



# Time Swap Newsletter

<b>Time Swap Newsletter</b>	<b>-</b>	<b>March 2020</b>
<b>Total Derbyshire Hours</b>		<b>15,843</b>
<b>Total Bolsover Area Hours</b>		<b>1887</b>

Dear Time Swap Members

## Welcome to our March update



Welcome to this month's newsletter. Wow! after all that rain in February we still managed to get lots of fantastic Time Swaps done. As Spring is arriving, it is a perfect time to get the gardens tidied up, have a spring clean or even learn something new. Your fellow Time Swap members are ready and waiting to help so keep those requests coming in. Don't forget you can also do mutual exchanges so maybe there is a film you want to see or a new class you want to go to but would like some company, just ask, as other Time Swap members would love to come along too.

## Some Recent Exchanges

New members have enjoyed getting to know each other over a cuppa. We are also excited to be starting a Time Swap book club that will meet in South Normanton library so please get in touch if you are interested. Other exchanges included lifts to appointments, dog walking, gardening, dominoes, cribbage, help around the house, art classes and lots more.



**Holmlea Care Home** in Tibshelf would welcome members to pop in to have a cuppa with residents or you may have crafts and activities you could share, play games or help with the gardens. Please get in touch if you are interested.



## Dates for your diary – Everyone Welcome

**Tuesday 10th & 24th March, 10am—12pm**

**Time Swap Drop in session at South Normanton Library**

## **Local Requests**

**Please get in touch if you are interested in any of this months requests**

<b>Type</b>	<b>Location</b>	<b>Detail</b>
Book Club	South Normanton Library	Please get in touch if you would be interested.
Table Tennis	Pinxton area	Do you enjoy playing table tennis and would like a game or two?
Whist / Scrabble	Flexible	Do you know how to play Whist or enjoy scrabble? We have fellow members who would also like to play?
Gardening	South Normanton	Can you help with some light weeding in a members garden?
Painting	South Normanton & Pinxton	We have a couple of members who would be very grateful of some help with painting their bathrooms.
Cuppa & a chat	South Normanton & Swanwick	We have members who would very much appreciate some company with a good cuppa.
Gardening, Activities, Cuppa & Chat	Tibshelf	Would you like to visit residents at Holmlea care home to chat with residents or share your crafts and skills. They also have lots of garden space if you would like to grow any plants or fruit & Veg

## Community News

- **Time Swap Drop in sessions**

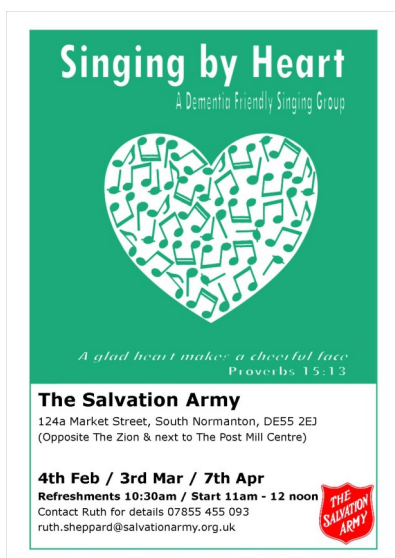
**Tuesday 10th & 24th March, 10am—12pm**

South Normanton Library

- **Thursdays, Post Mill Centre, South Normanton, Pick n Mix Activities, 10.am—12pm**

Social areas, teas and coffees, board games and you can try table tennis, shuffleboard, new age curling and lots of other activities!

- **Free Budget Training course, Thursday 19 March 2020, 9.15am registration for a 9.30am start, and finishing by 4.30pm, Doe Lea Resource Centre, Mansfield Road, Doe Lea, S44 5PD, leaflet attached**



## Newsletter Additions

Please get in touch if you would like to add any Time Swap requests/offers or any community news to this newsletter. I look forward to hearing from you and organising your Time Swaps.

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