

Transitioning to Adulthood

A Guide for Parents, Carers and Young People



Our Vision

We want to empower young people in their journey to adulthood and beyond, using a planned approach to achieve their best possible outcomes in life.

This information leaflet is designed to support young people, parents and carers and who will be at a pivotal point in their lives, as they transition from a young person, into an adult.

Transitioning to adulthood

Thinking about a young person's hopes, abilities and aspirations for the future can be daunting. Using a planned approach, with the young person at the centre and the wider support network around them, can help make planning for the next step easier to manage.

What happens and when?

Conversations should start with young people, families, and professionals, from the age of 14 years. If the young person has an Education, Health and Care Plan, Social care, or Early help involvement, this helps to think about how they can be supported to reach their full potential.



“I have completed my ‘travel training’ now and am confident around catching buses and where to catch them from and what number bus goes where.”

Between 15-16 years of age, young people may be starting to think about college, where they would like to live and how they will socialise with friends and family etc.

At age 16-17 years, it is good practice to have the input of adult social care if the young person is likely to meet the adult eligibility criteria. They can start gathering information for an adult care assessment (based on the Care Act 2014).

For assessment and support planning, The Care Act 2014 outlines ...

‘Where it appears to a local authority that a child is likely to have needs for care and support after becoming 18, the authority must, if it is satisfied that it would be of significant benefit to the child to do so’.

While there is no set age for assessments to be completed (under the age of 18). The local authority should assess young people referred, on an individual basis and indicate when they think it will be 'of significant benefit' to complete the assessment.

If young people don't meet the criteria for adult services, there may be other services they can be signposted to for support, such as - The community connectors service (for people with learning disabilities and/or Autism), Welfare rights, social prescribers etc. The Local Offer have a number of different resources. See the [Local Offer website](#) (link below) for more information.

At 18 years old, a young person will close to children's services. An adult social care assessment will look at the outcomes they wish to achieve and will consider their eligibility for formal support. We follow a national set of eligibility criteria which can be found via our website or by contacting Call Derbyshire on [01629 533190](tel:01629533190).

Alternatively, you can discuss eligibility with the member of staff who is dealing with your assessment.

Useful Links

The Local Offer

www.localoffer.derbyshire.gov.uk

Derbyshire Information, Advice and Support Service for SEND

www.derbyshireiass.co.uk

Welfare Rights

welfarebenefits@derbyshire.gov.uk

Telephone: 01629 531535 (11am-4pm Monday, Tuesday, Thursday and Friday)

Citizen's Advice

www.citizensadvice.org.uk

Adviceline (England): 0800 144 8848

Active Derbyshire

<https://makingourmove.org.uk>

Call Derbyshire

Telephone: 01629 533190

Derbyshire County Council Website

www.derbyshire.gov.uk

NICE guidance NHS

www.nice.org.uk/guidance/ng43

Guide to Adult Social Care Leaflet

www.derbyshire.gov.uk/careinfo