

MINUTES of a meeting of the **CABINET MEMBER FOR HEALTH AND COMMUNITIES** held on 8 March 2018 at County Hall, Matlock

PRESENT

Councillor C Hart – Cabinet Member

Also in Attendance – Councillor J Boulton

9/18 **MINUTES RESOLVED** that the minutes of the meeting of the Cabinet Member for Health and Communities held on 25 January 2018 be confirmed as a correct record and signed by the Cabinet Member.

10/18 **BUDGET MONITORING MONTH 9 2017-18** The 2017-18 controllable net budget for the Health and Communities portfolio was approximately £3.631m. The latest budget monitoring was projecting an underspend for Public Health of £0.724m, with the remainder of the portfolio showing a forecasted underspend of £0.106m, resulting in a total projected underspend of £0.830m for the portfolio. The key variances were highlighted.

A savings target of £0.281m had been allocated for 2017-18, of which £0.212m would be achieved. Earmarked Reserves relating to the portfolio, totaling £6.964m, were currently held to support future expenditure. Future use of the Public Health Reserve was highlighted.

RESOLVED to note the reported position on the 2017-18 Revenue Budget.

11/18 **5 WAYS TO WELLBEING GRANTS** Recent years had seen an increased emphasis given to mental wellbeing, to encourage the promotion and protection of better mental health across whole populations. Improving mental wellbeing through mental health promotion was a necessary part of preventing mental health problems. The importance of mental wellbeing was reflected in the first objective of the Government's 2011 mental health strategy '*No health without mental health*', which focused on improving wellbeing and good mental health, linked directly to the Government introducing a process to measure national and local wellbeing. Promoting good mental health was included in the vision of '*The Five Year Forward View for Mental Health*' for local communities.

The '5 Ways to Wellbeing' was a highly regarded and recommended set of evidence-based public mental health messages, aimed at improving the mental health and wellbeing of the population. These were Connect, Be Active, Take Notice, Keep Learning and Give and were applicable across the whole life-course and could be incorporated into everyday life by all. These could be used to both improve individual wellbeing and to provide a framework for strategic planning and service design.

In 2016, as part of the Public Health mental health agenda, an approach was piloted through Public Health Locality Programme to enable locality Health and Wellbeing Partnerships to promote the 5 Ways to Wellbeing and to receive a small grants fund to support delivery. The localities had approached this in different ways and the small grants fund had been administered by a local voluntary organisation. This approach had really empowered the local delivery, allowing the consistent core messages and branding to be delivered with local autonomy and ownership.

As part of Joined-Up Care Derbyshire's Prevention workstream, Community Wellness Hubs reflecting District and Borough Council boundaries, would provide a structure to enable localised delivery of the Public Health mental health offer. A pathway of support was in development to ensure a full approach to positive mental wellbeing, anti-stigma, assessment of need, early identification of mental ill health, training for the wider workforce and an appropriate local offer of support was in place through each of the Community Wellness Hubs. This tied in directly with Derbyshire's Mental Health Prevention Framework, which was due to be launched in Spring 2018. This in turn completed alignment with the Joined-Up Care Derbyshire Mental Health workstream.

To reinforce the principle of positive mental wellbeing and to enable wider access, it was proposed that each of the 8 Community Wellness Hubs was allocated funding to deliver a small grants fund that local voluntary organisations could bid into to deliver against one or more of the 5 Ways to Wellbeing. Each scheme would be administered in accordance with the existing model used by Locality Health and Wellbeing Partnerships and, in most cases, the CVS or another local voluntary infrastructure organisation would receive the funding and administer each scheme.

RESOLVED to approve the award of grant funding, to the value of £160,000, to support the delivery of the 5 Ways to Wellbeing through each of the 8 Community Wellness Hubs. Local voluntary sector infrastructure organisations would administer a value of £10,000 per Hub area, per annum for 2 years.

12/18 HENRY (HEALTH, EXERCISE, NUTRITION FOR THE REALLY YOUNG) HENRY, an evidence based intervention to tackle child obesity and delivered by Children's Services via a grant payment arrangement which was due to end in March 2018. The approach focused on 0-5 years, empowering parents and carers to provide a healthy start for babies and young children, adopting a holistic approach which brought together key factors, focusing on Parenting, Family lifestyle habits, Nutrition, Activity and Emotional well-being.

The influence of the family at home was considered one of the most significant in the development of childhood obesity, (Strauss & Knight, 1999). The HENRY programme was part of Derbyshire's life course approach to

tackling obesity and had the strongest evidence base currently available in the UK for any early intervention programme to prevent child obesity (HENRY 2016). There were two components to the intervention in Derbyshire:

a) HENRY Health & Early Years Practitioner Training: Core training to deliver the HENRY Group Programme for Parents and E-learning for frontline staff to increase practitioner confidence to tackle complex and sensitive lifestyle issues with parents and carers. HENRY Workforce training would equip health and early years practitioners with the skills, knowledge and confidence to tackle sensitive lifestyle issues and make the most of every contact with families, including targeted 1-1 support for families of children at risk of obesity or already overweight and parent-led peer support schemes to promote a healthy family lifestyle in local communities.

b) HENRY Group Programme for Parents: Minimum 8 x 8-week programme for parents and carers with delivery across six locality areas: Amber Valley, Bolsover and North East, Chesterfield, Erewash, High Peak and Dales, South Derbyshire and South Dales. The aim would be to maximise engagement with and make a difference to families of young children at risk of obesity and being overweight through the provision of trained health and early years practitioners in the HENRY approach.

The HENRY Group Programme for Parents was promoted through and primarily based in Children's Centres with particular focus on disadvantaged communities where obesity was more prevalent and opportunities for healthy eating and activity could be less accessible. Working with the most vulnerable families HENRY would reach those who were more likely to suffer from health inequalities. Discussions had taken place to link HENRY with the Healthy School Communities targeted schools linking with Reception Year (4-5 years).

Evidence indicated that obesity and being overweight had significant implications for health, social care and the economy. There was a general trend of rising obesity prevalence with decreasing levels of educational attainment. Being obese or overweight increased the risk of developing a range of serious diseases including diabetes, heart disease and some cancers. The impact of obesity on the health of adults had long been established, but rising levels of childhood obesity had consequences for the health of children in both the short and the longer term. These factors combined to make the prevention of obesity a major public health challenge (PHE 2013).

RESOLVED to approve the proposed award of grant payment of £49,200 (£44,200 allocated for service delivery and non-recurrent funding of £5,000 to support the purchase of relevant materials and resources) to continue the delivery of the HENRY programme for the financial year from 1 April 2018 to 31 March 2019.

13/18 PERINATAL MENTAL HEALTH SERVICE Cabinet approved a programme of non-recurrent investment in prevention interventions in 2016-17 and 2017-18, to support the priorities within the Derbyshire Health and Wellbeing Strategy. The commissioning arrangement for each intervention was also agreed. In March 2017, Cabinet approved an amendment to the funding mechanism in order to provide grant funding directly to Family Action; a perinatal mental health service which was available throughout Derbyshire as an early intervention, low intensity service for those with low to moderate mental health issues. This was delivered through peer support to families by volunteers, additional family support, and therapeutic group interventions.

Family Action worked closely with and accepted referrals from health professionals in order to support mothers with poor perinatal mental health and improve the life chances of infants and their parents. Interventions focused on supporting parents and promoting a secure attachment between parent/care-giver and infant before the baby was born and/or in the early weeks afterwards. Family Action engaged with families in their local communities, in their own homes and/ or within venues they currently access, making the service easily accessible and reported against four outcomes:

1. Parents supported by the project would demonstrate improved mental health, confidence and self-esteem, enabling them to fulfil their potential as parents;
2. Parents supported by the project would demonstrate improved attachment with their children, improving their children's life chances, well-being and safety;
3. Women supported by the project would feel less isolated and better supported through sharing their experiences and through accessing local provision; and
4. Volunteers would show improved confidence, self-esteem and well-being.

As recipients of the grant, Family Action would not be contractually obliged to deliver the services, however the Council would seek to claw back the grant in appropriate circumstances were there to be significant non-performance. Public Health were seeking to develop a partnership approach with the Provider and the National Parent Infant Partnership (PIP) initiative which had the potential to increase the overall investment. Extension of the grant would enable continuity of the service while the development of a Derbyshire PIP was explored. This would then inform decisions on longer term procurement of the service in line with Financial Regulations

RESOLVED to approve the proposed award of grant payments of £0.110m to Family Action as set out in the report to continue the delivery of the perinatal mental health support service for one year from 1 June 2018 to 31 May 2019.

14/18 WORKPLACE SHIFT - PHYSICAL ACTIVITY PILOTS WITH STAFF FROM CHESTERFIELD ROYAL HOSPITAL (CRH) AND DERBYSHIRE COUNTY COUNCIL (DCC) ADULT CARE

A recent staff health needs assessment had identified high levels of dissatisfaction with both physical and mental health among staff at CRH. It was known that increasing levels of physical activity was associated with both improved physical and mental health. Whilst no formal survey of levels of physical activity among staff had been undertaken, there was undoubtedly a range of levels of physical activity among staff and there was no reason to believe that they were significantly different to the general population.

Recent initiatives to promote physical activity had met with some success, although work schedules and other commitments made participation impossible or impractical: moreover, such initiatives were known to attract people who were already physically active. CRH were committed to a whole system approach to health and wellbeing and had a panel of staff who lead on this work on behalf of the hospital supported by the Derbyshire County Council Healthy Workplaces Programme.

Engaging staff in lifestyle change would be critical to creating a culture shift across the workforce, which it was hoped would in turn improve staff wellbeing, reduce absenteeism and be active role models for people using CRH services. It was proposed that a one year pilot was undertaken to test different approaches to increasing levels of physical activity in the workplace, linked to the existing broader Healthy Workplaces Programme also supported delivery of elements of the Sustainability and Transformation Plan Prevention work stream.

An end of pilot evaluation would be produced by Nottingham Trent University as part of this funding and it was proposed to include the influence a workplace approach had on physical activity levels of its employees. Could physical activity levels of employees be improved if the workplace promoted and supported its staff to be more physically active? To support this element of the evaluation it was proposed to include £5000 from the Public Health research fund which would be matched by CRH.

Staff within Adult Social Care at DCC often work unsociable shift patterns and had found it difficult to access regular session based exercise classes, or even prioritise their own health and wellbeing whilst caring for others. The use of personalised technology to monitor physical activity levels had become increasingly popular. Working with Cambridge based partner ActivInsights, CST had the opportunity to try out the use of a wrist-worn physical activity monitor to facilitate an increase in physical activity in relatively inactive staff, when used in conjunction with coaching input. It was proposed that a one year pilot was undertaken to test an approach which used intensive one-to-one support to help inactive staff enjoy regular exercise as part of their daily lives. It was proposed that CST would facilitate Health MOTs, participants would be

encouraged to join local activity sessions appropriate to their shift pattern, fitness levels and interests and an evaluation would be completed to ascertain if support provided in the workplace could help staff to increase their activity levels and improve their wellbeing.

The funding would enable this organisation, and others via the research, to be more effective in providing services to promote activity across Derbyshire. CST would encourage activity and would not be competing with other profit making organisations in the County. It was more likely that the success of encouraging more activity would result in greater participation at a number of sporting and community based venues in Derbyshire.

RESOLVED to approve the award of the grants of £45,000 to the CST for the provision of the pilot projects to commence in April 2018. There would be a further up-date report after the first 24 weeks of the project.

15/18 SUPPORTING RECOVERY FROM SUBSTANCE MISUSE

Derbyshire residents in receipt of drug and alcohol treatment were more likely to recover from addiction if they could access supportive arrangements, alongside treatment, which encouraged and improved employability, settled accommodation, strong relationships, self-esteem, purposeful activities and healthy diet/nutrition. Recovery grants had been developed over the last seven years to provide opportunities to improve recovery capital that reached across Derbyshire and had now become a formal annual small grants scheme. The proposed additional projects would add further value to the recovery community in Derbyshire.

In 2013, a section 256 agreement was brokered between Derbyshire Primary Care Trust and Derbyshire County Council in order to carry forward an historic underspend on treatment services accumulated since 2010-11. Prioritisation was given to investment in peer-led recovery services in Derbyshire; localism and supporting the voluntary sector; outcomes which added value to mainstream treatment service provision; and identifying areas of currently unmet need and/or inequality in provision or access, including supported housing. In 2017, funding which had previously been awarded from a national capital spend programme was returned to the Authority due to the early cessation of a local supported housing project for substance misusers in recovery. The proposed grants closely align with the aims and purposes of both of these funds.

Church on the Bus Art project - the recovery small grants scheme had supported a number of projects over the past three years but we had struggled to attract suitable bids from local organisations located in Derbyshire Dales. The proposed project would offer art classes to residents of Matlock as well as Chesterfield, offering much needed recovery opportunities to Dales residents. A similar art project had been highly successful in Erewash, and this project had a history of delivering strong outcomes for a variety of excluded, stigmatised

and vulnerable individuals. There was evidence that activities based around art can be therapeutic, delivering both social inclusivity and individual benefits, and can lead to purposeful use of time, thus reducing the risk of relapse into substance misuse.

Recovery Housing - delivering a healthy local recovery community was a long-held ambition for Derbyshire but it had been difficult to replicate the successes of other areas due to the large geography of the county and the lack of a local residential rehabilitation unit supplying graduates who resettle locally. However, Derbyshire had a need for abstinence-based supportive housing which assists individuals in community treatment services to achieve and sustain long-term recovery.

Phoenix Futures had jointly delivered substance misuse treatment services for adults in Derbyshire for a number of years. Recognising unmet local need, they had allocated their own funds to purchase and staff recovery houses across the county, commencing with Ilkeston which had a strong number of assets to recommend it as the first location. However, additional one-off capital funding would be required to expand on the ambition of providing solely housing, to include a workshop and/or social enterprise opportunity for residents to achieve sustainable training and employment alongside their housing provision. Successful recovery housing would add significant value to the treatment and recovery services in Derbyshire. It would complement the services already being commissioned by providing a key element of recovery capital, with suitable and safe housing being one of the major wider determinants of health.

RESOLVED to approve (1) £15,000 as a grant from section 256 funds to allow Church on the Bus to run an art group and (2) £0.100m as a grant to support the development of abstinence-based recovery housing.

16/18 HELPLINE SERVICE FOR VULNERABLE VICTIMS OF HATE CRIME Recommendation 16 of the Stephen Lawrence Inquiry, which was accepted by Government, stated that all possible steps should be taken by Police Services at local level in consultation with Local Government and other agencies and local communities to encourage the reporting of racist incidents and crimes. This should include the ability to report at locations other than police stations and the ability to report 24 hours a day.

To fulfil this recommendation and to address the under-reporting of this type of crime, a 24-hour third party helpline/reporting line was established in Derbyshire in October 2008. Facilitated by Leeds-based charity Stop Hate UK, it was historically funded by Derbyshire Constabulary, Derbyshire County Council and Derby City Council. The contract with Stop Hate UK was held by Derbyshire Constabulary with financial contributions from Derbyshire County Council and Derby City Council.

Derbyshire County Council had undertaken a significant amount of awareness raising and promotion of the service, and the helpline number was included on a range of promotional materials. Take up of the service had increased year on year since its launch. The average numbers of callers per quarter had increased over the years with 21 contacts made in Quarter Three in 2017-18, making a rolling 12 month total of 137 contacts.

Stop Hate UK provides a variety of ways to access the service and these include, by phone, text, British Sign Language (BSL) (using Interpret Now), post or online to access support, and get information. The total cost of the service per annum was £16,000, made up by the following contributions: Derbyshire County Council £7,000, Derbyshire Constabulary £5,000 and Derby's City Council £4,000. Following an evaluation of the Step Up, Beat Hate publicity campaign and raising awareness of the services offered by Stop Hate UK, partners had agreed to continue to fund this service for another 12 months. A funding contribution of £7,000 was requested to continue to support this service until the end of March 2019.

RESOLVED to approve a contribution of £7,000 from the Community Safety Budget to continue supporting the third party reporting and helpline service for victims of Hate Crime.

17/18 PROTECTING VULNERABLE PEOPLE IN DERBYSHIRE FROM SCAM MAIL COMMUNICATIONS Derbyshire Trading Standards Service (DTSS) had supported local vulnerable people who were at risk from the activities of rogue traders and in particular those that promulgate scam mail. Although a potential breach of the Consumer Protection from Unfair Trading Regulations 2008 (CPR), the persons responsible for sending scam mail were usually based abroad and it was very difficult for individual local authorities to bring the perpetrators to Court. For many years, DTSS had sought to raise awareness about the potential harmful effects of scam mail to local residents.

A relatively recent development had been an agreement between the Metropolitan Police, the Royal Mail and the National Trading Standards Scams Team (NTSST) to intercept mail from UK residents thought to be in response to an approach from the fraudsters. The fraudsters typically use UK 'Post Office Box' Addresses; any monies or card authorisations being sent by a UK resident in response to one of these scammers would be collated by NTSST and then forwarded, by written agreement, to the relevant local authority trading standards service. This would enable the Local Authority to arrange for the return of the mail to the local resident and to arrange for a meeting to explain that the correspondence was likely to be misleading.

As well as CPR legislation, local authorities had a duty to enforce the provisions of the Care Act 2014. This required the local authority to consider whether local people might be victims of abuse – including financial abuse –

and included theft, fraud and internet scamming; and to ensure that local services worked together to facilitate appropriate support.

DTTS had worked closely with Adult Care and other partners to consider the needs of local residents who may be victims of mail fraud. Awareness raising events including an annual 'Scamnesty' event with Corporate Communications Team and Derbyshire Library Service had been held, DTTS entered into an agreement to receive and respond to referrals from the National Trading Standards Scams Team. In April 2015 the Division entered into a partnership with North East Derbyshire CAB to set up Derbyshire Scam Watch (DSW) to both raise awareness amongst Derbyshire residents and stakeholders and to conduct visits to local residents.

The DSW partnership was supported by a £25,000 grant from the Office of the Police and Crime Commissioner (OPCC). This was used to pay for a part-time coordinator hosted by North East Derbyshire CAB to recruit and help train volunteers to carry out home visits.

Last year Derbyshire County Council were approached by Outreach Solutions Ltd (OSL) from Glossop, Derbyshire seeking to enhance the support for local victims of scams. OSL are owned by three charities; Age UK, Volunteering Matters and a private company the CEL Group. They had since broadened their focus to include raising awareness and supporting victims of scams and had run programmes in a number of other local authority areas including Nottinghamshire and Leicestershire.

OSL had raised funds from the private sector and were seeking match-funding of £25,000 to support the Derbyshire Scam Watch initiative. The report went on to highlight in depth the range of programme and project events. It was understood that OSL could enhance the existing DSW programme by increasing voluntary sector engagement, comprehensive training for volunteers, improved project planning and reporting. The communications team would work closely with OSL to disseminate a wider message regarding the initiative to all residents and employees through the Derbyshire Now residents' magazine, residents' e-newsletters, staff and partner communications, the media and social media. There would be no additional direct cost for this publicity.

RESOLVED to approve entering into an agreement with Outreach Solutions, including the payment of a one-off grant of £25,000, to support victims of scam mail communications and to raise awareness amongst the public at large, partner organisations and other agencies about the potential harm from scam communications as part of the Derbyshire Scam Watch initiative.

18/18 EXCLUSION OF THE PUBLIC RESOLVED to exclude the public from the meeting during the consideration of the remaining item on the agenda

to avoid the disclosure of the kind of information detailed in the following summary of proceedings:

SUMMARY OF PROCEEDINGS CONDUCTED AFTER THE PUBLIC HAD BEEN EXCLUDED FROM THE MEETING

19/18 EXEMPT MINUTES RESOLVED that the exempt minutes of the meeting of the Cabinet Member for Health and Communities held on 25 January 2018 be confirmed as a correct record and signed by the Cabinet Member.

Signed

Cabinet Member for Health & Communities

Date