

Agenda item 6

DERBYSHIRE HEALTH AND WELLBEING BOARD

10 November 2016

**Report of Dr Isobel Fleming, Service Director – Countywide
Commissioning Derbyshire County Council and NHS North Derbyshire,
Hardwick and Erewash CCGs**

**FUTURE IN MIND: IMPROVING CHILDREN'S EMOTIONAL WELLBEING
ACROSS DERBYSHIRE**

1. Purpose of the report

To update the Board on the summary of achievements from the implementation of the Future in Mind Plan (FiM) and highlight key priorities and challenges for 2016-2018

2. Information and analysis

Background

Future in Mind (FiM) is a CCG funding allocation aimed at improving the emotional health and well-being of children and young people. The four Derbyshire CCGs, Derby City Council and Derbyshire County Council collaborated to produce a joint Plan in 2015. Tameside and Glossop CCG submitted a separate plan, which covers the Glossopdale community, but this is fully consistent with the Derbyshire Plan.

The Future in Mind plan continues to be underpinned by a whole systems approach that links education, health and social care to improve outcomes by intervening earlier, preventing needs from escalating and reducing demand for high-cost support. There has been a significant shift in funding towards community based prevention and quick response. This has enabled improved partnership working with a wide range of children's services within communities. It is a key work stream in the children and maternity section of the Derbyshire Sustainability and Transformation Plan (STP).

The plan has been refreshed in line with the national guidance and sent to NHS England regional team on 7 October. Feedback was received on the 24 October, which is currently being reviewed before the plan publication on 31 October 2016.

Summary of Future in Mind Plan Achievements October 2015 – October 2016

- Developed a Children and Young People's (C&YP) Eating Disorder Service that aims to reduce the negative impact and providing effective interventions as early as possible
- Outcomes framework developed. Service specifications will include outcome as well as output data requirements
- Anti-stigma campaign
- Procurement of projects in voluntary sector working directly with schools and GPs (as a proof of concept) across Derbyshire County
- Resource information pack for schools developed
- Commissioning voluntary sector to work with schools and develop peer support
- Conferences to engage stakeholders, share practise and disseminate progress attended by 300 delegates from Multiagency Workforce.

Engagement with young people

Young people continue to inform the commissioners about their priority needs which inform co-developed future plans and improvements in service delivery. The programme has been successful in engaging secondary schools and young people in service planning but we recognise the need to focus more on primary schools as a means of engaging younger children in identifying need, co-production of services for them, delivery and evaluation and suggestions for any improvements.

As part of the governance process each Future in Mind stakeholder meeting starts with a young person's story provided by Healthwatch. A wide range of stakeholders from local authority, young people, providers in health and voluntary organisations have contributed to the refresh of our plan. Their views are reflected in the priorities that have been identified for 2016/17.

Summary of key priorities and challenges for 2016-2018

- Improve transition from CAMHS eating disorders service to adults.
- 'Place based' community delivery including GP, Schools and Voluntary Community Sector (VCS).
- Early help model – to be developed in conjunction with schools.
- Prioritise vulnerable groups.
- Workforce assessment of need and targeted training.
- Improve data and collection of evidence of need.
- Develop crisis services/intensive home support to cover whole Derbyshire footprint.
- Parenting interventions holistic offer across the footprint.
- Improve waiting times and access.

- Ongoing 'testing proof of concepts'.
- Improve consistency of the offer across the footprint.
- Embedding mindfulness in schools across as an ethos to support emotional health and wellbeing (cascaded evidence based training model)
- Reduce the need for children and young people to attend an acute hospital if community provision is more suitable.
- Improve safe information sharing between organisations enabling the child or young person to only tell their story once.

Three development plan highlights 2016- 2018

Crisis care and intensive interventions	We are developing both a crisis and intensive intervention provision to reduce hospital admission. These will be outward facing and provide support as close to home as possible. The crisis service will provide short intense interventions where need may quickly escalate or become life-threatening. The intensive intervention service will provide wrap-around support from clinicians and others including family members or carers.
Groups with extra vulnerability (e.g. 'looked after children', those who have been abused and / or those within, or at risk of entering the justice system	We recognise the particular vulnerabilities of a number of children including those in care, those who have been abused, those living with domestic violence, those permanently excluded from school or at high risk of permanent exclusion, and those at risk of entering the justice system. We are working with partners in the youth offending teams, the local authority, designated nurses for child protection, social workers and others to ensure that we have a clear focus on these children.
Workforce Development	FiM plans include the development of an integrated multi-agency workforce development that aligns with the wider children and young people's workforce plan. This will enable us to increase the capacity and capability across the workforce. We are building on our strengths, learning from existing training, consultation on training needs and what works for young people.

RECOMMENDATIONS

The Health and Wellbeing Board is asked to:

1. Note the progress to date with implementation of the Future in Mind Plan

2. Continue to prioritise children and young people's emotional health and wellbeing via support for the Future in Mind Plan.

Dr Isobel Fleming
Service Director, Countywide Commissioning
Derbyshire County Council and NHS North Derbyshire, Hardwick and
Erewash CCGs