

STI Testing and Treatment and Contraception Levels of Intervention

STI Testing and Treatment

Level 1:	
- Sexual history taking and risk assessment	- Signposting to appropriate sexual health services
- Chlamydia screening	- Partner notification of STIs or onward referral for partner notification
- STI screening and treatment of asymptomatic infections	- HIV testing
- Point of care HIV testing	- Screening for hepatitis B and hepatitis C and vaccination for hepatitis B
- Sexual Health promotion	- Condom distribution
- Assessment and referral for psychosexual problems	
Level 2 Incorporates level 1 plus:	
- STI testing and treatment of symptomatic but uncomplicated infections in men (excluding MSM) and women	
Level 3 Incorporates level 1 and 2 plus:	
- STI testing and treatment of MSM	- STIs with complications
- STIs in pregnant women	- STI testing and treatment of men with dysuria and genital discharge
- Testing and treatment of STIs at extra-genital sites	- Gonorrhoea cultures and treatment of gonorrhoea
- Recurrent conditions	- Management of syphilis and blood borne virus
- Tropical STIs	- STI service coordination across a network
- Specialist HIV treatment and care (NOTE commissioning responsibility for this is with NHS England)	

Contraception

Core Elements Level 1
Sexual history taking Specialist sexual health promotion, based on an holistic model of human sexuality Where sexual health history taking identifies specific risk factors, provide advice and support

to enable the individual to reduce risk taking behaviour
 Delay guidance for young people
 Generic information for STI prevention/safer sex advice
 Information and signposting for local GUM provision
 Information about the full range of contraceptive methods and where they are available
 First prescription and continuing supply of oral contraception
 First prescription and continuing supply of injectable contraception
 Emergency oral contraception
 Supply condoms for safer sex / contraception
 IUD/IUS routine follow-up
 Pregnancy testing, and advice and non-directive support about pregnancy choices
 Referral for TOP assessment
 Referral for antenatal care
 Testing/ immunisation for Hepatitis B and Hepatitis C testing and advice (with referral pathways)
 Routinely offer Chlamydia screening to 15-24 year olds
 Referral for vasectomy
 Referral for female sterilisation
 Assessment and referral for psychosexual problem
 Information and referral for partner notification
 HIV testing and pre-test discussion (with referral pathways)
 Provision of emergency hormonal contraception (EHC)
 Cervical screening and referral for follow-up investigation following abnormal results
 Promotion of testicular and breast examination
 Contribute to local social marketing of all sexual health services including national initiatives
 Routinely offer Chlamydia screening to all 15-24 year olds as part of the Derbyshire CSP
 Assessment of drug and alcohol use and onward referral
 Assessment for sexual abuse and appropriate onward referral to specialist services
 Testing symptomatic women for STIs, and assessment and referral of men with symptomatic STIs
 Assessment and referral for genital warts / first episode herpes

Core Elements Level 2 incorporates level 1 plus:

IUD insertion and removal including emergency IUD
 Contraception implant insertion and removal
 Investigation and treatment of problems with oral contraceptives
 Symptomatic STI testing and treatment – men and women
 Asymptomatic STI testing and treatment – men and women
 Contact tracing and partner notification
 Provision of Chlamydia screening in community-based outreach settings
 Assessment and referral for TOP including access to full range of contraception in care pathway
 Referral to level 3 STI services where appropriate for follow up of complex symptomatic infections
 (Management of psychosexual problems) – this is to be moved into the service development plan – awaiting national guidance on scope

Core Elements Level 3: incorporates level 1 and 2 plus:

Specialist contraception services, including implementation of new modalities in line with Joint Area Prescribing Committee decisions

Management of complex problems with IUD/IUS and implants

Specialist contraceptive outreach services for young people, including targeted support for vulnerable individuals such as children excluded from mainstream education, children in care, teenage parents and young people with learning disabilities

Providing specialist expertise into the development of specialist public information e.g patient information leaflets, service promotional leaflets

Training, supervision and assessment of competence for all clinicians involved in providing Level 1 and Level 2 sexual health services

Training of frontline staff in contact with young people to facilitate appropriate sexual health promotion, basic sexual health service provision and signposting to contraception and sexual health services

Specialist contraception-related clinical advice to commissioners of sexual health services. This includes:

- Clinical leadership for the Derbyshire Chlamydia Screening Programme (DCSP)
- the development of clinical guidelines
- The development and implementation of Patient Group Directions (PGDs) including sign off.