

DERBYSHIRE COUNTY COUNCIL

MEETING WITH CABINET MEMBER, HEALTH AND COMMUNITIES

20 September 2016

Report of the Director of Public Health

DEVELOPING THE RECOVERY COMMUNITIES IN DERBYSHIRE

1. Purpose of the report:

To inform the Cabinet Member, Health and Communities of outcomes achieved by recipients of recovery grants awarded in 2015, and to seek approval for the award of further grants to a total value of £198,035, to further develop the recovery communities in Derbyshire for the period 2016-2017.

2. Information and analysis:

Derbyshire residents in receipt of drug and alcohol treatment are more likely to recover from addiction if they can access supportive arrangements, alongside treatment, which encourage and improve employability, settled accommodation, strong relationships, self-esteem, purposeful activities and healthy diet/nutrition. The recovery grant scheme has been developed over the last six years to provide well-delivered recovery opportunities that reach across Derbyshire and support treatment activities and mutual aid or peer support.

2.1 Recovery Grants 01 October 2015 – 30 September 2016

On 1 September 2015 the Cabinet Member for Health and Communities gave approval for the award of one year grants (2015/16) to a total value of £205,269 to organisations which provide supportive recovery services to Derbyshire residents who are in drug and alcohol treatment or discharged from services and in recovery.

The organisations which previously received grants through a competitive application process in 2015 were:

Organisation	Progress 2015-16
Nite Lite Christian Centre, Shirebrook	Nite Lite has become, in effect, a Recovery Centre providing a successful café for local residents experiencing substance misuse, homelessness, damaged relationships and worklessness. Service users are better

	prepared to make decisions after counselling, advice and practical support as the project works closely with the foodbank, a clothing store, a garden and the neighbouring Lighthouse accommodation project
Rhubarb Farm, Langwith	The project has seen an overall improvement in service users' physical health and fitness, mental and emotional wellbeing as measured by a Health and Wellbeing questionnaire. The project achieves regular attendance by the volunteers and it provides a reduction in substance dependence or maintained abstinence, a motivation to try/do new things - learning, new friendships, skills - increased confidence and improved relationships with family, partners, friends.
'Aspire-Right' Project Chesterfield FC Community Trust	This sports based project has improved the physical health and wellbeing of the participants during the period of attendance. There is evidence that the courses help achieve higher levels of physical and emotional health, confidence and smoking reduction as measured at the commencement, middle and end of the programme.
Natural Living Project, Beardwood Farm, Furness Vale	The project has achieved an observable change in the participants' behaviour during the period of attendance with outcomes on the number of participants commencing volunteer opportunities, training / employment, knowledge of healthy food and lifestyle choices, progress on a Wellbeing scale and progress towards self-actualisation
Horti-culture Project: Wash Arts, Erewash	The project has helped participants achieve a more positive lifestyle in which they take control of their journey towards recovery by attending a 'creative/artistic' element and a 'horticulture' element. Project members created a video for the Recovery Film Festival and a mural which will be exhibited in the Derby Art Gallery
RISE Project, Zink Employability, based in High Peak Foodbank, Buxton	The project has worked on the participants' behaviour and personal circumstances, leading to an improvement in physical and emotional health (using scaling questionnaires) and access to work experience and employment. Alongside, there has been improved financial capability and attendance at social activities for the more socially isolated people.

2.2 Recovery Grants 01 October 2016 – 30 September 2017

Under the 2016/17 grant scheme, the application process was repeated whereby small, local organisations were invited to secure a 12 month grant by completing an on-line application form (with a supportive guidance document) which identified the need for the provision of at least one 'recovery element' in order to achieve the specific health outcome: *an improvement in the physical and emotional health of the beneficiaries of the service and a, self-reported, personal sense of positive well-being.*

The recovery elements, based on research evidence, provide effective foundations for service users to build recovery from dependence and misuse. The recovery elements were specified as:

- education, training and employment (including volunteering)
- accommodation and independent living
- support networks, families, friends and kinship relationships
- financial capability and inclusion
- nutrition and diet
- leisure activities (including sports, physical activities and hobbies)
- maintaining abstinence and/or controlled behaviour
- self-actualisation or positive thinking and effective decision making

The application specified a cap on the income of the organisations eligible to apply (£750,000) and offered a maximum of £40,000 to each organisation. Applications were welcomed which demonstrated partnerships and collaborative working and focused on the five ways to well-being: being connected, being active, taking notice, learning and giving. Organisations were required to acknowledge diversity and suggest ways to encourage equity of access, opportunity and outcomes in specific localities or across the whole of Derbyshire. It was anticipated that applications would provide evidence of the identified gaps in service delivery and provide ways to fill them with suitable activities. Applicants were further asked to provide innovation in the applications and indicate service user involvement which gave added value to the clients' experience.

In total, sixteen applications were submitted within the deadline and considered by an Evaluation Team comprising the Senior Commissioning Manager and the Commissioning Team's Service User Engagement Officer using a pre-determined, objective scoring template.

Six organisations scored the highest marks against the scoring criteria although in certain cases we propose to fund only some elements to generate better value. Sufficient funding remained to enable consideration of the next two high scoring organisations for elements of funding against their applications.

It is therefore proposed to provide the grants detailed below to these eight organisations to deliver a broad spread of recovery services across Derbyshire, reaching into some of the more rural communities, and delivering more effective outcomes across a wider range of recovery elements.

	Name	Location	Recovery element(s)	Service Provided	Grant Amount
1.	Rhubarb Recovery: Rhubarb Farm	Langwith, Bolsover DC (covering BDC, CBC and NEDDC)	Employment, education training and volunteering, nutrition and diet, leisure activities, abstinence and self-actualisation.	Volunteering and training opportunities with qualifications in horticulture for clients who are residing in north Derbyshire, on the 8 acre farm site in Langwith, Bolsover DC	£28,287
2.	Aspire Right: Chesterfield Football Club Community Trust	Chesterfield, Chesterfield BC (covering CBC, NEDDC and BDC)	Sport, physical and leisure activities, diet and nutrition, maintaining abstinence, employment, training and volunteering.	A multi-sport offer via an 8 week programme of physical activities and related theory aiming to build confidence, and self-esteem, in order to create change in thinking towards health, wellbeing and habits.	£39,808
3.	Life Force, Natural Living, Beardwood Farm	Furness Vale, High Peak BC (covering HPBC)	Physical activities and leisure, self-actualisation, relationships, diet and nutrition, employment and volunteering	This project will provide 40 days of rural activities leading to an improvement in the participants' wellbeing through farming practices, sustainability, conservation and rural crafts.	£36,600
4.	Horti-Culture: Wash Arts	Ilkeston, Erewash BC (covering EBC and AVBC)	Physical and creative activities and leisure, relationships and self-actualisation	'Horti-Culture' project will work with people in recovery to deliver creative and horticultural opportunities providing support and enrichment to create positive changes in behaviour.	£27,000
5.	RISE: High Peak Foodbank and Gamesley	Buxton and Gamesley, High Peak BC (covering HPBC)	Education, training and employment (including volunteering), financial capability and inclusion, relationships, maintaining abstinence and self-actualisation	The RISE project will provide coaching to project participants in recovery from drug and alcohol dependence in order to improve physical and emotional health and access work experience and employment.	£25,000
6.	Growing Lives: Derventio Charitable Trust	Ilkeston, Erewash BC (covering EBC and AVBC)	Physical and leisure activities, employment training and volunteering, diet and nutrition, self-actualisation and maintaining abstinence	Mentoring support gardening, furniture recycling, cookery and arts and crafts. People will be signposted to learning and job opportunities and will be taught to produce healthy meals. Physical activity levels will be increased and art activities will provide a therapeutic element. Participants can volunteer for the Talent Match project.	£21,340

7.	Lighthouse Training and Education	Shirebrook, (covering NEDDC and BDC)	Education, training and employment volunteering, accommodation and independent living, maintaining abstinence and self-actualisation	Lighthouse provides bespoke training and education for the residents of the 15 bed homeless unit in Shirebrook which will improve self-esteem and confidence leading to the outcome of work experience and employment.	£10,000
8.	'Re-Start' Community Interest Company	Killamarsh, NEDDC (covering CBC and BDC)	Physical and leisure activities, maintaining abstinence and self-actualisation	The project will provide an improvement in the quality of life and employability by developing a network of 'micro-businesses' linking the community and environment. Participants will develop a working nursery and create a workshop which will produce saplings and garden furniture and ornaments for sale.	£10,000
					Total: £198,035

3. Financial considerations:

The total amount to develop the recovery communities in Derbyshire is £198,035, which will be met within the Public Health budget for 2016-17.

4. Human Resources considerations:

Although some organisations will be receiving grants for staff costs over the 12 months period, the grant agreement specifies that the Council will not be liable for any redundancy costs at the end of the period.

5. Legal considerations:

A grant agreement shall be used to set out the terms and conditions for which the grant is made. The recipients of the grants are not contractually obliged to deliver the services, although the Council would seek to claw back the grant in appropriate circumstances were there to be significant non-performance.

6. Other considerations:

In preparing this report the relevance of the following factors has been considered: prevention of crime and disorder, equality of opportunity, environmental, health, property and transport considerations.

7. Background papers:

Cabinet Member, Health and Communities paper – 01 September 2015
entitled Drug and Alcohol Treatment Recovery Services

8. Key Decision:

No

9. Call-in:

Is it required that call-in be waived for any decision on this report? No

10. Officer's recommendation:

That the Cabinet Member, Health and Communities notes the achievements of organisations awarded recovery grants in 2015, and approves the provision of the grant funding, as detailed in the report, to a total value of £198,035 to further develop the recovery communities in Derbyshire for the period 2016-2017.

Dean Wallace
Director of Public Health