

DERBYSHIRE COUNTY COUNCIL

MEETING WITH CABINET MEMBER, HEALTH AND COMMUNITIES

20 September 2016

Report of the Director of Public Health

LIVE LIFE BETTER DERBYSHIRE (LLBD): STOP SMOKING SERVICE

1. Purpose of the report:

To seek approval from the Cabinet Member, Health and Communities to approve the use of £65,000 from the underspend of the payment by results element of the Live Life Better Derbyshire Contract with Derbyshire Community Health Services, to support the provision of community stop smoking groups, enabling smokers to access the support required to quit smoking.

2. Information and analysis:

Smoking is the main cause of preventable illness, disability and premature death in England. In Derbyshire, it is a key issue with 17.9% of adults smoking compared to the England average of 16.9% and 15.1% of pregnant women smoking at time of delivery, compared to the England average of 11.4%. In Derbyshire, during 2014-15 there were 8562 smoking attributable hospital admissions and between 2012-14 the number of deaths estimated to be attributable to smoking were 3853.

Stop smoking services provide evidence-based support to smokers who want to quit smoking. It is the most effective method of quitting smoking, with smokers four times more likely to quit smoking with a service than if they tried to quit on their own. The current stop smoking service provided as part of the integrated lifestyle service; Live Life Better Derbyshire (LLBD), consists of behavioural support and access to stop smoking medicines such as nicotine replacement patches or gum. .

The LLBD service which commenced delivery on 1 December 2014 provides a single point of access to a range of lifestyle services including weight management, wellbeing and stop smoking support. The stop smoking service component of the service comprises of two elements:

- A specialist service which provides support to pregnant smokers and clients with more complex needs such as those with a mental health issue.

- A community service which was designed to be delivered in a variety of venues across the County of Derbyshire by an accredited provider market, ensuring accessibility to any smoker who wants support to quit smoking.

The potential capacity of the community stop smoking provision has not been realised, this has resulted in a number of areas across the County having limited availability to stop smoking support. The LLBD service contract is due to expire on 30 November 2017 and the procurement process for the new contract has begun. However, there is an urgent need to increase community provision of stop smoking support until the end of the current contract.

In order to achieve the increased levels of capacity required until the end of the contract, it is proposed monies within the underspend of the stop smoking support payment by results element of the contract, are used to provide the Provider (Derbyshire Community Health Services) with funds to employ two full time equivalent stop smoking advisors. These advisors would be required to deliver community stop smoking groups. The community stop smoking groups would be based on a hub model, with locations identified by those areas that currently have limited availability and areas of high deprivation/high smoking prevalence rates. In total 20 support groups would be delivered per week, in addition the advisors would also engage with local referrers to maximise the potential of the groups.

3. Financial considerations:

The total project cost is £65,000, the funds for this project will come from the existing underspend within the community stop smoking service payment by results element of the Live Life Better Derbyshire contract.

4. Social Value considerations:

This project will support healthier communities and reduce health inequalities' through supporting smokers to quit. Smoking is the leading cause of premature mortality nationally. Smoking accounts for half the difference in life expectancy between the most affluent and most deprived groups within society. Therefore reducing smoking prevalence can help to close the health inequality gap.

5. Legal considerations:

A variation shall be prepared in accordance with the provisions contained in the Live Life Better Derbyshire contract, to incorporate any changes required to the contract.

6. Other considerations:

In preparing this report the relevance of the following factors has been considered: prevention of crime and disorder, equality of opportunity, human resources, environmental, health, property and transport considerations.

7. Background papers:

5 April 2016, Cabinet paper Lifestyle Service Procurement

8. Key Decision:

No

9. Call-in:

Is it required that call-in be waived for any decision on this report? No

10. Officer's Recommendation:

That the Cabinet Member, Health and Communities approves the use of £65,000 from the underspend of the payment by results element of the Live Life Better Derbyshire Contract, to support the provision of community stop smoking groups, enabling smokers to access the support required to quit smoking.

Dean Wallace
Director of Public Health