Love learning locally

What’s on
Summer Courses 2020

East Area

Book now
Arts and crafts for wellbeing

For anyone wanting some creative time out in a supportive and friendly environment. You can try something new and get tips on developing your confidence and techniques with our expert tutors. We offer a range of courses for all abilities.

All courses are for 5 weeks.
Contact the local ACE centre for more information and to book a place.

Art – Painting and Drawing
Develop your drawing and painting skills in a variety of techniques including watercolour, acrylics, oil, charcoal, inks, pencil and mixed media.
£66 / £59 / £33
Clay Cross ACE Centre
Starts Tuesday 21 April
9.45am to 11.45am
Hunloke ACE Centre, Chesterfield
Starts Tuesday 21 April
10am to 12noon or 1pm to 3pm
Starts Friday 24 April
10am to 12noon

Floristry
Discover and learn which flowers and foliage to use to make beautiful arrangements as gifts for family and friends or for your home.
£60 / £54 / £30
Bolsover ACE Centre
Starts Monday 20 April
12.30pm to 2.30pm
Hunloke ACE Centre, Chesterfield
Starts Monday 20 April
10am to 12noon

Sugarcraft
Learn how to create wonderful sugarcraft decorations to make your cakes extra special.
£66 / £59 / £33
Clay Cross ACE Centre
Starts Wednesday 22 April
7pm to 9pm
Hunloke ACE Centre, Chesterfield
Starts Friday 24 April
10am to 12noon

Pottery by Design
Develop the skills to work with clay to produce a variety of individually designed pieces of work.
Clay Cross ACE Centre
Starts Monday 20 April
12.45pm to 2.45pm
£48 / £42 / £15

Pottery
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£66 / £59 / £33
Sewing and Home Crafts for Pleasure and Wellbeing
Learn how to make clothes for yourself and your family. Make soft furnishings for your home including curtains, pelmets, cushions, blinds, bed linen, garment making and/or alterations. Recycle old clothes and fabric.

£66 / £59 / £33

**Bolsover ACE Centre**
Starts Monday 20 April
10am to 12noon
Starts Wednesday 22 April
6.30pm to 8.30pm
Starts Thursday 23 April
9.30am to 11.30am

**Clay Cross ACE Centre**
Starts Tuesday 21 April
9.30am to 11.30am

**Hunloke ACE Centre, Chesterfield**
Starts Thursday 23 April
7pm to 9pm

Patchwork and Quilting
Develop skills and confidence to produce patchwork and quilting for garments and the home. There will be an emphasis on recycling old clothes and fabrics.

£66 / £59 / £33

**Hunloke ACE Centre, Chesterfield**
Starts Monday 20 April
10am to 12noon

Upholstery
Learn to upholster a project of your choice. Learn how to select the best materials for your project, how to use a selection of tools and develop a range of skills and techniques.

£66 / £59 / £33

**Clay Cross ACE Centre**
Starts Wednesday 22 April
4pm to 6pm or 7pm to 9pm

Creative Textile Workshops
Develop knowledge and skills in tools, materials and a range of different textile techniques. Techniques include appliqué; felting; beading and buttons; dying; tassels and edging; and printing. Embellish cushions or design wall hangings and pictures.

£66 / £59 / £33

**Hunloke ACE Centre, Chesterfield**
Tuesday 21 April
1pm to 3pm
Friday 24 April
10am to 12 noon or 1pm to 3pm

Weaving
Learn the colourful and creative art of weaving. Use table looms to explore different weaving techniques and stitches. This course is suitable for beginners.

£48 / £42 / £15

**Clay Cross ACE Centre**
Starts Monday 20 April
9.45am to 11.45am

A Day on the Beach
We may be a long way from the sea but at this embroidery workshop you can create your own seaside picture using fabrics, shells, trimmings, threads and simple stitches.

£33 / £30 / £17

**Hunloke ACE Centre, Chesterfield**
Friday 12 June
10am to 3pm

⭐️ This course is on special offer! Book with a friend who hasn’t learned with us before or not learned with us in the past 3 years and buy one place, get one free!
Fitness, health and wellbeing

Getting active is one of the best ways that you can improve your overall health and wellbeing. Regular exercise not only improves the way you feel on a daily basis, but can also help prevent some serious health conditions.

We offer a range of fitness courses for all levels of fitness and abilities.

All courses are for 5 weeks.

Contact Clay Cross ACE Centre for more information and to book a place.

Keep Fit
Develop fitness through movement and maintain your mobility, balance and mental co-ordination.
£33 / £30 / £16
Starts Monday 20 April
10am to 11am

Tap Dancing
Discover and learn how tap dancing can build strength in your legs and feet in addition to increasing flexibility in the hips, knees and ankles.
£33 / £30 / £16
Starts Wednesday 22 April
6pm to 7pm
(Intermediate)
Starts Wednesday 22 April
7pm to 8pm
(Beginners)

Yoga
Discover how yoga can improve your posture, flexibility and wellbeing.
£49 / £45 / £25
Starts Monday 20 April and 01 June
1.30pm to 3pm

Yoga Mindfulness and Meditation
Learn relaxation methods, mindfulness and breathing techniques to develop a heightened sense of mind and body harmony through yoga.
£49 / £45 / £25
Starts Tuesday 21 April
7pm to 8.30pm

★ This course is on special offer! Book with a friend who hasn’t learned with us before or not learned with us in the past 3 years and buy one place, get one free!
Access to HE Diploma

Have you ever hoped that one day you would be able to go to University or Higher Education but don’t yet have the qualifications? Our new Access to HE Diploma course will enable you to do just that.

This Level 3 Diploma will enable you to develop the skills and knowledge required to progress onto higher level professional training, education and employment. The Diploma is aimed at people who have been out of work, or parents who are returning to work and who have few formal qualifications.

This qualification allows students to undertake units from different subject groups including initial teacher training education, psychology, health studies, sociology and social policy, nutrition and health, mental health and study skills.

Possible university courses* you could progress to include: childhood studies, applied social work, education with psychology and counselling, initial teacher training for adult education and possibly primary and secondary schools, Child and Youth Studies BA (Hons).

You will need to have at least functional skills Level 2 or GCSE grade 4 (or grade C) in maths and English to complete this course. Provision is available to take the functional skills Level 2 maths and English alongside this course.

For more information about this exciting new opportunity, contact Clay Cross ACE Centre on 01629 537418

* University places cannot be guaranteed on completion of this course
Achieve your potential in English and maths

- **FREE** courses
- Skills to help you in everyday life
- Join at any time for many classes
- Small, friendly groups
- Work at your own pace
- Gain nationally recognised qualifications

All learners attend a Making Choices session prior to starting the course to find out their level of working and to help decide on the options available.

**Contact your local adult community education centre for more information.**

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Making Choices

Plan your learning journey

**FREE** advice for anyone who wants to get into learning, to help you to:

- choose what courses you want to do in the future
- increase your confidence in making decisions
- know your skills in English, maths, ICT and employability
- set up your own learning plan

**Ask at your local adult community education centre to find out more and book onto a session.**
Coming soon!
These FREE courses are available for anyone experiencing mild to moderate mental health issues such as anxiety, depression, low confidence and/or self-esteem.

Bolsover – Real You
Bolsover – Yoga Mindfulness and Meditation
Clay Cross – Creative Journaling
Chesterfield – Craft and Connect
Shirebrook – Grow Vegetables in Containers

For more information contact Gill Jones 01629 537937 or email gill.jones@derbyshire.gov.uk

Collagraph Printmaking Workshop

Bolsover ACE Centre
Introduction to collagraph printmaking techniques using recycled materials. Learn how to create collograph printing plates from card, yarn, papers, fabric and other found materials. Once your plate has been created, you will be printing onto a variety of surfaces and experimenting with layout and colour.

You can use your own imagery (such as photographs, drawings, and found images) to transform into a set of prints.

Monday 11 May 10.30am to 3pm
£19 / £17 / £6
For more information contact 01629 537912 or email bolsover.ace@derbyshire.gov.uk
Festival of Learning

Bolsover ACE Centre – Wednesday 24 June 6pm to 8pm

Swap shop
One person’s trash is another’s treasure, so the saying goes. Bring along your new/used, good quality clothes, bags, accessories, CDs, DVDs and exchange them. For each item you bring you will receive a ticket to allow you to take away an item. There is a £1 entry fee including free craft workshop and refreshments.

6pm  Drop off your items, collect your exchange ticket/s (one per item) and enjoy the refreshments and recycled crafts
7pm  Browse and exchange your tickets for clothes/accessories
8pm  Take away any of your own items that haven’t been exchanged (items left will be donated to local charities).

Proceeds will be donated to Ashgate Hospicecare.

Recycled Crafts – Book Art
Hedgehog, candle

Jam Jar Crafts

Sewing
Turn old or unwanted curtains into a beach bag

Cookery – Love Food Hate Waste

Clay Cross ACE Centre – Monday 22 June 10am to 12noon

Recycled Crafts

Cookery – Love Food Hate Waste

Shirebrook ACE Centre – Wednesday 24 June

Recycled Crafts – Book Art 12.45pm to 2.45pm
Hedgehog, candle

Jam Jar Crafts

Sewing 10am to 12noon

Turn old or unwanted cushion covers into a tote bag

Charity drop off collections
Throughout the summer term you can drop off your old glasses (Vision Aid), unused phones (Oxfam) and new women’s knickers and new (or slightly used) bras (Smalls for All) at Hunloke ACE Centre, Chesterfield.
Languages

If you already have some language skills and would like to develop them further then join our Spanish or French for Improvers.

Courses are for 5 weeks. Contact the local adult community education centre for more information and to book a place.

£66 / £59 / £33

**Spanish for Improvers**
Bolsover ACE Centre
Starts Wednesday 22 April
6pm to 8pm

**Spanish for All Levels**
Hunloke ACE Centre, Chesterfield
Starts Thursday 23 April
7pm to 9pm

**French for Improvers**
Hunloke ACE Centre, Chesterfield
Starts Monday 20 April
10am to 12noon

Food Safety in Catering Level 2

Food handlers are expected to maintain a high level of food safety knowledge and keep their training up to date.

**Highfield’s Food Safety Level 2** training course is ideal for food handlers who work in a catering environment, including restaurants, cafés, hotels, bars, fast-food outlets, takeaways, mobile food trucks, hospitals, schools and colleges.

Courses are delivered 9am to 5pm by an experienced tutor.

**£65 per person**
(discount for businesses booking more than 3 people)

Contact your local adult community education centre for details.
Learning for young people

Programmes for young people aged 14–19 that help build confidence and gain skills and qualifications for the world of work.

- Lots of hands on and active learning
- Personal support and careers advice
- Maths and English to help you move on up
- Qualifications that are recognised by employers
- Work experience
- Opportunities for enrichment activities including trips and employer visits throughout the year.

14–19 Personalised Study Programme (available in each centre):
Part time learning in our adult classes with individual support. Plenty of options and venues to choose from.

To find out more about these programmes and discuss your options, contact your local adult community education centre.

GET REAL SKILLS FOR REAL JOBS!
**Derbyshire County Council National Careers Service access points**

**FREE** drop-in sessions in a variety of locations throughout Derbyshire. Impartial information, advice and guidance from qualified coaches to help you make decisions about work and learning.

■ Bolsover Library – Wednesdays, 10am to 12noon
■ Clay Cross ACE Centre – Thursdays, 1pm to 3.30pm
■ Hunloke ACE Centre, Chesterfield – Mondays, 1.30pm to 4pm
■ Shirebrook ACE Centre – Fridays, 10am to 12noon

One to one appointments are also available.

**Contact 01629 532430 for more information.**

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**Making the most of your digital camera**

Have you spent good money on a digital camera and been a bit disappointed with the results? Improve your photographs with this introductory course!

**£48 / £42 / £15**

**Clay Cross ACE Centre**

Starts Wednesday 22 April

6.30pm to 8.30pm
Be your own boss!

Are you unemployed and thinking about self-employment? We can provide the advice and guidance you’ll need to get started.

Book your FREE place on our two day Being your Own Boss workshop. Places are available at our adult community education centres across Derbyshire.

Our fun, engaging and informative workshops are delivered by qualified business advisors and on successful completion, you will gain a nationally recognised qualification.

Topics include:

- Key considerations of starting a business
- Preparations before you start
- Managing money, accessing funding

For more information, get in touch on 01629 537108 or claycross.ace@derbyshire.gov.uk

Hunloke ACE Centre, Chesterfield

Bolsover ACE Centre

Shirebrook ACE Centre

Clay Cross ACE Centre

Key to centre facilities

- Level/ramped entrance
- Lift available
- Disabled persons toilet
- Disabled persons car parking
- Facilities for deaf people
- Crèche facilities
- Facilities for blind/partially sighted
- WiFi availability

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Improve your Digital Skills

Do you want to improve your computer knowledge and understanding or develop your skills further? These courses offer you the opportunity to take a qualification at Level 1 or Level 2, or to work on a non-qualification course.

All learners are invited to our Making Choices session prior to starting the course to find out your level of working and to help decide on the options available to you.

Contact your local ACE centre for more information on days, times and fees.

Move into Working in Mentoring & Learner Support

A Level 2 course to help you move into working to support learners.

- Do you know what is involved in supporting learners?
- What are key mentoring skills?
- How might you develop your skills?

<table>
<thead>
<tr>
<th>Course title</th>
<th>Day</th>
<th>Time</th>
<th>Wks</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mentoring and Learner Support</td>
<td>Thursday</td>
<td>12.30pm to 3pm</td>
<td>6</td>
<td>23/04/2020</td>
</tr>
</tbody>
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How to Manage your Stress

- Do you know what the symptoms of your stress are?
- Do you know how to develop coping strategies for your stress?
- Are you emotionally resilient?
- How do you cope with difficult situations?

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<thead>
<tr>
<th>Course title</th>
<th>Day</th>
<th>Time</th>
<th>Wks</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>How to Manage your Stress</td>
<td>Tuesday</td>
<td>1pm to 4pm</td>
<td>4</td>
<td>28/04/2020</td>
</tr>
</tbody>
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Contact Clay Cross ACE Centre for more information and course fees.
Build a career in construction

Gain essential skills for working in the industry and work towards a nationally recognised qualification. Learn from our specialist tutors in our construction trades centre in Holmewood, near Clay Cross.

**Multiple Skills Level 1:** Hands on course to learn a variety of construction crafts.

- Bricklaying
- Plastering
- Laying Slabs
- Tiling
- Decorating
- Guttering

<table>
<thead>
<tr>
<th>Holmewood Training and Construction Centre – 01629 537108</th>
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</thead>
<tbody>
<tr>
<td><strong>Course title</strong></td>
</tr>
<tr>
<td>Construction Skills (Multi) Level 1</td>
</tr>
</tbody>
</table>

For more information, contact **01629 537108** or email **claycross.ace@derbyshire.gov.uk**
Thinking of working with children or young adults?

Working with children and young people is a fulfilling and rewarding career. If you are thinking about working in childcare or would like to update or progress your skills, we have a range of courses on offer this summer.

For all Level 2 and Level 3 courses you will be required to have English and maths qualifications. Please bring them with you to the information session you attend.

Get in touch with your local adult community education centre for more information and to book onto an information session.

Qualification Information Sessions

Are you wanting professional development for your current role, a new interest or to move into a different career? FREE information sessions are available for the summer for qualifications starting in September. Come along and find out more:

<table>
<thead>
<tr>
<th>Course title</th>
<th>Day</th>
<th>Time</th>
<th>Wks</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Childcare Information Session</td>
<td>Wednesday</td>
<td>9.30am to 11.30am</td>
<td>1</td>
<td>24/06/2020</td>
</tr>
<tr>
<td>Counselling Information Session</td>
<td>Wednesday</td>
<td>9.30am to 11.30am</td>
<td>1</td>
<td>24/06/2020</td>
</tr>
</tbody>
</table>
Course fees explained
Some of our qualification courses are free; others have a full fee and a lower ‘concessions’ rate for those on certain benefits. This may vary for different courses. For many of our ‘learning for pleasure’ courses we use three different fee bands:
• Fee A: full fee
• Fee B: Derbyshire Gold Card holders
• Fee C: concessions for those on certain benefits/allowances – please ask for details
There may be additional costs on some courses for materials and exam/accreditation fees. This should be indicated. If in doubt, please ask.

Advanced Learner Loans
For some of our Level 3 courses you may be able to apply for a learner loan. You will be given information about whether your course is eligible and how to apply.

How to book and pay
Due to a major change of our information and booking systems we are unable to offer online booking or payment this term. Please contact the relevant adult community education centre to enquire or book on a course.
Payments can be made in person and some centres can also take card payments by phone. For some courses you may be able to pay in instalments; please ask when booking.
Please note: for many of our qualification courses there is an early withdrawal fee to cover our costs.

Support available
Talk to us about your needs when enquiring about a course – we will always work to meet the needs of each learner. If you are experiencing financial difficulties, you may be able to apply for help with exam fees or other costs. Some of our centres have a crèche, or we may be able to help you with a childminder or nursery place.
For detailed information about the support we can provide, visit derbyshire.gov.uk/theguide or contact the centre.
All additional support provided is based on individual assessment.

Adult community education centres
Chesterfield – Hunloke – 01629 535002 hunloke.ace@derbyshire.gov.uk
Bolsover – 01629 537912 bolsover.ace@derbyshire.gov.uk
Shirebrook – 01629 537576 shirebrook.ace@derbyshire.gov.uk
Clay Cross – 01629 537108 claycross.ace@derbyshire.gov.uk