

MINUTES of a meeting of the **DERBYSHIRE HEALTH AND WELLBEING BOARD** held at County Hall, Matlock on 4 October 2018.

PRESENT

Councillor C Hart (Derbyshire County Council)
(In the Chair)

C Clayton	Derbyshire CCGs
Councillor A Dale	Derbyshire County Council
H Dill stone	Derbyshire CCGs
H Jones	Derbyshire County Council
I Fleming	Derbyshire County Council
P Mitchell	Derbyshire Fire & Rescue
H Henderson -Spoors	Healthwatch Derbyshire
G Smith	Tameside & Glossop CCG
D Swaine	Bolsover District Council & NEDDC
V Taylor	Derbyshire STP
D Wallace	Derbyshire County Council
Councillor J Wharmby	Derbyshire County Council
P Wood	South Derbyshire CCG

Also in attendance – W Downes (Derbyshire County Council), Lucy Gavens, (Derbyshire County Council), G Harry (Derbyshire Healthcare PCT), A Kemp (Shift) J Lawther (DAAS/Stand To) A Scott (DAAS/Stand To) and Councillor S Swann (Derbyshire County Council),

Apologies for absence were submitted on behalf of L Allison, H Bowen, Dr A Dow, B Milton, S Morritt and T Slater.

The Chair welcomed Helen Jones, Strategic Director, Adult Social Care & Health to her first meeting of the Health & Wellbeing Board

28/18 **MINUTES RESOLVED** that the minutes of the meeting of the Board held on 12 July 2018 be confirmed as a correct record.

29/18 **STAND TO EX ARMED FORCES PROJECT** Alison Scott, Derbyshire Alcohol Advisory Service attended the meeting and gave a presentation on the ‘Stand To’ Ex Armed Forces project.

As background Alison informed members that a 2012 study had indicated that an estimated 50,000 ex-armed Forces personnel were living in the county of Derbyshire, with around 60,000 family members.

67% of men and 49% of women in the UK Armed Forces had an audit score representative of hazardous drinking compared to 38% of men and 16% of women in the general population. In both sexes, for all ages, the military had a higher prevalence of hazardous drinking.

Research also suggested that the ex –armed forces community were less likely to access “generic” support services

Derbyshire had historically expressed commitment and recognition of a need to ensure that the needs of ex-armed forces were met (DCC cabinet paper 2012) and signing of the Military Covenant.

The ‘Stand To’ embraced the belief that there was a debt of gratitude owed to the sacrifices made by the armed forces and that ex-armed Forces personnel should gain speedy access into services dedicated to their specific needs.

Details were given of the key project milestones between 2015-18 and what had been learnt throughout this period.

- Stand To clients respond more favourably and were more likely to engage if their worker was ex armed forces or had first hand knowledge or experience;
- Once engaged ST clients respond well to CBT focussed work, however for many longer term talking therapy was needed;
- ST clients remained in treatment longer than clients in generic caseloads
- Working together with the ST client and family members improved engagement and outcomes;
- Links into mental health support were not currently managing to meet the needs of ex-armed forces;
- Issues for ST clients were often complex, and there was a need for a dedicated counselling service;
- Links made into recovery support such as ITS, RTN and the recovery network was developing well and was much needed; and
- A high percentage of ex-armed forces were drinking to high dependent levels.

Details were given of the most recent progress made and what the next steps were:-

- Work on attracting increased referrals from women;
- Continuing to develop family support (CRAFT model);
- Develop a veteran specific counselling service;
- Source further funding beyond 2020;

- Continuing to develop and strengthen self help network (The MESS); and
- More Volunteers would be recruited.

Members were given the opportunity to make comments and observations and ask questions, which were duly noted or answered

The Chair thanked Alison for a most informative and interesting presentation.

RESOLVED to note the update report.

30/18 DERBYSHIRE AND DERBY FUTURE IN MIND LOCAL TRANSFORMATION PLAN UPDATE Isobel Fleming, Service Director, Countywide Commissioning, attended the meeting and provided Members with an update. The national Future in Mind (FiM) Strategy and Derbyshire and Derby Local Transformation Plan (LTP) 2015-2020 had a strong system-wide strong focus on children and young people having access to high quality mental health care when they needed it. Governance was via a Derbyshire footprint-wide Future in Mind Board that was accountable to both Derby City and Derbyshire County Health and Well Being Boards.

As part of the presentation, Isobel, informed members that the local Plan was currently being refreshed in line with annual NHS England (NHSE) assurance requirements and set Key Lines of Enquiry. This must be submitted to NHSE by 12th October 2018. Local plans would be published on Clinical Commissioning Group (CCG) and Local Authority websites on 31st October 2018.

The strategic priorities identified by the Derby and Derbyshire Children and Young People's Future in Mind Health Needs Assessment (2017) are:

- Strategic Priority 1: To further develop our engagement and support to parents and carers;
- Strategic Priority 2: To develop further a whole-school approach to prevention and early help;
- Strategic Priority 3: To develop a new care model responding to children and young people exhibiting complex needs;
- Strategic Priority 4: To increase the workforce offer including blended learning approaches across professional groups; and
- Strategic Priority 5: To develop a place-based approach to interventions and care supporting Primary Care, developing the Voluntary and Community Sector, linking to schools, and offering digital interventions

Members were also presented with the progress in 2017/18 (year 3) against these strategic priorities and the proposed plans for 2018/19 (year 4).

As part of a wider consultation process for the refresh, members were invited to give their views on progress to date and proposed plans. After a period of discussions in the meeting these comments were duly noted and Isobel thanked members for their input.

The Future in Mind Health Needs Assessment will continue to inform the remaining 2 years of the plan, particularly ensuring that the needs of vulnerable children and those at risk of poor mental health.

The Future in Mind plan linked to the Health and Wellbeing Strategy 'supporting the emotional health and wellbeing of children and young people.'

RESOLVED (1) to note the update of the Future in Mind Local Transformation Plan.

(2) to agree that the sign-off of the refreshed Plan be delegated to the Chair on behalf of the Board once consultation is complete and prior to its submission to NHSE.

31/18 **JOG DERBYSHIRE** Andrea Kemp, Shift, attended the meeting and shared a Jog Derbyshire promotional video with Health and Wellbeing Board Members, to increase awareness of the programme and the health and wellbeing benefits it brought to participants.

Jog Derbyshire was a programme that worked with people in communities to support them to become more active through jogging. It currently ran 137 sessions every week and had over 6,500 members. New groups were being set up all the time and there were plans in development to expand some existing groups, e.g. by starting groups for children and young people. Jog Derbyshire was run by Shift (formerly the Community Sports Trust).

The programme was currently funded by Public Health (for 2 years from 1st September 2018) with an ambition to get people into jogging through setting up groups in different communities and new settings (e.g. workplaces and from GP practices). Shift had also secured Action Grant funding to develop a Family Mile in 10 communities across Derbyshire and were continuously exploring other opportunities to support people to become more active.

There remained strong links to the Health and Wellbeing Strategy and Jog Derbyshire contributed to two of the five Health and Wellbeing outline priorities agreed by the Health and Wellbeing Board in July 2018:

1. Enable people in Derbyshire to live healthy lives
2. Build mental health and wellbeing across the life course

Members were given the opportunity to make comments and observations and ask questions, which were duly noted or answered. Members also discussed, how, both as individual organisations and collectively they could support the continued success of the programme.

The Chair thanked Andrea for a most informative and interesting presentation.

RESOLVED to note the presentation and promotional video

32/18 DERBYSHIRE BETTER CARE FUND 2018-19 QUARTER 1 STATUTORY RETURN The Board was presented with an update on progress of the Derbyshire Integration and Better Care Fund (BCF) 2017-19 through reporting of the required statutory quarter one return for 2018-19.

The Department of Health and Social Care's Better Care Support Team published the Q1 2018-19 National Return template on 11 June 2018 with the requirement that completed templates be returned by 20 July 2018, following sign-off from respective local Health and Wellbeing Boards (HWBs). The quarterly reporting dates for 2018-19 did not correlate with the meeting dates for the Derbyshire Health and Wellbeing Board. Therefore, submissions were approved via the Joint BCF Programme Board (a delegated sub-group of the Health and Wellbeing Board) and signed-off for submission by the Health and Wellbeing Board Chair.

The reporting requirements of the Q1 template were largely unchanged from previous reporting periods in 2017-18. The main change had been the inclusion of improved Better Care Fund (iBCF) monitoring information into the same template so that there was now only one return to be provided each quarter. It should be noted that iBCF monitoring returns were issued separately by the Ministry for Housing, Communities and Local Government in 2017-18 and were not required to be reported to the Health and Wellbeing Board. (The iBCF was an additional grant provided directly to Local Authorities with Social Care responsibilities and was announced in the Spring Budget 2017).

It should be noted that the submission deadlines for the reporting periods in 2018-19, as in 2017-18, were earlier than in previous years. As such, full data will not be available for the reporting period which meant that performance assessments included in the returns were subject to change throughout the year.

The BCF and iBCF Q1 2018-19 return was appended to the report

RESOLVED (1) to receive the report and note the responses provided in the Quarter 1 Statutory Return; and

(2) to continue to receive regular updates on the progress of the Integration and Better Care Fund throughout 2018-19.

33/18 HEALTH PROTECTION BOARD UPDATE Dean Wallace, Director of Public Health had provided HWB members with an overview of the key messages arising from the Derbyshire Health Protection Board, which met on the 24th July 2018. The Board was a formal sub group of the Derbyshire County Health and Wellbeing Board and the Derby City Health and Wellbeing Board.

Specific reference was made to The Bowel Health Equity Audit, which aimed to determine the equality of access and uptake outcomes from the Derbyshire Bowel Cancer Screening Program, was now being overseen by the Derbyshire Cancer work stream of the Sustainability and Transformation Partnership (STP). A comprehensive work plan was being developed.

RESOLVED to note the information contained in the update report.

34/18 HEALTH AND WELLBEING BOARD ROUND-UP REPORT Helen Jones had provided HWB members with a written report rounding up key policy announcements in relation to health and wellbeing issues.

RESOLVED to note the information contained in the round-up report.

35/18 HEALTH AND WELLBEING STRATEGY – 2018 ONWARDS Lucy Gavens, Speciality Registrar in Public Health attended the meeting to ask members to review, discuss and seek the approval of the Board to adopt the proposed 'Health and Wellbeing Strategy 2018 Onwards'.

Appendix 1 presented the Derbyshire 'Health and Wellbeing Strategy 2018 Onwards'. The strategy identified 5 priority areas:

- Enable people in Derbyshire to live healthy lives
- Work to lower levels of air pollution
- Build mental health and wellbeing across the life course
- Support our vulnerable populations to live in well-planned and healthy homes
- Strengthen opportunities for good quality employment and lifelong learning

For each priority the strategy described:

Why this is a priority for Derbyshire.

What we want to achieve.

How we will achieve our ambitions.

The Strategy also identified a number of specific ways in which Board Members, as representatives of organisations and collectively, could work together to address complex health challenges in Derbyshire.

This new 'Health and Wellbeing Strategy 2018 Onwards' both built on previous strategies and identifies new priorities based upon factors including data on wellbeing, health and social care needs in Derbyshire and understanding of priority areas for the local population.

Lucy explained to members that the purpose of the presentation was to

- Discuss and adopt the proposed Health and Wellbeing Strategy 2018 Onwards.
- Should it be a rolling strategy with a review each Spring? Or fixed time period e.g. 2018-2021.
- To decide a name for the strategy? Proposal: 'Our Lives, Our Health'
- The possibility of Board champions? One for each priority?

The general consensus amongst those present was that the Strategy should operate on a rolling basis with regular annual reviews. The new proposed strap line was considered to be along the right lines although some further thought would be given to it before finalising it.

Board Champions for priority areas was felt to be a good idea and people were invited to put forward the names of people to fill these roles and contact the Chair.

RESOLVED to adopt the attached 'Health and Wellbeing Strategy 2018 Onwards' taking into account the suggestions and comments made above.

36/18 HOUSING & HEALTH UPDATE Vicky Smyth, Public Health Lead for Wider Determination provided the Board with an overview of Housing and Health related work across Derbyshire.

Healthy housing was key to preventing ill health and enabling people to live independently into old age. The presentation outlined current housing and health related work across Derbyshire that aimed to support residents to live well.

"All vulnerable populations are supported to live in well-planned and healthy homes" is proposed as Outcome 4 in the refreshed Derbyshire Health and Wellbeing Strategy.

The Board was asked to note the significant amount of housing and health related work currently being undertaken by partners in Derbyshire and discussed the proposed priority area, to ascertain and support planning of future housing and health related work. Board members were also asked to consider

can support this agenda moving forward by identifying opportunities for co-ordinating and collaborating across different strategic areas of work.

Members were given the opportunity to make comments and observations and ask questions, which were duly noted or answered.

RESOLVED to note the report

37/18 DATES OF FUTURE MEETINGS RESOLVED to note the following future meeting dates:-

Thursday 31 January 2019

Thursday 4 April 2019

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