



Time Swap Newsletter

Time Swap Newsletter -	March 2020
Total Derbyshire Hours	15,843
Total Bolsover Area Hours	1887

Dear Time Swap Members

Welcome to our March update



Welcome to this month's newsletter. Wow! after all that rain in February we still managed to get lots of fantastic Time Swaps done. As Spring is arriving, it is a perfect time to get the gardens tidied up, have a spring clean or even learn something new. Your fellow Time Swap members are ready and waiting to help so keep those requests coming in. Don't forget you can also do mutual exchanges so maybe there is a film you want to see or a new class you want to go to but would like some company, just ask, as other Time Swap members would love to come along too.

Some Recent Exchanges

Members had a wonderful time getting to know each other at our first Time Swap drop in session in Creswell. Brian was delighted with some DIY jobs that he had needed doing for a while kindly completed by Connal. Some of our members are also looking forward to visiting David's Police & Military museum in Renishaw this month. Other fabulous exchanges included dog walking, art classes, help at home, gardening, dominoes and much more.



Dates for your diary

- **31st March —Time Swap Drop in —10.30am—12.00pm,
Limestone House, Creswell, Everyone Welcome**

Please see next page for latest requests and offers,

LOCAL REQUESTS

Type	Location	Detail
Pressure Washing	Clowne	Jane has a small path and courtyard and would be very grateful if a member could use her pressure washer to give it a bit of a clean?
Pressure Washing	Creswell	John too would be grateful of some help with cleaning a small yard with a pressure washer.
Gardening	Creswell	Can you help with a bit of light weeding and garden tidy ups in Creswell?
Cuppa & a chat	Creswell	Derek would love it if members could pop in for a cuppa and a chat. He also goes to Crystal Peaks regularly and would love some company if you wanted a trip out too. He is happy to drive.
Kitchen painting	Shirebrook	Suzanne would be enormously grateful of some help painting her kitchen
Gardening / DIY	Shirebrook	Could you help a member with lifting and relaying a pebble path?
Guitar lessons	Shirebrook	Can you play an electric guitar and would be willing to teach one of our members.
Hand bells	Shirebrook	Have you ever played hand bells or would you like to learn? Paulette is looking to put together a group, please get in touch if you are interested.
Pick up goods from Lidl	Shirebrook	Lidl kindly donate baked goods which are made available from the Adult Education Centre. Would you be willing to help collect them?
IT knowledge / Work Experience	Shirebrook	Do you have any knowledge of working in IT that you can share with students at the Adult Education Centre Can you provide or know of any work experience opportunities.
Crafts, Singing, Gardening, Cuppa & Chat	Shirebrook	Would you like to visit residents at New Bassett care home to chat with residents or share your crafts and skills, play dominoes, cards, games or just have a cuppa and a chat.

LOCAL OFFERS

Type	Location	Detail
Transportation	Bolsover District	We have a few members who are able to offer lifts if members need taking to appointments, shopping etc.
Cinema Companion	Clowne	Is there a film you would like to see at the cinema and would like some company. Deborah is happy to be a cinema buddy.
Dog Training	Clowne	Susanna has lots of experience with dog training and is happy to help.
Livestock advice / chicken boarding	Clowne	Susanna is happy to share her knowledge and skills of keeping livestock. She can also offer chicken boarding if you are going on holiday.
Cooking Lessons	Creswell	Brian is an experienced chef and would be delighted to teach members new recipes.
Help with paperwork	Creswell	Do you need help filling out a form or have got a letter to write, we have members who are offering to help with this.
Languages	Creswell	If you would like to learn to speak a new language or would like to practice speaking a foreign language. Amanda is happy to help.
Crocheting / Knitting	Creswell	Helen is happy to help with any knitting or crocheting projects and delighted to teach too.
Art Classes	Shirebrook	Ken is a talented artist and is happy to give art lessons to Time Swap members on Thursdays, 12pm—2pm at Hole in the Wall café.
Craft, sewing, alterations	Shirebrook	Do you need any garments altering or interested in crafts and sewing. Suzanne is happy to help.
Dog Walking	Shirebrook	Darren loves dogs and would be happy to offer help with dog walking.
Rabbit Care	Shirebrook	Suzanne is very experienced at looking after pet rabbits and is happy to help members with advice if you are looking to get a pet rabbit or would like to learn more.
Tutoring / Literacy	Shirebrook	Paulette is happy to help with literacy tutoring. She is also qualified to help with special educational needs.

Community News

- **Wednesdays, 10am—2pm, Shirebrook Neighbourly allotment**
- **Fridays, Bereavement Support, Hillstown Methodist Church, 2pm—4pm**
- **Hillstown Village Hall Dog Walking Club, every Third Saturday, 10am—11am,**
- **Free budget/money Training—Thursday 19th March 9.30am—4.30pm, Doe Lea Resource Centre. Free lunch and refreshments provided. Leaflet attached.**
- **Time Swap Drop in —31st March, 10.30am—12.00pm, Limestone House, Creswell**

Newsletter Additions

Please get in touch if you would like to add any Time Swap requests/offers or any community news to this newsletter. I look forward to hearing from you and organising your Time Swaps.

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