

**DERBYSHIRE COUNTY COUNCIL**

**CABINET**

**25 April 2017**

**Report of the Director of Public Health**

**NHS HEALTH CHECK PROGRAMME PROCUREMENT 2018/21  
(Health and Communities)**

**1. Purpose of the report:**

To seek approval for the procurement of the NHS Health Check Programme for a period of 3 years from 01 April 2018, with the option to extend for a further two 12 month periods subject to satisfactory performance.

**2. Information and analysis:**

The NHS Health Check Programme identifies those adults aged between 40 and 75 who are at risk of cardiovascular disease (CVD). The Programme uses GP practice systems to identify those people who require invitation to attend and excludes anyone with pre-existing cardio vascular conditions.

The NHS Health Check Programme aims to

- improve population health outcomes by reducing the risk of vascular disease in adults, through a risk assessment and lifestyle advice.
- identify at an earlier stage, adults at high risk of or with previously undetected vascular conditions, who are not currently being managed in primary care, specifically type 2 diabetes, coronary heart disease, stroke and transient ischemic attack TIA, chronic kidney disease and vascular dementia;
- signpost and/or refer to appropriate local services, for lifestyle and behavioural support.

The procured service will be managed by a lead provider who will ensure that the population covered by the GP practices registered within Derbyshire County, and those in Glossop, are provided with a comprehensive service as outlined in the service specification.

In addition contracts will need to be in place to support the programme and include:

- Quality assurance for the point of care tests which are required as part of a one stop appointment for individuals.
- IT arrangements to ensure the appropriate individuals are invited to attend for a Health Check
- Training for staff delivering Health Checks which is a comprehensive 3 day programme

All the current arrangements will end on 31 March 2018 and so it is necessary to commence a procurement exercise, in order to secure future provision of this mandated service.

Current NHS Health Check take up rate is just under 55%. The aim is for this uptake to be increased ensuring those individuals from the most deprived populations are targeted specifically and the providers of the service will be incentivised accordingly.

### **3. Social Value considerations:**

One of the programme's objectives is to reduce health inequalities. The programme will achieve this by:

- Promoting and improving the early identification and management of the individual behavioural and psychological risk factors for vascular disease such as smoking, inactivity, obesity, high blood pressure and high cholesterol and the other conditions associated with these risks
- Supporting individuals to effectively manage and reduce behavioural risks and associated conditions, through information, behavioural and evidence based clinical interventions; such as physical activity, stop smoking and weight management services and/or medication if necessary

The NHS Health Check programme will contribute to the achievement of the two overarching high level outcomes of the Public Health Outcomes Framework (PHOF):

- increased healthy life expectancy
- reduced differences in life expectancy and healthy life expectancy between communities

The programme will link with both the National Diabetes Prevention Programme and Lifestyle services which will be in house from December 2017.

#### **4. Financial considerations:**

The total Contract value will cover the period of 3 years and subject to satisfactory performance with a maximum value. This includes funding (£72,500) for administration, training, quality assurance and information technology. The cost of the total value of the Contract will be met by Public Health Funds.

The total cost of the Health Check programme is currently £0.512m.

The funding for the direct delivery of the NHS Health Checks will be based on the satisfactory performance of the determined number of NHS Health Checks delivered per month, quarter and year end using a flexible payment schedule and incentives.

Additional payments will be made for referral to behavioural and lifestyle advice.

#### **5. Legal Considerations**

Regulation 4 of the Local Authorities (Public Health Functions and Entry to Premises by Local Healthwatch Representatives) Regulations 2013, requires the Council to provide, or make arrangements to secure the provision of, health checks to be offered to eligible persons aged from 40 to 74 years in its area. Such checks must be offered once every five years. In discharging this provision, regulation 4(6) requires the Council to act with a view to securing continuous improvement in the percentage of eligible persons in its area participating in the health checks.

The procurement process will be conducted in accordance with the Council's Financial Regulations under Protocol 1, which provides that the award of the Contract shall be approved by Cabinet.

#### **6. Other considerations:**

In preparing this report the relevance of the following factors has been considered: prevention of crime and disorder, equality of opportunity, human resources, environmental, health, property and transport considerations.

#### **7. Background papers:**

NHS Health Check Programme (Ageing Well): Future of the Derbyshire County Council NHS Health Check programme 2014/16 (Health and Communities) - Cabinet report 17 June 2014. NHS Health Checks Sole

Provider 2014 (Health and Communities) – Cabinet report 04 November 2014

**8. Key Decision:**

Yes

**9. Call-in:**

Is it required that call-in be waived for any decision on this report? No

**10. Officer's Recommendation:**

That Cabinet approves the procurement of the NHS Health Check programme for a period of 3 years from 01 April 2018, with the option to extend for a further two 12 month periods subject to satisfactory performance.

**Dean Wallace**  
**Director of Public Health**