

Autumn 2021 Free Tasters – August

Get inspired and start a new journey of discovery!

If you have never been on one of our courses, or want to try something a bit different, our **FREE** August taster sessions are for you. Choose from centre-based, live online or student-paced online options. All guarantee a warm welcome!

Centre-based taster sessions

Venue	Title	Day, date and time
Alfreton ACE Centre	Pottery for Beginners Taster	Tuesday 24 August, 1pm to 3pm
Cotmanhay and Ilkeston ACE Centre	Watercolour Taster – Tips and Techniques	Wednesday 18 August, 10am to 12noon
Derbyshire Eco Centre	Environmental Conservation Taster	Saturday 21 August, 1pm to 4pm
Derbyshire Eco Centre	Art, Design and Creative Studies Taster	Monday 23 August, 11am to 1pm
Derbyshire Eco Centre	Pottery Taster	Wednesday 25 August, 6pm to 8pm
Matlock ACE Centre	Arts and Crafts Taster for Adults with Learning Disabilities	Wednesday 25 August, 10am to 12noon
Swadlincote ACE Centre	Watercolour Taster – Painting Trees	Wednesday 25 August, 10am to 12noon

Live online taster sessions (delivered via Zoom or Microsoft Teams)

Title	Day, date and time	Sessions
Self Care Encourages More Care Taster	Monday 02 August, 9.30am to 10.30am	1
Creative Visualisation: Bringing the Outside Inside Taster	Monday 02 August, 1pm to 2pm	1
Meditation for Beginners Taster	Tuesday 03 August and Tuesday 10 August, 9.30am to 10.30am	2
Holistic Therapies Information Session	Monday 09 August, 10am to 11am	1
Art and Crafts for Wellbeing Taster	Tuesday 10 August, 1pm to 3pm	1
Derbyshire Murder Mystery – The Crich Creeper	Friday 13 August, 6.30pm to 8.30pm	1
Creative Writing Taster	Saturday 14 August, 1pm to 3pm	1
Fitness – Boxing Fitness Taster	Monday 16 August, 1pm to 2pm	1
Introduction to the Chakra System (Taster)	Wednesday 18 August, 11am to 12noon	1
Find your way around your Sewing Machine	Monday 23 August, 7pm to 9pm	1
Make a Dry Needle Felted Landscape Card	Wednesday 25 August, 10am to 12noon	1
Art – Painting and Drawing for Wellbeing Taster	Wednesday 25 August, 6.30pm to 8.30pm	1
Introduction to Bach Flower Remedies	Wednesday 25 August, 7pm to 8pm	1

Student-paced online taster sessions

(can be done at any time in the advertised period)

Venue	Title	Sessions
	Communication Signing for Beginners Taster	Available from Wednesday 11 August to Wednesday 15 September
	Floristry – Flower Arrangements for Wellbeing (Taster)	Available from Monday 23 August to Monday 20 September

For more information and to book on to any of the above visit

derbyshireadulthoodeducation.eventbrite.com.

Booking opens on Monday 19 July at 9am.