

DERBYSHIRE HEALTH AND WELLBEING BOARD

5 October 2017

Report of the Strategic Director Adult Care

HEALTH AND WELLBEING BOARD ROUND-UP REPORT

1. Purpose of the report

To provide the Board with a round-up of key progress in relation to Health and Wellbeing issues and projects not covered elsewhere on the agenda.

2. Round-Up

Primary Care Home model: evaluation

The Nuffield Trust has published [Primary Care Home: evaluating a new model of primary care](#). The Primary Care Home (PCH) model seeks to join up staff from different organisations to deliver joined up care for groups of 30,000 to 50,000 patients. This evaluation report looks at how sites can make early progress with implementing and evaluating their local PCH models, examines what might stand in the way of change and offers a number of broader lessons for the NHS as a whole.

Developing accountable care systems

The King's Fund has published [Developing accountable care systems: lessons from Canterbury, New Zealand](#). This report examines how the Canterbury health system in New Zealand has moderated demand for hospital care, particularly among older people, by investing in alternative models of provision and community-based services. The transformation has taken more than a decade and required significant investment; this report considers the lessons that the NHS can learn.

Experiences of domiciliary care

Healthwatch has published [Home care: what people told Healthwatch about their experiences](#). This report analyses the experiences of over 3,000 people, their families and front line staff with home care services. The information is intended to be used to inform the development of new service contracts, to shape care packages around what people want and to set out new ways to monitor performance from a user perspective.

Brisk walking health benefits

Public Health England has published [10 minutes brisk walking each day in mid-life for health benefits and towards achieving physical activity recommendations: evidence summary](#) (*document at the end of the list*). This report **is** based on a rapid review of the evidence and summarises the potential benefits of 10 minute blocks of brisk walking as part of a contribution to the Chief Medical Officer recommended levels of activity. PHE has also published data relating to physical inactivity levels: [Physical inactivity levels in adults aged 40 to 60 in England 2015 to 2016](#).

Mental health commissioning

Rethink Mental Health Illness has published [Progress through partnership: involvement of people with lived experience of mental illness in CCG commissioning](#). This report summarises responses from a Freedom of Information request to identify the extent to which a co-production approach has so far been used or intended to be used by CCGs in mental health commissioning. It indicates that 15% of CCGs who responded had used a co-production approach at least once in mental health commissioning. The report includes examples of CCGs involving people in the design of services and makes recommendations to both NHS England and CCGs.

Social prescribing: applications for funding

The Department of Health and Public Health England are inviting applications from voluntary, community and social enterprise organisations to apply for the [Health and Wellbeing Fund on social prescribing](#). They have produced and information pack for organisations considering an application together with an application form.

Mental Health Prevention Tools

Public Health England have published a [series of reports](#) which summarizes the evidence on promoting good mental health and reducing the impact of poor mental health, generated through a rapid evidence review. A return on investment (ROI) tool and user guide presents results showing the economic benefits of mental health commissioning interventions and finally, the barriers and facilitator report identifies issues that can make the commissioning of mental health and wellbeing interventions easier or more difficult in a local area. Local authorities, clinical commissioning groups, Health and Wellbeing Boards and their local partners can use these set of resources to improve the provision of mental health services.

Partnership approaches to improving health outcomes for young people

The LGA has published a [report](#) which provides case studies that showcase different approaches to supporting the health of young people. Whilst the approach and focus of the work in local areas varies, each case study provides an opportunity to reflect on what made the initiative a success and how it might use this learning in other areas.

GPs' knowledge, use, and confidence in national physical activity

The Royal College of General Practitioners has released [research](#) following a study which suggest that one in four people would be more active if advised by a GP or nurse, but as many as 72% of GPs do not discuss the benefits of physical activity with patients.

Development of a draft global action plan to promote physical activity

The World Health Organisation has published the draft global [action plan](#) on physical activity which highlights the global importance of tackling inactivity both for health and the global sustainable development goals. The report highlights that globally 23% or one in four adults, and 81% or 4 out of 5 adolescents (aged 11-17 years), do not do enough regular physical activity to meet the global recommendations. In most countries levels of inactivity are higher in girls and women compared with boys and men across all ages, and inactivity increases with age. The report also reveals British adults aged over 55 years are approximately twice as likely to be inactive compared with younger adults aged 25-54 years).

The NHS deficit

The Nuffield Trust has published a briefing [The bottom line: understanding the NHS deficit and why it won't go away](#). This briefing assesses the financial health of providers to understand the true underlying state of the NHS finances and outlines prospects for the next three to four years.

Flu vaccination effectiveness

Public Health England has published data showing the [effectiveness of the 2016-17 seasonal flu vaccine](#). The data show, during the 2016 to 2017 season, the flu vaccine nasal spray reduced the risk of vaccinated children getting flu by 65.8% and younger adults (18 to 64 years) by 40.6% in. The vaccine was not significantly effective in protecting the over-65's.

Supporting CCGs with induction and training of lay members

NHS Clinical Commissioners has published a [new checklist](#) to support CCGs with induction and training of lay members. The new checklist is the second in a series produced in relation to the lay member role. This checklist looks at: induction, mentoring and buddying, networking and ongoing and further training. It also provides a list of organisations that can assist further with training and induction.

Breast cancer in older patients

The Healthcare Quality Improvement Partnership has published [National Audit of Breast Cancer in Older Patients: Annual report for public and patients September 2017](#). This report looks at what care and treatment women receive from the time of finding out they have breast cancer to the end of their treatment. The results consider women aged 70 and older and compares their care to women between 50 and 69, in particular. The audit was set up

because older women with breast cancer appear to have worse outcomes than younger women and because there are differences between regions in the patterns of care delivered to older women.

Heart health campaign

Public Health England has launched a campaign to encouraging adults to take 3 minutes out of their day to take the [Heart Age Test](#). The Heart Age Test is the only known way of measuring our heart age, which shows how many years people can expect to live healthily without a heart attack or stroke. The campaign runs throughout September in partnership with cardiovascular charities British Heart Foundation, Stroke Association and Blood Pressure UK. For the first time, the test will direct users to their nearest blood pressure station if they do not know theirs.

Additional link: [BBC news report](#)

NHS winter pressure warning

NHS Providers has published [Managing risk in health and care this winter: update](#). This updated report has been informed by regular feedback from front-line NHS trusts and discussions with system leaders, as well as analysis of the latest data on key performance targets such as the four hour A&E standard and bed occupancy levels. It follows an earlier report on winter planning published by the organisation in June.

New tool to examine local levels of physical activity.

Public Health England's [physical activity data tool](#) brings together physical activity data at local level for England. The tool presents data on physical activities including walking and cycling, as well as information on related risk factors and conditions such as obesity and diabetes. The aim of the tool is to help promote physical activity, develop understanding and support the benchmarking, commissioning and improvement of services locally.

Public Health and National Parks commit to closer working

Public Health England and the National Parks have recently signed a [national accord](#), which represents a high-level commitment between the two organisations to work proactively and practically together to secure better public health outcomes. It draws on the strength of both organisations to deliver this shared goal by capitalising on the significant opportunities for people to improve their physical and mental health and overall wellbeing through interaction with National Parks; and recognising the role which the National Parks play as part of our wider natural environment that can support keeping people healthy.

Learning from Sustainability and transformation plans in London

The Kings Fund has published [Sustainability and transformation plans in London: an independent analysis of the October 2016 STPs \(completed in March 2017\)](#). This report looks at the five STPs in London, their contents and

common themes. The authors assess the main issues and risks to be addressed across the plans. They make a small number of recommendations for the future of the STP process in London, focusing specifically on the role of London-wide action in taking forward the plans. The report includes a brief update on progress since March 2017 and provides learning which could be shared in Derbyshire.

Housing and hospital discharge

This [report](#) by the National Housing Federation looks at the increase in delays in discharging people from hospital, and shows how housing services are offering solutions that are relieving pressure on the NHS. With delayed transfers of care a growing problem in the context of an ageing population, housing associations are providing the link needed to ensure people are supported out of hospital into a suitable home with the right support. This report highlights how housing services are providing solutions that have a positive impact on people's lives and relieving pressure on increasingly stretched health services and saving money for the NHS.

Health and Wellbeing Board Forward Plan

The latest Forward Plan is attached as Annex 1 to this report. Should any Board member wish to add an item to the Forward Plan please contact Ellen Langton at ellen.langton@derbyshire.gov.uk or call 01629 538439. Items on the Forward Plan will help inform future Health and Wellbeing Board agendas ensuring a co-ordinated approach to items.

3. RECOMMENDATION

The Health and Wellbeing Board is asked to:

- Note the information contained in this round-up report.

Joy Hollister
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Derbyshire County Council

Health and Wellbeing Board – Forward Plan 2017-18

HWB meeting date and venue	Other items	Patient Story	Healthwatch Reports	HWBS implementation				
				Enablers	Keeping people healthy and independent in their own home	Build social capital	Create Healthy Communities	Support the emotional health and wellbeing of children and young people
7 December 2017 – 10am-Midday Committee Room 1, County Hall	STP update and key messages briefing Health Protection Board - 18 October meeting BCF Q2 and s75 update		Maternity Services	HWB Governance Feedback from self assessment workshop Performance monitoring on HWBS	Derby and Burton Hospitals update Tameside and Glossop CCG update	LD employment audit of HWB member organisations VCS Investment	DPH Annual Report Housing and health update	SEND Inspection update from SEND Strategic Board– progress and barriers since inspection. Better Births Review
1 March 2018 10am-Midday Committee Room 1, County Hall	STP update and key messages briefing Derbyshire Safeguarding Children's Board annual report Health Protection Board Update			CCG Commissioning Intentions Policy Round Up Report and Pharmacy Notifications Communications and engagement annual action plan Performance monitoring on HWBS	Better Care Closer to Home implementation			
19 April 2018 10am-Midday Committee Room 1, County Hall	STP update and minutes from Board			Policy Round Up Report and Pharmacy Notifications Performance monitoring on HWBS				
New municipal year meetings 2018/19			Review of LGBT+ reprot tabled August 2017					

