Tuesday 20 April to Tuesday 25 May, 11am to 1pm	6
Building a Wildlife Pond	Saturday 12 June to Saturday 10 July, 10am to 3pm	5
Ceramic Bird Feeder £	Saturday 19 June, 10am to 4pm	1
Dry Stone Walling Taster	Tuesday 06 July, 10am to 4.30pm	1

£ These courses may have materials costs.
See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
Evening Bat Walk	Friday 16 July, 8.30pm to 10.30pm	1
Family Creatives – Nature Collage – For Families with Children Aged 5–11	Thursday 03 June, 10am to 12noon	1
Green Woodworking	Saturday 17 July, 10am to 4pm	1
Growing Plants for Natural Dyes – Practical	Sunday 30 May, 10am to 4pm	1
Introduction to Beekeeping	Sunday 02 May, 10am to 4pm	1
Introduction to Beekeeping	Sunday 11 July, 10am to 4pm	1
Introduction to Joinery	Thursday 22 April to Thursday 27 May, 5pm to 7pm	6
Introduction to Stained Glass – Make a Tealight Holder £	Saturday 12 June to Sunday 13 June, 10am to 5pm	1
Joinery Improvers	Thursday 10 June to Thursday 15 July, 5pm to 7pm	6
Journeys in a Journal £	Saturday 03 July, 10am to 4pm	1
Landscape Photography	Saturday 22 May, 10am to 4pm	1
Mindful Walking	Friday 18 June, 1.30pm to 3.30pm	1
Mosaics Using Vintage China £	Saturday 10 July, 10am to 4pm	1
Natural Dyes £	Saturday 15 May, 10am to 4pm	1
Planning a Garden	Thursday 29 April to 27 May, 6pm to 8pm	5
Plant Health – Pests and Diseases	Thursday 10 June to 08 July, 6pm to 8pm	5
Plants to Grow for Natural Dyes – Theory	Sunday 25 April, 10am to 4pm	1
Pottery for All £	Wednesday 09 June to Wednesday 07 July, 2.30pm to 5pm	5
Pottery for All £	Wednesday 09 June to Wednesday 07 July, 6pm to 8.30pm	5
Printmaking Local Landscapes £	Monday 07 June to Monday 05 July, 6.30pm to 8.30pm	5
Printmaking Local Landscapes £	Thursday 10 June to Thursday 08 July, 10am to 12.30pm	5

£ These courses may have materials costs.
See course information on Eventbrite for details.

Course Title	Day, Date and Time	Weeks
Raku – An Introduction to Making, Glazing and Firing	Saturday 03 July and Saturday 24 July	2
Rewilding	Tuesday 08 June to Tuesday 13 July, 6pm to 8pm	6
Stained Glass £	Saturday 07 August to Sunday 08 August, 10am to 5pm	2
Tapestry Weaving £	Saturday 31 July, 10am to 4pm	1
Walk Speaking French	Friday 11 June, 6pm to 8pm	1
Walking, Drawing and Photography in the Landscape £	Saturday 22 May, 10am to 4pm	1
Willow Obelisks for the Garden £	Saturday 08 May, 10am to 4pm	1

£ These courses may have materials costs. See course information on Eventbrite for details.



Spotlight On... Derbyshire Eco Centre



Introduction to Stained Glass – Make a Tea Light Holder £

Saturday 12 and Sunday 13 June 2021

Make a beautiful, bespoke tea light holder in a weekend. You will be shown how to use tools and materials to make your own one-off tea light holder using the Tiffany stained glass technique. No prior experience is necessary.



Walking, Drawing and Photography in the Landscape

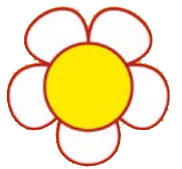
Saturday 22 May 2021

Walk and explore the countryside around the Eco Centre whilst creating mark making drawings of the plants and landscape. This workshop is open to all abilities.

£ Please note this course has materials costs. See course details on Eventbrite

Reinvigorate your mind and body this summer...

Derbyshire Eco Centre Health and Wellbeing Day



Join us on 11 July 2021 for a day to support you mentally and physically. Take part in Laughing Yoga, Dry Stone Walling, Explore Mindful Walking, Creativity and Herbal Remedies.

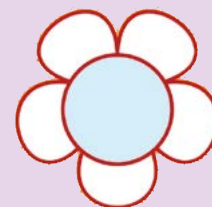
The day is FREE to take part in, but booking is essential through our Eventbrite page **derbyshireadulteducation.eventbrite.com**

Sessions will be staggered to allow for social distancing. The earliest arrival time will be 9am and the latest finish time will be 4.30pm. All appropriate health and safety measures will be followed.



If you have any questions about the event, please email **ecocentre@derbyshire.gov.uk**

Glossop Centre



Talbot Street, Glossop SK13 7DG

For more information about the course below or to book visit
derbyshireadulteducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Dry Stone Walling Taster	Saturday 17 April, 10am to 1pm	1
Dry Stone Walling Taster	Saturday 03 July, 10am to 1pm	1

Hunloke (Chesterfield) Centre



Church Street South, Chesterfield S40 2TF

For more information about the course below or to book visit
derbyshireadulteducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Art – Painting and Drawing	Tuesday 08 June to Tuesday 06 July, 10am to 12noon	5
Floristry – Summer flower Arrangements	Monday 07 June to Monday 05 July, 9.30am to 11.30am	5

Matlock Centre



Steep Turnpike, Matlock DE4 3DP

For more information about the course below or to book visit
derbyshireadulteducation.eventbrite.com

Course Title	Day, Date and Time	Weeks
Art – Painting and Drawing	Monday 07 June to Monday 05 July, 10am to 12noon	5
Art – Painting and Drawing	Tuesday 08 June to Tuesday 06 July, 7pm to 9pm	5
Art Workshop – Step by Step Summer Landscapes Watercolour	Friday 02 July, 10am to 2.30pm	1

Course Title	Day, Date and Time	Weeks
Art Workshop – Step by Step Summer Pastels	Friday 11 June, 10am to 2.30pm	1
Gentle Yoga and Evening Relaxation	Wednesday 09 June to Wednesday 07 July, 7.15pm to 8.30pm	5
Introduction to Book Keeping for Small Businesses	Monday 14 June, 9.30am to 4pm	1
Introduction to British Sign Language	Tuesday 06 July to Tuesday 13 July, 10am to 12noon	2
Introduction to Counselling	Tuesday 08 June to Tuesday 06 July, 1pm to 3pm	5
Pilates	Wednesday 09 June to Wednesday 07 July, 6pm to 7pm	5

New Mills Centre

Spring Bank, New Mills SK22 4AZ

For more information about the course below or to book visit derbyshireadulteducation.eventbrite.com



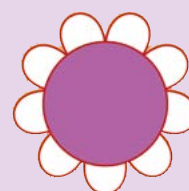
Course Title	Day, Date and Time	Weeks
Art – Urban Sketching	Wednesday 09 June to Wednesday 07 July, 2pm to 4pm	5
Seasonal Herbal Remedies £	Wednesday 16 June, 10am to 4pm	1

We are hoping to restart face-to-face **Zumba** and **yoga** classes in the centre from the second week of June, if there is sufficient interest and the Covid situation allows. Please contact the centre for details and to register your interest in attending.

Swadlincote Centre

Rink Drive, Swadlincote DE11 8JL

For more information about the course below or to book visit derbyshireadulteducation.eventbrite.com



Course Title	Day, Date and Time	Weeks
Willow Garden Plant Frames £	Wednesday 28 April, 10am to 3pm	1

£ These courses may have materials costs.
See course information on Eventbrite for details.

Upskilling for a changing job market



The last year has been a very challenging year for many people. If you have been furloughed, or are looking for work but struggling to get a new job, perhaps now is the time to take a look at your qualifications and skills, and think about what you can do to boost your chances in a competitive and rapidly changing job market.

We can help by providing the following courses and support:

- Short **careers workshops** including CV writing, job search and interview skills – see page 24 for details
- **Making Choices** sessions – to help you decide what qualifications you need or what level is right for you
- FREE **Maths and English qualifications** including Fast Track online course
- **ESOL** qualifications if English isn't your first language. See page 23 for details of taster course
- **Computer skills** courses including digital skills qualifications
- **Construction Skills qualifications** – Level 1 and 2 qualifications in Plastering, Bricklaying and Dry Stone Walling
- **Employability qualifications**
- Regular FREE **Be your own Boss** courses – if you are thinking of becoming self-employed
- **Supporting young people (childcare) or adults.** Qualifications offered from Level 1 to Level 4
- **Counselling skills** qualifications at Level 2 and Level 3
- **Upholstery qualifications** with our Association of Master Upholsterers and Soft Furnishers courses
- **Step into Online Learning** – A three week introduction to online learning using Microsoft Teams and Microsoft 365 online



For more details of any of our qualification courses, including dates of information sessions and course fees, see our Qualification and Skills brochure or contact your local ACE centre.

Careers and learning support

Derbyshire Careers Service

Do you need help to discover your digital skills and to look for online learning/ courses? Or do you want help with finding or applying for jobs?

Derbyshire Careers Service offers impartial information, advice and guidance to adults on employment and learning.

Our staff are experienced and qualified to a minimum of Level 4 in Information, Advice and Guidance

- ✓ Friendly, supportive and adaptable your needs
- ✓ Impartial and able to advise on, and refer to, a wide range of local provision

During the Covid-19 outbreak we are unable to offer face-to-face appointments, but we're still offering impartial information, advice and guidance in other ways. Support will be available via video calls, telephone, text and / or email.

Please get in contact with your local Careers Coach:

Alfreton, Bolsover, Clay Cross and Shirebrook

Contact Becky Stancill 07767 670797 becky.stancill@derbyshire.gov.uk

Buxton, Glossop and New Mills

Contact Sarah Kelly 07967 391263 sarah.kelly@derbyshire.gov.uk

Belper, Matlock and Ashbourne

Contact Yvonne Power 07967 308873 yvonne.lawton@derbyshire.gov.uk

Chesterfield, Staveley, Alfreton, Dronfield and Eckington

Contact Wendy Leigh 07717 303855 wendy.leigh@derbyshire.gov.uk

Heanor, Ilkeston, Long Eaton and Swadlincote

Contact Chris Ellerington 07896 804096 chris.ellerington@derbyshire.gov.uk

For impartial information, advice and guidance on careers and learning visit derbyshire.gov.uk/careersservice, watch this [video](#) or ask in our ACE centres about the support available from your local Careers Coach.



Covid Safety

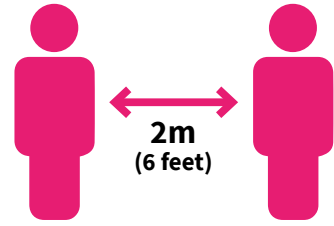
at Adult Community Education Centres



Sanitise your hands on entry/exit and regularly (including after coughing/sneezing, and before/after eating)



Wear your face covering in all shared areas, wear gloves as needed



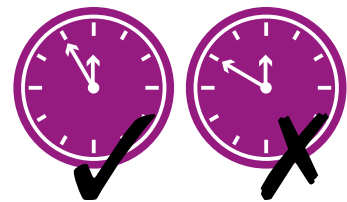
Keep to a 2 metre distance, or 1 metre + a mask/visor where needed



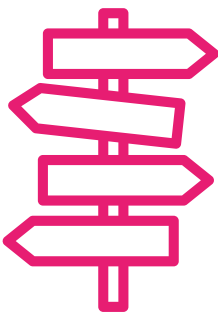
Don't attend if you feel unwell (cough, temperature etc.) and let us know



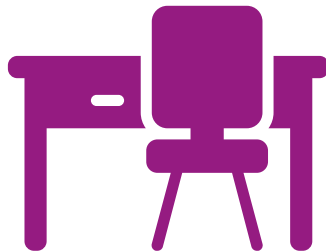
Let us know and go home if you become unwell during or after your course



Don't arrive earlier than 5 minutes before your session



Follow centre signs and one way systems



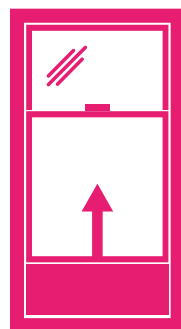
Keep to your allocated table and chair



Wipe table, chair and equipment before and after use, and report contamination/spills



Toilets are now all unisex. One person at a time



Leave windows open for air flow (you may need warmer clothes)



Kitchen and shared areas are closed. Bring your own food and drinks

Staying safe online

As well as putting in place extra safety measures in our ACE centres, we need to make sure everybody stays safe when they are learning online.

Zoom/Microsoft Teams sessions are live with learners in their own homes. Please follow the guidance below if you are taking a course which uses either of these online platforms:

- ✓ Be aware of your background whilst on a live video, as all of the group will be able to see what is behind you (check background for personal data, information or appropriate content)
- ✓ Dress appropriately
- ✓ Be aware children may be able to hear the session content in other households
- ✓ If you have children in your house, please use a separate room for your live session or make sure the screen isn't visible and use headphones
- ✓ If possible position yourself in a quiet room. Your tutor may ask you to mute your microphone unless you are asking/answering a question
- ✓ Our values on appropriate behaviour and respecting others must be followed. Anyone with inappropriate behaviour may be removed from the session. Read our **Code of Behaviour** and **Equality and Diversity Commitment** on our website
- ✓ If you do not wish to share your video during the session you don't have to. You can still participate by listening and discussion

Safeguarding and Prevent

Whilst taking part in our online courses you can expect a safe space, free from abuse, bullying, discrimination or threat. See the **Safeguarding and Prevent** section on our website for details of our commitment to keeping you safe.

We will ask you to undertake a short online induction covering these topics before you come on any of our courses. You will be sent a link to a short online learner induction course or a series of very short videos to watch.

If you have any concerns or queries regarding safeguarding or Prevent please report these to your tutor or to one of our designated safeguarding leads:

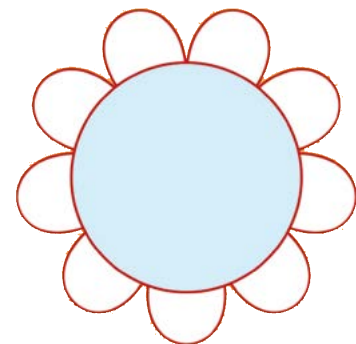
- ✓ Louissa Adams on 07500 915780
- ✓ Anne-Marie Hutchinson on 07779 413112
- ✓ Cathy Cooke on 07917 628646
- ✓ Vikki Trace on 07789 926702
- ✓ Ann Parker 07917 068 538 (for 14 to 16 year olds)

In an emergency, call **999**.

Stay safe and happy learning!



Bookings, Payment and Support



Booking for all of our courses this term* is via our Eventbrite page **derbyshireadulteducation.eventbrite.com**. We are not accepting bookings for these courses by phone or email.

If you have any problems with booking on an online course please email **adult.education@derbyshire.gov.uk**

Although all course tuition is **FREE** this term, some courses may have materials costs as indicated. If you book through Eventbrite on to a course with materials fees, a member of our Business Services team will be in touch to arrange for payment of materials fees. We take card payments by phone. We are unable to offer online payment this term.



If you do need to contact a centre, please be aware that centres are currently open with reduced staffing in the building, so there may not always be someone on reception or answering the phone. Please leave a message or email with your contact details and someone will call or email back as soon as possible.

Support available

Tell us about your needs when enquiring or booking on a course – we will always work to meet the needs of each learner.

Our Eventbrite booking form for online courses asks for details of any disability or learning difficulty you may have. If you request it, someone will be in touch to discuss your needs and ask what we can do to help your learning. All additional support provided is based on individual assessment

For detailed information about the support that we can provide, including financial help and learning support, visit **derbyshire.gov.uk/theguide**.

* apart a few face to face Bright Side and Family Learning courses where you need to contact the centre indicated.

Further Information

For detailed information on the accessibility of buildings, parking and public transport please contact centres.

Alfreton ACE Centre

01629 533090 alfreton.ace@derbyshire.gov.uk

Ashbourne ACE Centre

01629 533696 ashbourne.ace@derbyshire.gov.uk

Bolsover ACE Centre

01629 537912 bolsover.ace@derbyshire.gov.uk

Clay Cross ACE Centre

01629 537108 claycross.ace@derbyshire.gov.uk

Community House (Long Eaton) ACE Centre

01629 537384 communityhouse.ace@derbyshire.gov.uk

Derbyshire Eco Centre

01629 533038 ecocentre@derbyshire.gov.uk

Glossop ACE Centre

01629 535895 glossop.ace@derbyshire.gov.uk

Hunloke (Chesterfield) ACE Centre

01629 535002 hunloke.ace@derbyshire.gov.uk

Matlock ACE Centre

01629 533225 matlock.ace@derbyshire.gov.uk

New Mills ACE Centre

01629 535020 newmills.ace@derbyshire.gov.uk

Swadlincote ACE Centre

01629 533290 swadlincote.ace@derbyshire.gov.uk

For the most up to date information on what is happening with courses and centres please visit **our website**, follow us on **Facebook** or **Twitter** or sign up to the **Adult Community Education newsletter**.

For further information or to get a copy of this brochure in a community language, on audio tape or in large print please contact your local ACE centre.

The details in this brochure are correct at the time of going to print. Due to the current unpredictable times, this brochure may be subject to change.