

Agenda Item 8

DERBYSHIRE HEALTH AND WELLBEING BOARD

4 October 2018

**Report of the Strategic Director Adult Care and Public Health
Derbyshire County Council**

HEALTH AND WELLBEING BOARD ROUND-UP REPORT

1. Purpose of the report

To provide the Board with a round-up of key progress in relation to Health and Wellbeing issues and projects not covered elsewhere on the agenda.

2. Round-Up

Health matters: health economics - making the most of your budget

Public Health England has published [guidance](#) which outlines how local authorities, NHS commissioners and healthcare providers can make better evidence-based commissioning decisions, and get the most from their budget using health economic tools, resources and core principles.

A recipe for action: using wider evidence for a healthier UK

The Health Foundation has published a [report](#) which presents a selection of essays showing that a broad range of disciplines and professional practices share similar goals to public health, to improve the health and wellbeing of people in the UK and beyond. The report explores the diverse types of evidence that could be used to inform decision making on issues concerning the public's health.

Digital change in health and social care - England

The King's Fund has published a [report](#) which aims to support health and social care organisations that are looking to undertake large-scale digital change. The report offers a practical understanding of the factors that contribute to successful large-scale digital change by bringing together the experiences of five case study sites that have already made significant progress towards achieving their change aims.

Preconception care: making the case

Public Health England has published [resources](#) which aim to improve outcomes for mothers and babies through the planning and preparation for pregnancy. The resources include information, intelligence and tools with evidence-based approaches for how this can be embedded.

Feeding in the first year of life

Public Health England has published the Scientific Advisory Committee on Nutrition's [report](#) on feeding in the first year of life. The report covers infant feeding from birth up to 12 months of age and considers evidence on the impact of infant feeding on short and longer term health outcomes for infants and mothers. The report also considers factors that influence eating behaviour and diversification of the diet and makes recommendations on feeding in the first year of life.

Perinatal mental illness

The House of Commons Library has published a [briefing](#) which has been prepared in advance of a debate entitled 'Perinatal mental illness'. Perinatal mental health services focus on the prevention, detection and management of mental health problems that occur during the perinatal period - pregnancy and the first year after birth. Services include specialised in-patient mother and baby units, specialised perinatal Community Mental Health Teams, maternity liaison services, adult mental health services, community and crisis services, and clinical psychology services linked to maternity services.

Tobacco control plan

The House of Commons Library has published a [pack](#) which has been produced ahead of a debate on the Tobacco Control Plan. The Government published a new Government tobacco plan, [Towards a smoke-free generation: tobacco control plan for England 2017](#) in July 2017. This contained four national ambitions for tobacco control:

- **The first smoke-free generation:** the plan aims to reduce the prevalence of smoking amongst young people (for 15 year olds –from 8% to 3% or less) and adults (from over 15% to 12% or less) and reduce the inequality in smoking prevalence by the end of 2022.
- **A smokefree pregnancy for all:** the plan aims to reduce smoking in pregnancy from over 10% to 6% or less by the end of 2022.
- **Parity of esteem for those with mental health conditions:** the plan aims to improve data collection for smoking and mental health and make all mental health sites smokefree by 2018.
- **Backing evidence based innovations to support quitting:** this ambition includes helping individuals to quit smoking by using innovative technology and maximising the availability of safer alternatives (such as electronic cigarettes).

The debate pack provides recent press and Parliamentary material on tobacco control policy and the 2017 Tobacco Control Plan.

Obesity, healthy eating and physical activity in primary schools

Ofsted has published a [report](#) which looks at the actions primary schools are taking to reduce childhood obesity. In August 2016, the Government published [Childhood obesity: a plan for action](#). As part of the plan, Ofsted has reviewed obesity, healthy eating and physical activity in schools.

National child measurement programme - trends in child BMI

Public Health England has published a [report](#) which explores trends in obesity, overweight, excess weight and underweight prevalence, as well as changes in mean BMI over time. The report is aimed at local authorities and other organisations who want to examine detailed trends in child weight category prevalence over time, and how these vary by health inequality. The report looks at trends within different socioeconomic and ethnic groups to assess whether existing health inequalities are widening or shrinking. The report is accompanied by a summary of main findings and a supplementary dataset.

Also published is the most recent [guidance](#) for local commissioners, providers and schools on running the national child measurement programme.

State of the environment

The Environment Agency has published a several [reports](#) which summarise the state of air quality, water resources and water quality in England. The reports cover the key environmental issues relating to:

- Air quality – the concentrations of pollutants in our air, and their effects on the environment and health.
- Water resources – how much clean water is available.
- Water quality – including rivers, estuaries, coasts and groundwater.

Public health approaches to reducing family violence

The Local Government Association has published a [report](#) which discusses a public health approach to reduce violent behaviour. The report provides an introduction to the subject, and provides:

- A summary of the evidence for public health approaches to reducing violence.
- An overview of the evidence base for interventions that are working, or have promise, in the UK context.
- Key things to consider when thinking about utilising public health approaches and interventions to reduce violence.

Destitution in the UK 2018

This Joseph Rowntree Foundation has published a [report](#) which identifies the number of people in the UK who were destitute during 2017 and considers the causes, solutions and context to destitution in the UK. The report looks specifically at the factors pushing people into destitution and the solutions to

the problem. It highlights three key areas which would protect people from becoming destitute and argues that the Government needs to:

- End the freeze on working-age benefits so they at least keep up with the cost of essentials and do not create destitution.
- Change the use of sanctions within Universal Credit so that people are not left destitute by design.
- Review the total amount of debt that can be clawed back from people receiving benefits, so they can keep their heads above water.

What works in homeless services: a rapid evidence assessment - UK

The homelessness charity 'Crisis' has commissioned the Social Care Institute for Excellence to produce this rapid evidence [assessment](#) in order to understand what services work to address and end homelessness, and to assess the quality of evidence that exists in published studies. The review aims to address:

- What services are effective in addressing, reducing or preventing people from becoming homeless?
- What are the features of effective services that address, reduce or prevent people from becoming homeless?
- What are the barriers to addressing, reducing or preventing people from becoming homeless?
- What is the quality of evidence about the effectiveness (including cost effectiveness) of what works in addressing, reducing or preventing people from becoming homeless?
- What approaches to evaluation have been used to evidence the success of services aimed at preventing people from becoming homeless?
- What works in preventing homelessness, rapidly responding to people with low level needs and in sustained support for people with complex needs?
- What works for specific groups of people?

Housing First: tackling homelessness for those with complex needs

The House of Commons Library has published a [briefing](#) which describes the principles of Housing First and outlines some of the evidence behind it.

Housing First is an alternative homelessness intervention strategy, aimed at people with complex needs, particularly rough sleepers. The briefing also sets out how Housing First has developed in the UK, and what support that it has been offered by the Governments of the UK, Scotland, Wales and Northern Ireland.

Ordinary residence guide: determining local authority responsibilities under the Care Act and the Mental Health Act

The LGA has published a [guide](#) which has been created to support the ambitions of the Transforming Care programme to improve services and support for children, young people and adults with a learning disability, autism

or both, who may display behaviour that challenges, and significantly reduce the number of people in inpatient settings. The guide is aimed at supporting partners to understand and apply the concepts of ordinary residence – in particular, recognising that many of the people supported have experienced complex care and support arrangements, over a number of years, in different geographical areas and where guidance and policy may have changed during this time.

Support for care and health leaders

The LGA has published a [briefing](#) which outlines a range of publications, events and resources on key issues to support local leaders transform social care, health and integration.

Isolation and loneliness of older people

Community organisations and researchers in the Greater Bedminster area of Bristol and in the North Merthyr Tydfil area of South Wales have published a joint [report](#) which explores the isolation and loneliness of older people in their community and considers ways of addressing the concerns and challenges uncovered. The report finds that connecting to and building a local community as people age appears to be crucial to preventing loneliness and that thinking about this and being aware of it earlier in life may be a protective or preventative measure in itself.

Beyond barriers: how older people move between health and care in England

The Care Quality Commission has published a [report](#) which presents the findings of 20 local health and care systems reviews, to understand how services are working together to meet the needs of people (aged 65 or over) who move between health and care services. The report brings together key findings and recommendations for change, as well as highlighting some examples of health and social care services working well together, and of individuals working across organisations to provide high quality care. The report recommendations include:

- Reform of planning and commissioning of services.
- A new approach to system performance management.
- Joint workforce planning.
- Better oversight of local system performance.

Single complaints statement

The Local Government and Social Care Ombudsman and Healthwatch England have launched a new [guide](#) to help care providers use best practice when receiving and dealing with comments, complaints and feedback about their services. The new single complaints statement sets out what service users, their families and representatives can expect when making a complaint

or leaving feedback. The guidance aims to improve the quality and consistency of adult social care provision across the country.

The 'so what, what next?' project

The LGA has published a [report](#) which looks at the 'So What, What Next?' project. The project looks at ways of supporting people with a learning disability or autism who have recently been discharged from hospital to explore their skills and passions and to find ways to contribute these to their local communities.

Heatwave plan for England

Public Health England has published an updated Heatwave [Plan](#) for England which is intended to protect the population from heat-related harm to health. The Plan aims to prepare for, alert people to, and prevent, the major avoidable effects on health during periods of severe heat in England. It recommends a series of steps to reduce the risks to health and also includes 'Beat the heat: keeping care home residents safe and well', a guide for care home staff.

Heatwaves: adapting to climate change

The Environmental Audit Committee has published a [report](#) which found that failing to address the danger of heatwaves will threaten the wellbeing of an increasing number of vulnerable people. The average number of heat-related deaths in the UK is expected to more than triple to 7,000 a year by the 2050s. Older people are particularly vulnerable and suffer increased fatalities from cardiac and respiratory disease during heatwaves. As the UK's population ages, there will be an increasing number of people at risk from heatwaves. The report specifically examines:

- The developing threat of heatwaves.
- Responsibility for heatwave preparation.
- Protecting health and wellbeing.
- Productivity during heatwaves.

Identifying the location of defibrillators

The NHS, the British Heart Foundation and Microsoft have [announced](#) that over the next 12 months they are to create a database of defibrillators across the UK. The new partnership aims to map all of the UK's defibrillators, with a shared ambition for the life-saving devices to be made readily available for every out-of-hospital cardiac arrest. The article highlights that one of the biggest barriers to their use is the location of these devices is often unknown to bystanders and ambulance services, despite tens of thousands of defibrillators being placed prominently in workplaces, train stations, leisure centres and public places across the country.

The national defibrillator network will launch in spring 2019 when 'guardians' will be able to register their defibrillator onto the network through their local

ambulance service. The East Midlands Ambulance Service are however currently able to accept direct [registrations](#) via email.

Evaluation in health and wellbeing

Public Health England has published a [collection](#) of resources to help professionals working in health and wellbeing to increase their knowledge and understanding in evaluating interventions, products, services, projects or programs and supporting better local and national evidence-based commissioning and investment. A number of training resources are provided including podcasts, PowerPoint presentations and videos.

Children and young people's mental health – policy, CAMHS services, funding and education

The House of Commons Library has published a [briefing](#) which looks at children and young people's mental health policy. The briefing highlights that mental health problems which begin in childhood and adolescence can have a range of negative impacts on individuals and families, which can continue into adult life unless properly treated. The majority of adult mental health problems begin in childhood, with 50% of adult mental health problems (excluding dementia) starting before the age of 15, and 75% starting before the age of 18.

The public health burden of alcohol: evidence review

Public Health England has published a [report](#) following a review which looked at the impact of alcohol on the public health and the effectiveness of alcohol control policies. The report provides a broad and rigorous summary of the types and prevalence of alcohol-related harm, as well as presenting evidence for the effectiveness and cost-effectiveness of alcohol control policies. The statistical data has also been provided on the estimated number of working years of life lost in 2015 due to alcohol, broken down by cause of death.

The Montefiore health system in New York: a case study

The Kings Fund has published a [case study](#) which considers ways of helping even the most deprived communities by stepping beyond the bounds of conventional health services. The commissioned report builds on the [overview of the Montefiore Health System](#) report published in April 2018 and explores building primary and community care, managing patients with complex needs, supporting infrastructure, and elements of a high-performing system.

Delivering integrated care: the role of the multidisciplinary team

The Social Care Institute of Excellence has published a [report](#) which sets out that integrated care requires professionals and practitioners from across different sectors to work together around the needs of people, their families and their communities. Multi-disciplinary teams can help professionals in health and care services to collaborate successfully. The report provides a snapshot of current practice.

Muscle and bone strengthening and balance activities have great health benefits for all adults, including over 65s

A Public Health England and the Centre for Ageing Better have published a commissioned [evidence review](#) which has found that muscle and bone strengthening and balance activities continue to have health benefits for all adults, including older adults aged 65 years and over. Musculoskeletal health conditions are the second most common cause of sickness absence in the UK, accounting for 30.8 million days lost in work. Muscle and bone strengthening and balance activity can improve physical and mental health and wellbeing at any age and reduce the risk of an early death. It can also help to prevent falls which are responsible for around 95% of all hip fractures, costing the NHS over £1 billion per year.

Domestic abuse fund, 2018 to 2020: prospectus

The Ministry of Housing, Communities and Local Government has published a [prospectus](#) which explains how local authorities across England can apply to the Domestic Abuse fund. The fund will support proposals for the provision of core support for refuges and other accommodation-based services, helping local areas ensure that no victim is turned away from the support they need. The closing date for applications has been extended to 5pm on Tuesday 28 August 2018.

Well North progress report 2018

Well North has published a [report](#) which provides an update of progress being made in improving the health in ten pathfinder communities across the north of England. The report looks at new ways of creating healthy communities with an emphasis on people, enterprise, creativity and innovation and backing community entrepreneurs, growing and cooking healthy food, tackling social isolation and boosting education opportunities.

Drug-related deaths

The Office for National Statistics has published an experimental 'deep dive' [study](#) investigating deaths related to drug misuse in 2014/15 using available coroners' records.

The report briefly describes the findings on the demographic and lifestyle characteristics of the deceased, their health and contact with services, and the circumstances of the death. The most common characteristics of the sample (not necessarily occurring together) were that the deceased was White, single or divorced, living alone, unemployed, and had a prior history of drug use and/or mental health issues. The findings suggest a vulnerable, at-risk population engaging in unsafe drug-taking practices such as taking drugs alone and consuming multiple different types of drug alongside alcohol.

UK air pollution removal - 2015

The Office for National Statistics has published an [interactive map](#) which explores how air pollution removal varies across the UK. The data looks at the role of vegetation in removing air pollutants, and the benefits they provide to human health through reductions in exposure. The report sets out that air pollution removed by woodlands, plants and grasslands across the UK saved around £1 billion in health costs in 2015, at an average of £15 per person. It is estimated there were 7,100 fewer lung and heart-related hospital admissions, 27,000 fewer life years lost and 1,900 fewer premature deaths in 2015 as result of nature providing this service.

The map uses a postcode search to show the pollution removed by vegetation. The two wider areas for Derbyshire show the amount saved in healthcare costs per person indicate:

- South and West Derbyshire (19.13 per person).
- East Derbyshire (£19 per person).
- The UK average indicates £15.53 saved per person.

Notification of Pharmacy Applications

Under the requirements of the National Health Service (Pharmaceutical and Local Pharmaceutical Services) Regulations 2013 the NHS Commissioning Board must notify the HWB of all relevant applications to provide pharmaceutical services, including the relocation of existing pharmacies. Notification of the following applications has been received:

- Application approved: Change of ownership application for Sharief Healthcare Ltd at 11-13 High Street, Barlborough, S43 4EY by Barlborough Pharma Ltd. The service provision will not be interrupted.
- Consolidation: L Rowlands and Co (Retail) Ltd t/a Rowlands Pharmacy. Consolidation of the pharmacies at Midland Street, Long Eaton, NG10 1NY and 14 Regent Street, Long Eaton, NG10 1JX will take effect from 1 September 2018. The pharmacy at 14 Regent Street, Long Eaton, NG10 1JX will close on 31 August 2018. The details of the remaining site at Midland Street, Long Eaton are:
 - Monday 08:30am – 1:20pm and 1:40pm – 6:30pm
 - Tuesday 08:30am – 1:20pm and 1:40pm – 5:00pm
 - Wednesday 08:30am – 1:20pm and 1:40pm – 5:00pm
 - Thursday 08:30am – 1:20pm and 1:40pm – 5:00pm
 - Friday 08:30am – 1:20pm and 1:40pm – 5:00pm
 - Saturday Closed
 - Sunday Closed

- Change of Supplementary Hours: From 22 August 2018 Superdrug, 11-12 Spring Gardens Centre, Buxton. On Mondays they will provide supplementary hours from 8.30am – 9am, 1pm – 1.30pm & 2:00pm – 3:00pm instead of 8.30am – 9am & 1:00pm – 3:00pm. On Tuesdays to Fridays they will provide supplementary hours from 1pm – 1.30pm & 2:00pm – 3pm instead of 8:30am – 9am & 1:00pm – 3:00pm. On Saturdays they will provide supplementary hours from 2:00pm to 2:30pm instead of 1:30pm to 2:30pm.

Health and Wellbeing Board Forward Plan

The latest Forward Plan is attached as Annex 1 to this report. The Plan now reflects the priorities agreed by the Board at its meeting of 12 July 2018. Should any Board member wish to add an item to the Forward Plan please contact Wes Downes by email at wes.downes@derbyshire.gov.uk. Items on the Forward Plan will help inform future Health and Wellbeing Board agendas ensuring a co-ordinated approach to items.

3. BACKGROUND PAPERS

Pharmaceutical notifications are held electronically on file in the Policy and Research Service.

4. RECOMMENDATION

The Health and Wellbeing Board is asked to:

- Note the information contained in this round-up report.

Helen Jones
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Health and Wellbeing Board – Forward Plan 2018-19

| HWB meeting date and venue | Other items | Patient Story | Healthwatch Reports | HWBS implementation | | | | | |
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| | | | | Enablers | Enable people in Derbyshire to live healthy lives | Build mental health and wellbeing across the life course | Work to lower levels of air pollution | Support our vulnerable populations to live in well-planned and healthy homes | Strengthen opportunities for good quality employment and lifelong learning |
| 31 January 2019 Committee Room 1, County Hall | Health Protection Board Update STP update and key messages briefing | | Review of LGBT+ report tabled August 2017 | Public Health Locality programme Policy Round Up Report and Pharmacy Notifications Performance monitoring on HWBS JSNA update | Carers update Sexual Health Strategy implementation update | CAMHS update | | | |
| 4 April 2019 Committee Room 1, County Hall | Health Protection Board Update STP update and key messages briefing | | | Policy Round Up Report and Pharmacy Notifications Performance monitoring on HWBS | | | | | |

