

DERBYSHIRE COUNTY COUNCIL**CABINET MEMBER FOR HEALTH AND COMMUNITIES****12 November 2013****Report of the Director of Public Health****NHS Health Check Programme:- Programme Recovery Grant to Hardwick CCG****1. Purpose of Report**

To seek approval to grant fund Hardwick Clinical Commissioning Group (CCG) to improve practice performance for the NHS Health Check Programme.

2. Information and analysis

The NHS Health Check programme is a mandated programme provided by GP's on behalf of the County Council

The programme is a national primary prevention cardiovascular risk assessment programme. Cardiovascular diseases (eg heart attack, stroke) are important causes of premature mortality and morbidity and significantly contribute to inequalities in health.

Cardiovascular diseases are preventable in terms of the risk factors that influence them. The risk factors include age, sex (increased risk in males), smoking, overweight /obesity, physical inactivity, raised cholesterol, high blood pressure diabetes and kidney disease . Cardiovascular diseases are caused by hardening of the arteries and diabetes accelerates this process. Identifying people at risk of developing diabetes eg obesity is an important component of the programme.

Being a primary prevention programme it is targeted at people who do not have an existing cardiovascular disease and who are aged 40-74.

Of a Derbyshire population of approximately 770,000 people there are 237,000 people who are eligible for a Health Check. The programme runs on a 5 yearly cycle i.e. a fifth of the eligible population is invited every year. This is approximately 47,000 people invited every year. It is expected that 60% of the people invited will accept the offer of a Health Check, i.e. 28,000 Health Checks each year. An objective of the programme is to increase this to 75% uptake. 'Invitations' and 'uptake' are the performance measures used.

The recent publication of national comparative performance information shows that Derbyshire performs well in terms of uptake and not well for invitations sent. Performance is monitored monthly by The Computer Room (TCR).

The programme operates from general practices as it is through the general practice register that the eligible population is defined. An invitation is sent from the practice and the service user is invited to the practice to have a Health Check. Health Checks are performed by a practice nurse or commonly a health care assistant. Following a Health Check each service user is given lifestyle advice or signposting to appropriate services. If they have a high risk number or for example a BMI > 30 or a risk of having high blood pressure they are referred into the practice to see a doctor or the practice nurse for further assessment. The health care assistants performing Health Checks do not make any diagnoses. The blood test for cholesterol is undertaken by Point of Care Testing which enables a 'one stop' health check to be performed. Point of care testing is a finger prick blood test for measuring cholesterol

The Health Check programme contract with practices is held by each CCG within the Basket of Services (BoS) contract that the CCGs have with practices. The BoS contract is based on a fairer funding exercise than the Primary Care Trust undertook under which payments to practices were made using the national £/head formula weighted for list size.

3. Performance

As of September 2013 (Qtr 2) 19,700, invitations have been sent out from practices and 12,100 health checks performed. This is not meeting targeted levels of performance

Performance 'recovery plan' teleconference meetings are held monthly with CCGs. Offers of support have been made to CCGs to address underperformance issues. It is felt the reasons for under-performance relate to practice specific administration issues, uncertainty/ anxiety as practice staff may not have been involved with the programme for a while, eg use of the template and point of care testing (POCT). All practice staff performing Health Checks have been trained to do so and this includes the use of equipment and it is recognised that support may be required for some practices.

Performance varies from practice to practice as the Hardwick CCG table shows. This picture is similar in the other CCGs. It was with the first report !

Some practices perform well with their allocation, some practices do not. Under Fairer Funding rules it is not possible to put in additional support to

practices which involves someone doing Health Checks on behalf of the practice. Yes - it shows the difficulty that we have had in improving performance in practices through the CCGs . people need to be aware of this

Hardwick CCG have put forward a proposal where they will use a 'third party' provider to support practices. This independent organisation 'Quintiles' has a record of supporting practices in Shropshire with similar practice specific issues. Notable increases in practice performance were achieved following their input over a 3 month period. The input is designed to get practices to undertake the programme independently and without external support.

According to the CCG (15 practices) there are 3 practices doing 'not so well' and 5 practices 'struggling'. The CCG would like to offer appropriate support to each of these, up to a maximum of 5 days i.e a maximum of £20k plus VAT.

As the practice support is about having an experienced nurse in the practice but not actually doing any of the work it is felt that this does not breach the Fairer Funding rules.

Following this initiative it will be expected that all Hardwick CCG practices will send out 100% invitations to all eligible people and there will be an uptake of 60%.

4. Financial Considerations

NHS Health Check Budget

Basket of Services Contract (CCGs)	£203k
Public Health Ring Fence 6/12s 2013/14 (uncommitted)	£215k
Fixed Costs	
TCR Licence	£24k
IQA for POCT (Alere)	£15k
EQA Derby Royal	£10
'Historical'	£36k (uncommitted)
Equipment	£2k
Training .	£5.5k
	£92.5k
The proposed grant funding will come from the £215k public health budget	
TOTAL	£510.5k

The cost of a Health Check is £22.6p (costed in 2010/11) . This cost includes all elements of a Health Check including admin time, disposables for POCT . The cost compares favourably with a national figure of approximately £26 although there is very considerable variation across the country. There is no

national tariff. Yes we costed elements of the health check at this time . It may not be a true comparison but it demonstrates that we are in an acceptable range

As at the end of September 2013 (Month 6) 12,100,000 health checks had been performed in Derbyshire at a cost of £273,460k.

5. Legal Considerations

Regulation 4 of the Local Authorities (Public Health Functions and Entry to Premises by Local Healthwatch Representatives) Regulations 2013 require local authorities to provide, or secure the provision of, health checks for all eligible people in their area aged between 40 and 74.

6. Other Considerations

In preparing this report the relevance of the following have been considered – equality of opportunity, environmental, transport, property and prevention of crime and disorder. The major consideration of this report is on health

7. Call-in

Is it required that call-in be waived in respect of the decisions proposed in the report?

No.

8. Background Papers

Useful information provided at <http://www.healthcheck.nhs.uk/>

9. Officer's Recommendation

For Cabinet Member to approve the proposal to grant fund Hardwick CCG up to a maximum of £20k plus VAT from the public health budget for the purpose as set out in this report.

Elaine Michel
Director of Public Health

Practice Level Targets and Performance for 2013/14						Apr-13		May-13		Jun-13		Quarter 1 Actual		Jul-13		Aug-13										
						Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks									
Hardwick CCG						Targets	400	300	400	300	400	300	1200	900	400	300	400	300								
						Actual	338	234	382	195	323	264	1043	693	343	220	412	168								
						Achievement	-62	-66	-18	-105	-77	-36	-157	-207	-57	-80	12	-132					Key - % of Target Done			
																						1		0% to 32.9%		
																						2		32.9% to 41.9%		
																						3		>=42%		
							Not Uploaded																			
Data Sorted by % Checks Done of Target to Date																										
		2013-14	2013-14 HC	Average Monthly Invites	Average Monthly Checks	Apr-13		May-13		Jun-13		Quarter 1 Actual		Jul-13		Aug-13				Number +/- target to date		% Done of target to date		Number left to achieve for 2013-14		
Code	Name	Invite Target	Target	Needed	Needed	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	Invites	Checks	
C81011	CRISWELL MEDICAL CENTRE	242	331	20	28	0	1	7	7	2	2	9	10	1	1	0	0	10	11	-91	-127	4%	3%	232	320	
C81008	BLUE DYKES SURGERY*	674	450	56	38	16	8	0	9	1	6	17	23	1	2	2	5	20	30	-261	-158	3%	7%	654	420	
C81050	THE VILLAGE SURGERY	590	480	49	40	3	30	30	11	2	17	35	58	4	10	56	12	95	80	-151	-120	16%	17%	495	400	
C81638	CASTLE STREET MEDICAL CENTRE	145	99	12	8	1	8	2	9	1	7	4	24	0	0	1	0	5	24	-55	-17	3%	24%	140	75	
C81658	DR V CHAWLA'S PRACTICE	304	214	25	18	26	27	23	15	24	20	73	62	0	0	0	0	73	62	-54	-27	24%	29%	231	152	
C81095	EMMETT CARR SURGERY	268	167	22	14	0	13	17	10	7	6	24	29	6	5	67	21	97	55	-15	-15	36%	33%	171	112	
C81655	FRIENDLY FAMILY SURGERY	229	142	19	12	127	6	0	18	0	6	127	30	1	11	26	7	154	48	59	-11	67%	34%	75	94	
C81089	LIMES MEDICAL CENTRE	446	337	37	28	43	32	74	19	64	25	181	76	73	20	67	22	321	118	135	-22	72%	35%	125	219	
C81096	CRAGGS HEALTH CARE	314	186	26	16	18	5	25	7	26	15	69	27	37	27	38	16	144	70	13	-8	46%	38%	170	116	
C81055	NORTH WINGFIELD MEDICAL CENTRE	275	204	23	17	30	15	30	14	31	16	91	45	30	22	30	11	151	78	36	-7	55%	38%	124	126	
C81056	HIGH STREET CLAY CROSS	221	176	18	15	2	10	0	5	10	21	12	36	8	16	1	16	21	68	-71	-5	10%	39%	200	108	
C81033	SHIRES HEALTHCARE	216	284	18	24	4	35	0	35	3	27	7	97	5	21	62	9	74	127	-16	9	34%	45%	142	157	
C81647	ST LAWRENCE ROAD SURGERY	210	147	18	12	50	9	0	14	27	10	77	33	1	25	1	11	79	69	-9	8	38%	47%	131	78	
C81029	STAFFA HEALTH	620	359	52	30	14	30	172	18	120	79	306	127	153	52	55	34	514	213	256	63	83%	59%	106	146	
C81661	BLACKWELL MEDICAL CENTRE	44	23	4	2	4	5	2	4	5	7	11	16	23	8	6	4	40	28	22	18	91%	122%	4	-5	
		4798	3599	400	300	338	234	382	195	323	264	1043	693	343	220	412	168	1798	1081	-201	-419	37%	30%	3000	2518	