

DERBYSHIRE COUNTY COUNCIL**CABINET****21 January 2014****Report of the Director of Public Health****REVIEW OF DERBYSHIRE SEXUAL HEALTH SERVICES
(Health and Communities)****1. Purpose of the Report**

To seek approval to the proposed Review of all Sexual Health Services commissioned by the Council outlined in Appendix 1.

2. Information and Analysis**2.1 New Commissioning Responsibilities**

From April 2013, local authorities are responsible for commissioning most sexual health services as part of their wider public health responsibilities, supported through the ring-fenced public health grant. For the Council, responsibilities include commissioning and ensuring provision of open access sexual health services including:

- contraception
- testing and treatment of sexually transmitted infections (STIs)
- sexual health aspects of psychosexual counselling and
- sexual health specialist services including young people's services, outreach, HIV prevention and sexual health promotion.

2.2 The importance of good sexual health and well-being

Sexual health is an important part of both physical and mental health and is essential to general well-being. Good sexual health is aided by access to information and services that help avoid the risks of unintended pregnancy, sexually transmitted infections (STIs) and of harmful relationships.

The consequences of poor sexual health can be serious and costly for the individual, for health and social services and for society as a whole. Unintended pregnancy and STIs have preventable short term and long term effects on health and well-being, which can include:

- Pelvic inflammatory disease (PID), pregnancy outside of the womb (ectopic) and difficulty getting pregnant (infertility);

- Cervical and other genital cancers;
- Inflammation of the liver (hepatitis), chronic liver disease and liver cancer;
- Chronic infection, such as human immunodeficiency virus (HIV), or recurrent infection, such as genital herpes;
- Distress over unintended pregnancy;
- Psychological consequences of sexual coercion and abuse;
- Limited educational, social and economic opportunities for teenage parents.

Some groups are at higher risk of poor sexual health, living with barriers that hinder their access to sexual health services. Groups most vulnerable to poor sexual health include young people and vulnerable young people, some black and ethnic minority groups, gay and bisexual men and men who have sex with men.

2.3 The Derbyshire picture of sexual health need in summary:

Derbyshire overall has a level of good sexual health, although it reflects national trends of inequality such as STI diagnoses being disproportionately higher amongst certain groups - gay and bisexual men and men who have sex with men (MSM); young people and vulnerable young people; people living with HIV.

- Derbyshire has lower rates for all STIs (*main 4: chlamydia, gonorrhoea, HIV and syphilis*) compared to England, highest rates of STIs are predominantly within younger age groups
- The most commonly diagnosed STI is Chlamydia, a rate of 1949 diagnoses per 100,000. However this is below the Public Health Outcomes Framework recommended level of 2300 per 100,000 (*this level is recommended as the rate to impact on reducing prevalence by up to 2%*)
- Prescribing of Long-Acting Reversible Contraception (LARC) is significantly better across Derbyshire GP practices and Contraception and Sexual Health (C&SH) services compared to England
- The rate of teenage pregnancies (under 18 conceptions) is below England, although there is some variation across the county (*Bolsover and High Peak have rates for under 18 conceptions above the East Midlands and England.*)

c. Ref. 2: Derby and Derbyshire Sexual Health Needs Assessment, 2013

2.4 Aim of the Review

Sexual health services are currently commissioned by various organisations inside and outside Derbyshire, as described in Appendix 1.

The Derbyshire Sexual Health Review has a clear aim to assess existing investment into current provision balanced against need, statutory responsibilities, national policy and guidance and ultimately to ensure the best service options for Derbyshire residents.

3. Financial Considerations

This proposal to review Sexual Health services (current value: £7.4 million *2013/14 budget*) is the start of the procurement process towards a newly procured Integrated Sexual Health Service for Derbyshire, to begin in April 2015.

For the reasons outlined above, developing services to prevent sexual ill health makes good economic sense.

The Review will address where efficiencies can be made towards a new service in April 2015, based on a 15% reduction on the current budget.

The Review exercise will not incur additional financial considerations. Planning includes maximising the Council's capacity to conduct the Review through collaborative working with Derby City Council Public Health.

4. Legal Considerations

The Local Authorities (Public Health Functions and Entry to Premises by Local Healthwatch Representatives) Regulations 2013 set out the steps that local authorities should take when exercising certain public health functions, including sexual health services, under the Health and Social Care Act 2012. Regulation 6 of the Regulations requires the Council to provide or make arrangements to secure the provision of open access sexual health services in the County in relation to (a) the provision of contraceptive services and (b) preventing the spread of sexually transmitted infections and treating, testing and caring for those with them and also notifying their sexual partners.

5. Equality and Diversity Considerations

Significant inequalities exist across the area of Sexual Health. Some people are more at risk of poor sexual health outcomes compared to the wider population. They include young people and vulnerable young people, men who have sex with men (MSM) and people living with HIV. Additional at risk groups include young heterosexuals, sex workers, people misusing drugs and alcohol, gay and bisexual men and some black and minority ethnic populations.

The consultation element within the Review acknowledges the need to include people who are most at risk of poor sexual health outcomes. An Equality Impact Analysis will be conducted as part of the Review.

6. Other Considerations

In preparing this report the relevance of the following factors has been considered: health, environment, transport, property, human resources and prevention of crime and disorder considerations.

7. Background Papers

Ref 1: DH 2013 Commissioning Sexual Health Services and Interventions *Best practice guidance for local authorities*

<https://www.gov.uk/government/publications/commissioning-sexual-health-services-and-interventions-best-practice-guidance-for-local-authorities>

Ref 2: Derby and Derbyshire Sexual Health Needs Assessment 2013

http://observatory.derbyshire.gov.uk/IAS/Custom/resources/HealthandWellbeing/Health_Needs_Assessments/SHNA_public_document.pdf#view=Fit

8. Key Decision

Yes.

9. Is it necessary to waive the call-in period?

No.

10. Officer Recommendations

That Cabinet:

- (i) Approves the proposal to conduct the Review of Derbyshire Sexual Health Services
- (ii) Agrees to receive a final Review Report in spring 2014 and further reports as required on the development towards a new Sexual Health Service in Derbyshire.

Elaine Michel
Director of Public Health

Appendix 1 Review of Derbyshire Sexual Health Services

Summary outline

Review of Derbyshire Sexual Health Services commissioned by Derbyshire County Council (and including services to Glossopdale)

Contacts		
Mary Hague, Senior Public Health Manager Mary.hague@derbyshire.gov.uk Tel: 01629 533831	Elaine Varley, Public Health Manager Elaine.varley@derbyshire.gov.uk	Maureen Whittaker, Associate Director of Public Health Maureen.whittaker@derbyshire.gov.uk
Review Information		
Review Aims	<ol style="list-style-type: none"> 1. To review existing investment in Sexual Health services in Derbyshire 2. To inform future commissioning of SH service provision from April 2015 	
Rationale	<ul style="list-style-type: none"> • To examine current models of service provision and the potential for securing improvement in meeting the needs of the Derbyshire population • To secure the best value for money of service provision within the available resources • To identify options to inform future commissioning of a service model that best delivers against national policy and evidence, local health needs and local strategy 	
The current commissioned services end March 31 st 2015. This Review seeks to inform the options available for the round of commissioning towards newly procured services to begin April 2015		
Key Area of Focus	Sexual Health Services commissioned by Derbyshire County Council across Derbyshire including Glossopdale.	
Project Objectives: Aim 1		
<ul style="list-style-type: none"> • Consult with stakeholders including service providers, service users and the general public • Evaluate commissioned services including health need, activity against Key Performance Indicators (KPIs), 		

- outcomes, current service assets, service quality, client satisfaction, analysis of past activity trends
- Evaluate commissioned services against external peer provision across the East Midlands – complete a benchmarking exercise
- Assess service delivery and performance specific to at risk groups and targeted provision
- Assess value for money and efficiency of service provision

Project Objectives: Aim 2

- Review the evidence base
- Collate learning from models of good practice (as regarded nationally) and their costs
- Make recommendations for future commissioning based on the review information gathered through the achievement of aims 1 and 2

Review scope - IN	Review scope - OUT
<ul style="list-style-type: none"> • Sexual health services commissioned across Derbyshire County by Derbyshire County Council Public Health • Sexual health services commissioned by Tameside Metropolitan Borough Council for residents of Glossopdale • Cost analysis of services and including <ul style="list-style-type: none"> ○ Cross border costs ○ Assessment of efficiency of different models of contract payment • Analysis of the impact of the Review on sexual health provision commissioned by external commissioning organisations <i>and vice versa</i> eg. HIV treatment and care commissioned by NHS England, children and young people’s services 	<ul style="list-style-type: none"> • Other services such as sex and relationship education or universal sexual health promotion/information giving services • Sexual Health services not commissioned by Derbyshire County Council i.e. those commissioned by CCGs and NHS England – although consideration to potential impact and vice versa for Derbyshire people will be in scope

Stakeholders

Commissioners	Stakeholders	Collaborators
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Derbyshire County Council North Derbyshire Clinical Commissioning Group South Derbyshire Clinical Commissioning Group Erewash Clinical Commissioning Group Hardwick Clinical Commissioning Group Tameside and Glossop Clinical Commissioning Group Tameside and Glossop Metropolitan Borough Council	Service users General public People identified/ representative of high risk groups Clinicians Existing and potential new service providers	Derby City Council Cross border organisations where we are an associate commissioner Clinical Commissioning Groups NHS England Organisations with an association to sexual health improvement eg. Children and young people's departments, substance misuse services, community safety
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Commissioned services under Review

Service	Brief description
Contraception and Sexual Health services (C&SH)	Comprehensive community-based open access Contraception and Sexual Health service working at level 3 for contraception and level 2 for sexually transmitted infection working along the care pathway in order to improve the sexual health and well-being of the population by protecting against unplanned pregnancies and STIs. (Sexual health aspects of psychosexual services) The service targets groups most at risk of poor sexual health outcomes, including men who have sex with men (MSM), sex workers, people who inject drugs, people engaging in sexual activity with those who are from high prevalence HIV areas and young people, particularly vulnerable young people.
Derbyshire Chlamydia Screening office (CSO)	Co-ordination of the National Chlamydia Screening Programme (NCSP) open to under 25yr olds. This includes multiple activity in line with NCSP core requirements, guidance and best practice standards including delivery of

	<ul style="list-style-type: none"> • training of associated providers to deliver screening eg. Primary care, GUM, pharmacy • marketing and campaigns • targeted testing with high risk groups • commissioning and management of programme IT system • management of result notification to individuals, partner notification and treatment • monitoring and reporting against local KPIs and national (PHO) • a quality service in line with eg. within specified timeframe
Laboratory: chlamydia testing	<p>The service provides a CPA accredited, laboratory diagnostic service for the Chlamydia screening programme for under 25 year olds in line with NCSP core requirements and relevant current guidelines and best practice standards. This includes:</p> <ul style="list-style-type: none"> • Laboratory testing for Chlamydia • Supply and delivery of specimen containers to the Derbyshire Chlamydia Screening Office (CSO) • Sample collection mechanisms • Data entry and management in line with Chlamydia Testing Activity Dataset (CTAD) requirements including timely electronic data transfer to the Derbyshire CSO and Public Health England (PHE)
Derbyshire Sexual Health Promotion (DSHPS)	<p>Services for young people: primarily aimed at those aged between 16–24, in a variety of settings</p> <p>Targeted services for vulnerable young people: with a specific focus on the 13–19 age group offering sexual health and relationships education, drop-in sessions, condoms and C-Card, pregnancy testing, chlamydia screening and specialist advice and referral.</p> <p>Services for gay and bisexual men and men who have sex with men:</p>

	<p>Support service for lesbian, gay, bisexual and transgender people across Derbyshire.</p> <p>HIV prevention and sexual health promotion for people living with HIV: one to one support; provision of advice information and resources; effective signposting.</p> <p>C-Card: Community-based condom distribution scheme, providing confidential access to free condoms, lube and dams, as well as sexual health advice and support to young people aged 13–19. The C-Card service extends to Derby City.</p>
Genitourinary Medicine (GUM)	<p>GUM are commissioned to offer an open access sexual health service including level 3 sexual health and STI service and elements of level 2 contraception provision:</p> <ul style="list-style-type: none"> • Sexual history taking and full sexual health screens • Symptomatic and asymptomatic STI testing and treatment • Texting service for negative results / text reminders for appointments • Partner notification • Treatment, advice and support for the management of infections • HIV testing, including same-day testing for high risk or distressed clients • Referral / signposting to other services e.g. contraception services, abortion services, domestic abuse advisers, socio-economic support-type agencies e.g. Welfare Rights support, counselling care, advocacy services
Long Acting Reversible Contraception (LARC)	<p>Local Enhanced Service (LES) through general practice to deliver LARC:</p> <ul style="list-style-type: none"> ○ contraceptive implant insertion, removal and replacement and ongoing management (LARC) ○ intra-uterine device (IUCD)/ System (IUS) fittings and ongoing monitoring

Emergency Hormonal Contraception (EHC)	Local Enhanced Service (LES) through pharmacy: delivery of Emergency Hormonal Contraception (EHC)
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Timeline

Review Milestones	Consult and gather data*	Write DRAFT Review report	Consult on Draft	Final Report circulate through internal process	Report to DCC Cabinet	Continued consultation finalising new service design
Target completion date:	<i>February 10th 2014</i>			<i>February 12th – March 4th 2014</i>	<i>March 25th 2014</i>	<i>May 30th 2014</i>

*Information and data from the Derbyshire and Derby Sexual Health Needs Assessment (March 2013) is a key element in this Review

Long Term Benefits of Review

- effective services that meet client need, placing the client at the centre and delivering to the highest quality standard
- effective services that reduce inequalities through ensuring fair access to individuals at risk of poorer sexual health outcomes
- effective services that offer good value for money and savings to the public purse through improved sexual health
- effective services underpinned by national policy, clinical guidelines and a robust evidence base
- prevention of poor sexual health outcomes such as STIs, unintended pregnancy and associated health impact
- promotion of good sexual health and associated physical and mental health outcomes

Additional Information

This Summary Review outline will be disseminated as part of the Derbyshire Sexual Health Communications Strategy to inform existing service providers, associated stakeholders with an interest in Sexual Health.

The outcomes of the review will be subject to an equalities impact assessment.

