

DERBYSHIRE COUNTY COUNCIL

MEETING WITH CABINET MEMBER, HEALTH AND COMMUNITIES

26 May 2015

Report of the Director of Public Health

PUBLIC HEALTH LOCALITY PROGRAMME

1. Purpose of the report:

To update the Cabinet Member, Health and Communities on the progress of the Public Health Locality Programme.

2. Information and analysis:

Locality Public Health teams have worked with Local Area Committees and local partners to develop, implement and monitor Locality Plans for the 8 district based localities. The plans direct investment that has been allocated to each locality, as approved by Cabinet on 2 June 2014. A range of achievements from each locality have been highlighted for the period August 2014 to February 2015:

Amber Valley

- **vSPA** – developed a referral pathway from health to voluntary sector services to support and maintain independence amongst older and vulnerable people, and people with long term conditions. The aim is to provide a single access point for referrals from local health professionals and multi-agency teams into a wide range of voluntary sector services. So far, there have been 19 referrals to the service from GPs, Care Coordinators and the clinical SPA; support given to 2 people aged 46-55 and 17 people aged 65+. Outcomes for clients have included: reduced social isolation and loneliness; support to maintain independent living and supported hospital discharge.
- **Health Wealth and Wellbeing project** - Local partners working together to increase access to advice services in targeted communities. The poorest communities in Amber Valley with the lowest access to advice services are identified for support, which includes mobile bus and flexible outreach taking advice to street/neighbourhood level. The first phase commenced in April bringing CAB advice on housing, benefits, employment and health services directly to those in most need.
- **Befriending model** - a model is being developed based on the approach used by the Strictly No Falling programme. This will establish befriending groups for isolated older people in areas of high demand and low provision. Initial mapping has been completed

which has led to the creation of **50 Not Out** directory, detailing social groups in the area, this is updated online with a printed version also being made available. 2 new community cafés (T Mates) have been set up in Marehay and Ironville, these hold weekly sessions. In Marehay 101 attendances have been recorded in the first 4 weeks of operation. The Ironville café opens officially on the 6th May.

Bolsover

- **‘Young Carers Chill out event’** – 23 young carers aged 7 to 17 years given respite from their caring responsibilities; provided a range of activities including physical activity and pamper sessions. In addition the event was used to conduct 1:1 interviews with the young carers gathering data about their support needs. Evaluation report will be available and opportunity to feed findings into Council consultation on support services for all carers. Further events planned involving a partnership of Public Health, Action for Children, Health Watch, Extreme Wheels, South Normanton Action partnership (SNAP) & Shirebrook Town Council.
- **Community/Workplace health check programme** – community based programme set up to improve uptake of NHS Health Checks in targeted communities and groups. Delivered by Derbyshire Community Health Services (DCHS) in partnership with local GP Practices, Public Health and Hardwick/North Derbyshire Clinical Commissioning Groups (CCGs). A series of community based events target local communities in shopping centres and community venues. Plans are also in place to use district council workplace health programme to increase access to Health Checks amongst employees.
- **Namibia 2014 Expedition: Extended Raising Aspirations Project** – partnership initiative involving the Council, Bolsover District Council Hardwick CCG and the British Exploration Society which supported 25 young people to complete an expedition to Namibia aimed at increasing their self-esteem and aspirations. All 25 participants have received their post 16 offer for September 2015; 12 are receiving mentoring as part of a local Business mentoring scheme, 10 have expressed an interest in being mentors for students recruited for Namibia 2016 which is currently being planned. Full evaluation report detailing impact on the young people is available on request.

Chesterfield

- **Small Grants scheme** (joint with North East locality) co-ordinated locally by North Derbyshire Voluntary Action (NDVA) to fund small localised health improvement projects. These are linked to the priorities in locality plans for reducing health inequalities across the districts of Chesterfield and North East Derbyshire. 1st round of applications October – November 2014. 14 applications received, 5

approved, one example, Chesterfield Timebank secured a grant to set up a telephone befriending service (circle of time) in order to address identified gaps in local befriending services.

- **Health, Wealth and Well-being** – Local partners working together to increase access to advice services in targeted communities. The poorest communities in Chesterfield with the lowest access to advice services are being identified for support. It brings CAB and advice on housing, benefits, employment and health services directly to those in most need. In Barrow Hill 27 households came forward for help and advice on a range of different issues. Subsequently, a further 30 residents attended a drop in session run by Eamonn Byrne Landscape Architecture to ask residents how they wanted to spend £1.2 million to improve the estate.
- **Winter Warmth packs** – designed to support older and vulnerable people during winter months; address winter fuel poverty and preventing falls. 350 packs distributed, as well as a range of equipment to help people keep warm and well. Project review and evaluation planned for April 2015

Derbyshire Dales

- **Older People signposting and support (North Derbyshire Dales)** the project identifies and refers people to appropriate support services, in every case the person has been linked with at least one service. 34 referrals received from primary care, Community Mental Health Trust and Adult Social Care. Referrals are predominantly older people, average age 77. Reasons for referral include mobility issues, sensory impairment and social isolation. A small number have serious mental health problems, and a number of the referrals have complex needs beyond the presenting problem so the work is also identifying gaps in service provision.
- **Community Support Referral Project (South Derbyshire Dales)** – commenced September 2014 aimed at supporting older people with access to services. New systems and protocols being put in place. 11 referrals dealt with Derbyshire Dales residents, covering a range of issues including; social activities, support with household tasks/shopping, transport. Events are being held locally to promote the service.

Erewash

- **Targeted Befriending** – Erewash CVS and Community Concern Erewash have been supported to set up activities to bring together people who are/feel isolated. Sessions are held at the Flamsteed Centre, Ilkeston and the CVS based in Long Eaton. Activities include chair based exercises and quizzes. Participants are people who would not normally attend groups, therefore forming friendships and exchanging phone numbers are positive outcomes. Sessions

started in January 2105 and so far 40 people are registered with an average of 12 people attending each session.

- **IPad Health Zones** - Three iPads installed in community settings across Cotmanhay (Community Concern Erewash, Cotmanhay Adult Education Centre and Cotmanhay Children's Centre). The aim is to provide a community resource point to increase access to health information and provide support on navigating a range of health and wellbeing websites. Web support includes various advice services for housing, jobs, training and education,. The resources were officially opened in March by Cllr Birkin.
- **Wealth, Health & Wellbeing** - local partners working together to increase access to advice services in targeted communities. The poorest communities in Erewash with the lowest access to advice services are identified for support, which includes mobile bus and flexible outreach approach taking advice to street/neighbourhood level. It brings CAB and advice on housing, benefits, employment and health services directly to those in most need. First two sessions have been delivered in Kirk Hallam and Borrowash. The Kirk Hallam session generated income/benefits of £37,817, and the Borrowash session generated income/benefits of £34,456 and uncovered debt with a value of £20,754. Early analysis of the return on investment shows that for every £1 spent delivering this project there is an improved financial outcome of between £12-18 for local residents.

High Peak

- **Wealth, Health and Wellbeing** – a multi-agency partnership approach to target the poorest communities in High Peak where there is a high proportion of rent arrears. It is a three-stage intervention, using leaflets offering five services: the CAB, credit union, affordable warmth, children's centre, employment/training and health advice., In Gamesley and Fairfield 1889 houses leafleted; 728 households engaged of which 253 received at least one service. To date £282,000 of debt has been uncovered and managed and £152,000 additional income has been secured for these households.
- **Young People's Homelessness Prevention** – supporting the provision of night time staffing in accommodation for homeless young people aged 18-24 ensuring safe and secure environment. At the point of referral the young people are homeless/no fixed abode, often lack experience of living independently and present with complex support needs. Accommodation at Salisbury House and Peveril Road has provided an additional 10 young people with a supported accommodation package; average length of stay between 6-9 months.
- **Assessment of Glossop's Assets and Needs** – to undertake a needs assessment in the Glossop area looking at local health needs, priorities and community assets in the local area. Full report and summary produced and available on request. Based on the

report an action plan is being developed and will be taken forward through the Peak District Partnership Health and Wellbeing Sub-Group.

North East Derbyshire

- **Credit Union Junior Savings Scheme (JSS)** – encourages saving and budget management to promote financial inclusion amongst young people and their parents. 5 schools (4 primary/1 secondary) have signed up to JSS. 3 schools are operational and the others are due to start soon. In the 3 schools up and running, 85 new savers have joined, in addition 41 more savers have been attracted into current schools' schemes, yielding 126 more young savers in local schools.
- **Micro Time Bank (North East)** – development of a project to encourage people to share their skills and time within their local community, this builds community capital and resources. Worker appointed August 2014 and community engagement work has been progressed in Holmewood & Heath, North Wingfield Central and Grassmoor through a series of local events.
- **Small Grants Scheme**– co-ordinated locally by NDVA to fund small localised health improvement projects. These are linked to the priorities in locality plans for reducing health inequalities across the districts of Chesterfield and North East Derbyshire. 1st round of applications October – November 2014. 14 applications received, 5 approved, one example, Fairplay secured a grant to set up an activity based intergenerational project, bringing together children and young people with learning disabilities with local isolated older people. The next round of grants is underway.

South Derbyshire

- **Expansion of Newhall Job Club** - Newhall job club extended into other targeted neighbourhoods (Swadlincote and Church Gresley). The service provides direct support to individuals wanting to re-enter employment. Additional provision commenced August 2014: 64 x 2 hourly sessions delivered; 313 attendances by participants; 77 CVs developed and 18 people secured employment. Other monitoring information gathered from the beneficiaries identifies increased confidence, self-esteem, improved IT skills and interview preparedness.
- **Your Choice events** – designed to support young people's current and future lifestyle choices with the aim of the improving physical and mental wellbeing. 3 'Your Choice' events delivered in schools in the Swadlincote area 474 young people participated.
- **Swadlincote Junior Parkrun** – weekly parkrun established to encourage vulnerable families with children to participate in physical activity. Commenced August 2014: 30 sessions delivered; 1584 participant runs recorded, 127 volunteers contributed 616

volunteering roles and a minimum of 16 volunteers attend each session. 8 run directors trained in safeguarding and parkrun procedures. Event co-ordinator has attended assemblies at local schools to promote the events, Swad Times have started to include a weekly race report.

The above information represents just a selection of projects and interventions that have been delivered through the locality plans. Detailed monitoring reports for each area are available and will be presented to the appropriate Local Area Committee during May and June 2015.

3. Other considerations:

In preparing this report the relevance of the following factors has been considered: financial, legal, prevention of crime and disorder, equality of opportunity, human resources, environmental, health, and property and transport considerations.

4. Background papers:

Cabinet Report – Locality Programme 02 June 2014
Cabinet Report – Locality Programme 11 December 2013
Monitoring Reports for Locality Public Health Plans (August 2014 – February 2015). Available from Mandy Chambers, Public Health

5. Key Decision:

No

6. Call-in:

Is it required that call-in be waived for any decision on this report?
No

7. Officer's recommendation:

That the Cabinet Member, Health and Communities receives the report and notes the progress that has been made across the county to improve the health and wellbeing of local people and to tackle health inequalities.

Elaine Michel
Director of Public Health