



## Time Swap Newsletter-March

Hello Time Swappers!

I am hoping spring will soon appear and we will all enjoy some well deserved sunshine! Have you some jobs that you need some help tackling? This could be indoors or outdoors, no job too big or small! I am keen to get a few helpers to do some painting for a new nursery for our first Time Swap baby! If you can help with this, let me know and we will arrange a suitable date.

### Derbyshire Volunteer Passport

The Volunteer Passport is a countywide short training course exploring key areas all volunteers need to be aware of. Those who complete the training are awarded an accredited certificate, and a Volunteer Passport photo ID badge which shows they have undertaken this core training. You can earn Time Swap hours for completing this training— more information on the back page. Any questions— just ask!



[Come for a cuppa!](#)



Why not come along and meet other Time Swap members and have a chat? I will be at Forever Mobility— 68 High Street, Swadlincote on Friday 13th March— 11-12am.

Lifts available!

**Any enquiries CONTACT Emma:**



07971373534



Emma.alldread@derbyshire.gov.uk



# REQUESTS



WE NEED YOUR REQUESTS!

Please forward any requests by the end of the month to be included in the next magazine. If your request has been completed, please let me know too!

Can you **rehang** the doors on a small child's wardrobe? They are not closing properly.

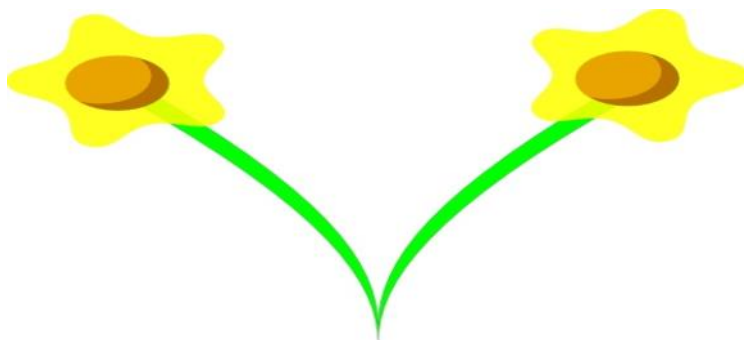
Can anyone **paint a fascia** on a garage? The area will need preparing first too. The surface below is uneven but you are welcome to view the job before committing to it.

Do you enjoy **photography**? A member is keen to meet up with like minded people and expand her skills.

Could you set up a **Smart TV** to work through analogue headphones.

Calling all **pianists** out there! Could anyone offer some piano lessons to a member?

Can anyone help **decorate a nursery** ? This will include painting ceiling and walls and add a border. Room size is 9' 7" x 11' 7" (2.92m x 3.53m). Maybe we could do this as a team? Let me know if you are interested!





# OFFERS



Do you need to brush up on your maths and English skills? You can improve with help from a Time Swap member.

Would you like to learn another language? One member is offering lessons in either French, Italian, German or Spanish.

Would you like a shopping trip to Costco in Derby? We have a member who is happy for you to take advantage of her membership and join her.

Would you like to learn how to take minutes for meetings?

Would you like to learn to knit? A member would like to offer this over a cuppa and a chat.

Would you like some company? We now have several members who would like to offer to call and see you and have a cuppa and a chat.

Do you need some technical help with an I pad, tablet or phone?

Would you like help with to update or create a CV?

A member would like to offer support with the university application process (personal statement & interview technique)

Would you benefit from a little help with cleaning? A member is offering help with this task.

Would someone like to bake and decorate a cake in Lullington?

A member would like to offer assistance with official letters or filling in forms.

Do you need some help with your shopping? A member is happy to help with this.

Would you like a regular dog walker? The dog must be good on the lead and not pull.

Hate ironing? A member is happy to do this task for you if you can drop it to her in Overseal.

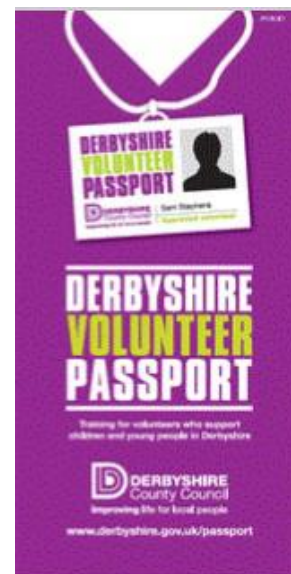


# Derbyshire Volunteer Passport

Free training for Derbyshire residents who volunteer or are thinking of volunteering.

The training and experience of volunteering offers:

- ☐ increased awareness and knowledge about ourselves and others.
- ☐ the opportunity to connect with each other and our communities.
- ☐ the opportunity to give something of ourselves to others.
- ☐ active learning and inclusive involvement.
- ☐ increased opportunities to be curious, observant and aware.



Volunteers are important and support a huge range of activities and services. They support people in Derbyshire in a variety of places including youth groups, adult care homes, sports clubs, befriending services, day centres, residential settings, communi-ty groups, wellbeing services, support services and need-specific groups.

We offer the following:

- ☐ children and young people's Volunteer Passport
- ☐ adult care Volunteer Passport
- ☐ enrichment Volunteer Passport for schools
- ☐ bespoke agency passports

## About the Volunteer Passport

The Volunteer Passport is a countywide short training course exploring key areas all volunteers need to be aware of.