

Agenda item 6

DERBYSHIRE HEALTH AND WELLBEING BOARD

7 December 2017

Report of Strategic Director Adult Care and Public Health

A JOINT HOUSING STRATEGY FOR DERBYSHIRE

1. Purpose of the report

To ask the Health and Wellbeing Board to endorse the development of a Joint Housing Strategy for Derbyshire, which provides a countywide approach and effectively supports people to remain well and in their own home for as long as possible.

2. Information and analysis

Background

In September 2016, the Health and Wellbeing Board received a report outlining the importance of housing in relation to health and wellbeing following the publication of the Housing and Health Needs Assessment. The Health and Wellbeing Board agreed to promote the importance of older people's housing provision with local planning authorities and agreed to act as system leader for specific recommendations from the Derbyshire Housing and Health Needs Assessment.

Since this report, a Housing and Health Group co-ordinated by Public Health has been established and has begun to explore some key preventative issues relating to homelessness, the private rented sector and joint funding opportunities across the housing and health sector. In addition, work has also been taken forward by Adult Care in conjunction with district and borough council's to develop an Older People's Housing Strategy and this is currently being finalised following a period of engagement with stakeholders. The Accommodation, Housing and Support Strategy for people with a Learning Disability as also been refreshed to ensure it reflects the latest need.

In recent months, buy-in at a strategic level amongst District and Borough Chief Executives has been secured in relation to the development of a Derbyshire-wide housing strategy. This strategy will drive forward work to ensure that the county has the right housing mix to support people to remain independent and in their own home, and that housing can effectively supports the health and social care needs of the population both now and in the future.

This approach will help address national policy approaches and key finding regarding providing appropriate care and support to individuals. For example, research by the National Audit Office suggests that ten days in hospital leads to the equivalent of ten years of ageing in the muscles for people aged 80 and over. National studies also suggest that people who stay in hospital for a five night stay have a 17.6% chance of getting a hospital acquired infection and each day adds another 1.6%. Finally, research has also found that just the trauma of being hospitalised can make older people susceptible to new health problems and older patients who experience delirium in hospital may subsequently be at greater risk of developing dementia. The national findings are further supported by local analysis for both older and younger adults.

Older people

The population profile of Derbyshire is older than England overall, with 21% of people aged 65 or over in Derbyshire (163,000) compared to 18% for England. The latest Office of National Statistics Sub-national Population Projections suggest that by 2039 nearly three in every ten people in Derbyshire will be aged 65 and over, and this equates to approximately 249,000 people. Furthermore, the population aged 90 and over will more than double by 2035, from 7,800 in 2017 to 18,100 in 2035. There is also variation across the county in terms of population growth, with the largest percentage increase in the population aged 65 and over being seen in South Derbyshire and the largest growth in terms of absolute numbers over next 20 years will be in Amber Valley, so housing proposals will need to reflect these varying trends.

Dementia will be an increasingly prevalent long-term conditions, with growing numbers of people aged 65 with the condition. It is estimated that there are currently 11,295 people with the condition in Derbyshire and by 2030 numbers are set to increase by 53% or 17,275 people. In addition, people living with one or more long-term health condition in areas such as Bolsover may require them to access care and support for longer periods of time.

In terms of housing issues, research suggests that 73% of the over 65 population are home owners, 57% of people over 65 live alone and 14% of older people in Derbyshire live in low income households. In addition, approximately 7,500 older people households are in fuel poverty.

Analysis shows that Derbyshire has more sheltered housing per 1,000 population aged 75 and over than the East Midlands and England, but has less extra care housing than the East Midlands and England and this needs to be addressed strategically moving forward.

People with a learning disability

In relation to adults with a housing need due to a learning disability, 82.7% are aged between 18 and 64 and 16.9% are aged 65 or over. The numbers of adults with profound and multiple learning disabilities are expected to increase as more children born with complex physical health and learning needs survive into adulthood. An increased supply of adapted accommodation will be required in Derbyshire to meet future demand. Analysis for the Accommodation and Support Strategy for people with Learning Disabilities noted there are 65 young people aged 18-24 currently in supported living placements and local intelligence suggests that more young people are requesting this type of accommodation.

National research by Mencap carried out in 2012, however found that 7% of adults with learning disabilities were living with parents aged 70 or over. By 2026, this number is expected to have increased by around 40% unless alternative housing options are developed (Housing for people with a learning disability).

As well as young people with a learning disability, the evidence base suggests that Derbyshire will see large increases in the number of people with a learning disability aged 65 and over in the coming years. In March 2017, there were 195 adults with a learning disability known to be living with carers aged 65 and over; and within this 135 are living with carers aged 70 and over. These figures represent increases of 4.3% and 18.4% respectively on the 2014 figures.

The Alzheimer's Society suggest that people with learning disabilities have an increased risk of developing dementia as they age. They also generally develop dementia at a younger age. This is particularly the case for people with Down's syndrome, with one in three developing dementia in their 50s

Current projections suggest that the number of people in Derbyshire with a learning disability aged 65 and over will increase by 1,195 between 2016 and 2030. Deteriorating health and mobility, as with the general population, will lead to growing demand for level access care provision. The needs of older people with a learning disability will therefore require further consideration.

Mental Health

In relation to mental health and individuals with complex needs there are currently a small cohort of people who are receiving long-term rehabilitation support out of Derbyshire. In line with the direction of travel outlined in the Transforming Care Partnership, the STP mental health work stream is currently scoping out how individuals could be effectively supported within a community setting within Derbyshire. A key element of this approach will be ensuring that the right range of housing, accommodation and support is available through a range of housing models such as lifetime tenancies and

supported living. NHS partners and housing organisations need to work collaboratively to ensure appropriate solutions are in place over the next few years to make this ambition a reality.

A shared strategic vision for housing

In order to address these demographic trends and future demand pressures for health, social care and voluntary sector partners across Derbyshire there needs to be a more collaborative approach to ensuring that people can live in appropriate housing to meet their health and support needs, as part of a broader package of preventative care. Many other local authority areas have driven forward strategic pieces of work in this field and there are a range of opportunities Derbyshire could pursue by taking a longer-term, more co-ordinated approach. It is also acknowledged that by working in conjunction with the One Public Estate Steering Group for Derbyshire opportunities may arise to support new-build opportunities for a range of housing schemes and allows the public estate to make the best use of available assets.

The Health and Wellbeing Board are asked to support a piece of work to develop a strategic countywide approach for housing, which would be co-ordinated by Adult Care following the recruitment of two officers to support the work. The work would comprise of two main elements, firstly to focus specifically on translating the draft Older People's Housing Strategy into a range of key deliverables through the development of an action plan and further engaging with district and borough councils and registered social landlords to shape proposals. Secondly, co-ordinating a detailed mapping exercise based around district or borough footprints to understand in more detail the available land or assets that can then be matched to the housing needs of the local population to identify opportunities and gaps. This work would take into account whole system of health, housing and care, covering people who continue to live in their own home, but also explores opportunities through sheltered housing, extra care and residential and nursing care.

Links to the Health and Wellbeing Strategy

This piece of work supports the priority to 'keep people independent and at home' and also to 'build healthy communities'.

RECOMMENDATIONS

The Health and Wellbeing Board is asked to:

1. Endorse the development of a Joint Housing Strategy for Derbyshire
2. Agreed to support and contribute to the work as appropriate through the One Public Estate work or other activity.
3. Note that this is a key enabler to allowing people to remain independent and at home whilst managing a range of long-term conditions.

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