

**DERBYSHIRE COUNTY COUNCIL  
HEALTH IMPROVEMENT AND SCRUTINY COMMITTEE**

**21 October 2013**

**Report of the Director of Public Health**

**Re-procurement and New Services Procurement programme 2014/15**

**1. Purpose of the Report**

This report is to inform the Health Improvement and Scrutiny Committee of the services being re-procured by Public Health and of those new services which are to be procured to commence from April 2014

**2. Information**

The Director of Public Health has already requested that the Committee be consulted on proposals to re-procure a number of public health services during the year.

The existing services to be re-procured are listed in Appendix A

The new services to be procured are listed in Appendix B.

A short explanation summarising each service is included in the appendices

Additional separate papers will be submitted to the meeting where services have been reviewed and are to be commissioned differently in future

**3. Considerations**

In preparing this report the relevance of the following factors has been considered: financial, human relations, legal and human rights, prevention of crime and disorder, equality and diversity, environmental, health, property and transport considerations.

#### **4. Officer's Recommendations**

- 4.3 That the Committee receives and notes the procurement work programme for Public Health from 2014.

**Elaine Michel**  
**Director of Public Health**

The existing services to be re-procured are listed below:

#### Primary falls prevention service

This is an existing service which will be re-commissioned and expanded to address the personal and organisational costs which falls and fractures have on individuals, and on health and social care services. The service aims to increase capacity in the community for evidence based falls prevention interventions and to provide an exit from NHS specialist services into long term exercise opportunities.

#### CAB in GP Practices

A weekly Citizens Advice Bureau service is available in 94/102 GP surgeries in Derbyshire. The service helps people to deal with social and financial problems, such as poverty, debt, homelessness and employment problems before they impact negatively on people's health. For example, being in debt significantly increases the chances of developing mental illness through stress. Last year the CAB service in general practice helped 6,226 clients/families, dealt with 30,528 of their problems, found an additional £9 million income for clients and helped them to manage over £6 million of debt. The service is highly valued by patients and GPs. Due to the transition of Public Health to the local authority, this service will go out to tender this month as a part B process for a new contract starting in April 2014.

#### Community Nurse Specialist for the homeless

This is an existing service that is hosted by Avenue House surgery. The service is currently based with at the Pathways Day Centre in Chesterfield and provides support to the clients and provides specialist clinical support to enable clients to understand and manage their health condition. Liaison with other health and social care organisations facilitates a more effective and co-ordinated approach in supporting homeless people with their health and social care needs. During October and November the District and Borough Councils are undertaking a Health Needs Assessment of the homeless the results of which will be used to inform the future delivery of this service.

#### Diabetes and You

A Diabetes Education service that helps people with type 2 diabetes, and their carers, to improve knowledge and skills, enabling them to take control of their condition and to integrate self-management in their daily lives.

The service aims to:

- Deliver standardised high quality, structured education for adults who have type 2 diabetes within Derbyshire County

- Empower adults with diabetes to manage their condition by teaching necessary knowledge and skills
- Increase self-efficacy, improve motivation and attitudes to self-care to reduce the risk of developing complications

### Living with long Term Conditions – the Expert Patient Programme

The aims of this service are to provide standardised, high quality self-management education to adults affected by a long term health condition/s (LTCs) in line with the national Expert Patients programme.

The self-management programme, known as Living with Long Term Conditions, equips people affected by long term conditions with the relevant skills and knowledge needed to enhance their quality of life and ability to self-care.

Self-care is the care and responsibility taken by individuals towards their own health and well-being. It includes the actions people take for themselves, their children, and their families to stay fit and maintain good physical and mental health in order to ensure independence, self worth and the ability to lead as near a normal life as is possible.

The new services to be procured are listed below:

#### CAB in Children's Centres

Currently CAYA commissions a limited advice service for clients using children's centres. Due to the increasing demand for these services and the rise of child poverty, the council is quadrupling its investment in advice provision in children's centres. This will provide the equivalent of a day of an advisor's time a week for each children's centre, supplemented by funding for appeals work by the County's Welfare Benefits team and the Chesterfield Unemployed Workers' Centre. The enhanced service is due to start in April 2014.

#### Credit union

Credit Unions: Cabinet approved £300,000 grant for instant loans and last week CabCo approved an additional £60,000 to support the revenue costs of administering the loans, ie £360,000 made available for CUs. I have written to them inviting applications and have received one already from Chesterfield/NED which has been approved. I am expecting applications from the others anytime.

#### Support for welfare assessment

Support for welfare assessment: this grant has been included in the CAB in children's centres report which is going to Cabinet on 22nd October.

#### Food banks

Food banks: CabCo approved a £108,000 grant to Derbyshire's food banks. At time of report there were 14, there are now 16. I have informed them that we shall be inviting applications and shall do this by the end of this month.

#### Affordable warmth

Evidence shows that simple measures to improve housing conditions and increase the ability to pay for energy, provide measurable health improvements. There were an estimated 426 excess winter deaths in Derbyshire in 2011/12, predominantly occurring in people with long term respiratory and/or cardio vascular conditions. An estimated 59,295 households living in fuel poverty which equates to 13.7% of all Derbyshire households. Public health investment into this area aims to target support to those people who live in the most fuel inefficient properties, are on a low income and have a long term respiratory or cardio vascular to enable them to access the centrally available energy efficiency schemes to improve their housing

conditions. This is because evidence indicates these are the individuals who would benefit the most but are least likely to access the interventions. The programme will also be used to incentivise energy companies to provide additional investment into Derbyshire to increase the level of interventions available locally.

#### Social isolation befriending scheme

Social Isolation: evidence shows that social isolation has a detrimental effect on the mortality and morbidity of older people. Research indicates that individuals who are socially isolated are two to five times more likely than those who have strong social ties to die prematurely. Effective interventions are known to be those offering social activity and/or support within a group format. This service is to enhance the existing adult care befriending investment to ensure the incorporation of buddying to group social opportunities are more readily accessible and in particular are accessed by vulnerable individuals within the population including people with dementia and or mental health issues.

#### MECC training

Making Every Contact Count (MECC) is about encouraging and supporting individuals to make choices that benefit their health and wellbeing. It builds capacity for health improvement and prevention by developing confidence and knowledge in a wide range of frontline staff, in a variety of partner organisations. Work has already started in all NHS Trusts across Derbyshire and the next stage is to systematically engage a whole range of partners outside of the NHS, building on work with Libraries and Derbyshire Fire and Rescue Service. An important element of this initiative is to build a lasting infrastructure of people within organisations at county and local level who can deliver MECC to their own staff and the public through a varied provision of training and support.

#### Breakfast clubs

Breakfast is recognised as the most important meal of the day with positive benefits for children and young people. The Derbyshire Breakfast Club pilot aims to improve pupil health, attainment, attendance and behaviour. A jointly funded collaboration between Public Health and CAYA, selected primary schools (with the highest percentage of pupils eligible for FSMs) have been invited to apply for funding to develop their breakfast club provision. Monitoring the impact of the pilot on pupils over the academic year will provide evidence of how effective the pilot has been.

#### Heart of Derbyshire Healthy Eating Campaign

The proposal is to develop an approach to improve the health of people in Derbyshire through healthier eating, by aiming to change the content and amount of food sold by Derbyshire food producers and retailers.

The approach consists of a Heart of Derbyshire Awards Scheme supported by a promotional campaign on portion size and a practical series of 'Basic Cookery Skills on a Budget' sessions, events and courses. The Awards Scheme is a localised version of the national Responsibility Deal; the promotional campaign will target the public as well as reinforcing messages to local food providers; and the cooking sessions will engage people who need basic cooking and food budgeting skills in the tough economic climate. The components of the approach work collaboratively and link to part of an integral system to best achieve the health outcomes for the people of Derbyshire.

The 3 elements will be delivered by the Derbyshire County Council departments Trading Standards, Communications and Adult Education, with input from locality environmental health teams and a small business network representative.